

# Solids and supersolids in dipolar quantum gases

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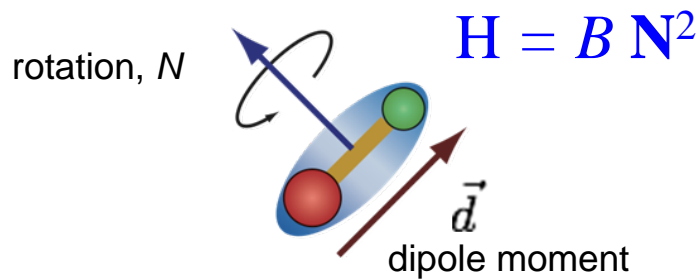
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# polar molecules



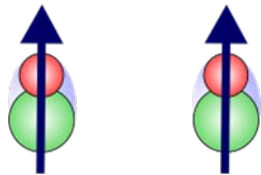
$X^1\Sigma$  closed shell molecules  
(e.g., RbCs) *in the electronic and vibrational groundstate*

## • What molecules?

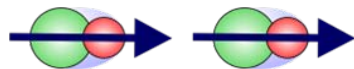
- Heteronuclear molecules,
- $X^1\Sigma$  closed shell (RbCs, KRb, ...)
- Electronic and vibrational ground-state
- Preparation by:
  - Feshbach-res./Photoassociation+STIRAP.
  - Buffer-gas cooling

## Why polar molecules?

- coupling to optical and microwave fields (cooling/trapping)
- permanent dipole moment:
  - possibility for strong dipole-dipole interactions



repulsion



attraction

unstable?

## • Two molecules in E-field: Dipole-dipole interactions

- Long-range
- Anisotropic

$$V(\mathbf{r}) = D \left[ \frac{1}{r^3} - 3 \frac{z^2}{r^5} \right]$$

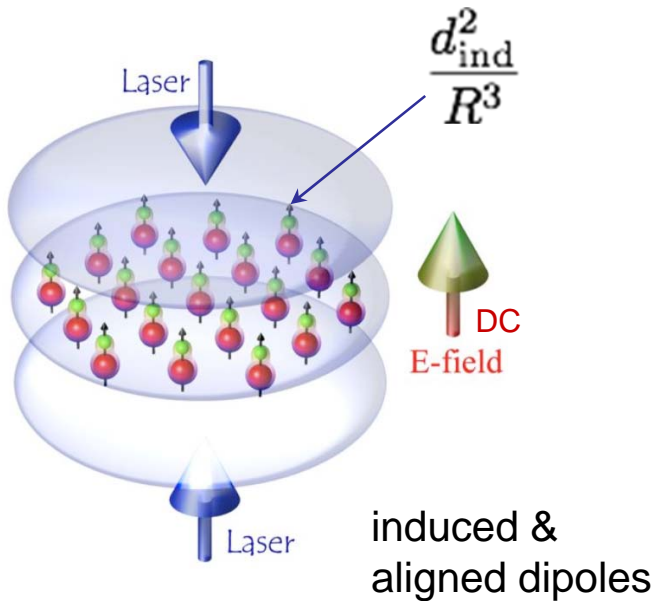
(Stability)

previously..

- Confined polar molecules

- Stability in 2D

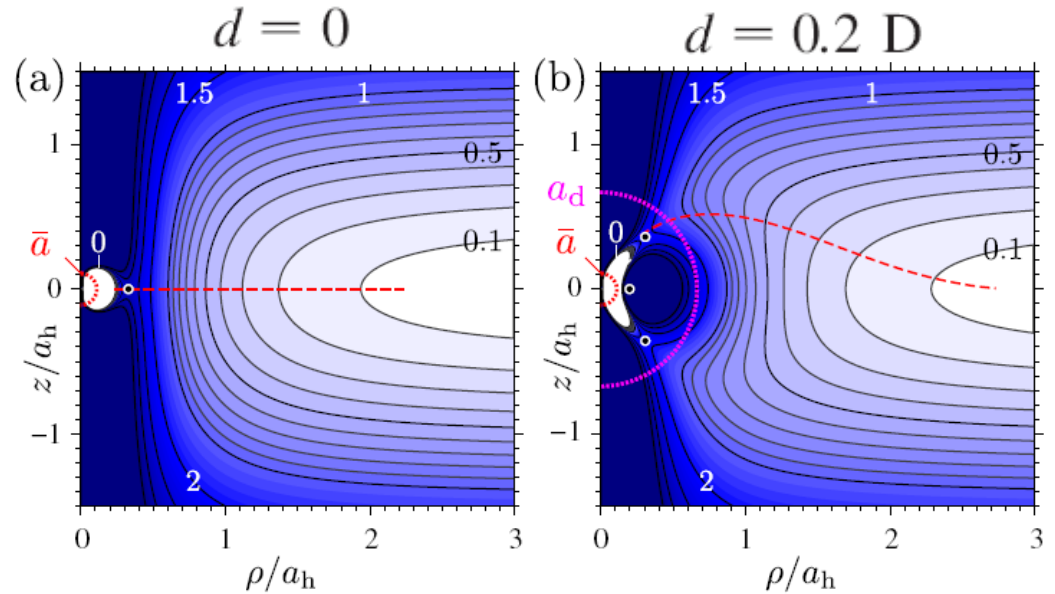
- Many-body phases



Buechler, Demler, Lukin, Micheli, Prokof'ev, Pupillo, Zoller, PRL 2007

Micheli, Pupillo, Buechler, Zoller PRA 2007

- stability in 2D



“p”-wave barrier ( $|m|=1$ )

dipole-dipole interaction  $a_d = \mu d^2 / \hbar^2$

$$V = \frac{\mu \Omega^2 z^2}{2} + \frac{\hbar^2 (m^2 - 1/4)}{2\mu \rho^2} - \frac{C_6}{r^6} + \frac{d^2}{r^3} \left(1 - \frac{3z^2}{r^2}\right)$$

Transverse confinement

$$a_h = \sqrt{\hbar / \mu \Omega}$$

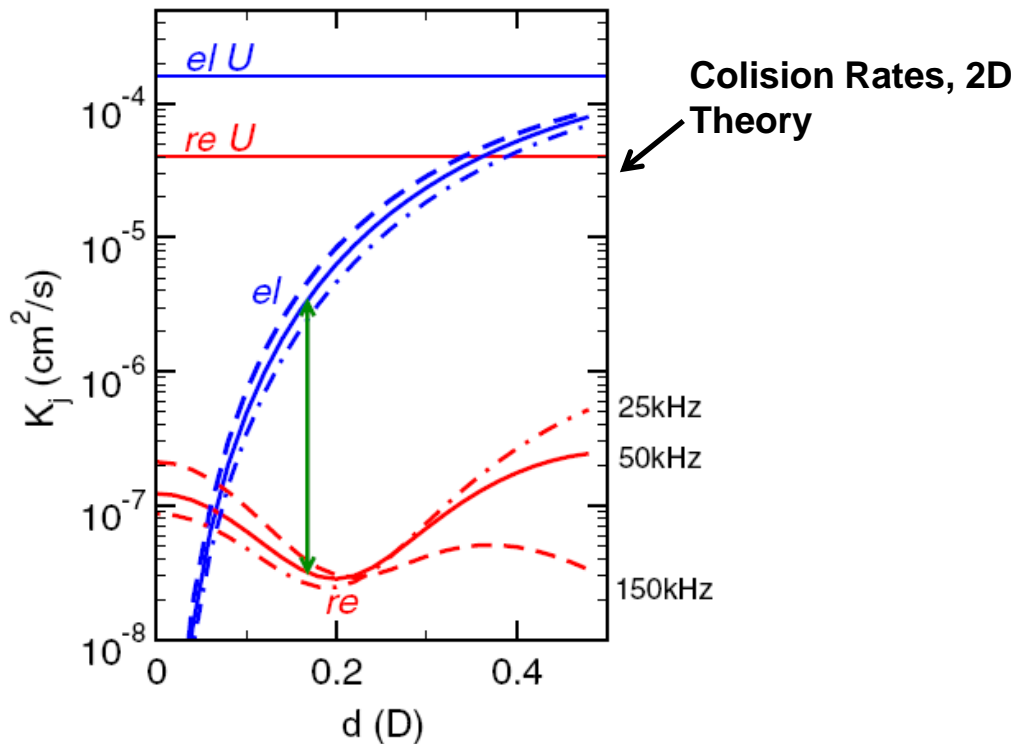
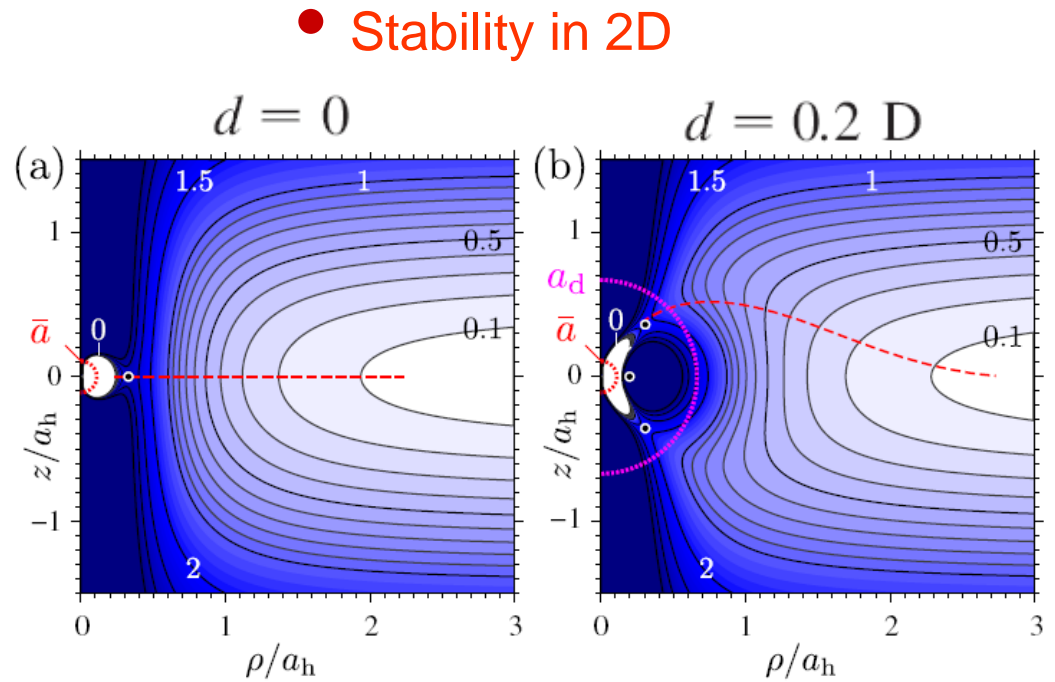
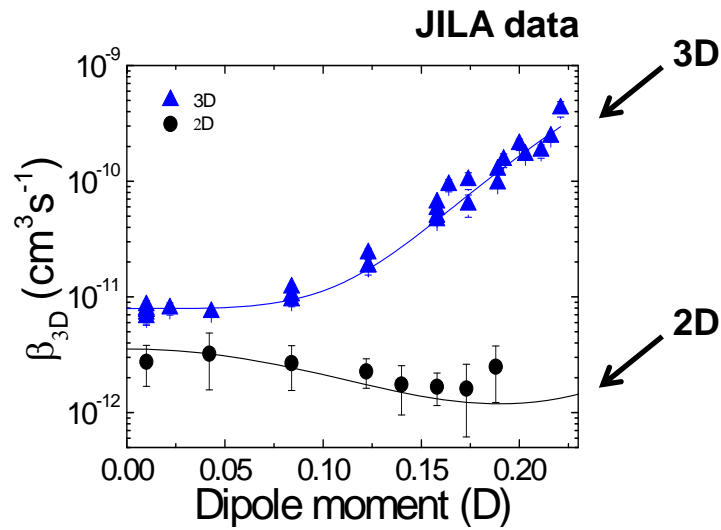
vdW attraction

$$\bar{a} \propto (2\mu C_6 / \hbar^2)^{1/4}$$

- Tunneling rate (“large” dipoles  $d > 1D$ )

$$\Gamma = \omega_p e^{-\left(\frac{a_d}{a_h}\right)^{2/5}}$$

# quantum degeneracy..?



- Loss suppression: measured
- Evaporative cooling?

Micheli, Idziaszek, Pupillo, Baranov, Zoller, Julienne, PRL 105, 073202 (2010)

Quemener & Bohn, PRA 81, 060701(R) (2010)

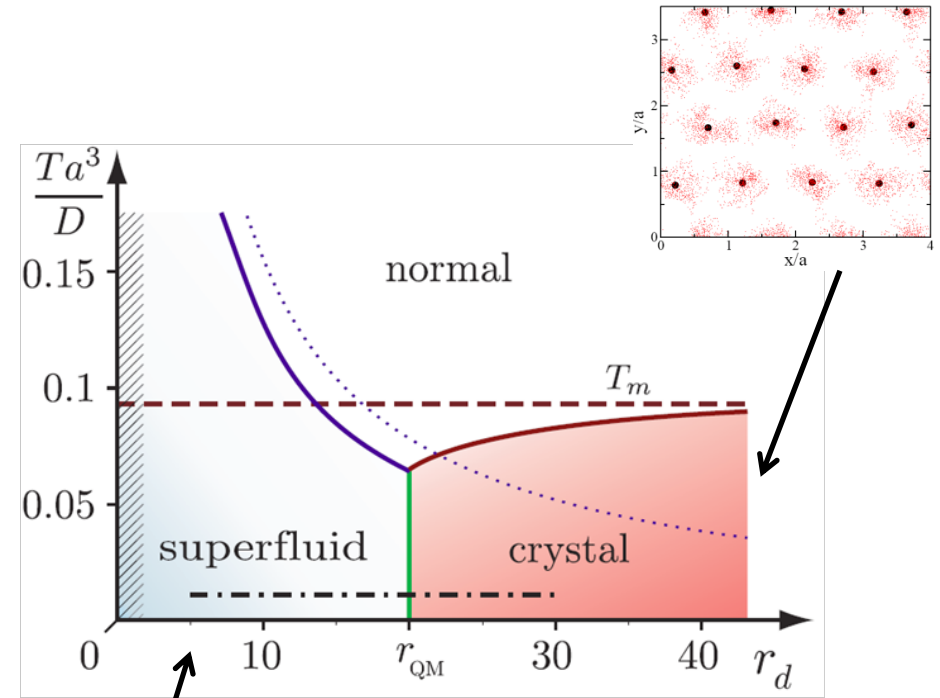
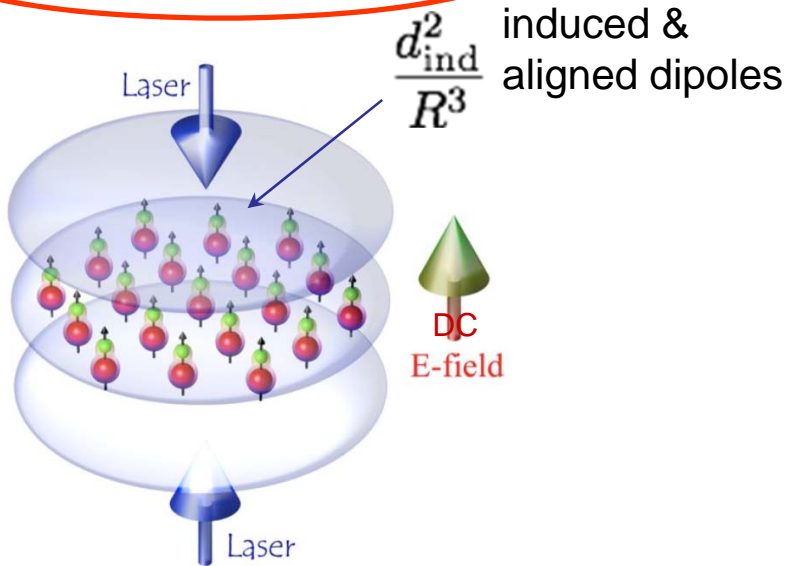
previously..

- Confined polar molecules

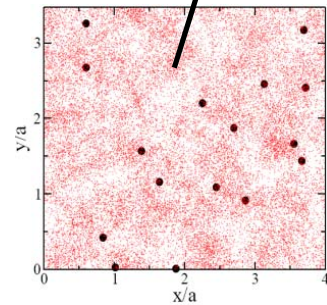
- Stability in 2D

See talks by Andrea!

- Many-body phases



$$r_d = \frac{E_{int}}{E_{kin}} = \frac{D/a^3}{\hbar^2/ma^2} = \frac{Dm}{\hbar^2 a}$$



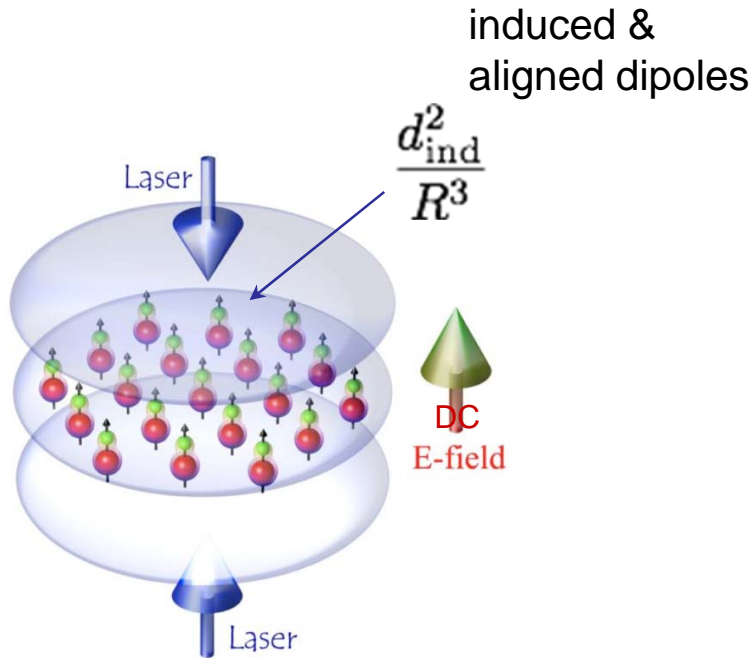
Buechler, Demler, Lukin, Micheli, Prokof'ev, GP, Zoller, PRL 2007  
Micheli, Pupillo, Buechler, Zoller PRA 2007

exact Path Integral Monte-Carlo simulations  
(Prokof'ev, Svistunov Boninsegni..)

## previously..

- Confined polar molecules

- Stability in 2D
- Dipolar crystal

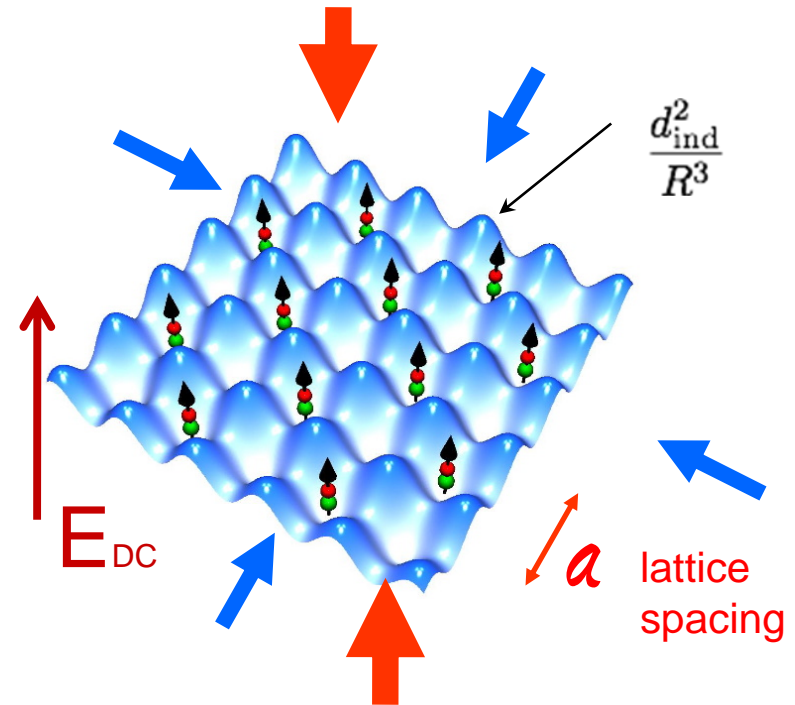


Buechler, Demler, Lukin, Micheli, Prokof'ev, GP, Zoller, PRL 2007

Micheli, Pupillo, Buechler, Zoller PRA 2007

- Bosonic polar molecules on a 2D lattice

- “hard-core” molecules on a 2D lattice
- phase diagram with long-range interactions?
  - so far: nearest-neighbor interactions

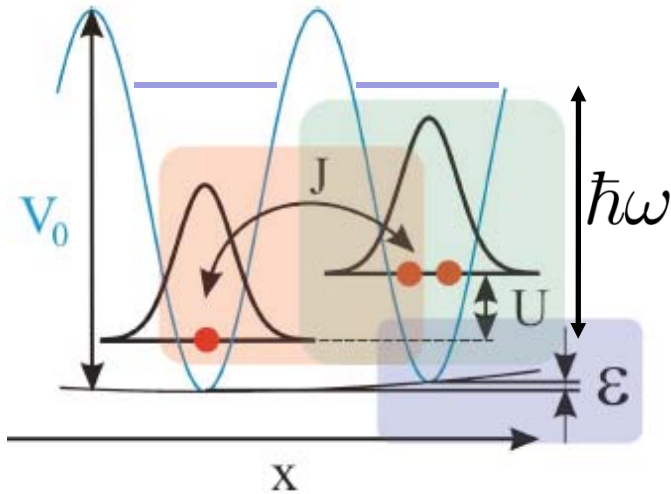


Capogrosso-Sansone, Trefzger, Lewenstein, Zoller, GP, PRL 2010

See also: L. Pollet, J. D. Picon, H.P. Buechler, M. Troyer, PRL2010  
Goral, Santos, Lewenstein, PRL 2000

# in contrast to.. cold atoms in optical lattices, contact interactions

- The Bose-Hubbard model



Onsite interaction  $\frac{U}{E_R} \propto \frac{a_s}{\lambda}$

$$\hat{H} = -J \sum_{\langle i,j \rangle} \hat{b}_i^\dagger \hat{b}_j + \frac{U}{2} \sum_i \hat{n}_i (\hat{n}_i - 1) + \sum_i \epsilon_i \hat{n}_i$$

Kinetic energy: hopping

External parabolic confinement..

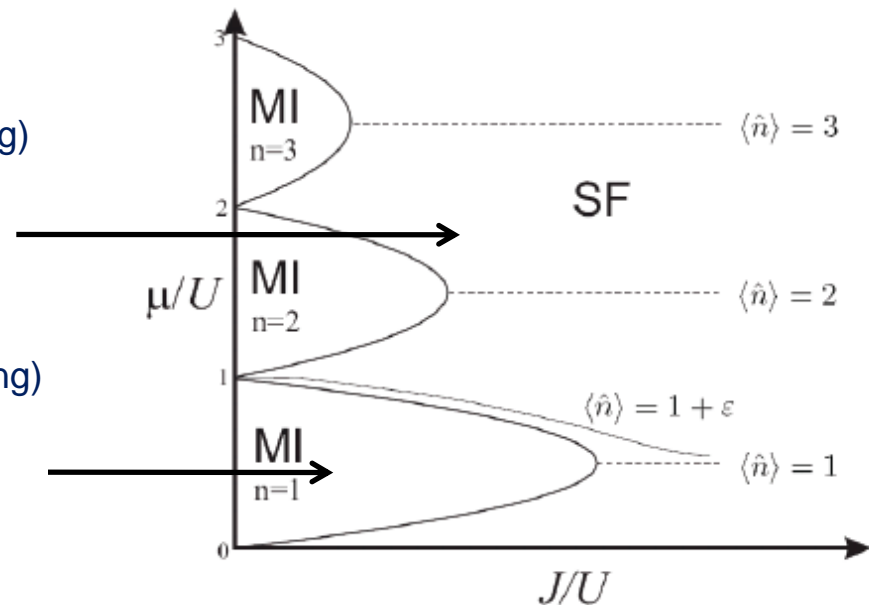
Jaksch *et al.*, PRL 1998

- Phase diagram

Superfluid:  $J > U$  ( or just non-integer lattice filling)

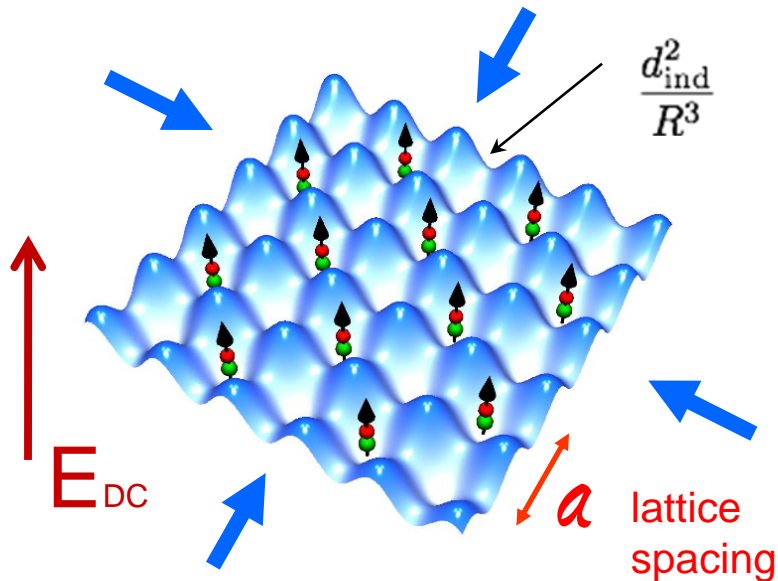


Mott insulator:  $J < U$  ( \_and\_ integer lattice filling)



## with bosonic polar molecules on a 2D lattice..

- Polar molecules on a 2D lattice



- 2D lattice
- Polarized molecules: Long-range, repulsive dipole-dipole interactions
- Tight-binding  $T, d^2/a^3 < \hbar\omega: \dots$
- Hard-core particles:  $\rho < 1$

- Extended Hubbard-like Model

$$H = -J \sum_{\langle i,j \rangle} [b_i^\dagger b_j + b_i b_j^\dagger] + V \sum_{i < j} \frac{n_i n_j}{r_{ij}^3} - \sum_i \mu_i n_i$$

Kinetic energy:  
hopping

dipole-dipole  
interactions

$$V = \frac{d^2}{a^3}$$

$$r_{ij} = |i - j|$$

local chemical potential

$$\mu_i = \mu - \Omega i^2$$

parabolic confinement

- *Exact* Quantum Monte-Carlo simulations, Worm-Algorithm, Prokof'ev/Svistunov



# with bosonic polar molecules on a 2D lattice...

- Single-band extended Hubbard model

$$H = -J \sum_{\langle i,j \rangle} [b_i^\dagger b_j + b_i b_j^\dagger] + V \sum_{i < j} \frac{n_i n_j}{r_{ij}^3} - \sum_i \mu_i n_i$$

Novel phases!

Superfluid (SF):  $J \gg V$



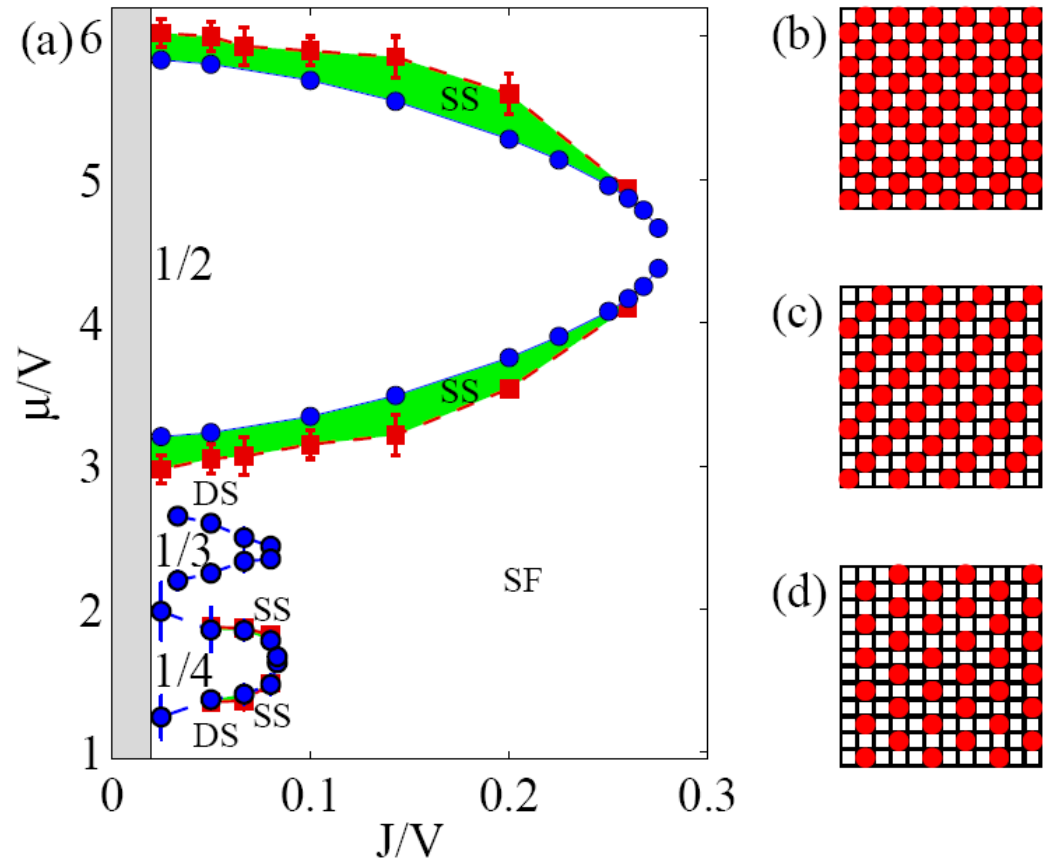
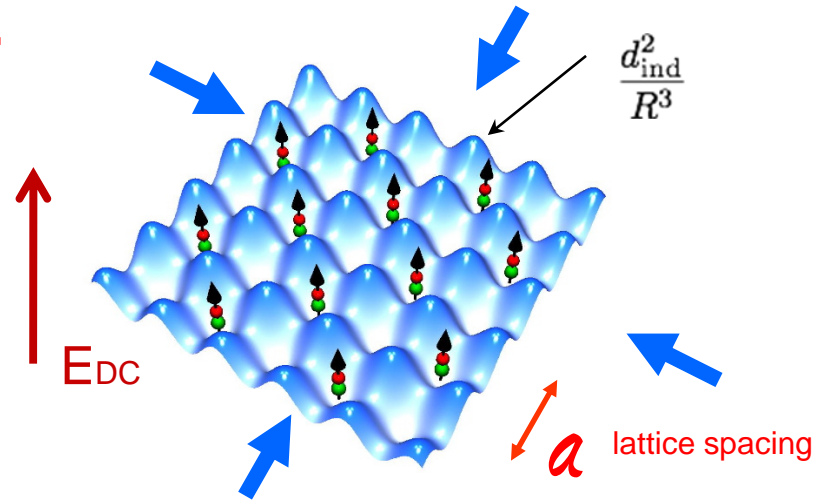
Insulators:  $J \ll V$ , for all rational lattice filling

- Devil's staircase of lattice solids (DS)
- Metastability

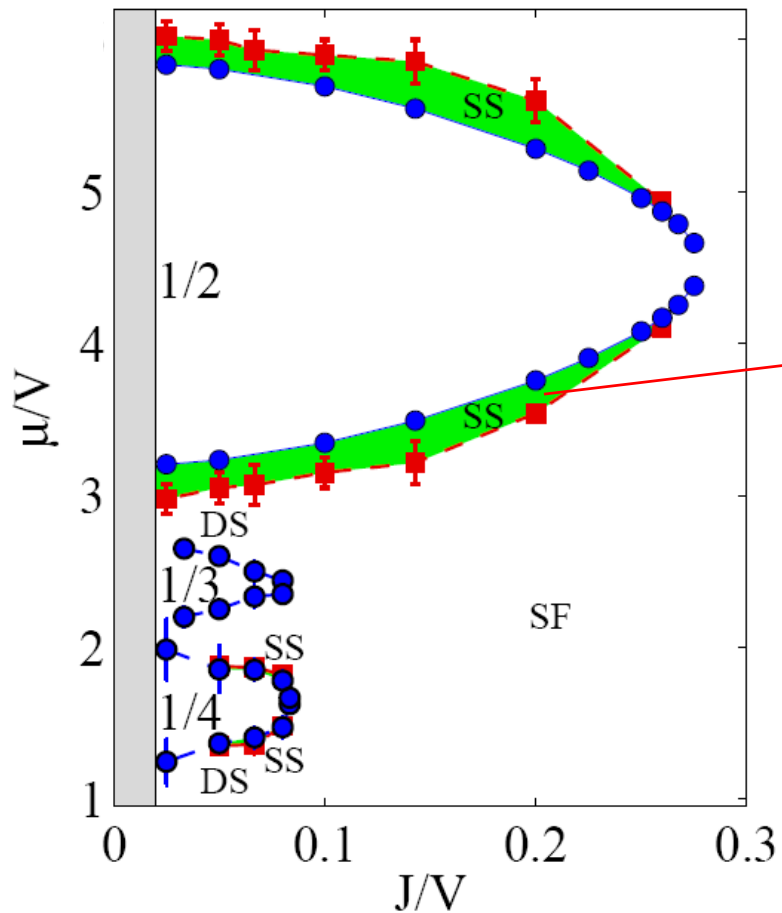


Supersolids (SS):  $J \sim V$

- coexistence of superfluid and crystalline orders!
- condensation of vacancies and interstitials

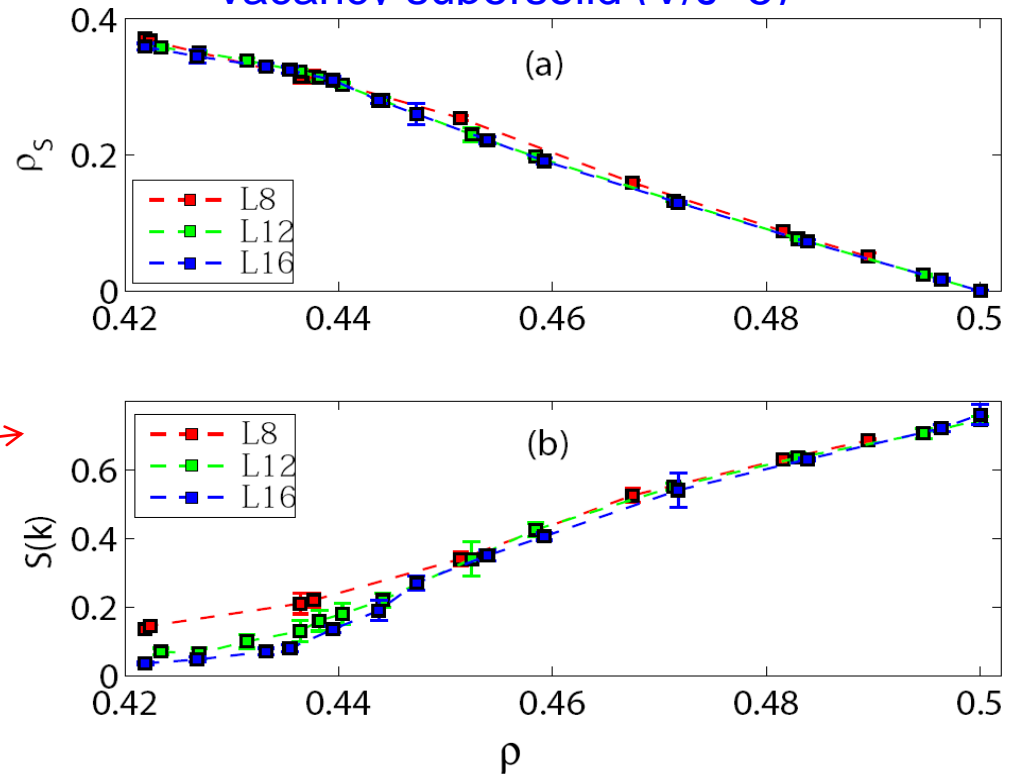


# Supersolids



- Supersolids: vacancies and impurities
  - finite superfluid density over wide range of densities
  - finite structure factor  $S(\pi, \pi)$  over wide range of densities

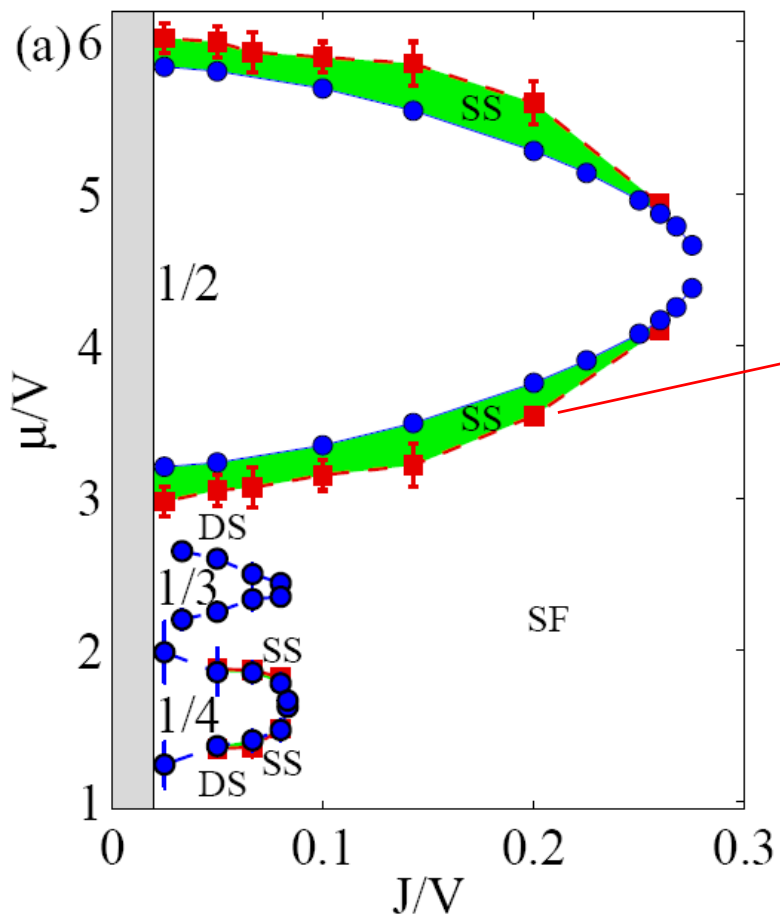
Vacancy supersolid ( $V/J=5$ )



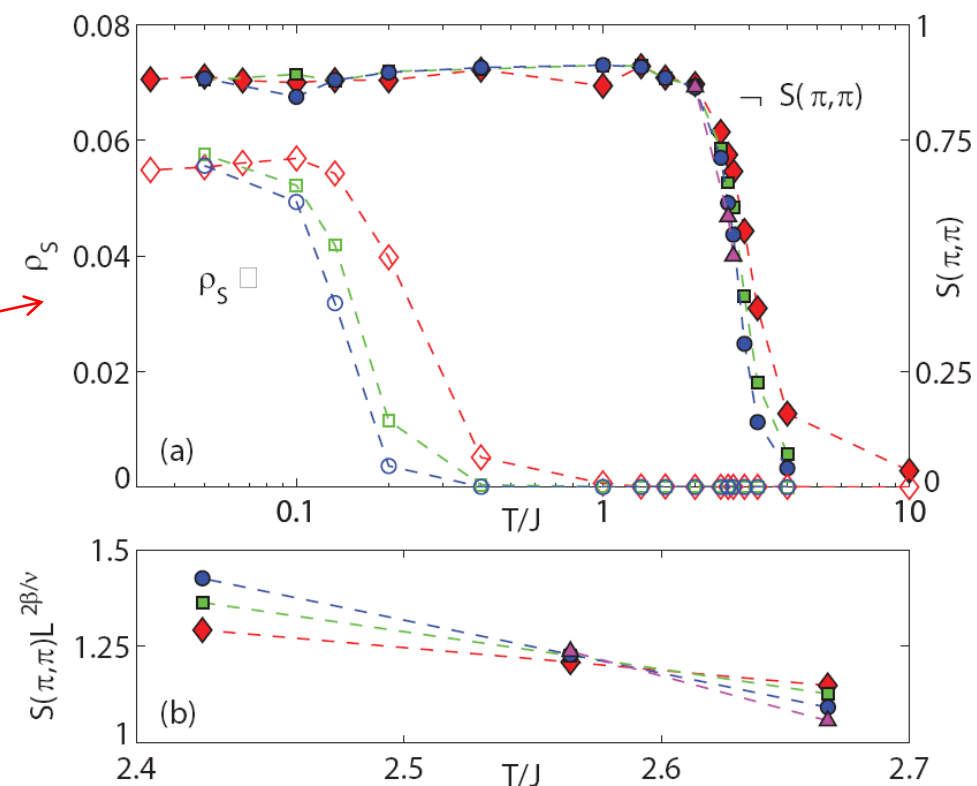
RbCs ( $d = 1.25$  Debye)  
 $V_{0,\perp}/E_R = 40$   
 $V_0/E_R = 4$      $a = 400$  nm  
 $\omega_{\perp}/2\pi \approx 18$  kHz     $\omega/2\pi \approx 6$  kHz  
 $D/(a^3 h) \simeq 3.5$  kHz  
 $J/h \simeq 120$  Hz     **$J/V \gtrsim 0.03$**

# Finite-T melting of a supersolid

## Phase-Diagram



## Finite-T ( $V/J=10$ ):



## Generic 2-step transition:

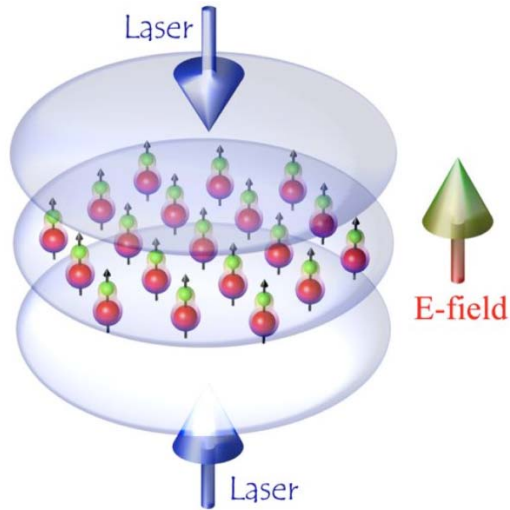
- SuperSolid / "Liquid crystal": KT
- "Liquid-crystal"/ Normal fluid: 2D-Ising

Supersolids in lattices, see: S. Yi, T. Li, C.P. Sun, PRL 2007  
C. Bruder, R. Fazio, G Schoen, PRB 1993

RbCs ( $d = 1.25$ Debye)  
 $V_{0,\perp}/E_R = 40$   
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## this talk...

- Can we do this with cold atoms?



- Can we do this "better"?

Supersolids:  $J \sim V$

coexistence of superfluid and crystalline orders!

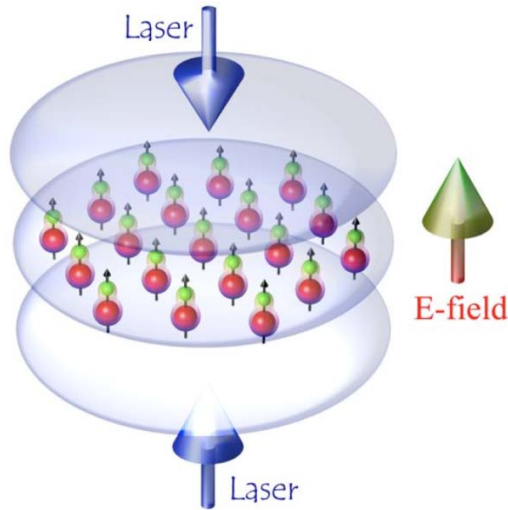
- condensation of vacancies and interstitials  
(Andreev-Lifshits scenario)

Free space? (no optical lattice..) see He4!

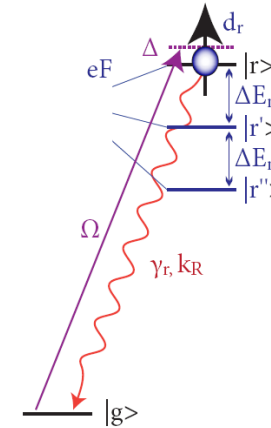


# this talk...

- Can we do this with cold atoms?



- Dipole-blockaded gases
  - Rydberg-dressed atoms



GP, Micheli, Boninsegni, Lesanovsky, Zoller, PRL 2010

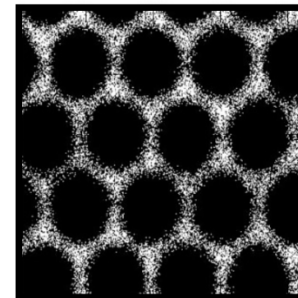
- Can we do this “better”?

- Novel quantum phases?

## Supersolids: $J \sim V$

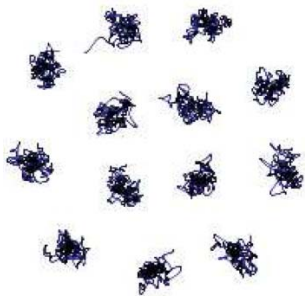
coexistence of superfluid and crystalline orders!

- condensation of vacancies and interstitials (Andreev-Lifshits scenario)

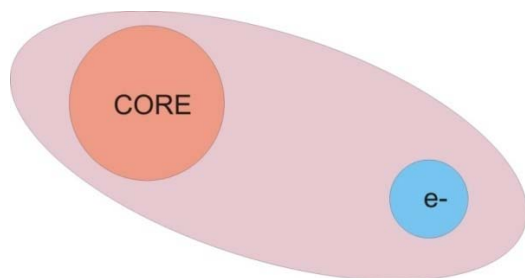


Cinti, Jain, Boninsegni, Micheli, Zoller, GP, arXiv:1005:2403, PRL in press

# Strongly correlated phases with Rydberg gases



- Rydberg atoms?



Rydberg states: highly-excited electronic states of Alkali atoms

$$E_{nl} = -\frac{1}{2(n-\delta(l))^2}$$

quantum defect  $\delta(l>4) \sim 0$

n+1

high l

low l

n

high l

low l

	IA			
1	1 H			
2	3 Li	4 Be		
3	11 Na	12 Mg		
4	19 K	20 Ca	21 Sc	22 Ti
5	37 Rb	38 Sr	39 Y	40 Zr
6	55 Cs	56 Ba	*57 La	72 Hf
7	87 Fr	88 Ra	+89 Ac	104 Rf

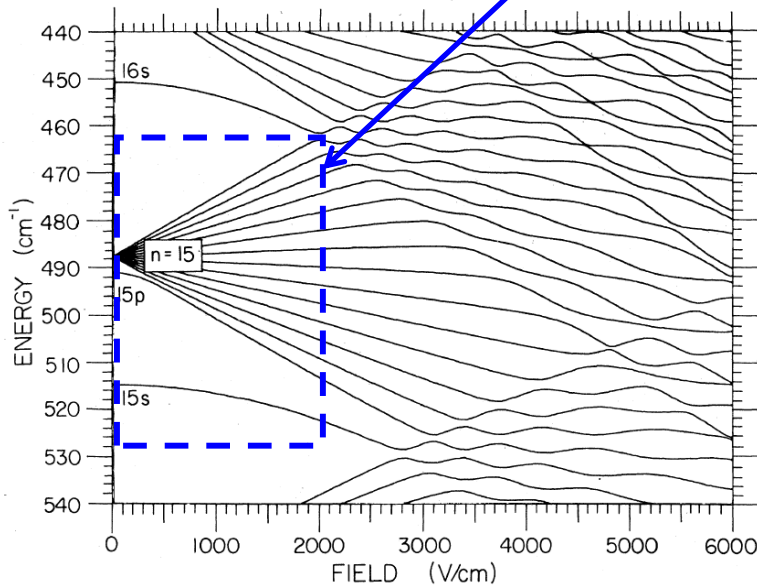
### Rydberg atoms:

- hydrogen-like atoms
- simple level structure
- radiative lifetime  $\tau \sim n^3$  ( $\tau \sim \text{ms}$ )
- large displacement of core and electron  $\langle r \rangle \sim n^2$
- mesoscopic objects ( $\langle r \rangle \sim \mu\text{m}$ )
- highly susceptible to external fields
- strong long-ranged interaction

external dynamics is usually FROZEN

# Rydberg atoms

Linear Stark regime



- Energy  $E = d \cdot F$

- dipole moment of the uppermost Stark state

$$d_{\max} = \frac{3}{2} e a_0 n(n-1)$$

is of the order of **several kDebyes**

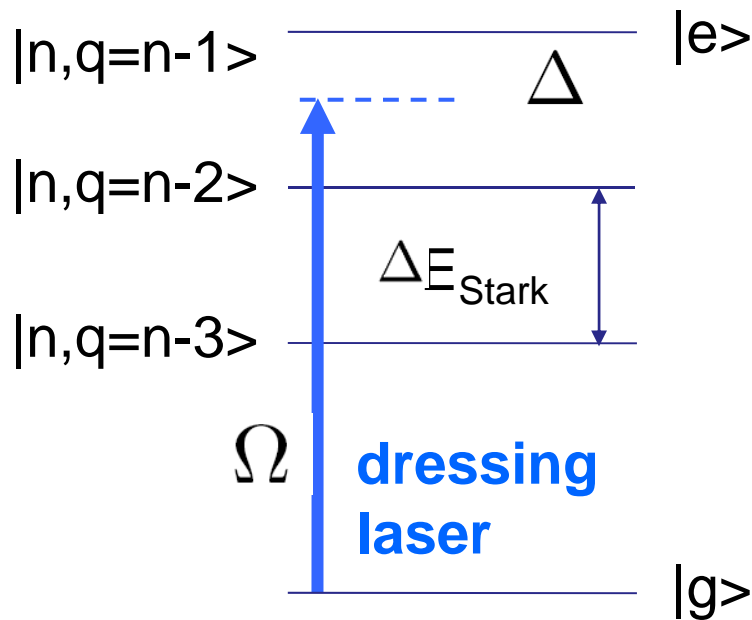
## Idea

- don't need such large dipole moment
- use coherent weak admixture of the Rydberg state to the ground state

**advantages:** 1) prolonged lifetime  
2) interactions compatible with (optical) trapping

$$|G\rangle \approx \begin{pmatrix} 0 \\ 1 \end{pmatrix} + \frac{\Omega}{\Delta} \begin{pmatrix} 1 \\ 0 \end{pmatrix} = |g\rangle + \frac{\Omega}{\Delta} |e\rangle$$

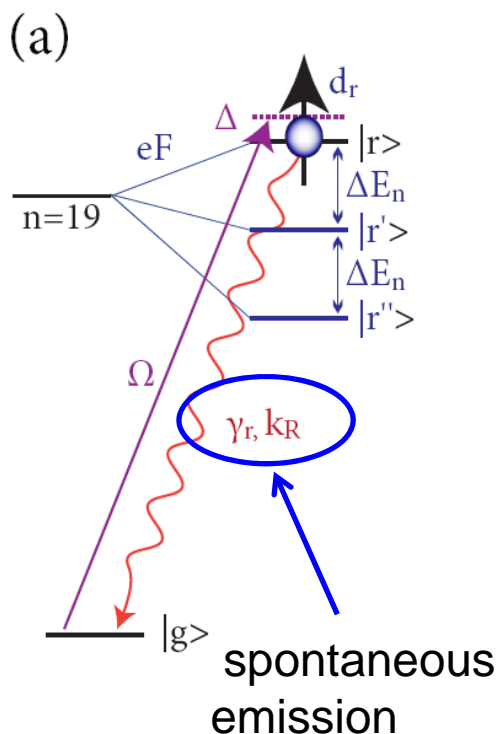
dressed ground state acquires character of the excited state



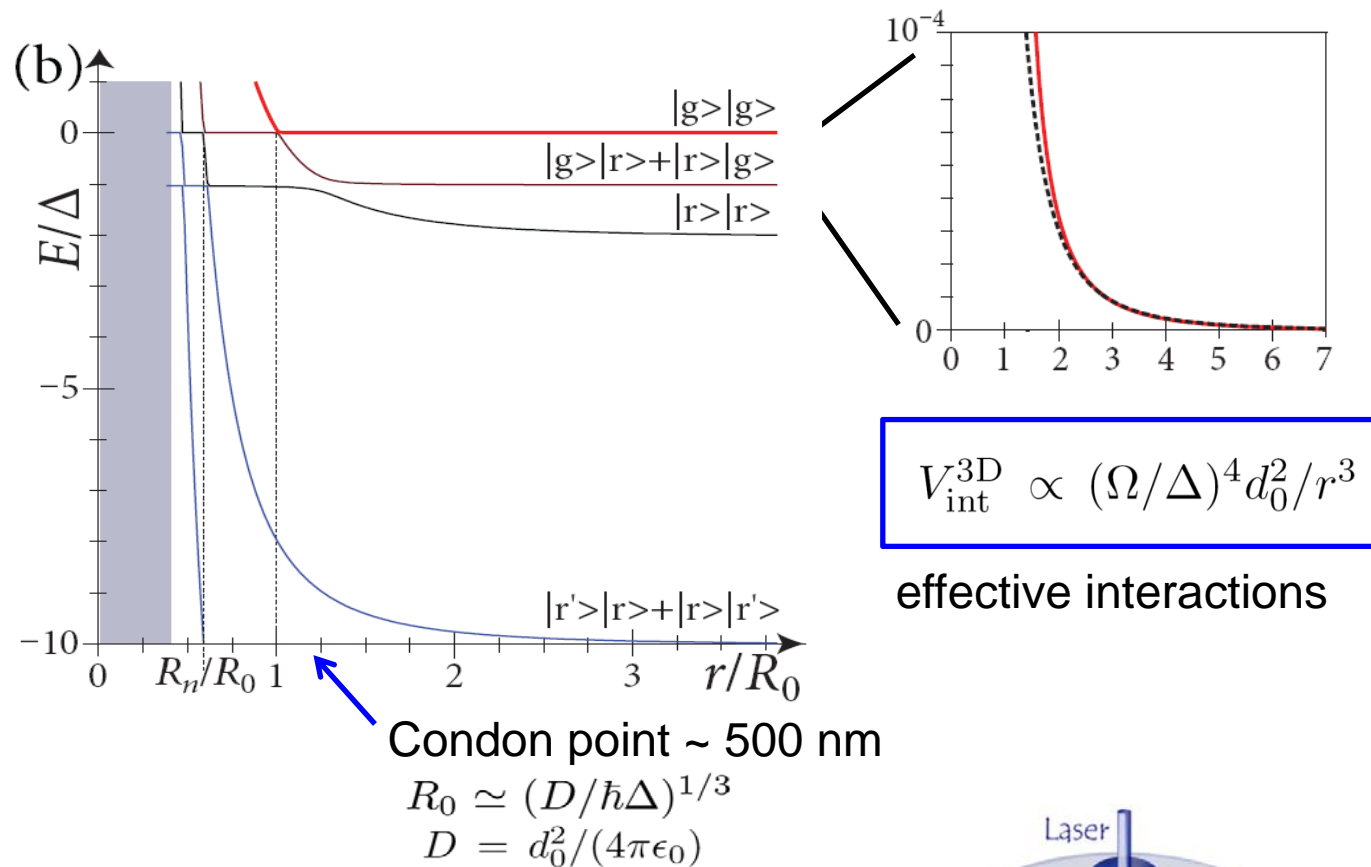


# Blue-shielding: effective interactions

- Laser Dressing



- Dressed Born-Oppenheimer potentials



$$V_{\text{int}}^{3D} \propto (\Omega/\Delta)^4 d_0^2 / r^3$$

effective interactions

- 2D collisional stability for:

$$\hbar\omega_{\perp} > V_{\text{int}}^{3D}(R)$$

- 2D effective interactions:

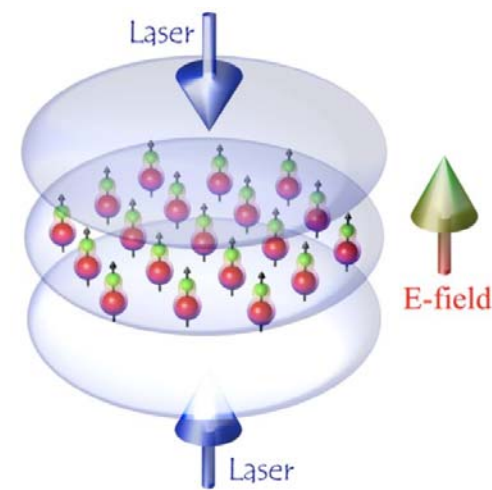
$$V_{\text{int}}^{2D} = (\Omega/\Delta)^4 D / \rho^3$$

$\sim$  polar molecules

- Residual spontaneous emission:

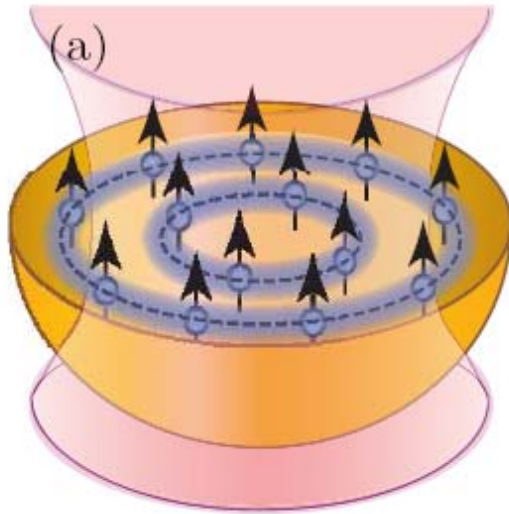
$$\gamma_{\text{eff}} \sim (\Omega/\Delta)^2 \gamma_r$$

intrinsic heating source



# 2D Effective Many-Body Hamiltonian

- Setup (scheme)



- 2D Hamiltonian:

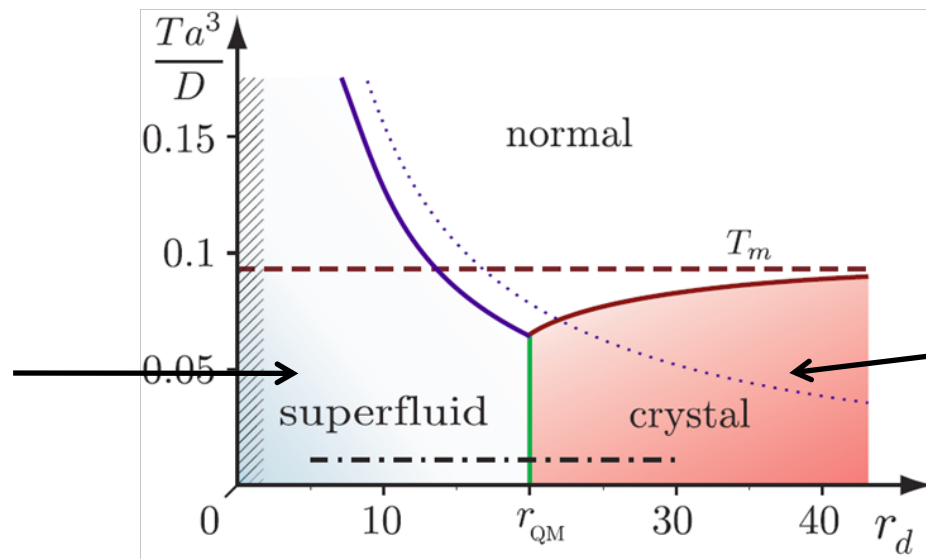
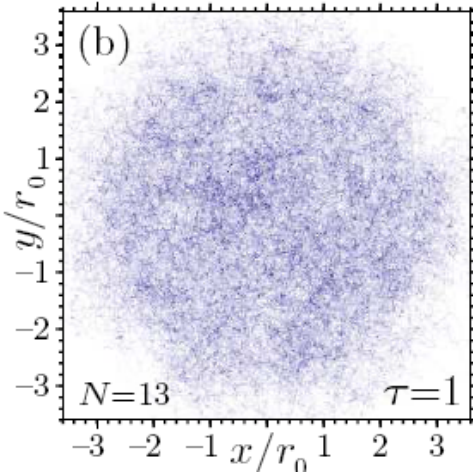
$$\frac{H}{\epsilon_0} = \sum_{i=1}^N \left[ -\frac{1}{2\tau^2} \frac{\partial^2}{\partial \rho_i^2} + \frac{1}{2} \rho_i^2 \right] + \sum_{i>j} \frac{1}{|\rho_i - \rho_j|^3}$$

$$\tau \equiv \epsilon_0 / \hbar \omega = (r_0 / \ell)^2 \quad \text{effective mass}$$

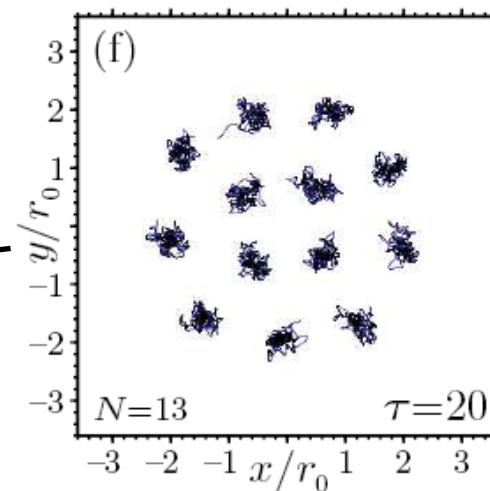
$$\epsilon_0 = m \omega^2 r_0^2 = D / r_0^3 = (m^3 \omega^6 D^2)^{1/5}$$

$$\tau_c = (r_{\text{QMA}} / \ell)^{2/5} \simeq 3$$

Superfluid

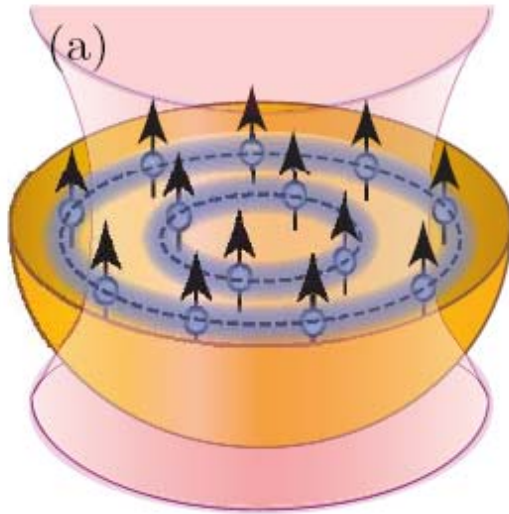


Classical crystal



# 2D Effective Many-Body Hamiltonian

- Setup (scheme)



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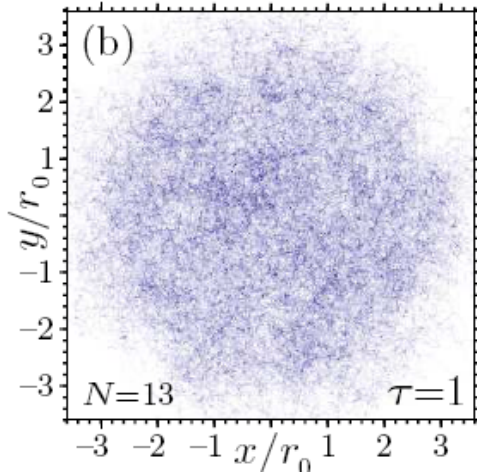
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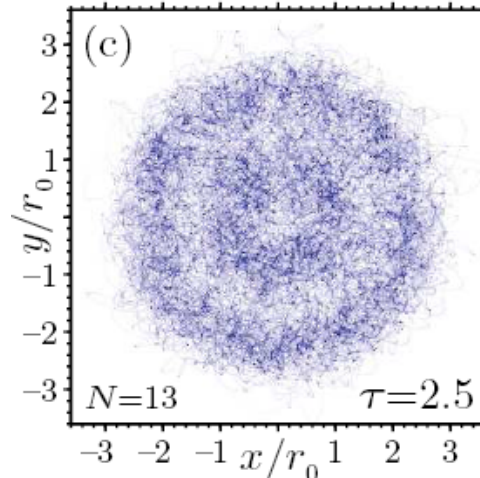
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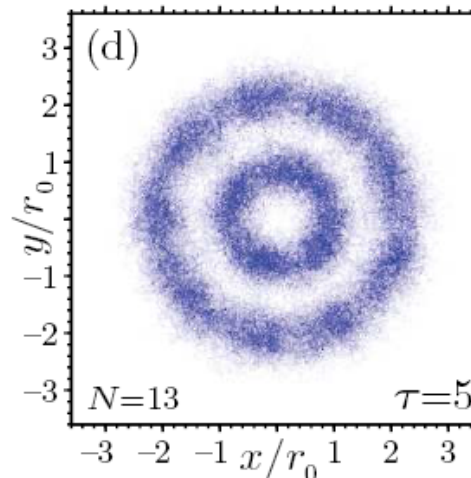
Superfluid



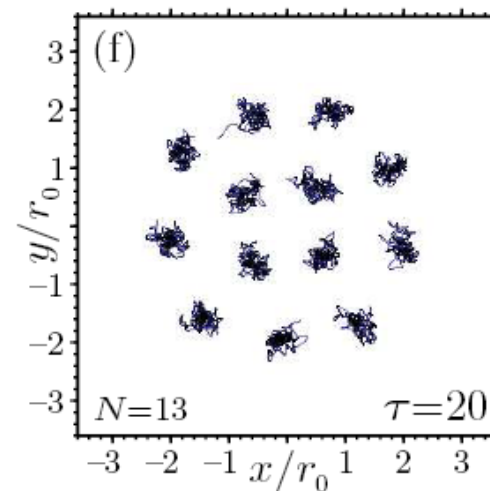
Supersolid



Ring crystal



Classical crystal



# Observable with Rydberg-dressed atoms?

- Superfluids:  $\tau < \tau_c$
- Supersolids:  $\tau \lesssim \tau_c$
- Ring-shaped crystals  $\tau \gtrsim \tau_c$
- Classical crystals  $\tau \gg \tau_c$

- Atoms:  $^{87}\text{Rb}$  atoms

$$n = 20 \quad d_r \approx 1.45\text{kD}$$

$$\Gamma_r/2\pi \sim 100\text{kHz}$$

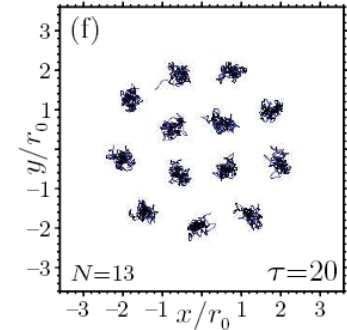
$$\omega/2\pi = 1\text{kHz}$$

- Electric field & Laser

$$\mathcal{E}_{\text{DC}} = 25\text{kV/m}$$

$$\Omega/2\pi = 80\text{MHz}$$

$$\Delta/2\pi = 1\text{GHz}$$



- Effective parameters

$$d \approx 9.1\text{Debye}$$

$$r_0 \approx 1.07\mu\text{m}$$

$$\tau \approx 10$$

$$\tau \gg \tau_c$$

$$\Gamma/2\pi \approx 640\text{Hz}$$

Classical melting temperature  
of a dipolar crystal  $T_M \sim 0.1\epsilon_0$

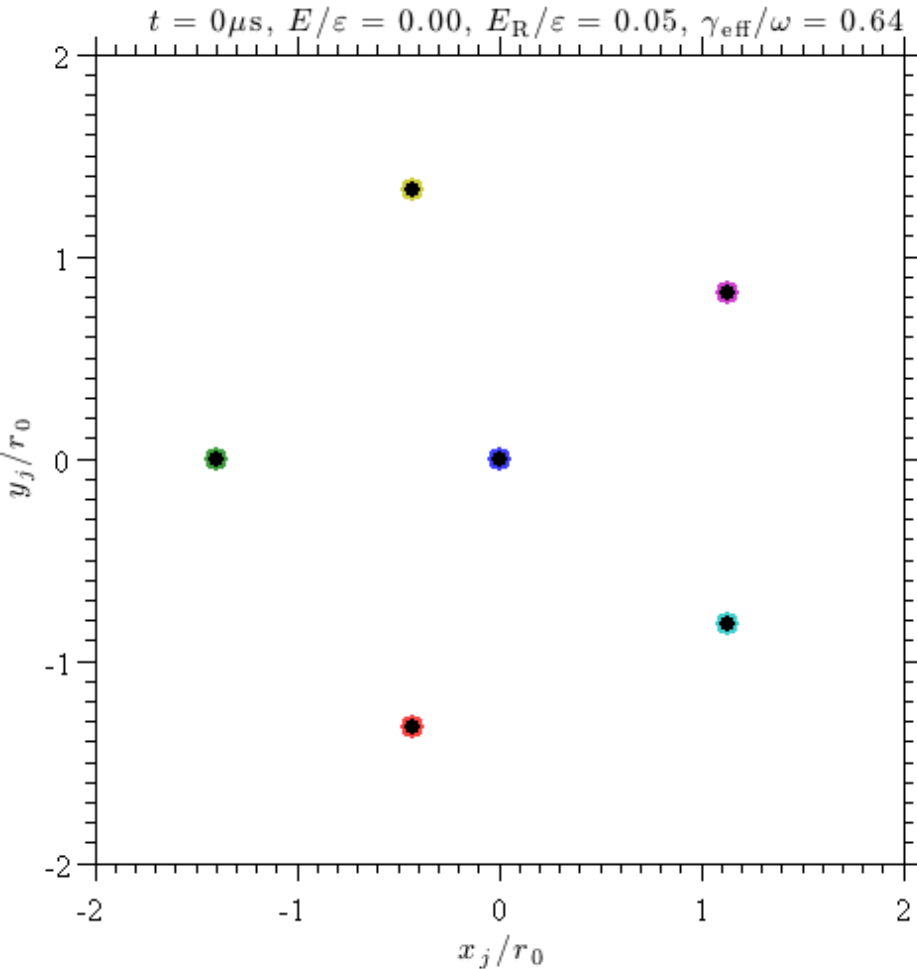
Lifetime of a crystal:

$$T \sim T_M/(\Gamma_{\text{eff}} E_R)$$

Crystals observable!

Spontaneous emission  
effective heating rate

# Spontaneous emission: classical dynamics



$^{87}\text{Rb}$  atoms  $n = 20$   
 $d_r \approx 1.45\text{kD}$   $\Gamma_r/2\pi \sim 100\text{kHz}$   
 $\mathcal{E}_{\text{DC}} = 25\text{kV/m}$   
 $\Omega/2\pi = 80\text{MHz}$   $\Delta/2\pi = 1\text{GHz}$   
 $\Gamma/2\pi \approx 640\text{Hz}$   
 $d \approx 9.1\text{Debye}$   $\mathcal{T} \approx 62.5\mu\text{s}$   
- Numerics (classical molecular dynamics)

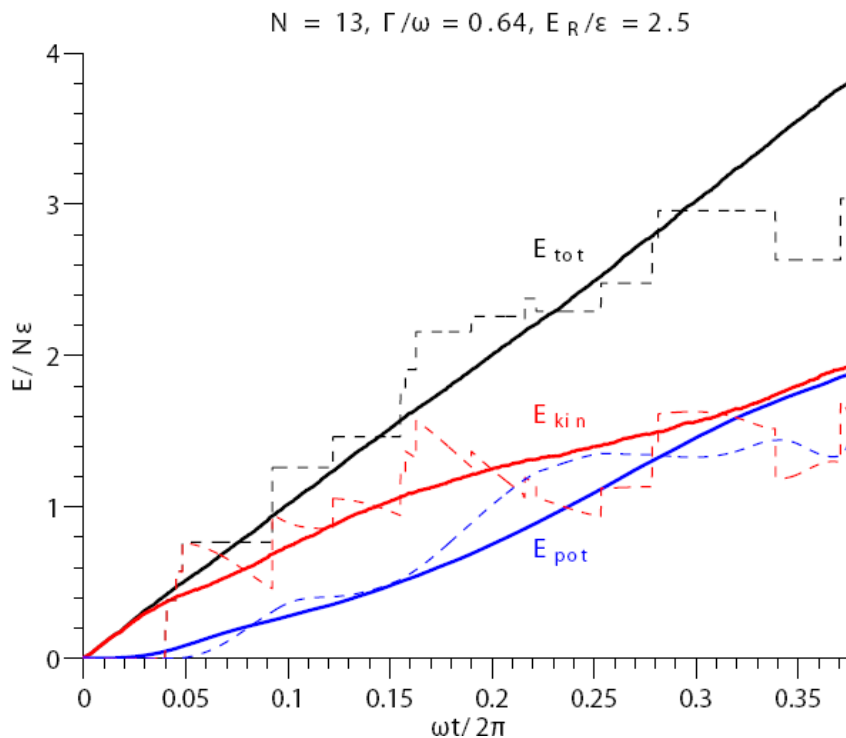
$\mathcal{T} \simeq 200\mu\text{s}$

# Rydberg Crystal: out-of-equilibrium stability

now also cooling!  
See Outlook: Zhao, Glaetzle, ...

$$d_{\max} = \frac{3}{2} e a_0 n(n-1)$$

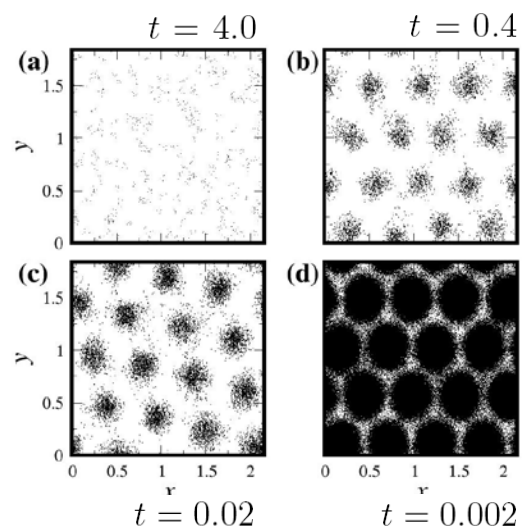
## Classical molecular dynamics



$^{87}\text{Rb}$  atoms  $n = 20$   
 $d_r \approx 1.45\text{kD}$   $\Gamma_r/2\pi \sim 100\text{kHz}$   
 $\mathcal{E}_{\text{DC}} = 25\text{kV/m}$   
 $\Omega/2\pi = 80\text{MHz}$   $\Delta/2\pi = 1\text{GHz}$   
 $\Gamma/2\pi \approx 640\text{Hz}$   
 $d \approx 9.1\text{Debye}$   $\mathcal{T} \approx 62.5\mu\text{s}$   
- Numerics (classical molecular dynamics)

$$\mathcal{T} \simeq 200\mu\text{s}$$

# Modified dipolar interactions: new phases of matter with Rydberg-dressed atoms



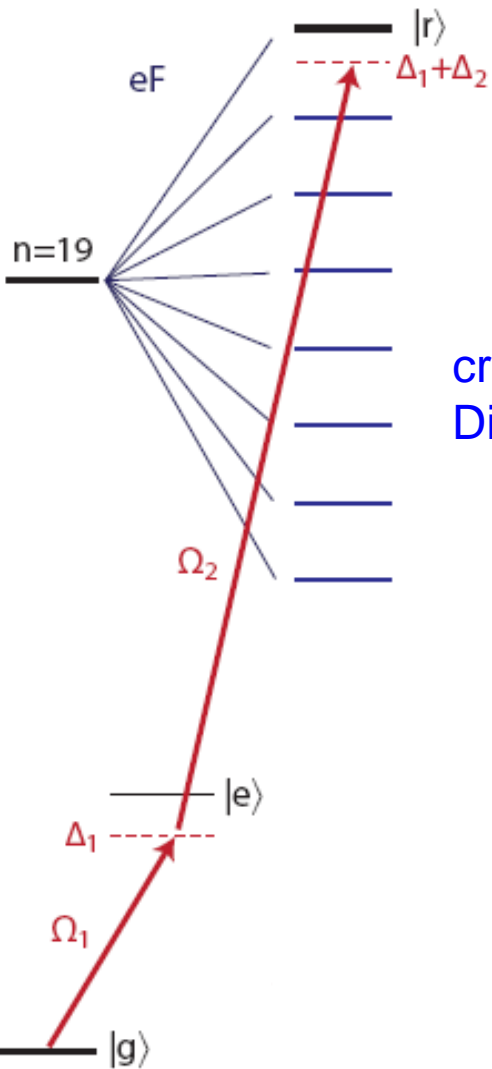
Cinti, Jain, Boninsegni, Micheli, Zoller, Pupillo,

PRL 105, 135301 (2010)

# Red-detuning: „dipole-blockade“ $\tilde{V}_{\text{eff}}/(\Omega^4/\Delta^3)$

## Single atom:

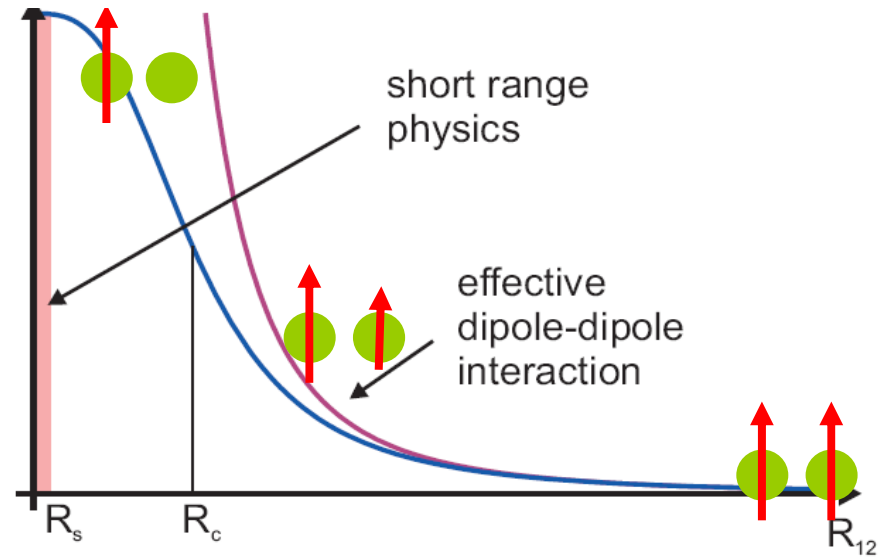
Dressing of ground-state by Rydberg-states (in electric field)



$$R_c = \left[ \frac{d_0^2}{8\pi\epsilon_0\Delta} \right]^{1/3}$$

critical radius  $\geq 500\text{nm}$

Dipole-dipole interaction for  $R > R_c$



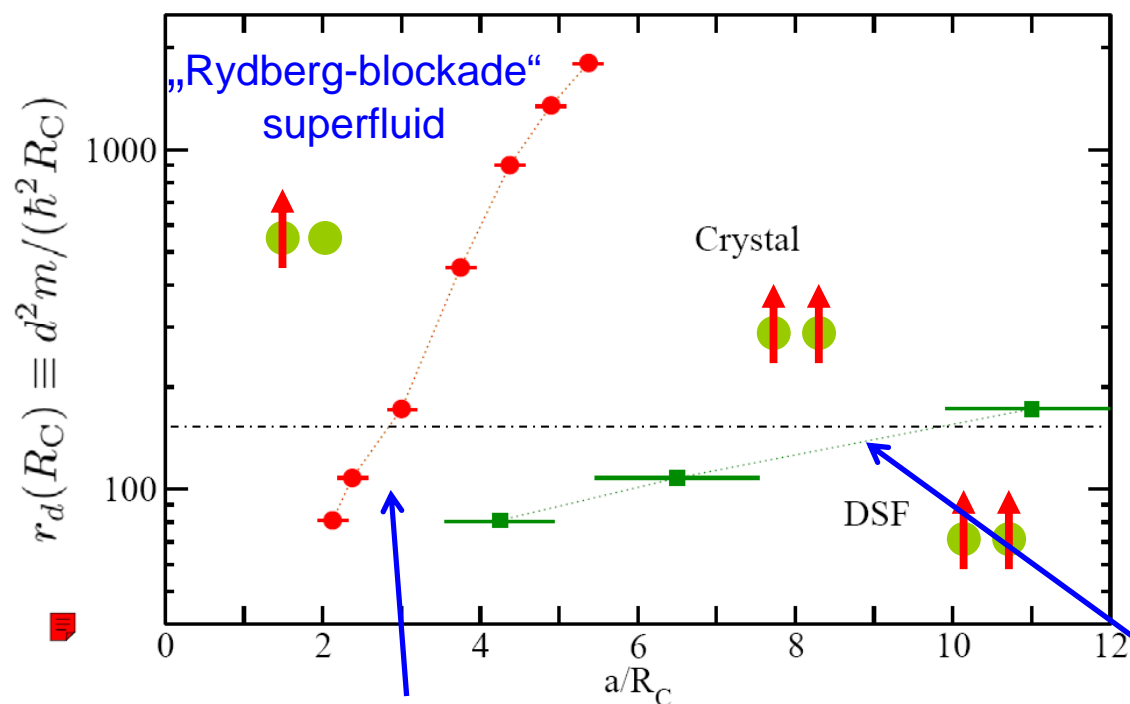
effective two-body interaction

$$V_{\text{ad},12} = -2 \frac{\Omega^4}{\Delta^3} \left[ 1 + \left( \frac{R_c}{R_{12}} \right)^3 \right]^{-1}$$

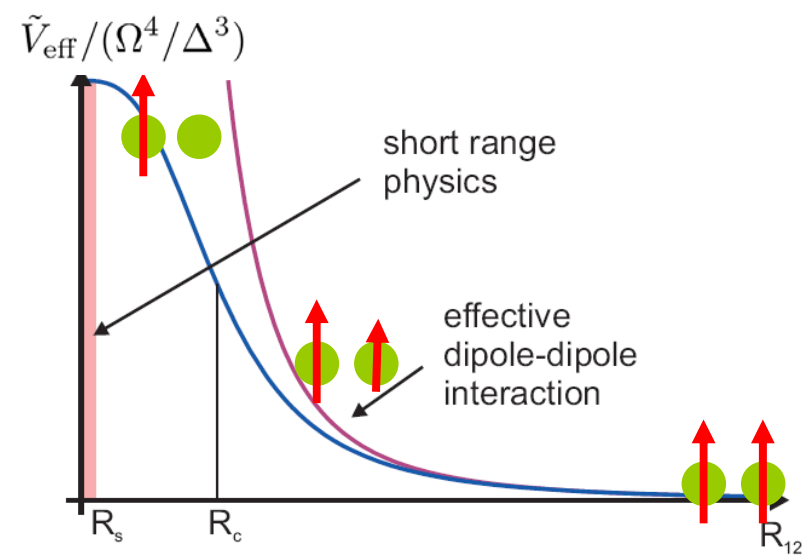
see: I. Lesanovsky, T. Pohl, ...



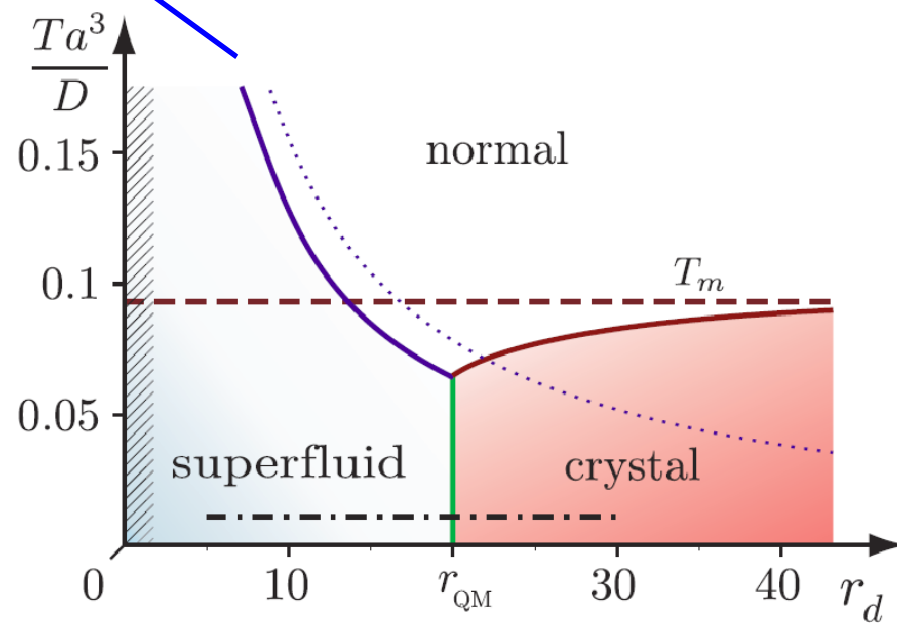
# Quantum phases in red-dressed, dipole-blockaded gases



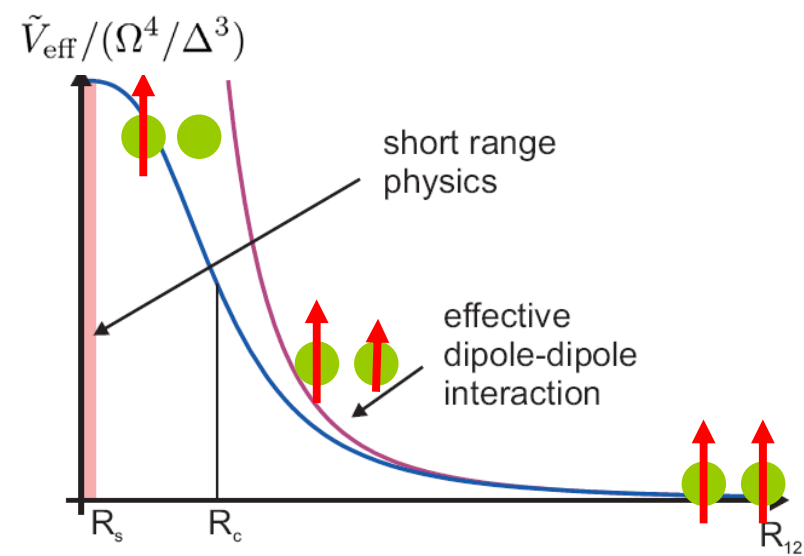
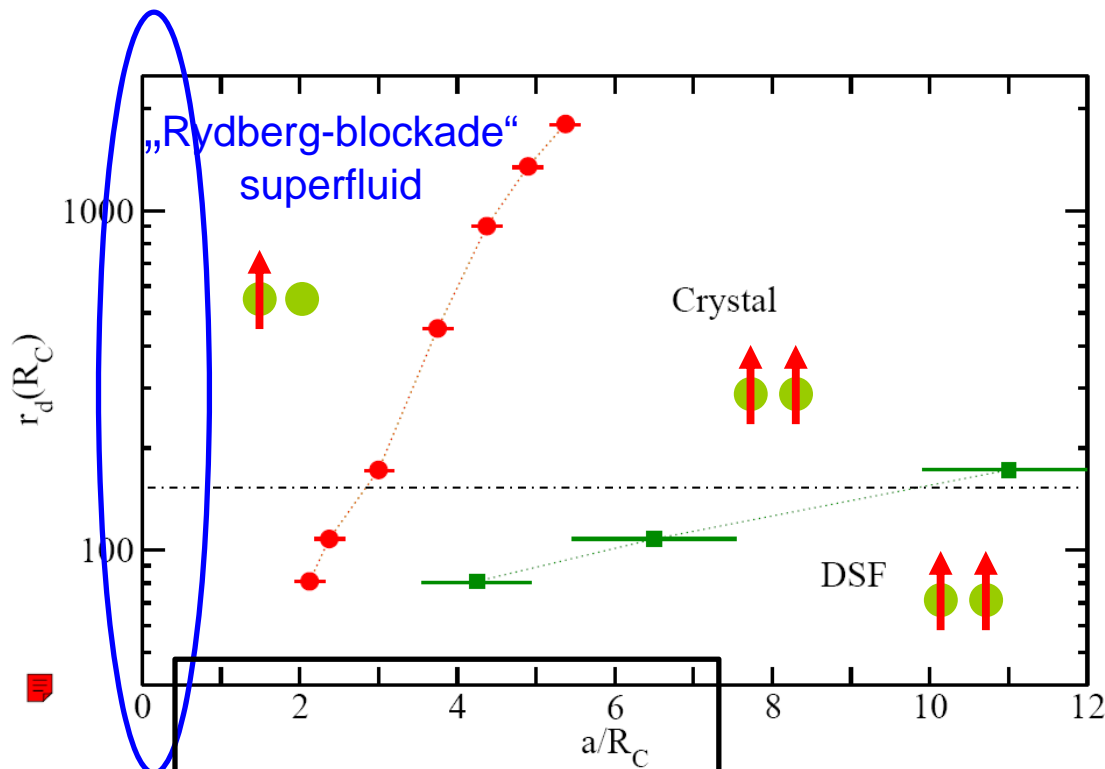
Intermediate-density: Re-entrant phase transition



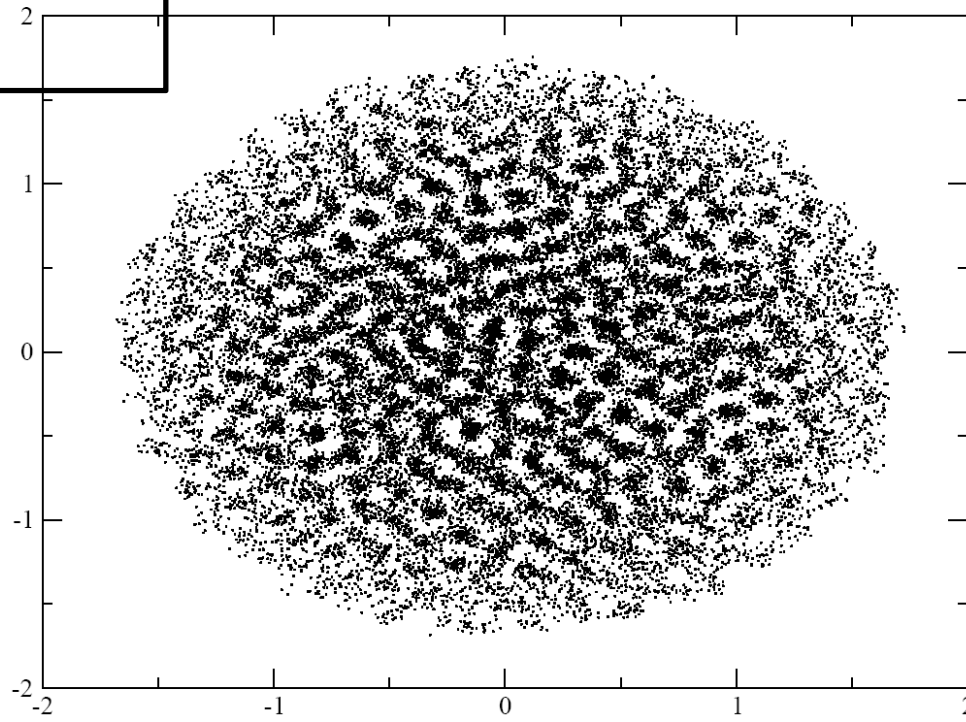
Low-density: SF/C QFT (PRL 2007)



# Quantum phases in red-dressed, dipole-blockaded gases



High-density: ..?



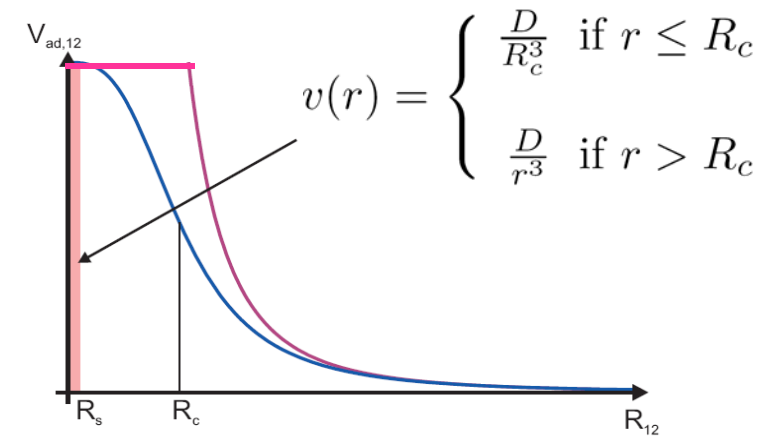
Droplet formation!

$N=1000$  particles

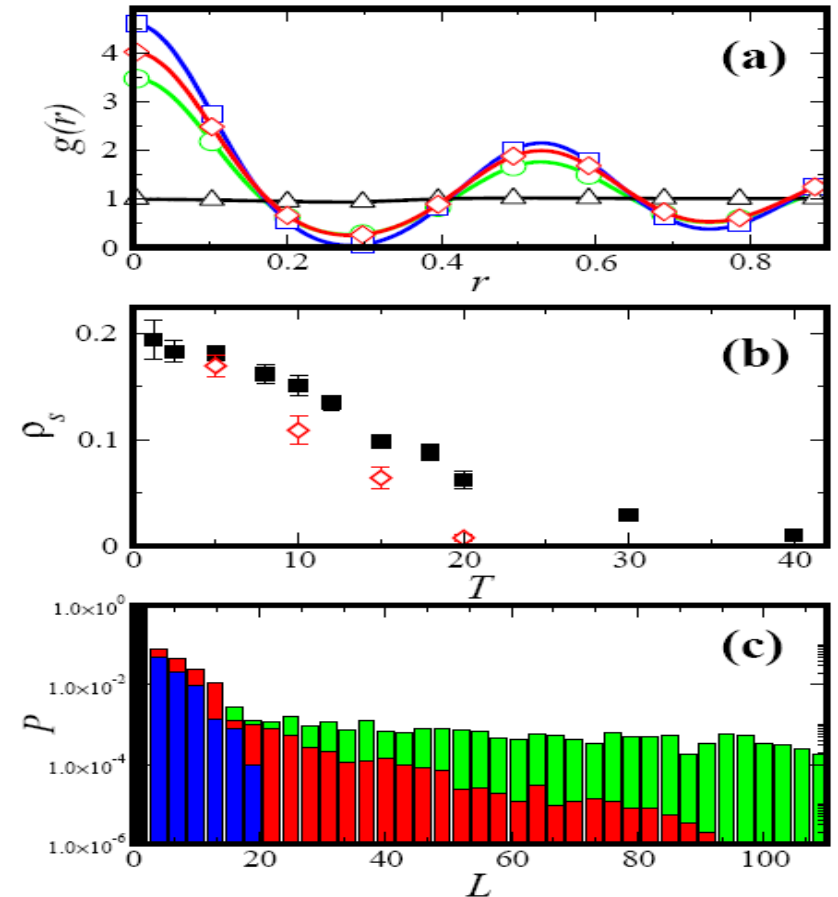
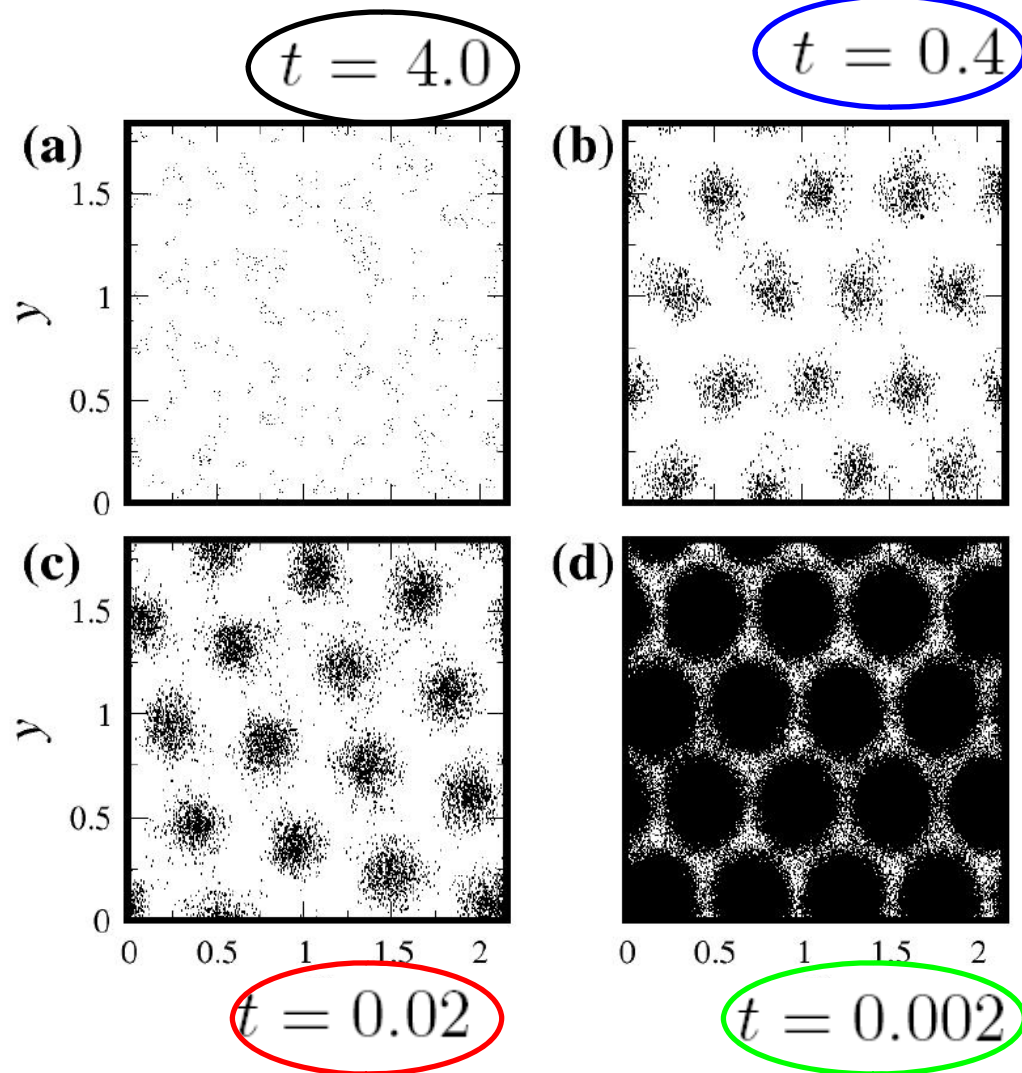
# New model potential

High-density: ..?

- 1) Choose:  $a < R_c$
- 2) Start from a high temperature  $t$ , and lower it..
- 3) Energy scale:  $\epsilon_o = D/r_o^3 = \hbar^2/mr_o^2$
- 4) Choose weak interactions (no single-particle crystals)  
 $r_o/a < r_{QM} \simeq 18$



Density modulations

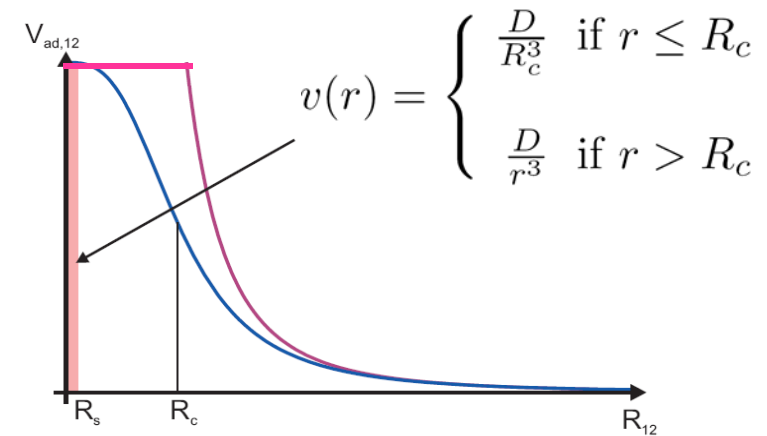


Off-diagonal long-range order..

# New model potential

High-density: ..?

- 1) Choose:  $a < R_c$  (~500-1000 nm)
- 2) Start from a high temperature  $t$ , and lower it..
- 3) Energy scale:  $\epsilon_o = D/r_o^3 = \hbar^2/mr_o^2$  (~10-100 nK)
- 4) Choose weak interactions (no single-particle crystals)  
 $r_o/a < r_{QM} \simeq 18$



$t = 4.0$

$t = 0.4$

2 NEW PHASES:

Crystal of mesoscopic superfluid droplets

Droplet crystal + finite superfluid fraction

=

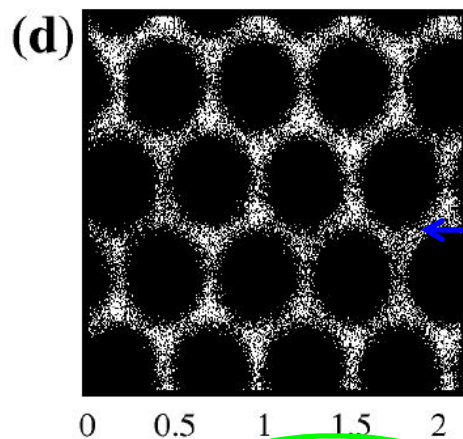
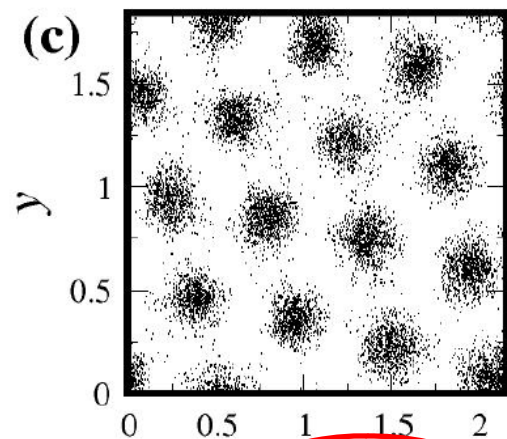
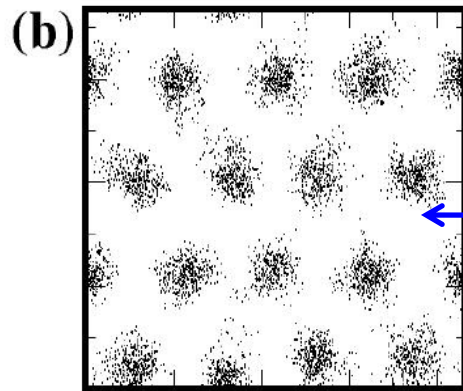
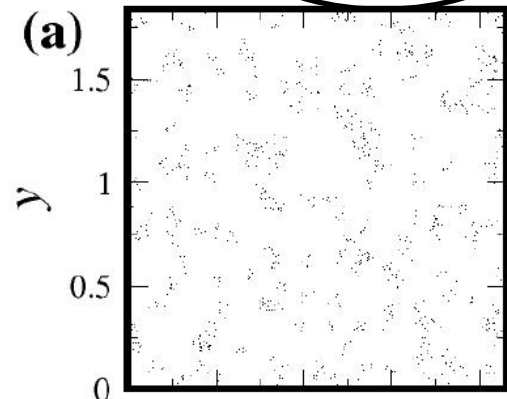
Supersolid phase (SS)

see also Henkel, Nath, Pohl, PRL 2010

Li, Liu, Lin, arXiv:1005.4027

Santos, Shlyapnikov, et al., PRL 2003

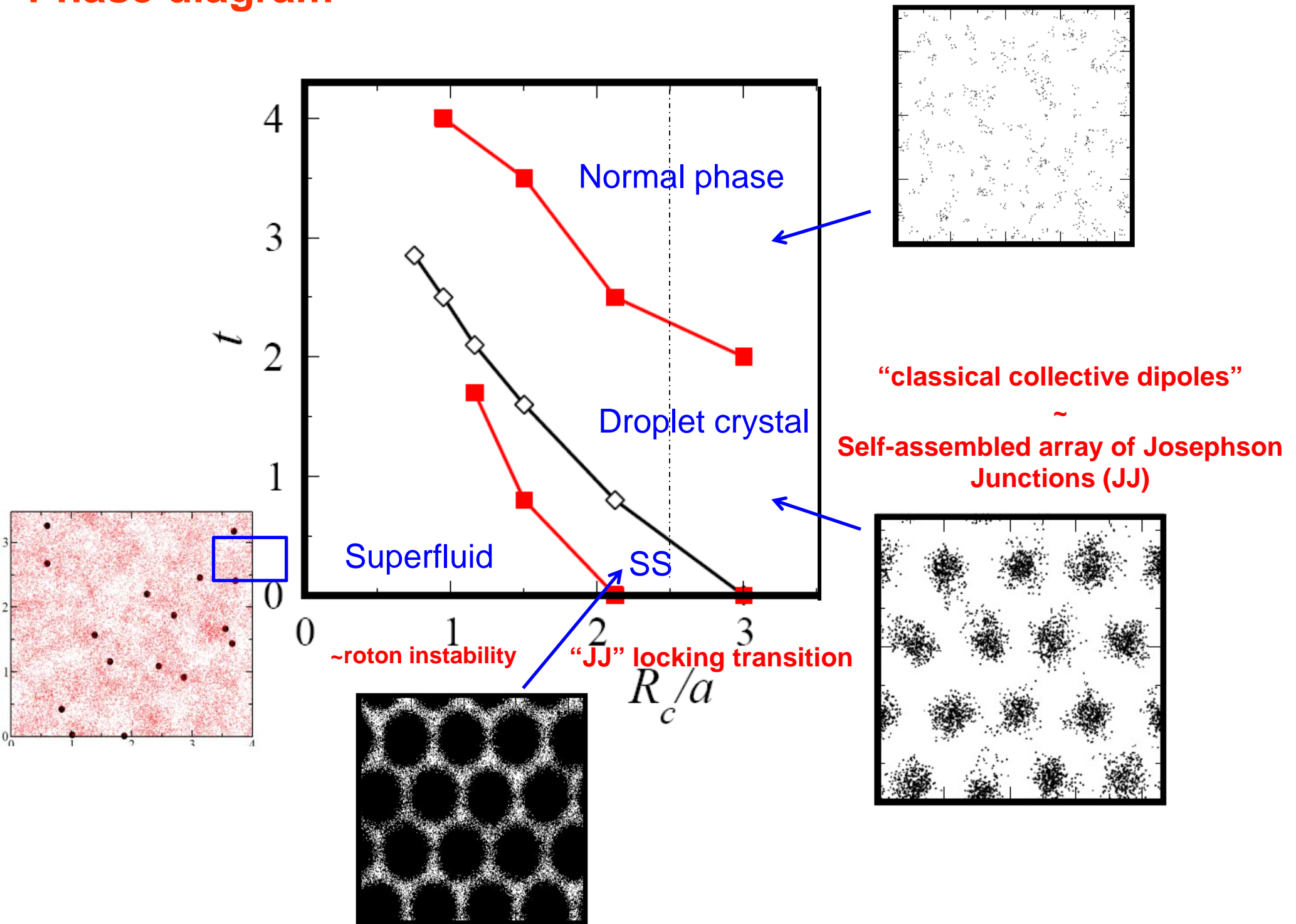
O'Dell, Giovanazzi, Kurizki..



$t = 0.02$

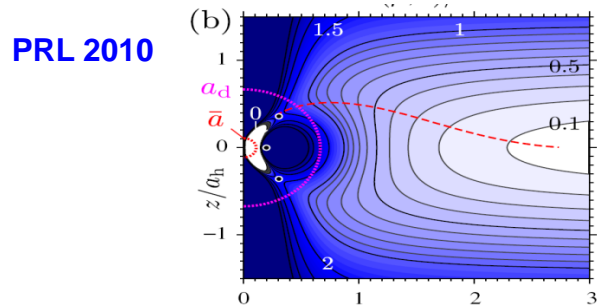
$t = 0.002$

# Phase diagram

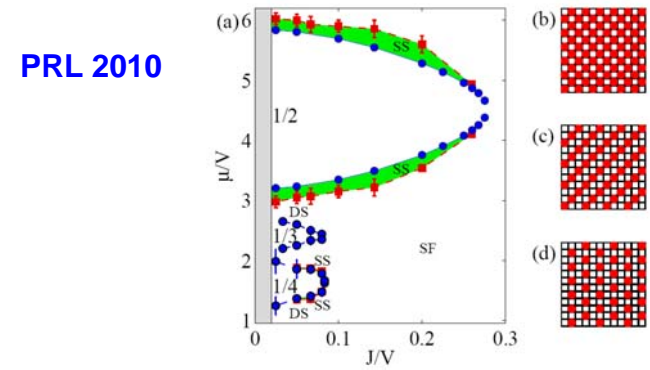


# Conclusions

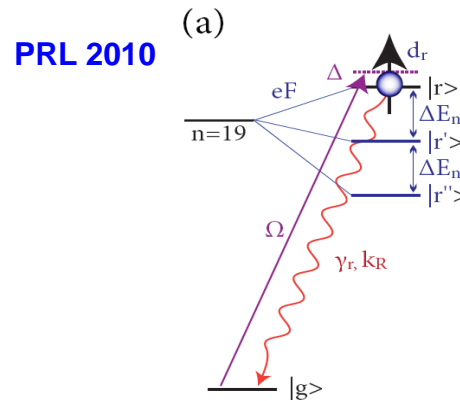
## Stability and cooling in 2D



## Phase-diagram of 2D lattice dipoles



## Rydberg-dressed atoms



## Outlook

- Bi/multi-layered structures of molecules?
- Dynamic properties of a supersolid?
- Heating and cooling of a Rydberg gas?

## Supersolid droplet crystal

PRL 2010

