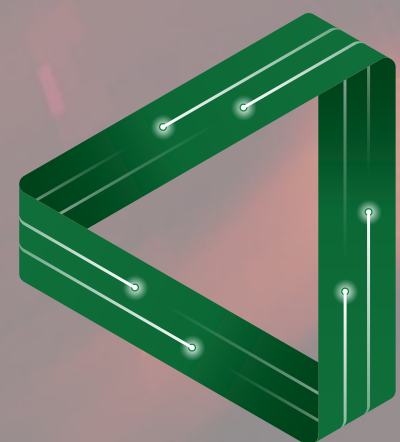


# Quantum behavior of a heavy impurity in a Bose gas

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FLEET

ARC CENTRE OF EXCELLENCE IN  
FUTURE LOW-ENERGY  
ELECTRONICS TECHNOLOGIES

KITP few-body conference, 25 May 2022

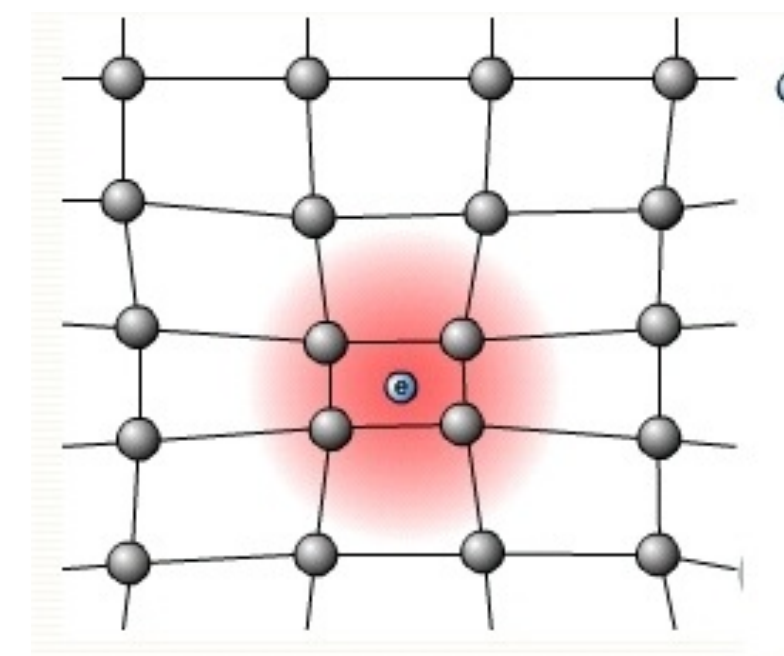
# Impurities in a Bose medium

- Fundamental problem in physics

- Quantum system + environment

E.g. spin-boson problem - Leggett et al, RMP 1987

- Electrons in ionic lattice (polarons)



*What happens if the medium is a BEC?*

Cold-atom experiments: JILA, Aarhus, Kaiserslautern, MIT, ...

# Outline

- The Bose polaron problem [3D]

**Theory:** Tempere, Bruun, Massignan, Enss, Schmidt, Demler, Gurarie, Giorgini ...

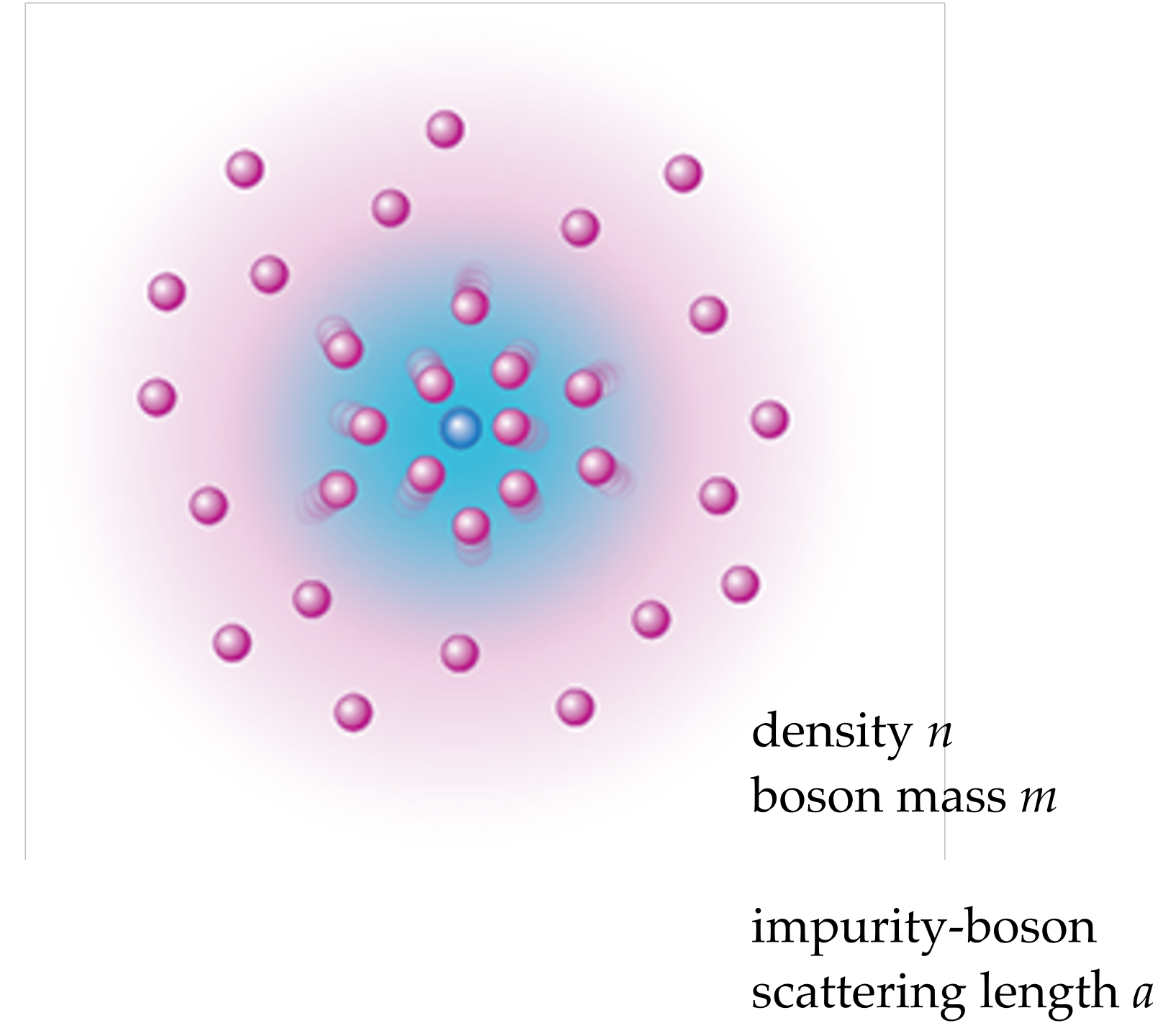
- Few-body bound states
  - Impurity +  $N$  bosons
- Many-body limit
- Conclusion

# The Bose polaron

## – Infinitely heavy case

- Fixed impurity in a weakly repulsive Bose gas
- Tunable short-range *attractive* interactions between impurity and bosons

$$\hat{H} = \sum_{\mathbf{k}} \epsilon_{\mathbf{k}} b_{\mathbf{k}}^{\dagger} b_{\mathbf{k}} + \sum_{\mathbf{k}\mathbf{k}'\mathbf{q}} \frac{V(\mathbf{q})}{2} b_{\mathbf{k}}^{\dagger} b_{\mathbf{k}'}^{\dagger} b_{\mathbf{k}'+\mathbf{q}} b_{\mathbf{k}-\mathbf{q}} + g \sum_{\mathbf{k}\mathbf{k}'} b_{\mathbf{k}}^{\dagger} b_{\mathbf{k}'}$$

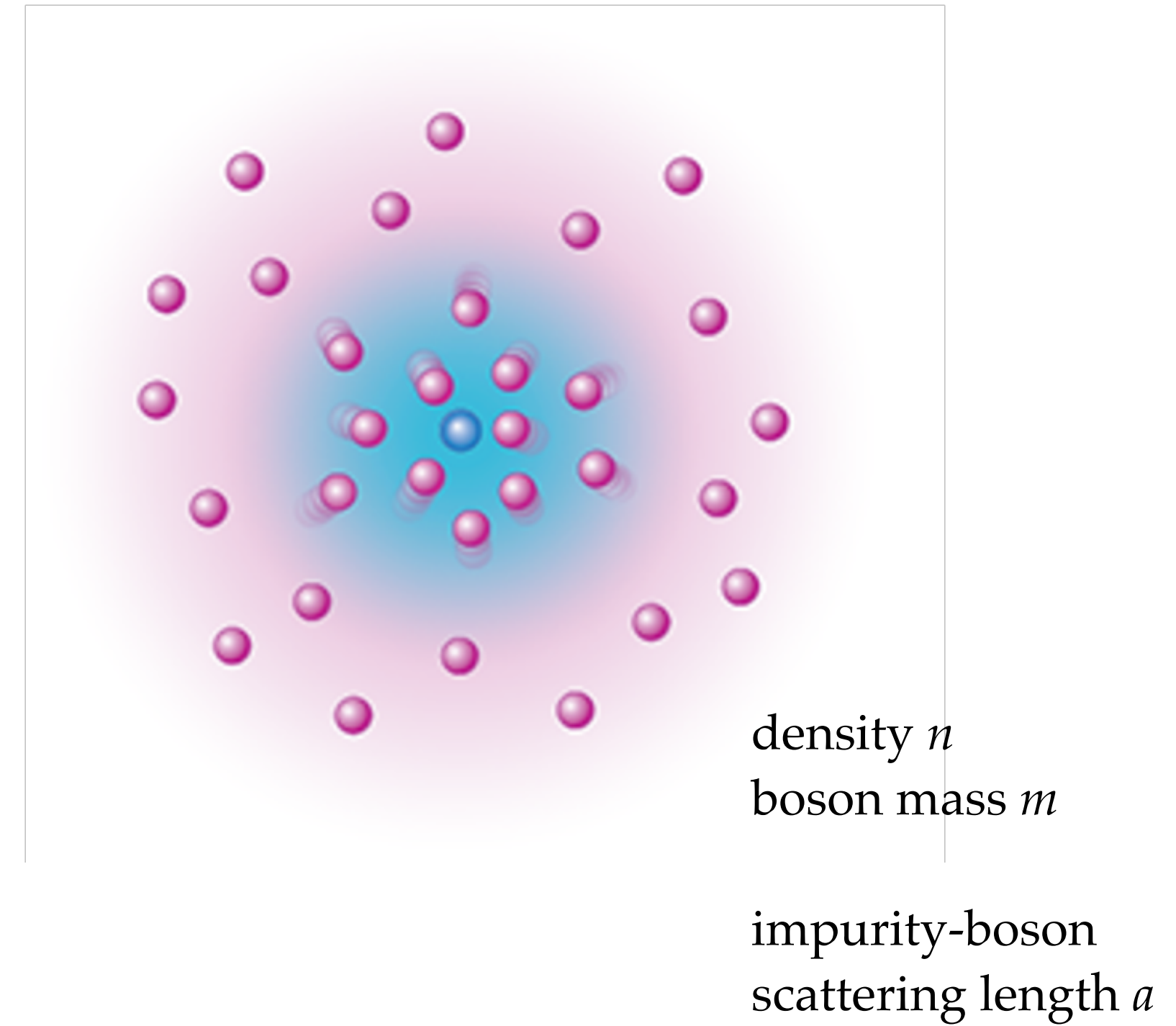


# The Bose polaron

## – Infinitely heavy case

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- Tunable short-range *attractive* interactions between impurity and bosons

$$\hat{H} = \sum_{\mathbf{k}} \frac{k^2}{2m} b_{\mathbf{k}}^\dagger b_{\mathbf{k}} + \sum_{\mathbf{k}\mathbf{k}'\mathbf{q}} \frac{V(\mathbf{q})}{2} b_{\mathbf{k}}^\dagger b_{\mathbf{k}'}^\dagger b_{\mathbf{k}'+\mathbf{q}} b_{\mathbf{k}-\mathbf{q}} + g \sum_{\mathbf{k}\mathbf{k}'} b_{\mathbf{k}}^\dagger b_{\mathbf{k}'}$$



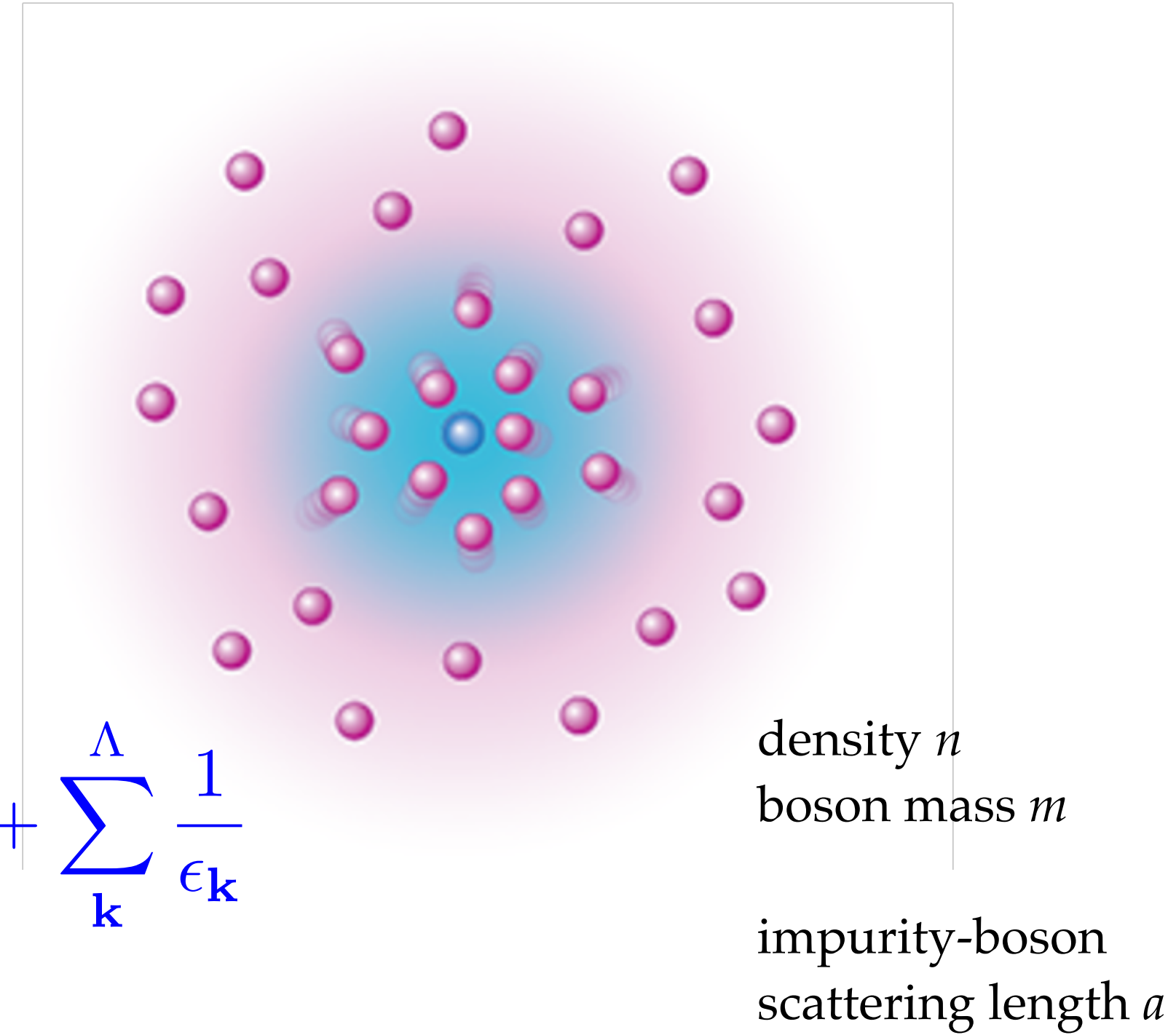
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$\xrightarrow{a_B}$        $\xrightarrow{\frac{m}{2\pi a} = \frac{1}{g} + \sum_{\mathbf{k}}^{\Lambda} \frac{1}{\epsilon_{\mathbf{k}}}}$

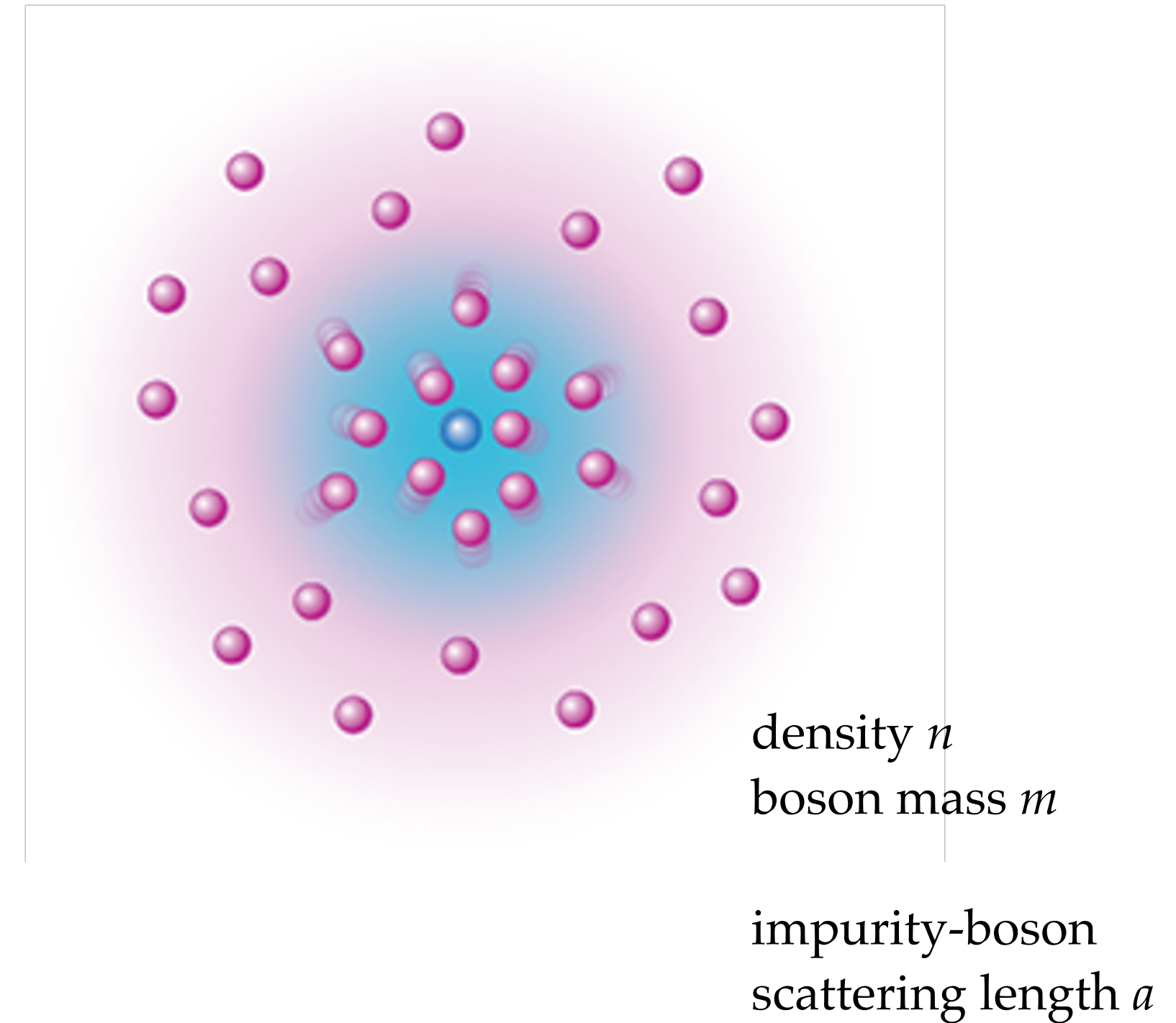


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# The Bose polaron

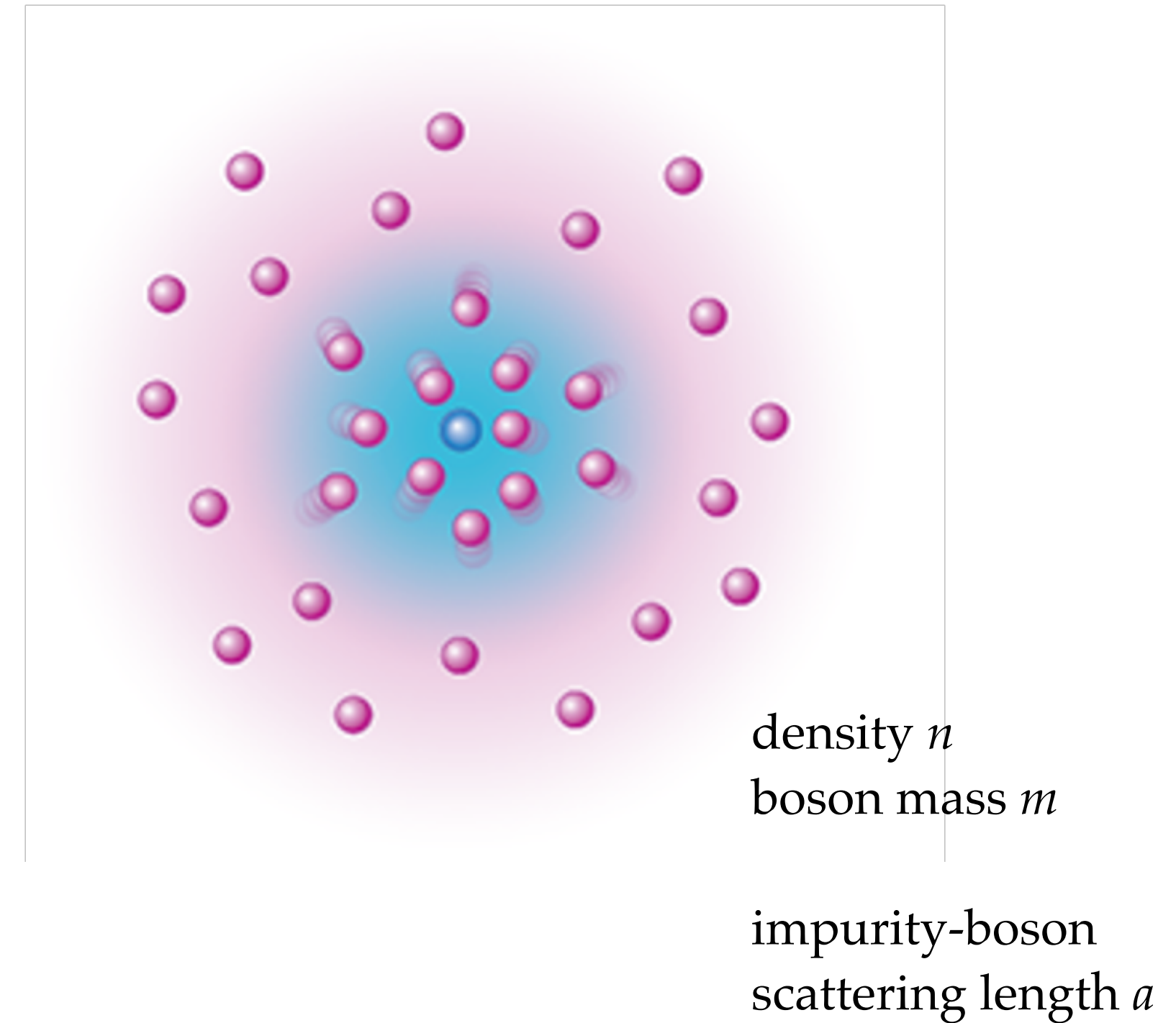
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- **Exactly solvable** for ideal Bose gas

- ▶ Polaron energy:  $E = \frac{2\pi a n}{m}$



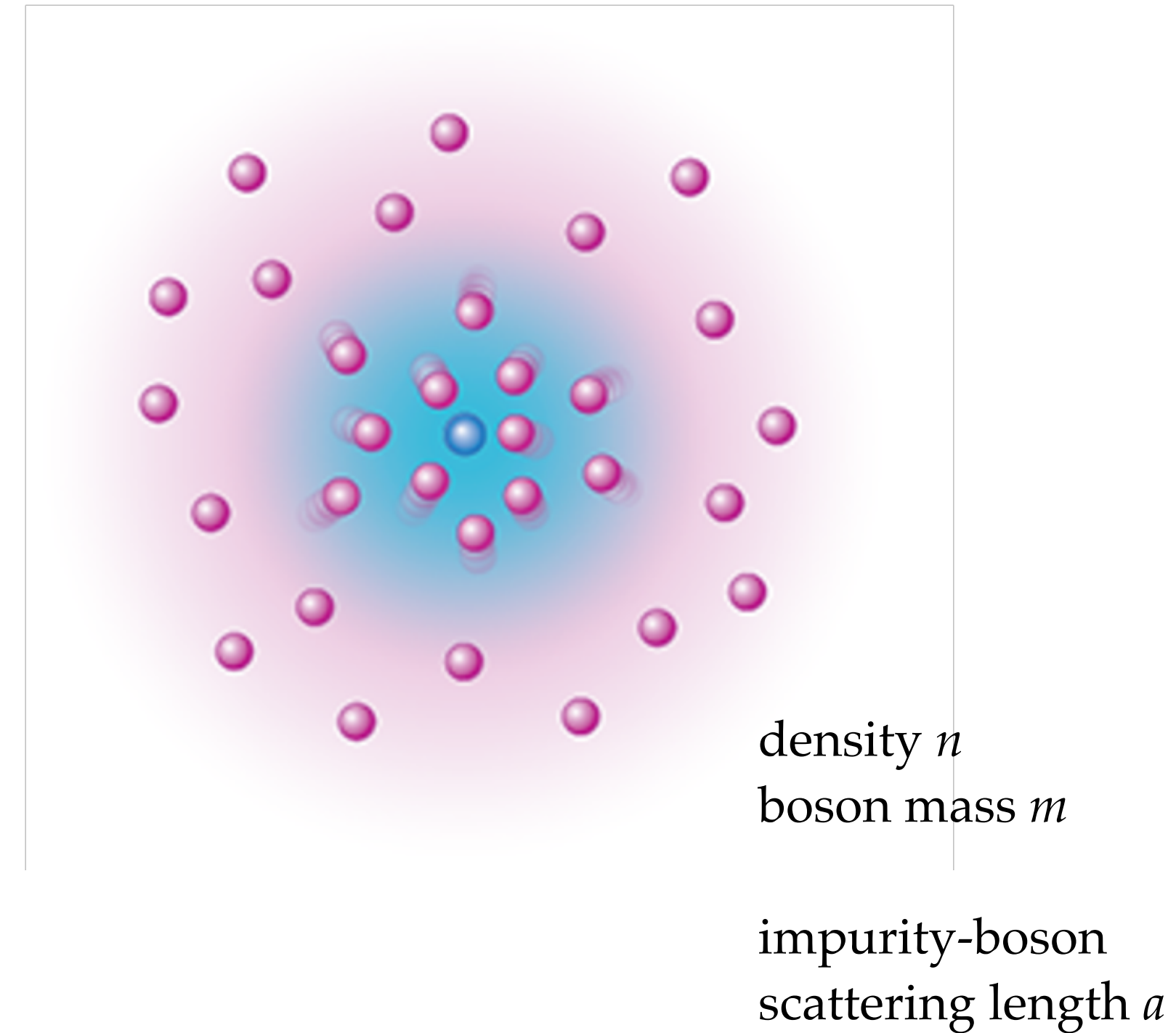


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- **Exactly solvable** for ideal Bose gas

▶ Polaron energy:  $E = \frac{2\pi a n}{m}$

**... but singular**

# Few-body bound states

## – Exact calculations

- Impurity +  $N$  non-interacting bosons
  - All bosons occupy bound state once  $a > 0$

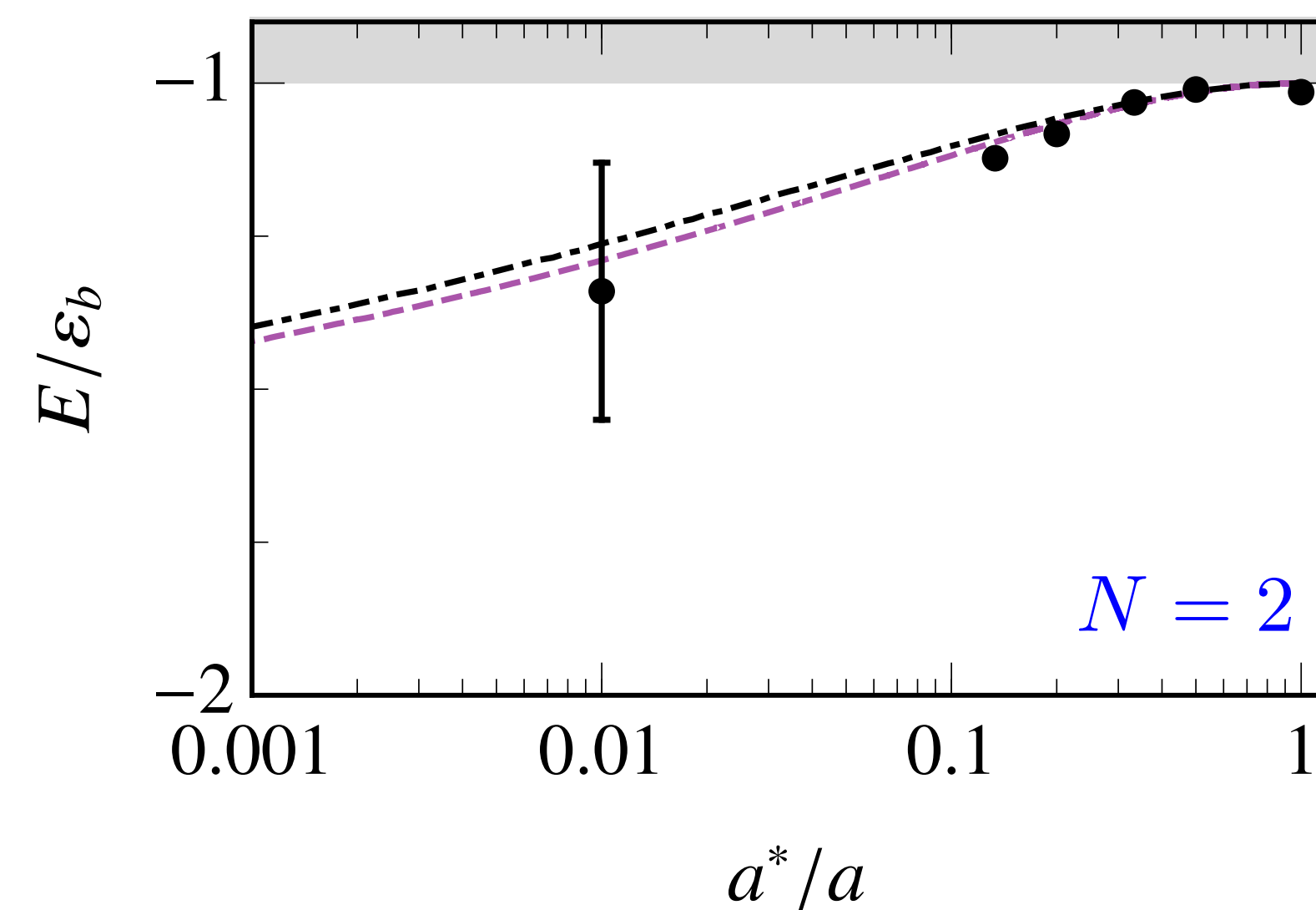
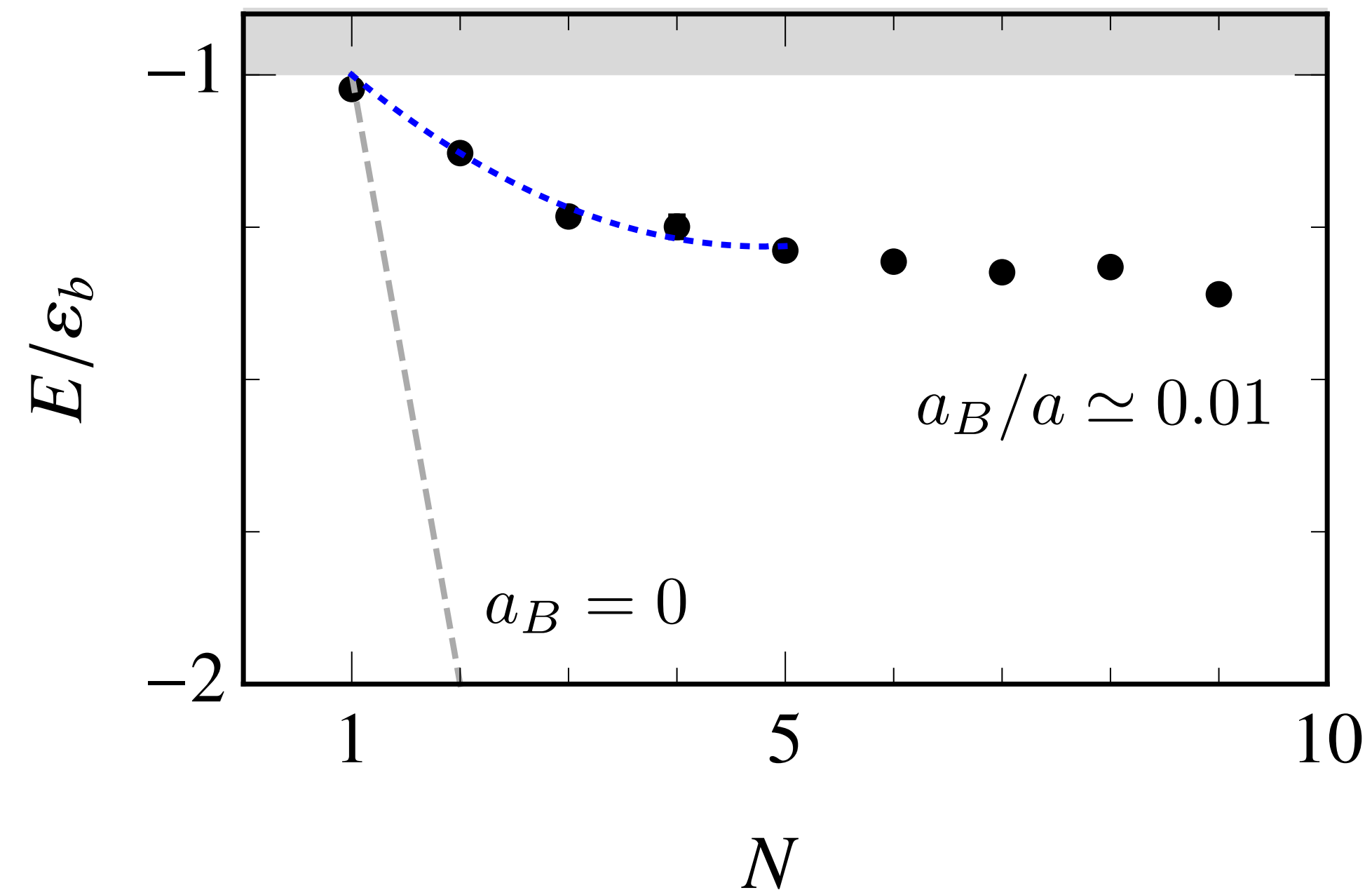
$$E = -N\varepsilon_b$$

- Effect of boson-boson repulsion?  
(i.e., non-zero  $a_B$ )

- Trimer unbinds at critical interaction  $a^*$

$$\Delta E = -\varepsilon_b + U_{int} \approx -\frac{1}{2ma^2} + \frac{4\pi a_B}{ma^3} \quad \Rightarrow \quad a^* \approx a_B$$

Levinsen, Peña Ardila, Yoshida & MMP, PRL 2021;  
Shi, Yoshida, MMP & Levinsen, PRL 2018



# Few-body bound states

## – Exact calculations

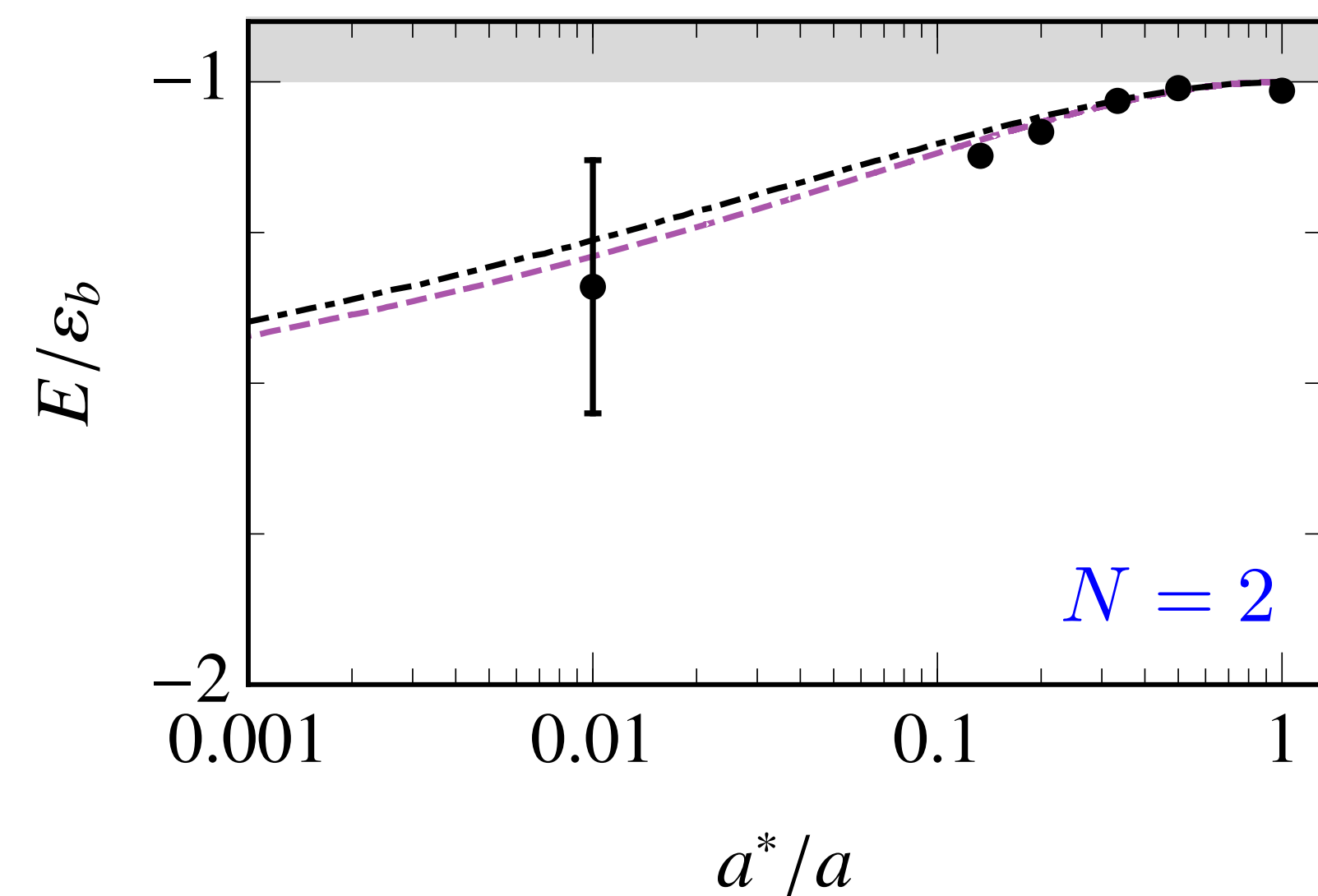
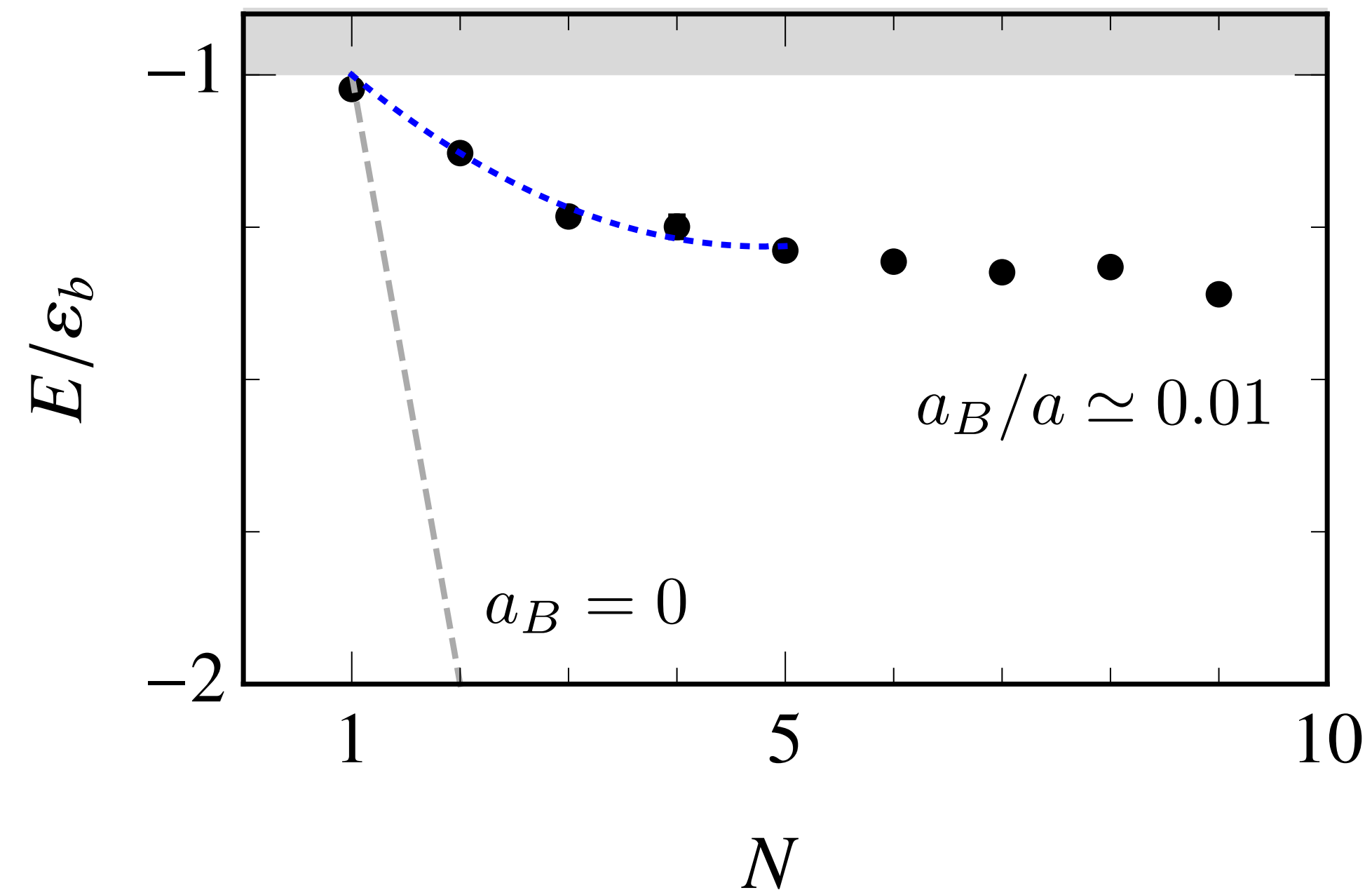
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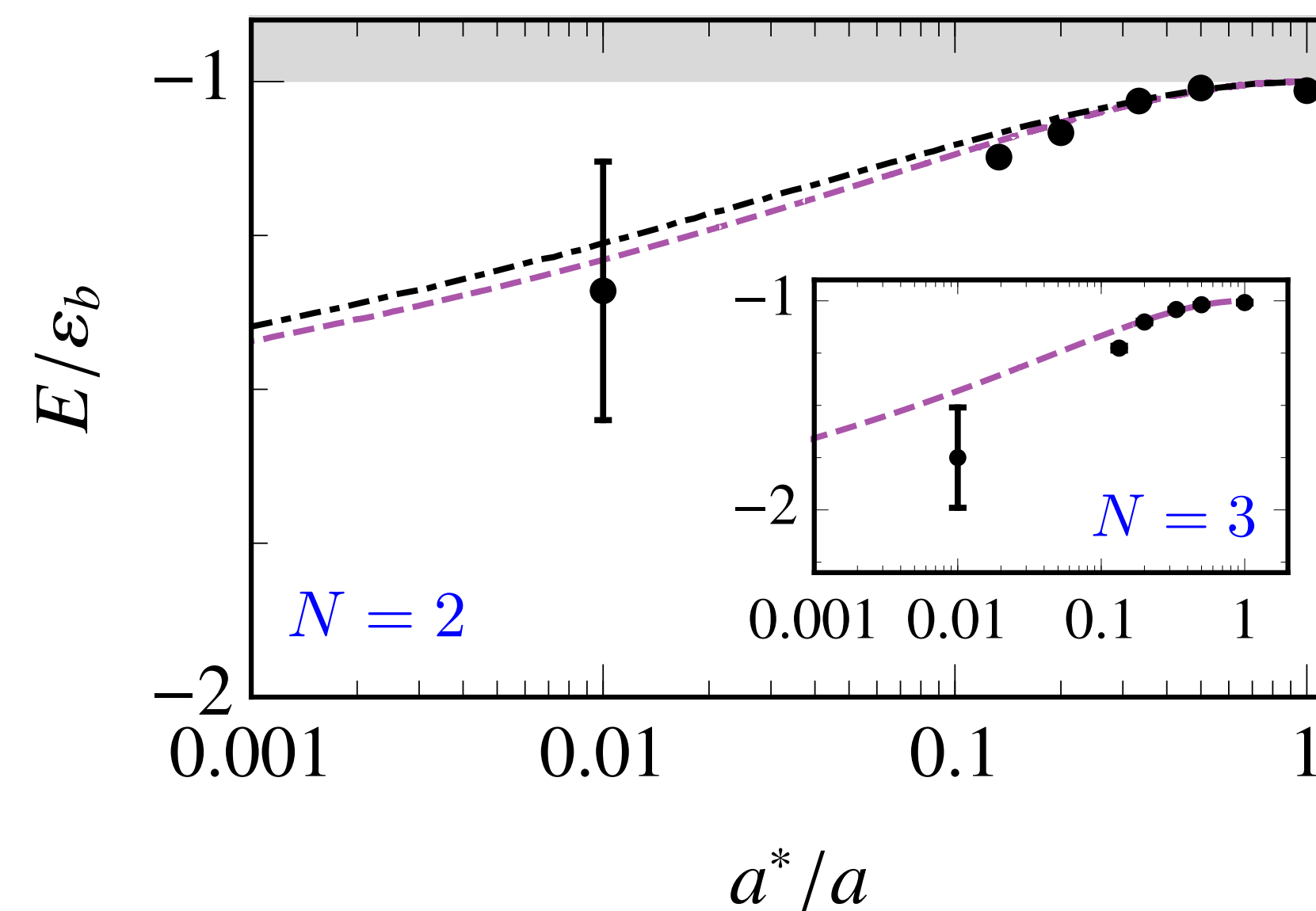
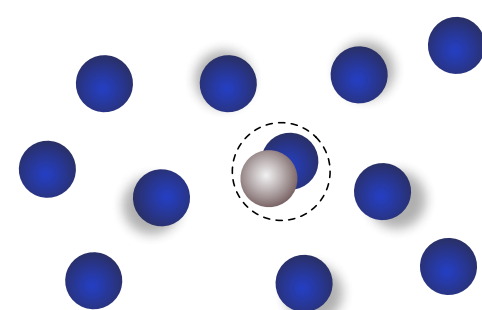
$$\Delta E = -\varepsilon_b + U_{int} \approx -\frac{1}{2ma^2} + \frac{4\pi a_B}{ma^3} \quad \Rightarrow \quad a^* \approx 10 a_B$$



# Few-body bound states

## – Exact calculations

- All  $N > 1$  bound states unbind at  $a^*$ 
  - Unitarity point for dimer impurity
- *Universal* bound states near  $a^*$
- Ground-state energy is bounded from below for any boson number  $N$



$$E(1/a) \geq E(1/a^*) = -\frac{1}{2m(a^*)^2}, \quad 1/a \leq 1/a^*$$

since  $\frac{\partial E}{\partial(-1/a)} > 0$

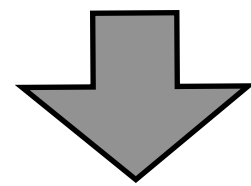
# Polaron ground state

## – Many-body limit

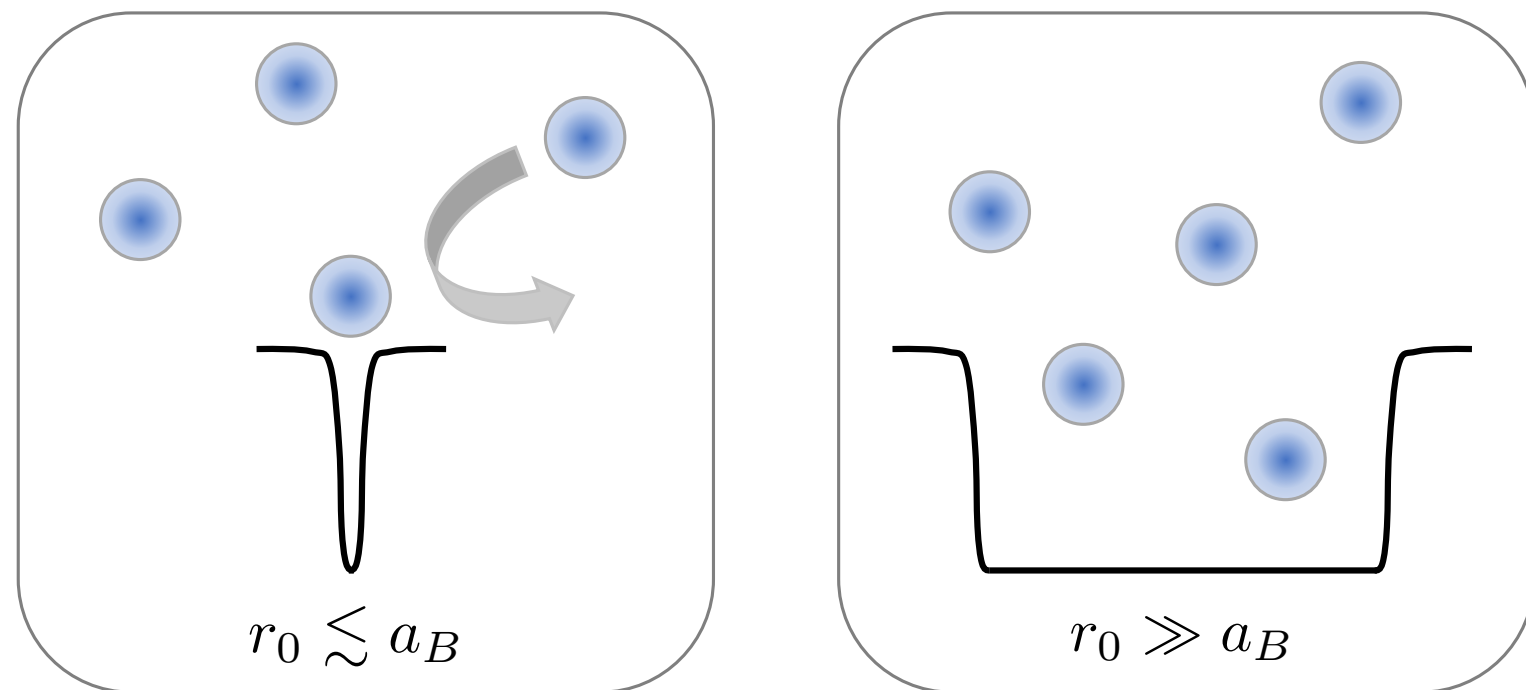
- Popular approach: treat BEC as a classical field

Shchadilova, Schmidt, Grusdt & Demler, PRL 2016;  
Massignan, Yegovtsev & Gurarie, PRL 2021

Ignores quantum “granular” nature of gas



**Crucial** for short-range impurity potential!



“quantum blockade”

Classical-field approach  
requires conditions:

$$n_l a_B^3 \ll 1$$

$$n_l r_0^3 \gg 1$$

See also: Chen, Prokof'ev & Svistunov, PRA 2018

# Polaron ground state

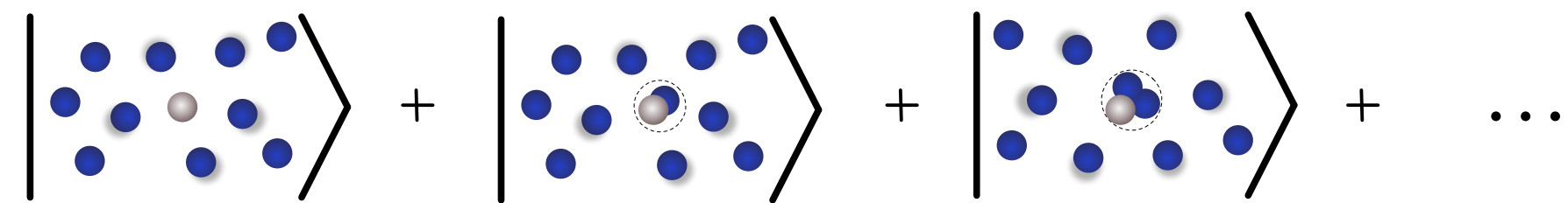
## – Many-body limit

- Consider general (correlated) state:

$$|\Psi\rangle = \left( \alpha_0 + \sum_{\mathbf{k} \neq 0} \alpha_{\mathbf{k}} b_{\mathbf{k}}^\dagger + \frac{1}{2} \sum_{\mathbf{k}_1, \mathbf{k}_2 \neq 0} \alpha_{\mathbf{k}_1 \mathbf{k}_2} b_{\mathbf{k}_1}^\dagger b_{\mathbf{k}_2}^\dagger \dots \right) |\Phi\rangle$$

very dilute BEC

$$e^{\sqrt{n}(b_0^\dagger - b_0)} |0\rangle$$



- ▶ Boson-boson interactions encoded in:

$$G_{\mathbf{k}} = g\sqrt{n} \left( \sum_{\mathbf{k}'} \alpha_{\mathbf{k}\mathbf{k}'} / \alpha_{\mathbf{k}} - \sum_{\mathbf{k}'} \alpha_{\mathbf{k}'} / \alpha_0 \right)$$

- Ideal gas:  $G_{\mathbf{k}} = 0$

- Coherent state:  $G_{\mathbf{k}} = 8\pi a_B n / m$

Shchadilova et al, PRL 2016

- “Chevy-type” ansatz:  $G_{\mathbf{k}} = -E$

➔ Polaron ground-state energy:

$$E = n \left[ \frac{m}{2\pi a} + \sum_{\mathbf{k}} \left( \frac{1}{\epsilon_{\mathbf{k}} + G_{\mathbf{k}}} - \frac{1}{\epsilon_{\mathbf{k}}} \right) \right]^{-1}$$

# Polaron energy

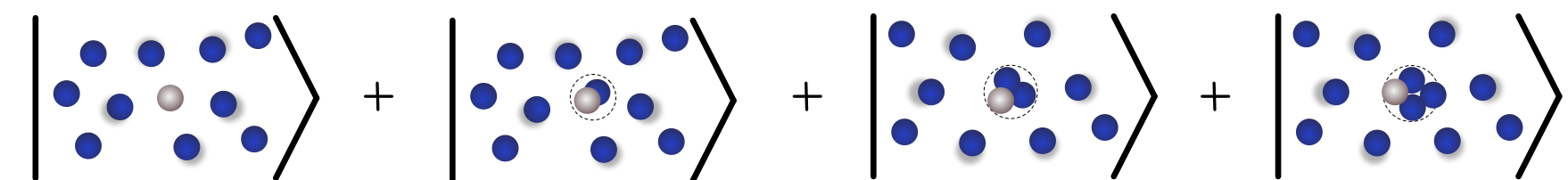
## – Variational vs exact calculations

- Bosonic Anderson model:

$$\hat{H} = \sum_{\mathbf{k}} \epsilon_{\mathbf{k}} b_{\mathbf{k}}^{\dagger} b_{\mathbf{k}} + \nu_0 d^{\dagger} d + \lambda \sum_{\mathbf{k}} (d^{\dagger} b_{\mathbf{k}} + b_{\mathbf{k}}^{\dagger} d) + \frac{U}{2} d^{\dagger} d^{\dagger} d d, \quad U \rightarrow +\infty$$

- ▶ Mimics quantum blockade
- Truncated basis approach

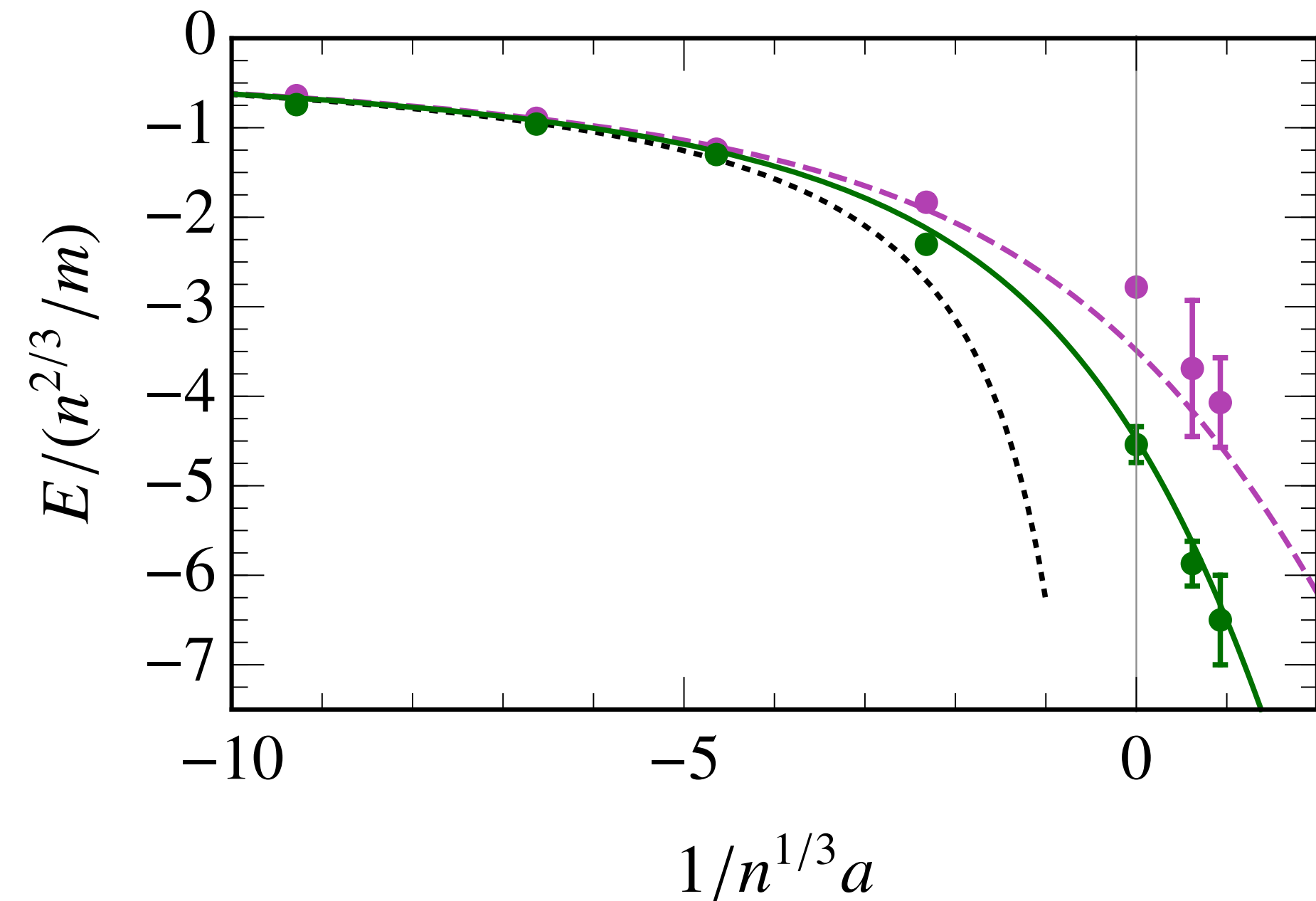
- ▶ Up to 3 excitations



- ▶ Compare with QMC for same  $a^*$

$$n^{1/3} a_B \simeq 2.15 \times 10^{-2}$$

$$2.15 \times 10^{-4}$$



- ▶ Boson repulsion suppresses excitations
  - ▶ Insensitive to microscopic details

# Polaron energy

– Unitarity limit  $1/a = 0$

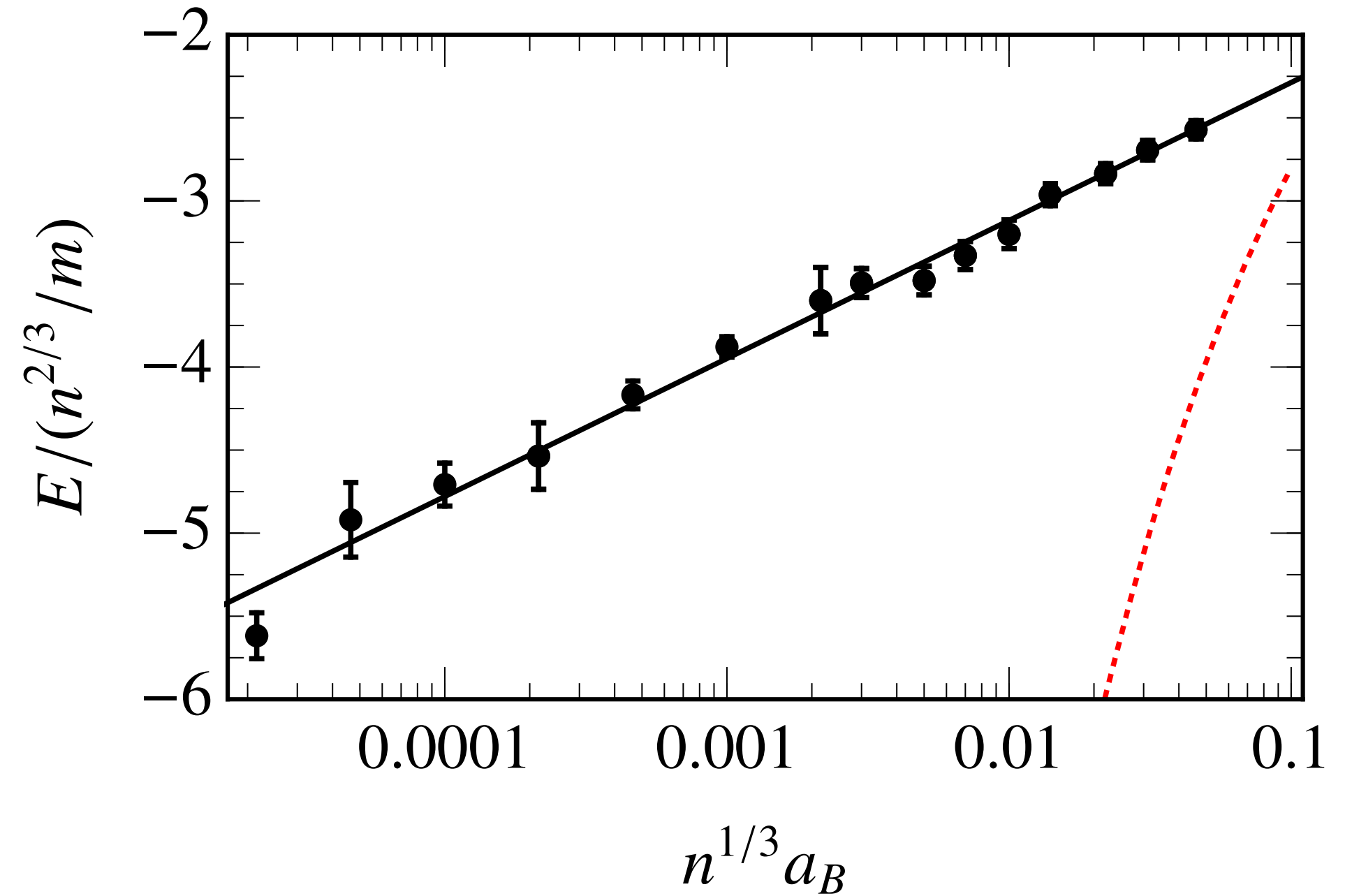
$$E = -f(n^{1/3}a_B)n^{2/3}/m$$

$$\rightarrow -\infty, \quad a_B \rightarrow 0$$

$$\rightarrow 0 \quad n \rightarrow 0$$

▶ Thus require:

$$f(x) \rightarrow \infty \text{ slower than } \sim 1/x^2$$



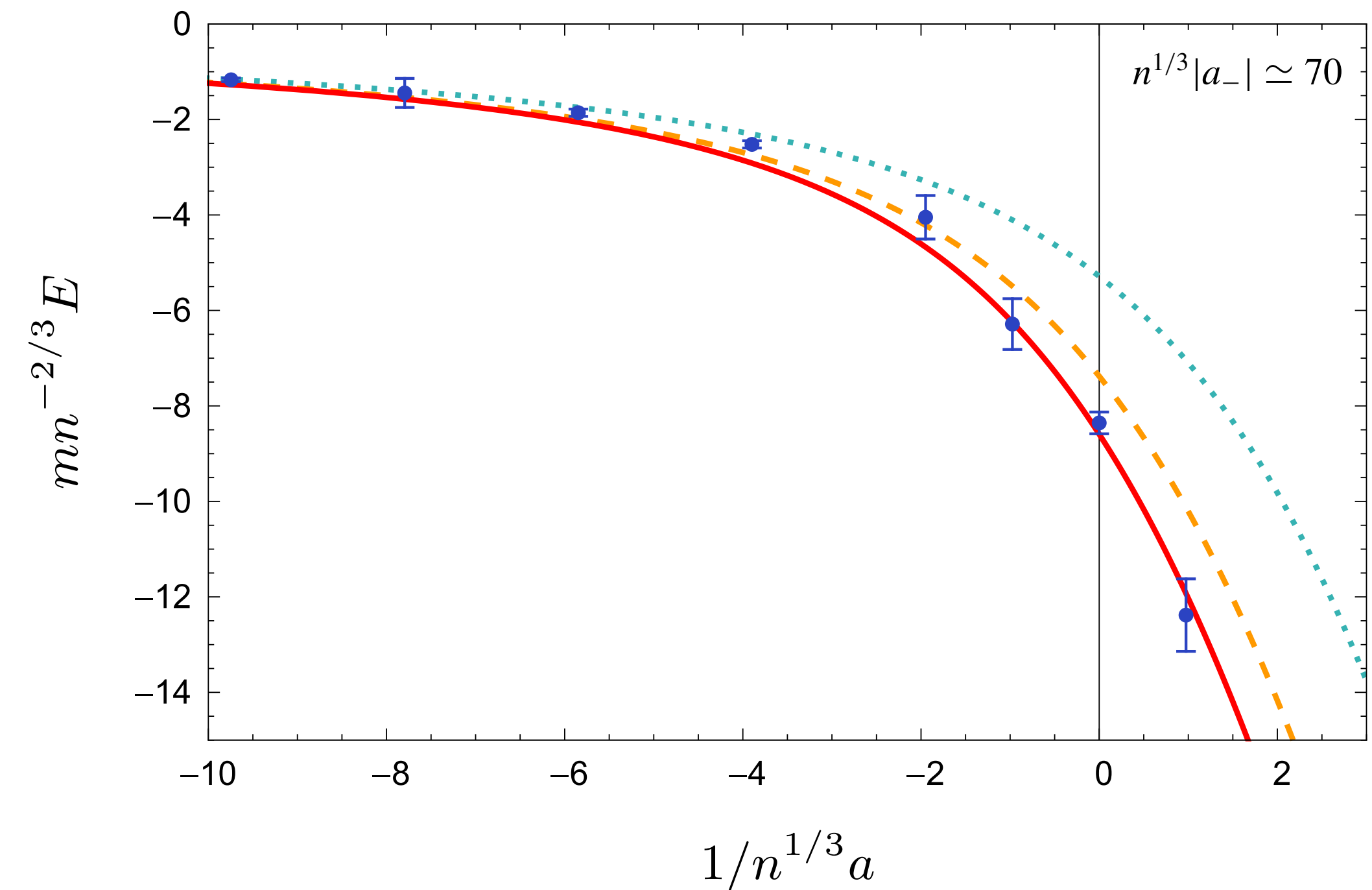
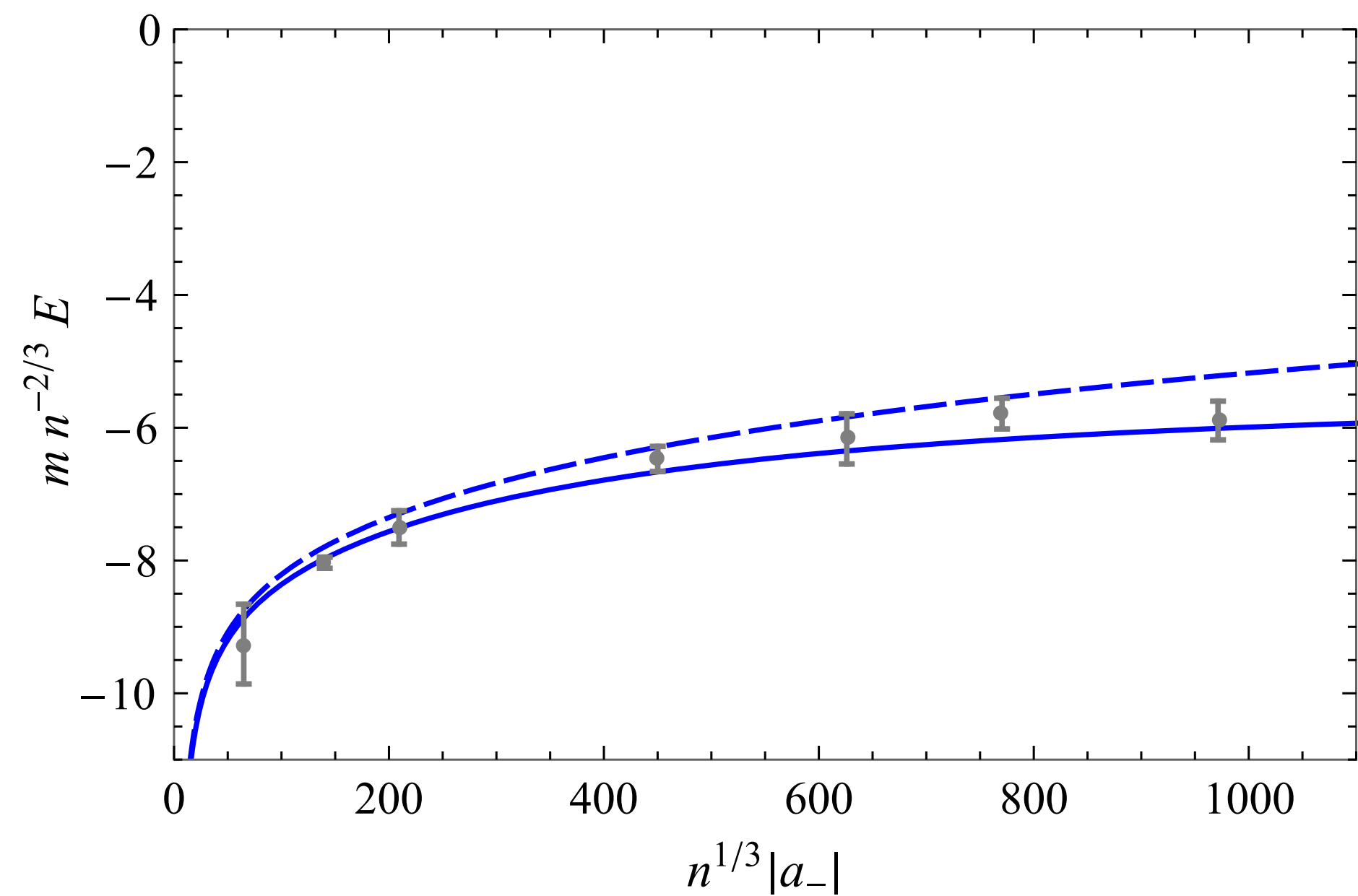
➔ Logarithmically slow dependence!

$$f(x) \sim -\ln(x)$$



# Finite mass?

- Equal-mass case



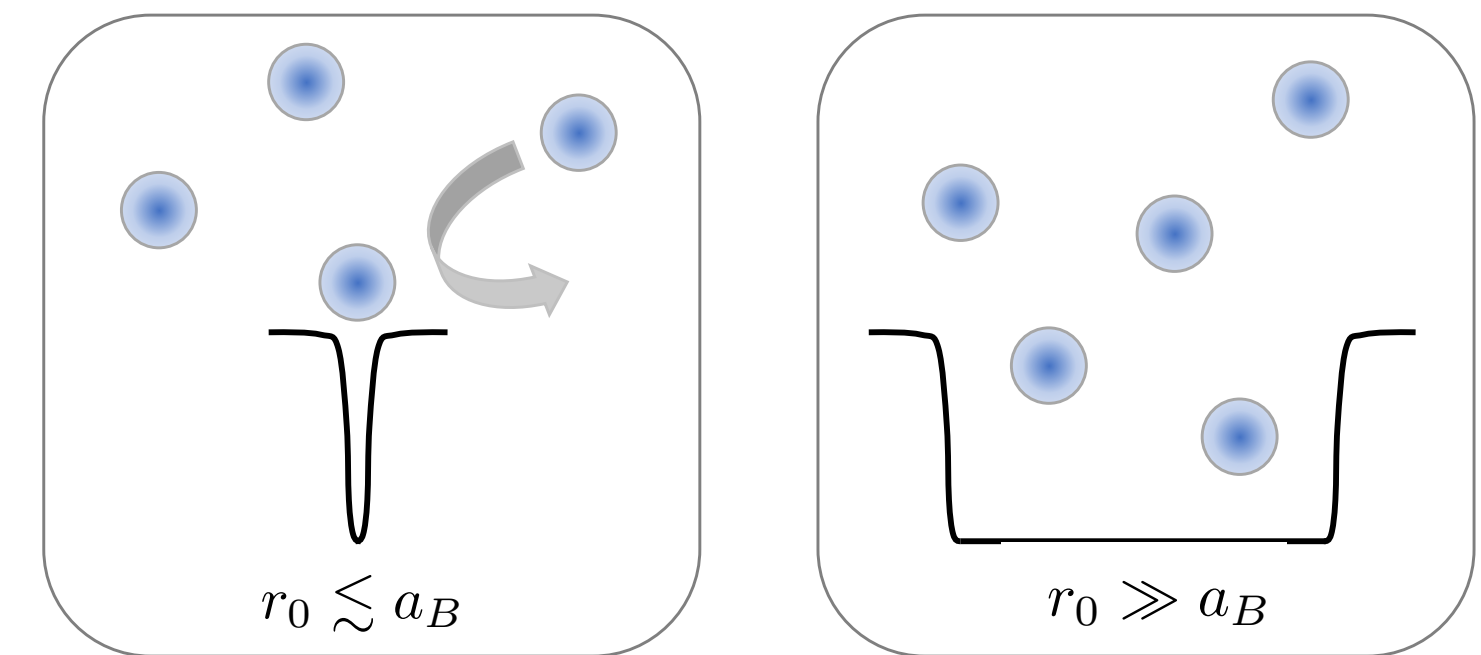
Efimov effect  $\Rightarrow$  Power-law dependence

- ▶ Also obtain *universal* quantum blockade due to boson repulsion

# Conclusion

- **Quantum behavior when impurity potential is short-ranged**

- “Quantum blockade” at position of impurity
- Universal logarithmic behavior at unitarity
- Universal few-body bound states



- **Outlook**

- Directly applicable to cold-atom experiments
- Route to enhancing quantum correlations in photonic systems?