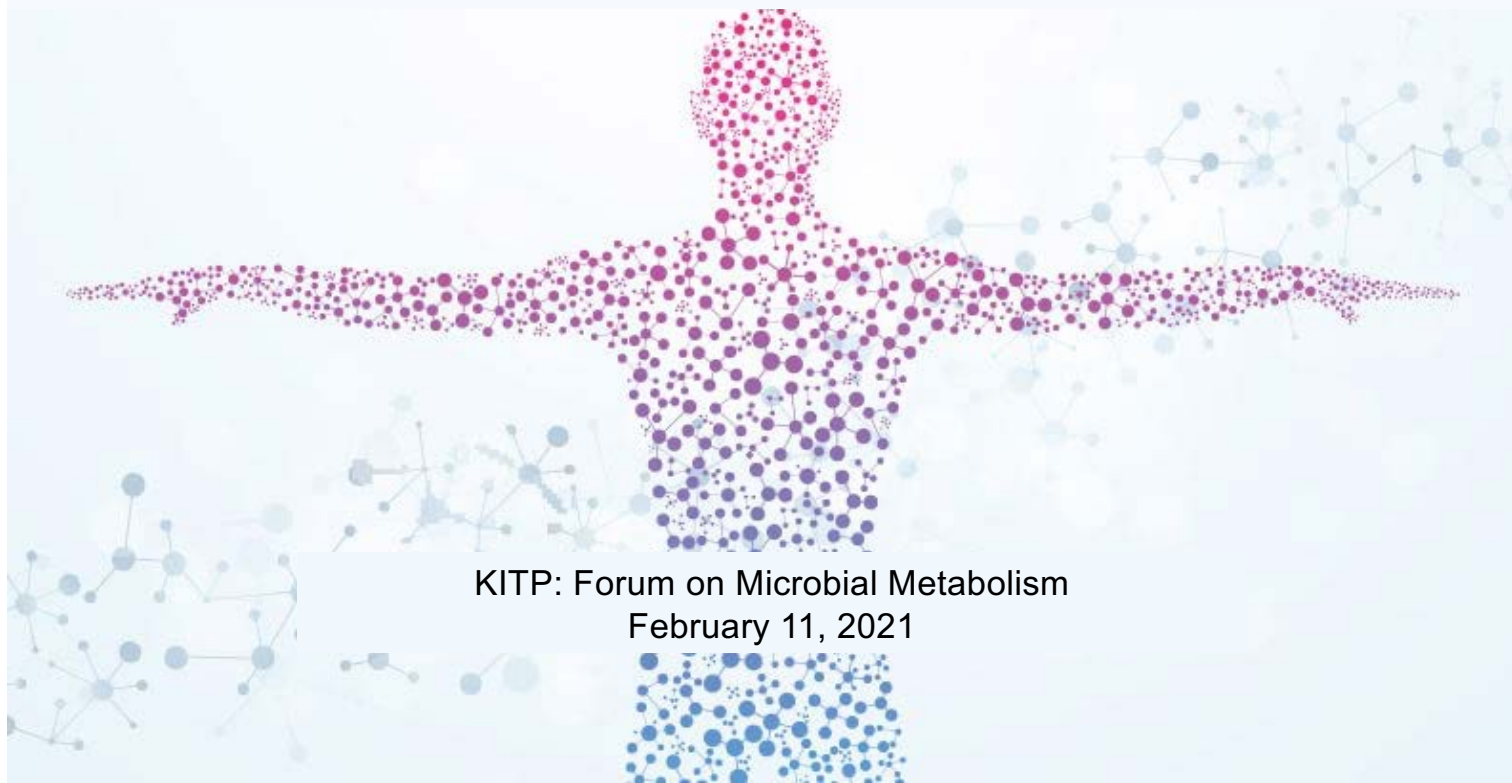


Metabolic strategies of pathogens in the human gut

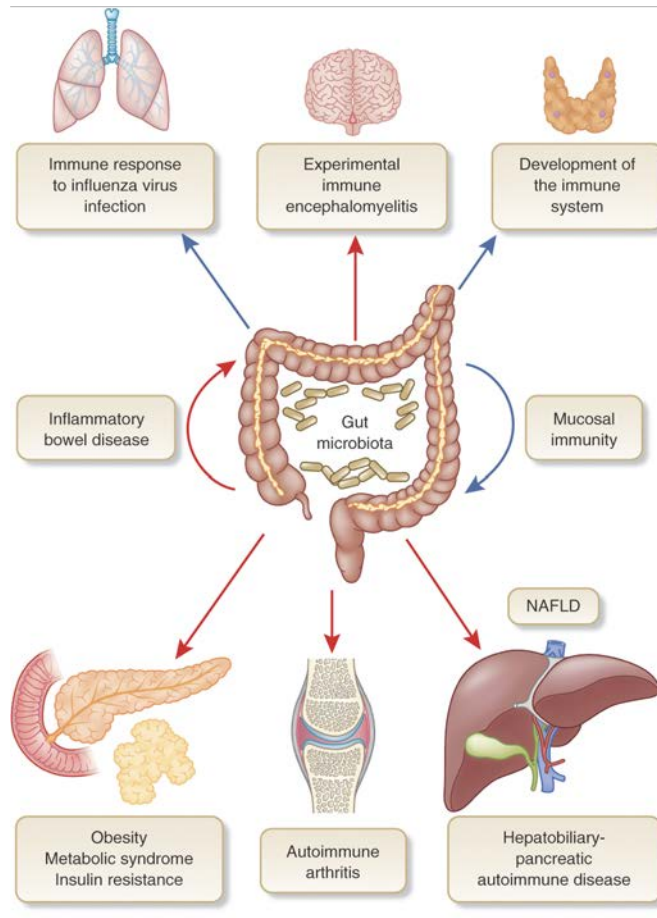


KITP: Forum on Microbial Metabolism
February 11, 2021

The Human Microbiota

Microbiota

Microbiome



The Human Microbiota: Terminology

Microbiota: The microbial communities inhabiting our body

Organ metaphor

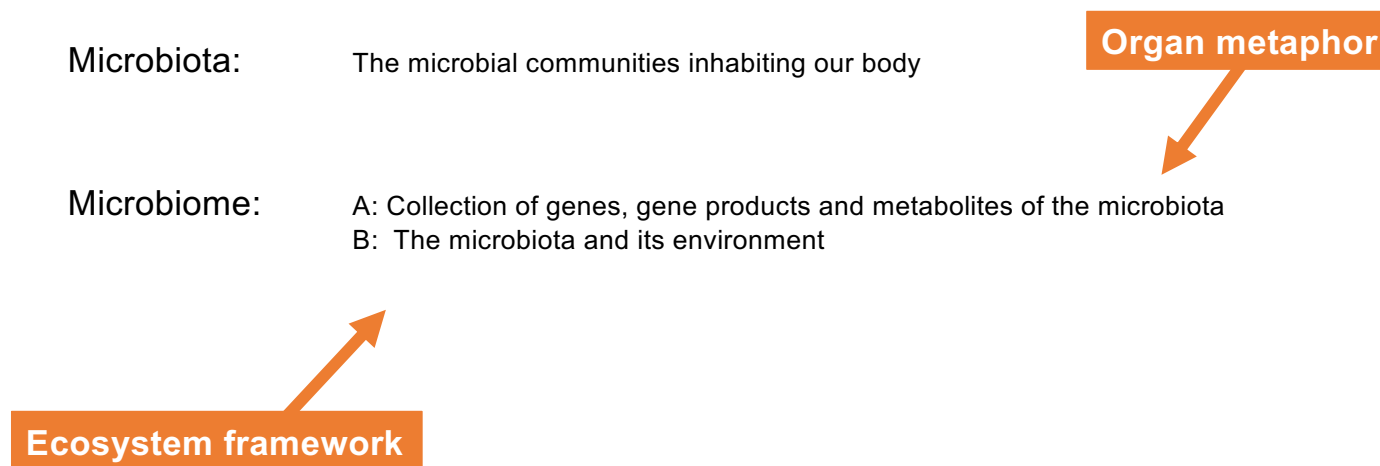


Microbiome: A: Collection of genes, gene products and metabolites of the microbiota

“Joshua Lederberg suggested using the term ‘microbiome’ to describe the collective genome of our indigenous microbes (microflora), the idea being that a comprehensive genetic view of *Homo sapiens* as a life-form should include the genes in our microbiome.”

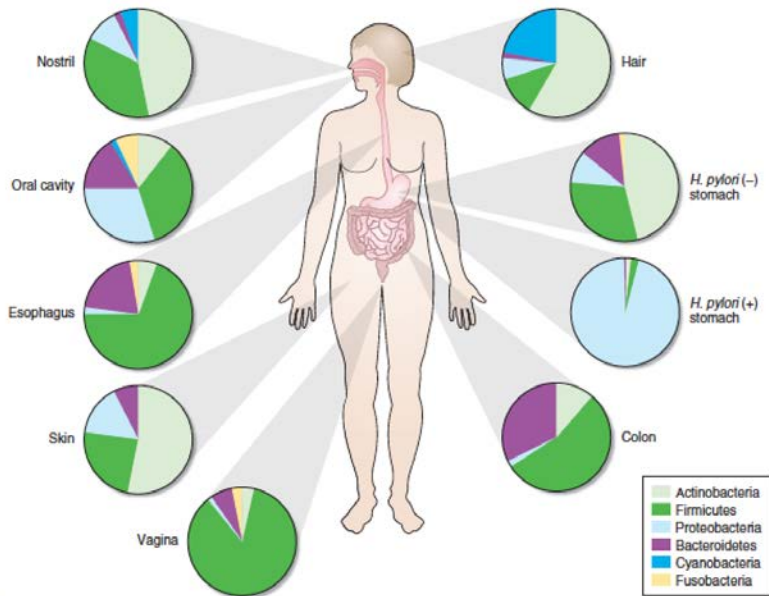
Hooper & Gordon, Science. 2001 May 11;292(5519):1115-8.

The Human Microbiota: Terminology

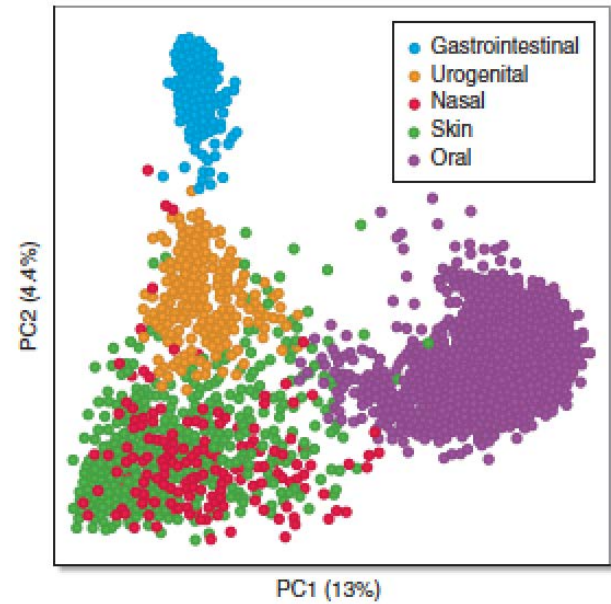


The Human Microbiota: Complexity

Different communities
at different body sites

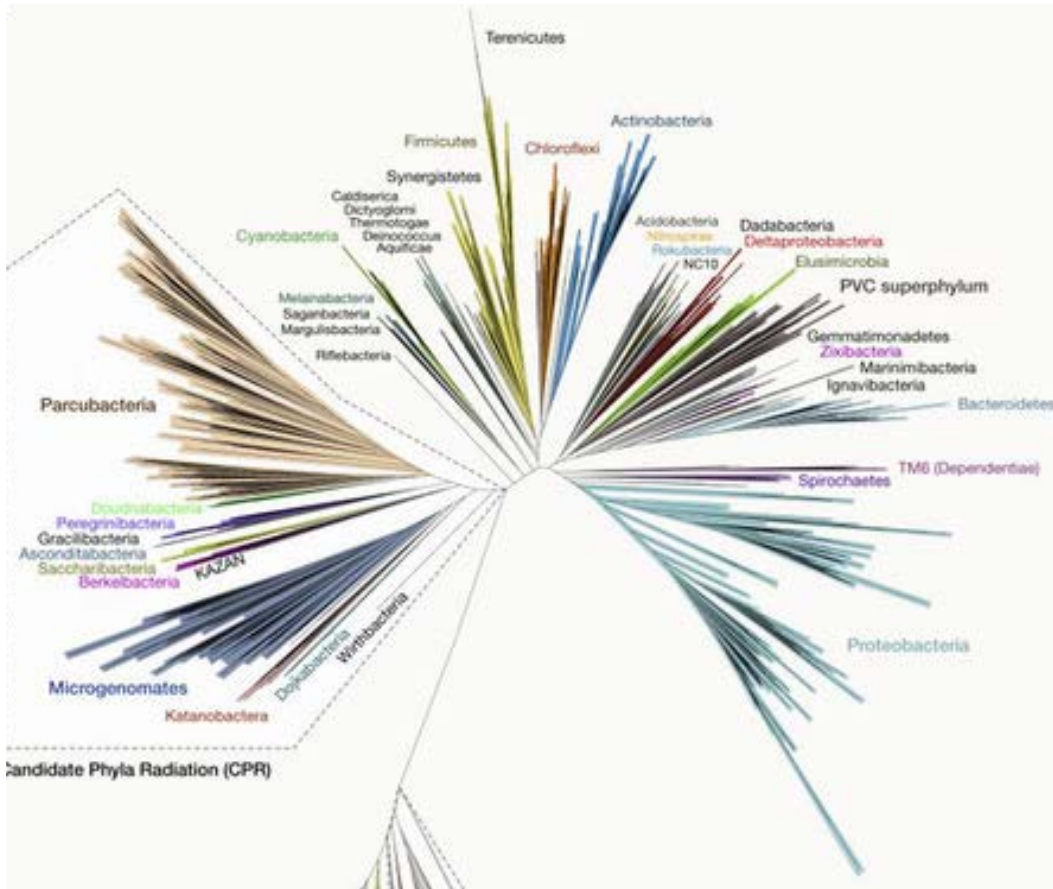


Compositional difference in the microbiota by anatomical site (Nature Review Genetics, 2012, 13:260)



The human microbiota is composed of distinct bacterial populations at different body sites. This principle component analysis (PCA) plot shows different body sites (colors) in healthy adults determined by 16S rRNA gene sequencing (dots). Similar microbiota compositions are grouped more closely together in two-dimensional space. (Nature, 2012, 486:207)

The Human Microbiota: Complexity



| Phylum | Class | Species |
|----------------|--------------------------|-------------------------------------|
| Actinobacteria | Actinobacteria | <i>Bifidobacterium infantis</i> |
| Firmicutes | Clostridia | <i>Clostridium</i> sp. |
| | | <i>Peptostreptococcus</i> |
| | | <i>Lachnospira</i> sp. |
| | Bacilli | <i>Ruminococcus</i> sp. |
| | | <i>Eubacterium rectale</i> |
| Proteobacteria | γ -Proteobacteria | <i>Lactobacillus</i> sp. |
| Bacteroidetes | Bacteroidia | <i>Streptococcus</i> sp. |
| | | <i>Bacillus subtilis</i> |
| | | <i>E. coli</i> , <i>Proteus</i> sp. |
| | | <i>Klebsiella</i> sp. |
| | | <i>Bacteroides fragilis</i> |
| | | <i>B. thetaiotaomicron</i> |
| | | <i>Prevotella</i> sp. |

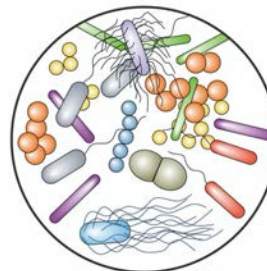
The Human Microbiota: Complexity

Different communities
at different body sites

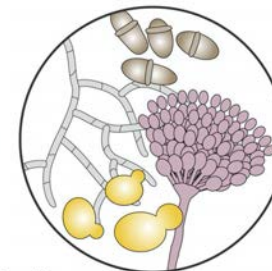
Very diverse
ecosystem

- Bacteria, Archaea, Viruses, Fungi, Protozoa
- More than 1000 different species

Bacterial Microbiota:
 10^{13} - 10^{14}
(Bacteriome)



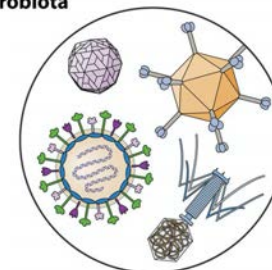
Fungal Microbiota:
 10^{12} - 10^{13}
(Mycobiome)



**Human Microbiota
and Macrobiota**

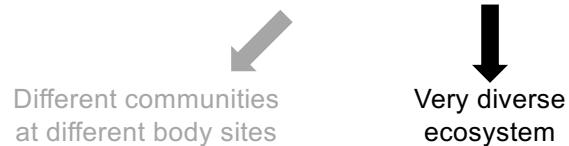


Helminths:
 0 - 10^4
(Macrobiota)



Viral Microbiota:
 10^{14} - 10^{15}
(Virome)

The Human Microbiota: Complexity



Different communities
at different body sites

Very diverse
ecosystem

- Bacteria, Archaea, Viruses, Fungi, Protozoa
- More than 1000 different species

- Total number of cells: $\sim 10^{14}$
- Total number of human cells: $\sim 10^{13}$

Revised estimates for the number of human and bacteria cells in the body

Ron Sender¹, Shai Fuchs^{2,3,*} & Ron Milo^{1,*}

¹Department of Plant and Environmental Sciences, Weizmann institute of science, Rehovot, Israel.

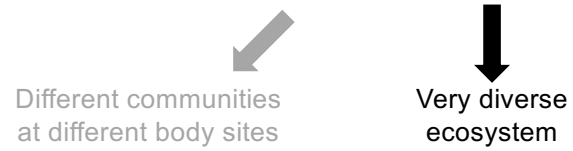
²Department of Molecular Genetics, Weizmann institute of science, Rehovot, Israel.

³Current address: Department of Pediatric Endocrinology and Metabolism, the Hospital for Sick Children, Toronto, Canada

*Corresponding authors: ron.milo@weizmann.ac.il, shai.fuchs@sickkids.ca

We critically revisit the "common knowledge" that bacteria outnumber human cells by a ratio of at least 10:1 in the human body. We found the total number of bacteria in the "reference man" to be $3.9 \cdot 10^{13}$, with an uncertainty (SEM) of 25%, and a variation over the population (CV) of 52%. For human cells we identify the dominant role of the hematopoietic lineage to the total count of body cells ($\approx 90\%$), and revise past estimates to reach a total of $3.0 \cdot 10^{13}$ human cells in the 70 kg "reference man" with 2% uncertainty and 14% CV. Our analysis updates the widely-cited 10:1 ratio, showing that the number of bacteria in our bodies is actually of the same order as the number of human cells. Indeed, the numbers are similar enough that each defecation event may flip the ratio to favor human cells over bacteria.

The Human Microbiota: Complexity



- Bacteria, Archaea, Viruses, Fungi, Protozoa
- More than 1000 different species

- Total number of cells: $\sim 10^{14}$
- Total number of human cells: $\sim 10^{13}$

- 100-times more microbial genes than human genes

The Human Microbiota: Complexity

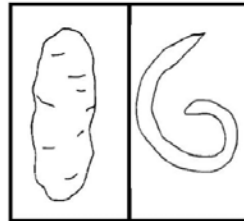
Different communities
at different body sites

Very diverse
ecosystem

Taxa carriage varies
between individuals

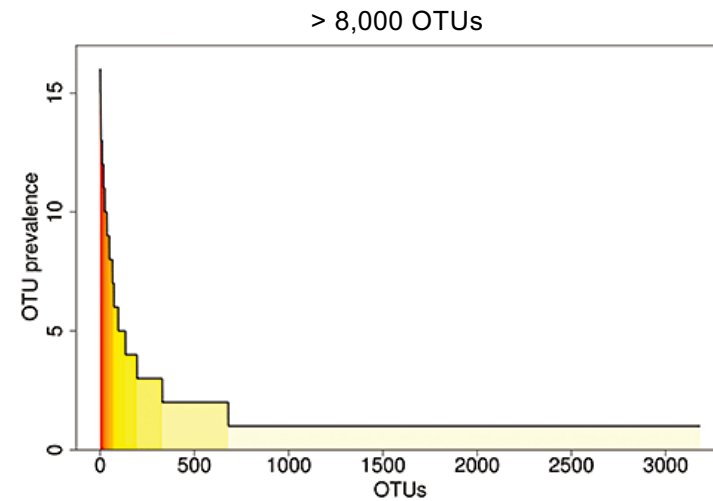


17 individuals



Fecal samples

Sequencing



Most prevalent OTUs, present in 8 out of 17 individuals
or more, corresponded to 2.1% of all OTUs

(2009 Environmental Microbiology 11: 2574)

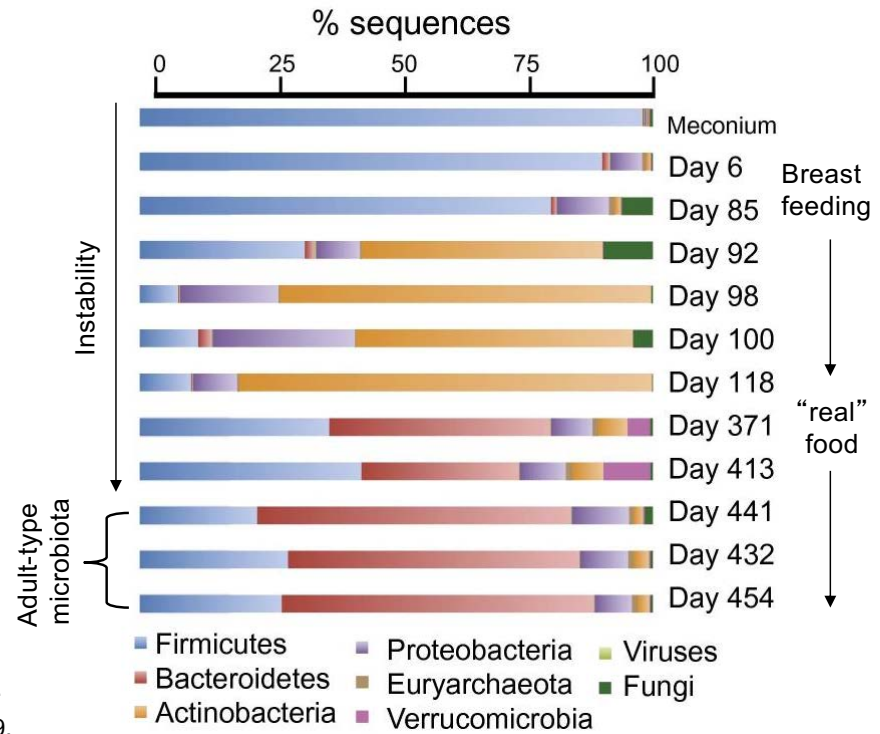
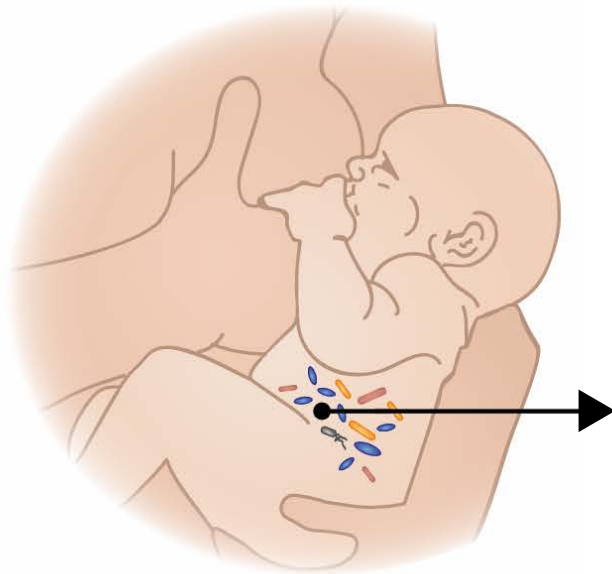
The Human Microbiota: Complexity

Different communities at different body sites

Very diverse ecosystem

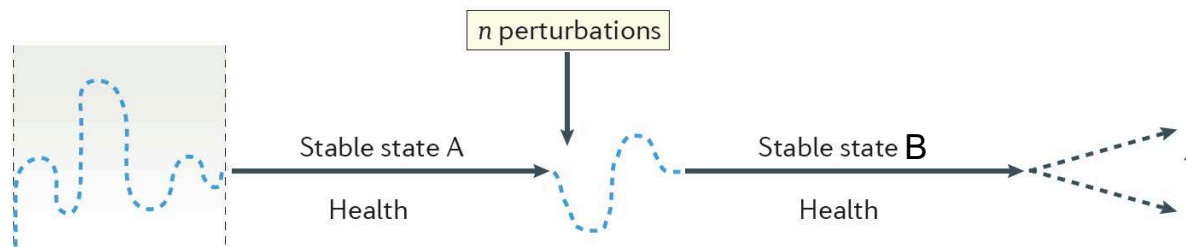
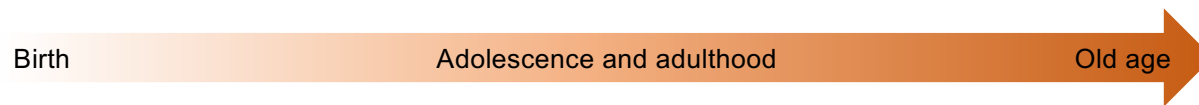
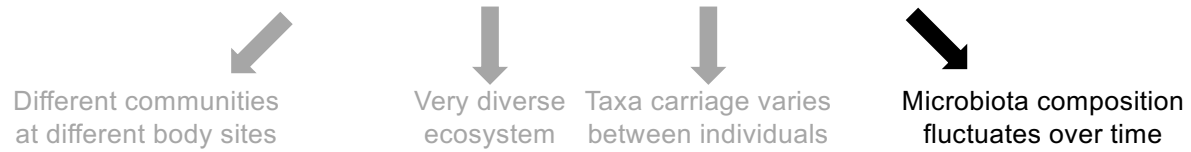
Taxa carriage varies between individuals

Microbiota composition fluctuates over time



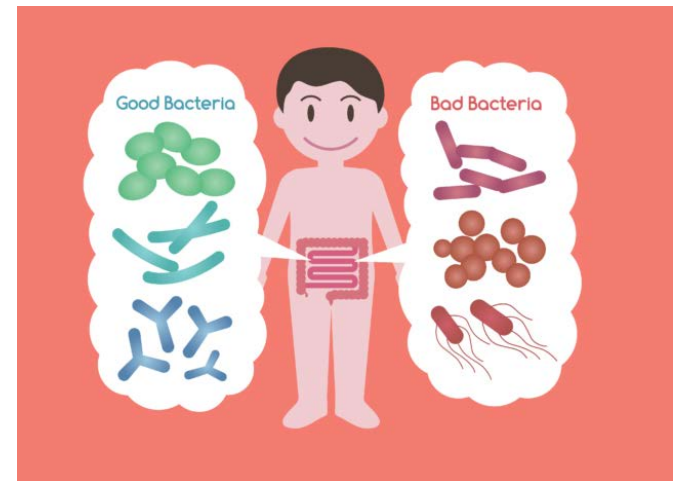
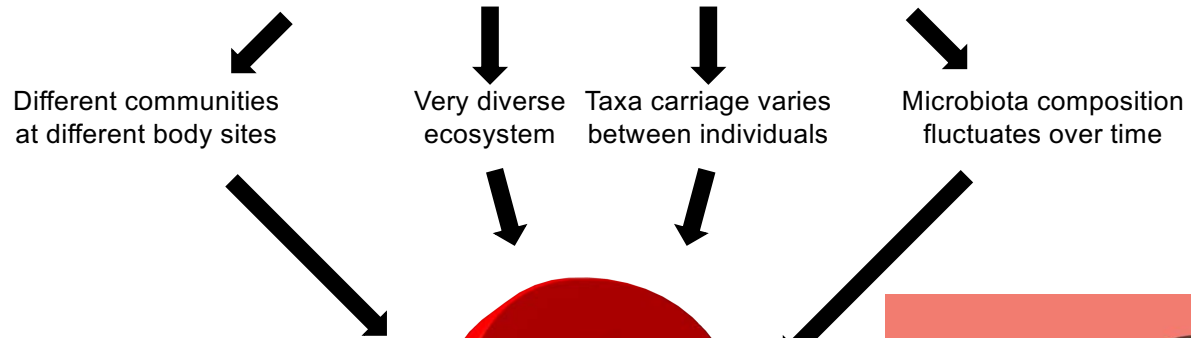
Koenig *et al.*, Proc Natl Acad Sci U S A. 2011 Mar 15;108 Suppl 1:4578-85.
 Madan *et al.*, Curr Opin Pediatr. 2012 Dec;24(6):753-9.

The Human Microbiota: Complexity



Schematic representation of the resilience phenomena in host-associated microbial communities
(2017 Nature Reviews Microbiology 15:631)

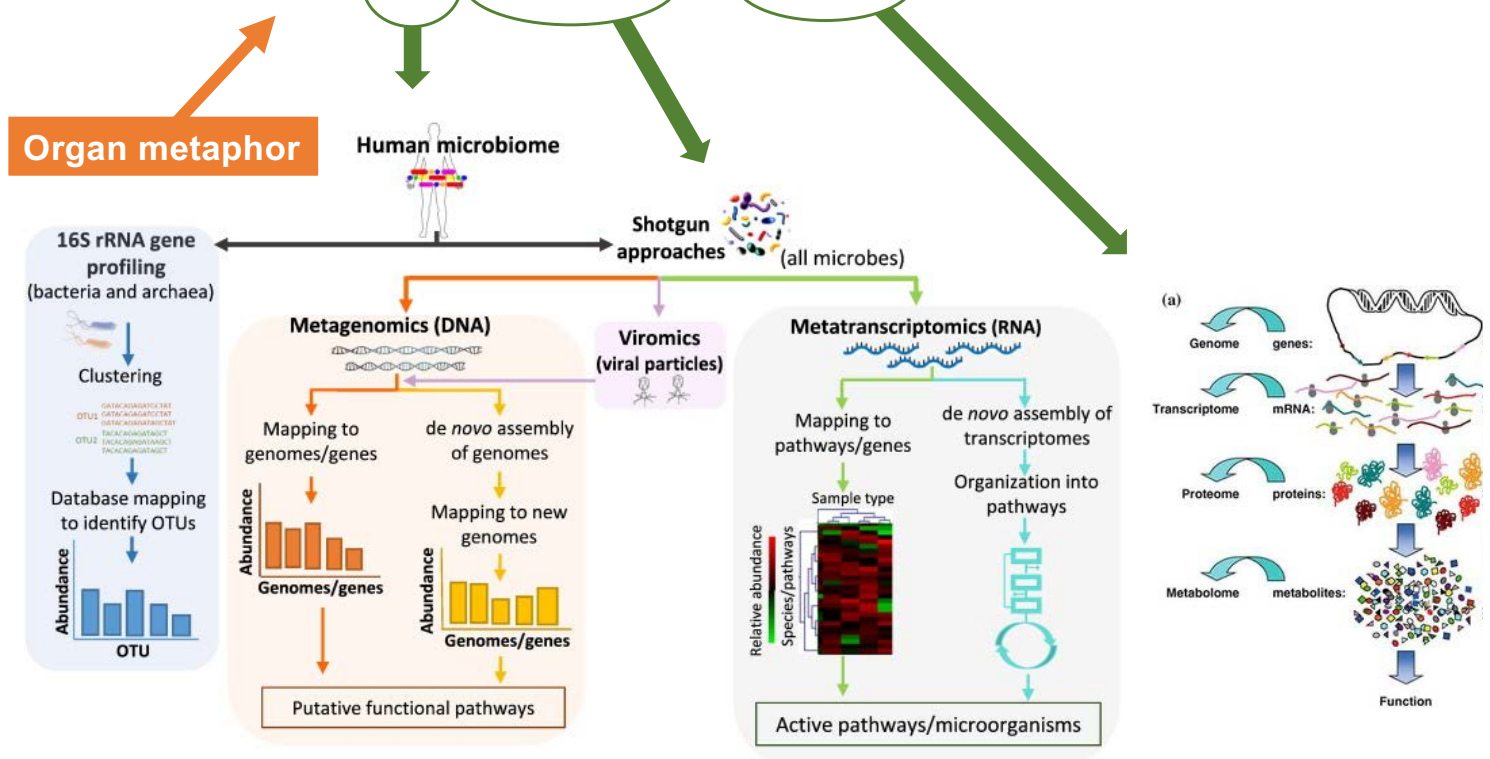
The Human Microbiota: Complexity



What constitutes a healthy microbiome?
What is dysbiosis?

The Human Microbiota: Homeostasis

Microbiome: Collection of genes, gene products and metabolites of the microbiota



Organ metaphor

Human microbiome

Shotgun approaches (all microbes)

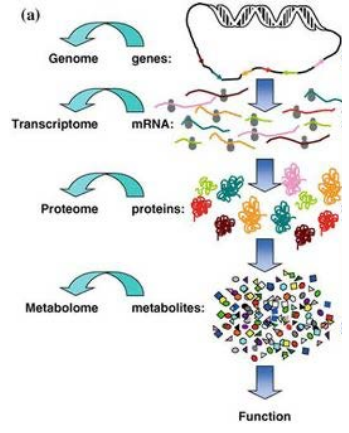
16S rRNA gene profiling (bacteria and archaea)

Clustering
 Database mapping to identify OTUs
 Abundance
 OTU

Metagenomics (DNA)
 Mapping to genomes/genes
 de novo assembly of genomes
 Mapping to new genomes
 Abundance
 Genomes/genes
 Putative functional pathways

Viromics (viral particles)

Metatranscriptomics (RNA)
 Mapping to pathways/genes
 de novo assembly of transcriptomes
 Organization into pathways
 Relative abundance
 Species/pathways
 Sample type
 Active pathways/microorganisms



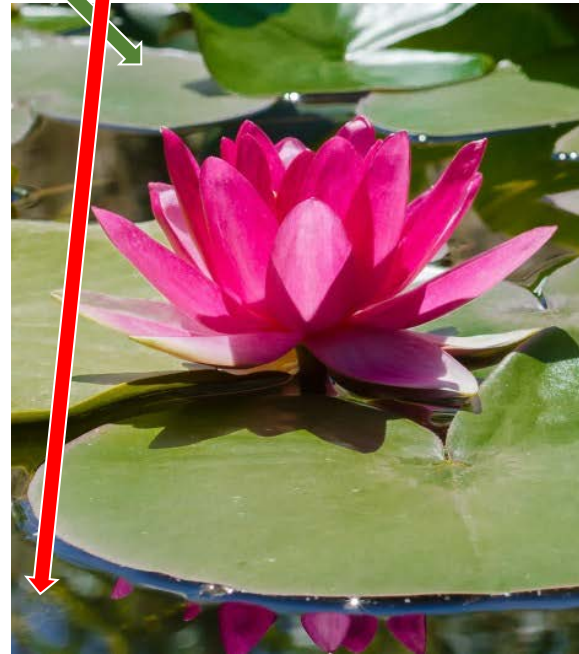
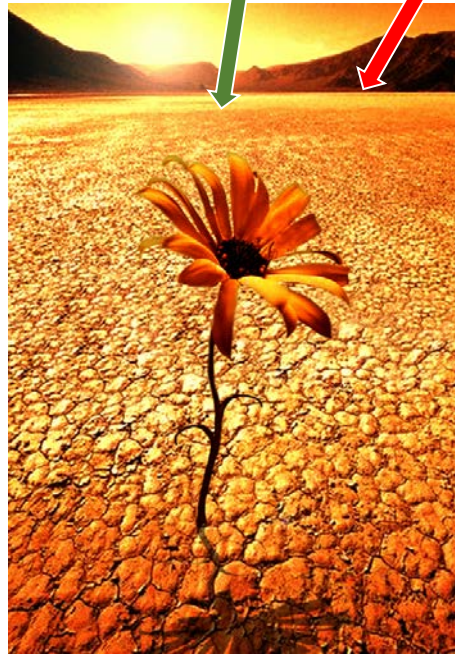
What constitutes a healthy microbiome?
 What is dysbiosis?

The Human Microbiota: Homeostasis

Microbiome: Collection of genes, gene products and metabolites of the microbiota

Microbiome: The microbiota and its environment

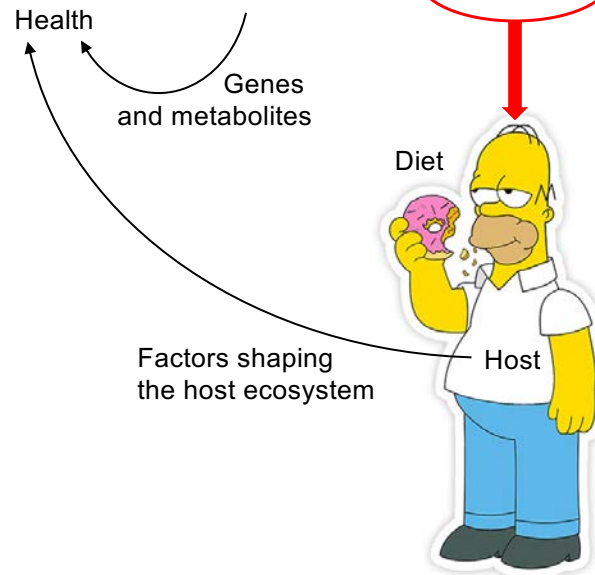
Ecosystem framework



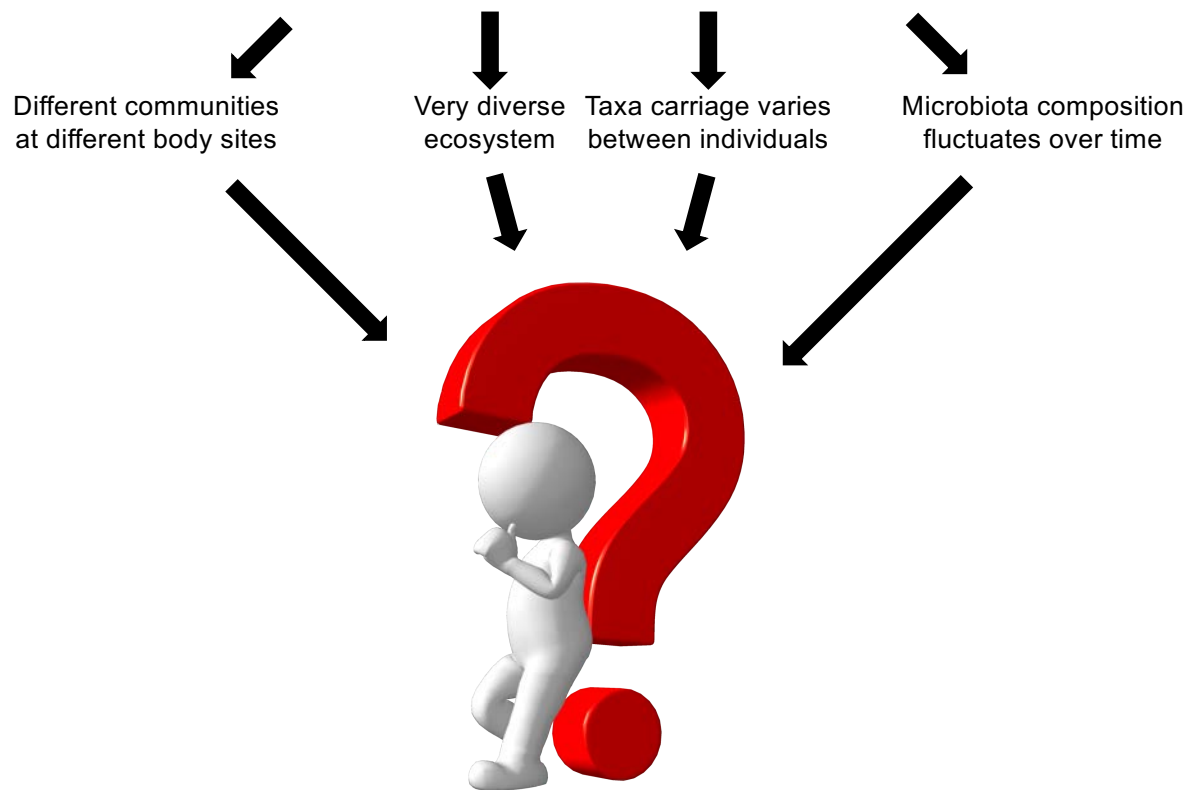
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The Human Microbiota: Complexity

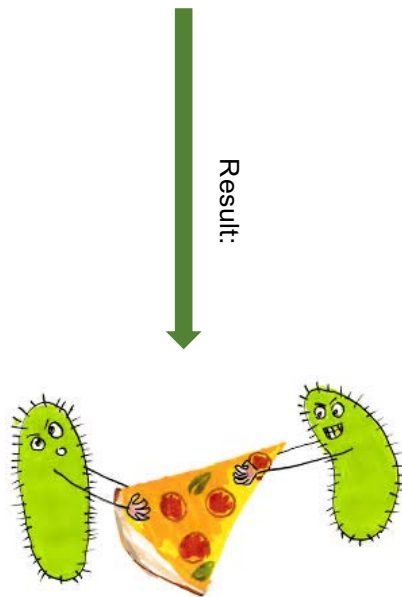


What constitutes a healthy microbiome?

Principles of community assembly

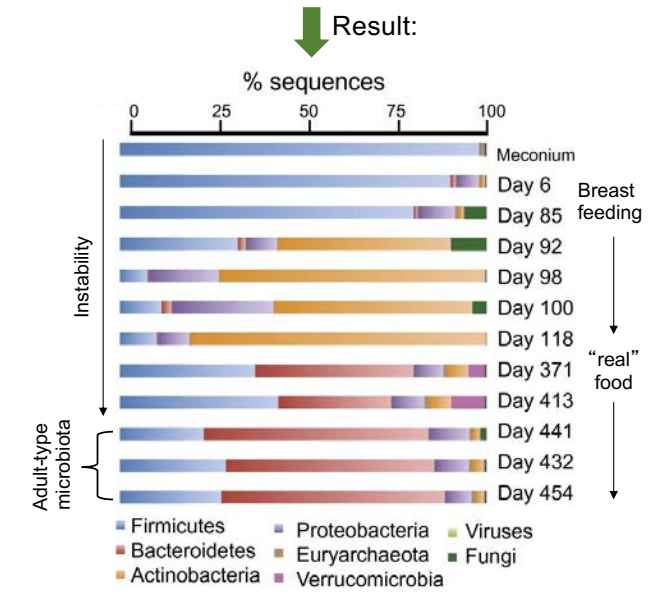
Competition and habitat filtering govern gut microbiota assembly

Competition: Interaction between species



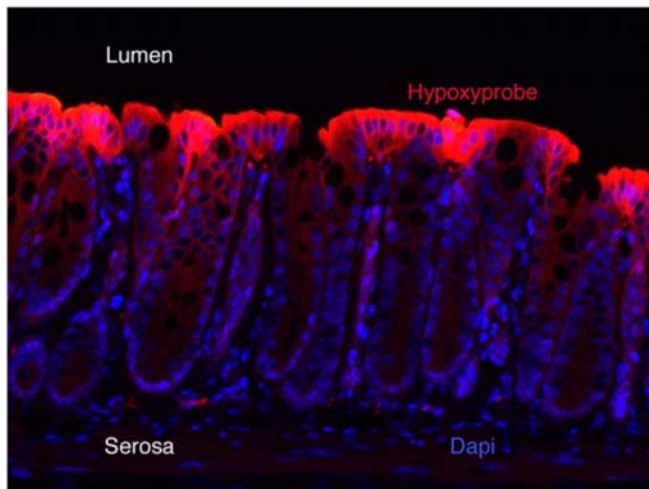
Competition limits the number of similar coexisting species

Habitat filtering: Interaction of species with their environment



Habitat filtering establishes dominant taxa in the colonic microbiota

Principles of community assembly: Habitat filtering



Maintenance of anaerobiosis
 ↑
 Epithelial hypoxia in the colon (<1% O₂)
 ↑
 Tissue oxygenation (3-10% O₂)

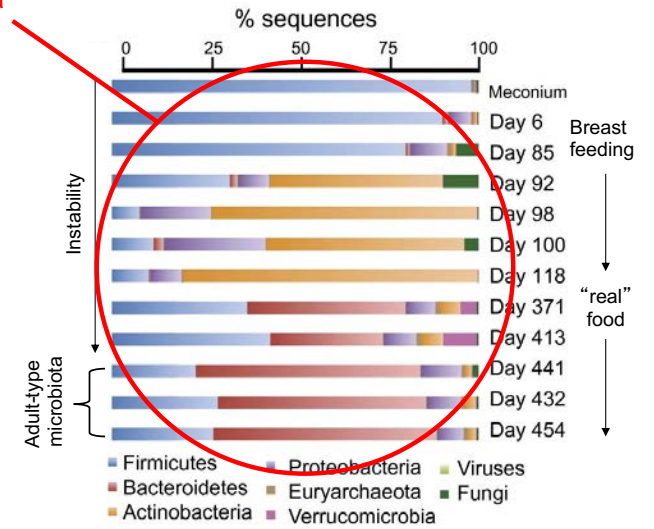
Dominance of obligately anaerobic bacteria

Host control:



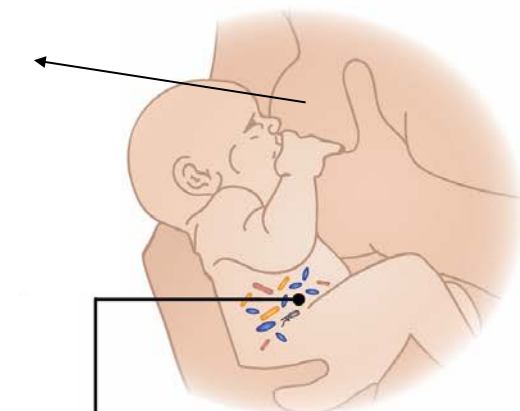
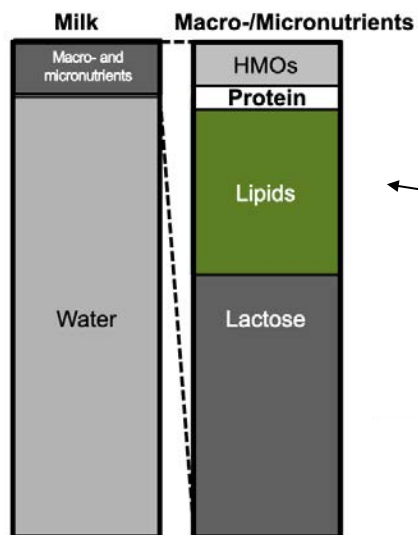
Habitat filtering: Interaction of species with their environment

Result:



Habitat filtering establishes dominant taxa in the colonic microbiota

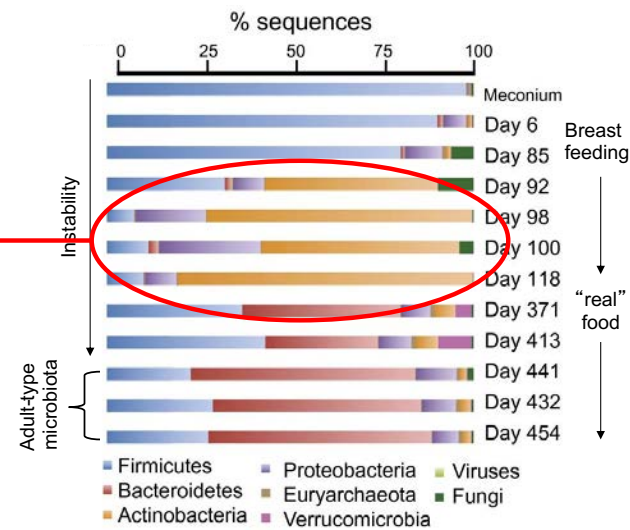
Principles of community assembly : Habitat filtering



Host control:
 ↓
 Dominance of obligately anaerobic bacteria

Habitat filtering: Interaction of species with their environment

↓ Result:

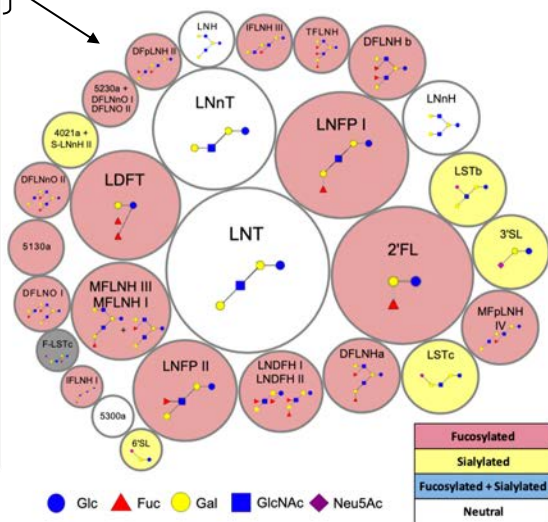
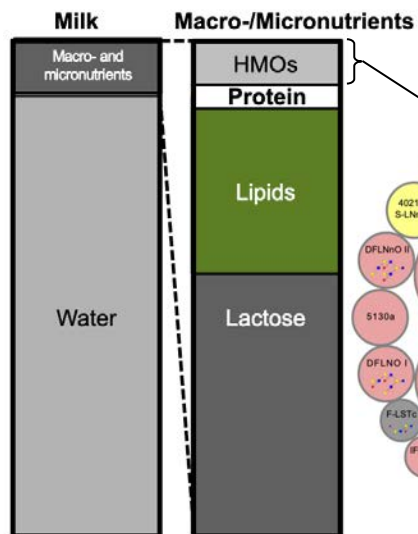


Dominance of milk oligosaccharide consumers

Diet:

Habitat filtering establishes dominant taxa in the colonic microbiota

Principles of community assembly : Habitat filtering

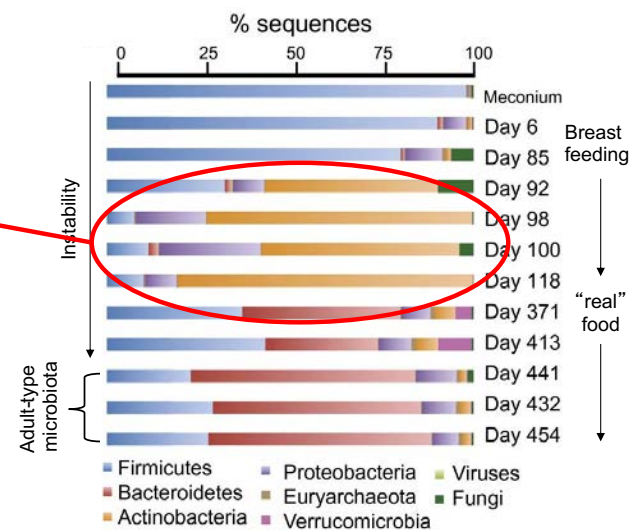


Host control:

Dominance of obligately anaerobic bacteria

Habitat filtering: Interaction of species with their environment

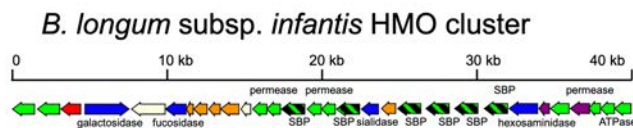
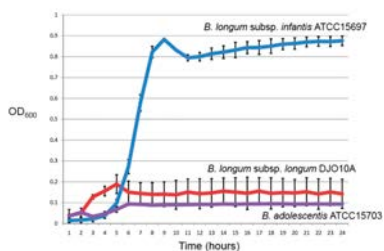
Result:



Habitat filtering establishes dominant taxa in the colonic microbiota

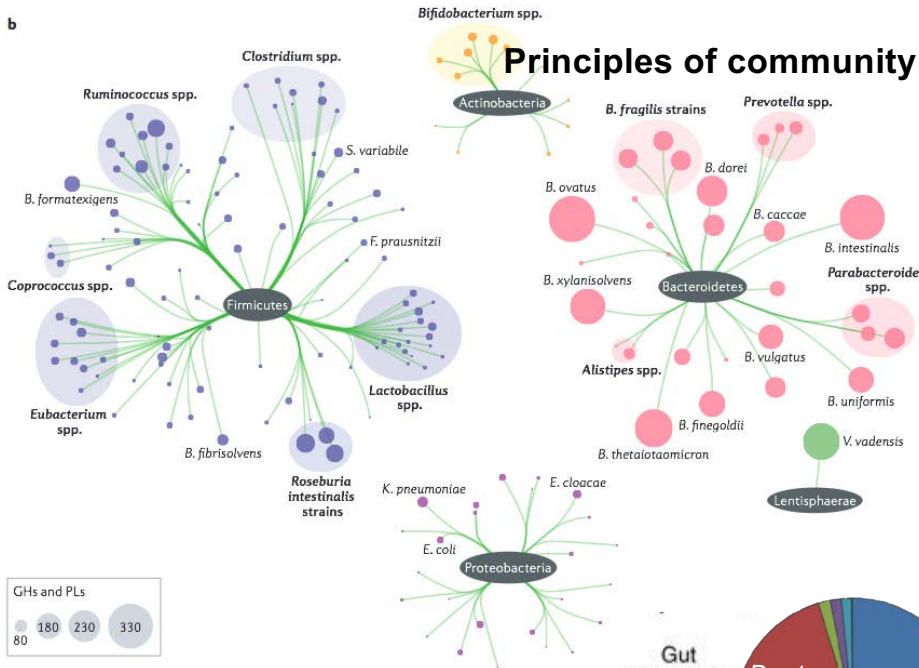
Dominance of milk oligosaccharide consumers

Diet:



b

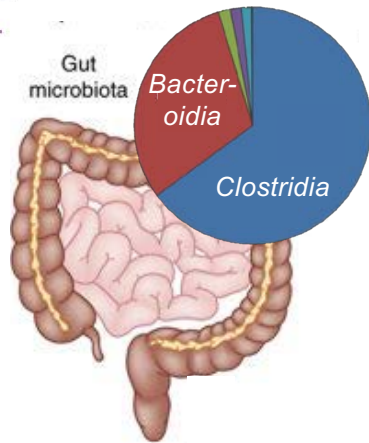
Principles of community assembly : Habitat filtering



2013 Nat Rev Microbiol. 11:497



Dietary fiber



Host control:



Dominance of obligately anaerobic bacteria

Dominance of milk oligosaccharide consumers

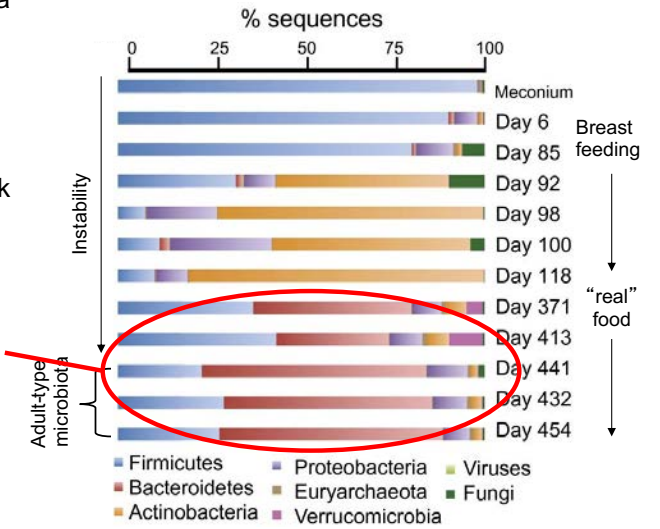
Dominance of fiber eaters



Diet:

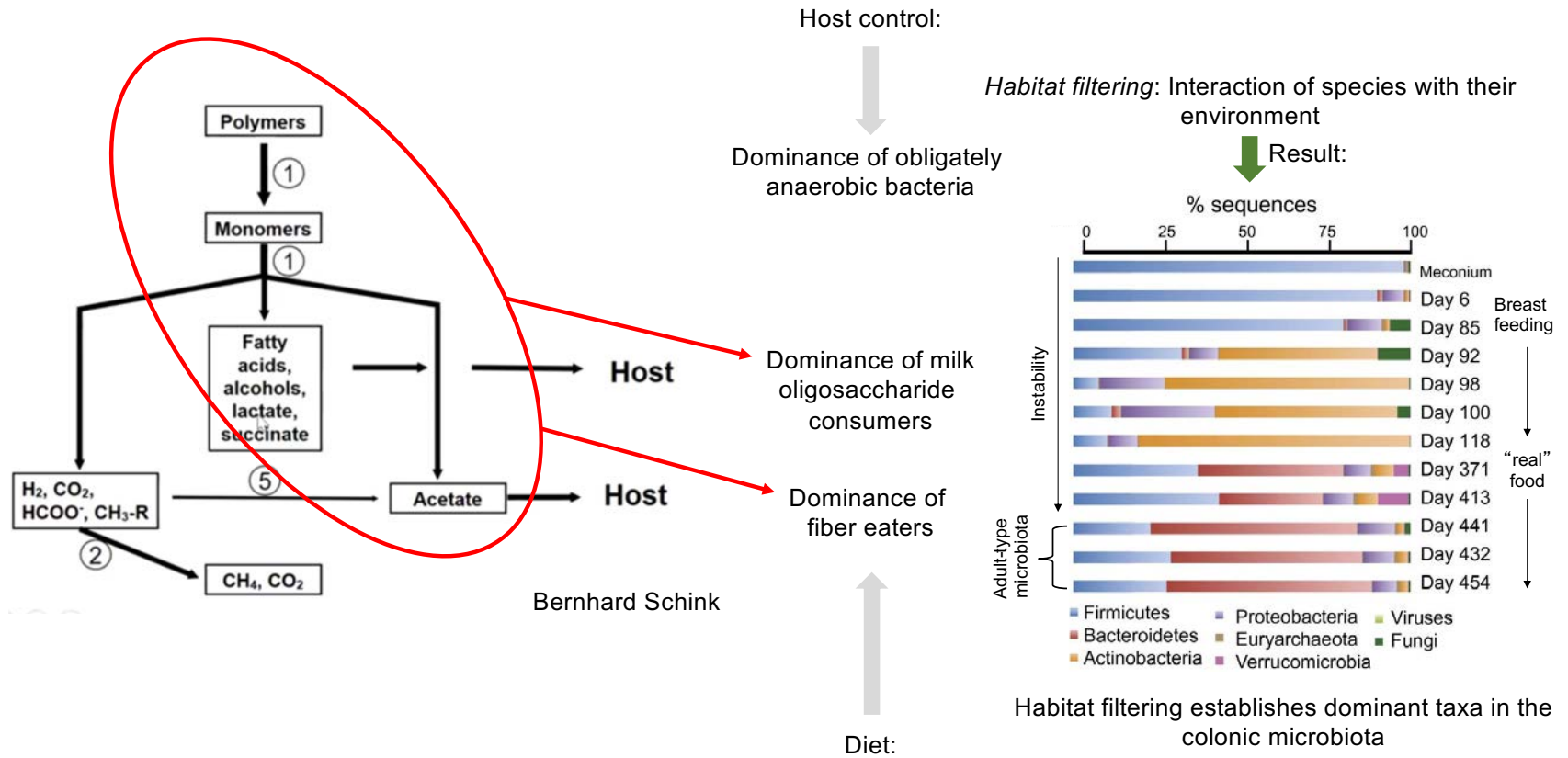
Habitat filtering: Interaction of species with their environment

Result:



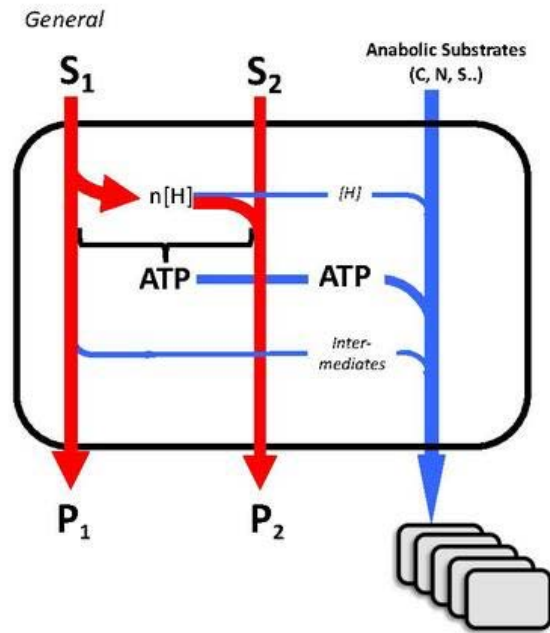
Habitat filtering establishes dominant taxa in the colonic microbiota

Principles of community assembly : Habitat filtering



Principles of community assembly : Habitat filtering

Catabolic and Anabolic Pathways



Alfred Spormann

Host control:

Dominance of obligately anaerobic bacteria

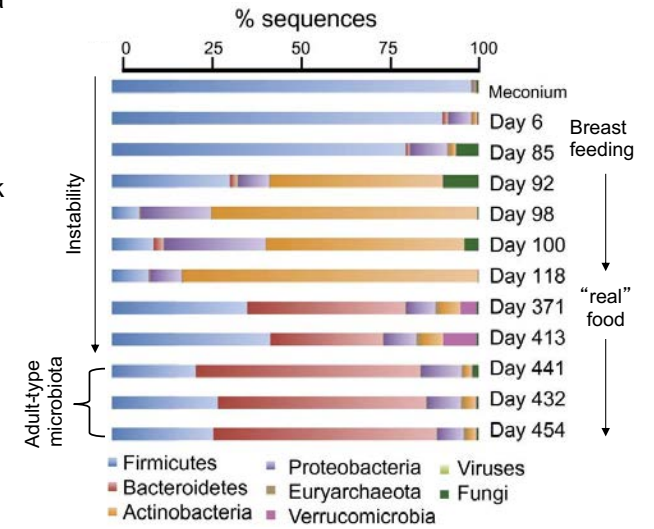
Dominance of milk oligosaccharide consumers

Dominance of fiber eaters

Diet:

Habitat filtering: Interaction of species with their environment

Result:

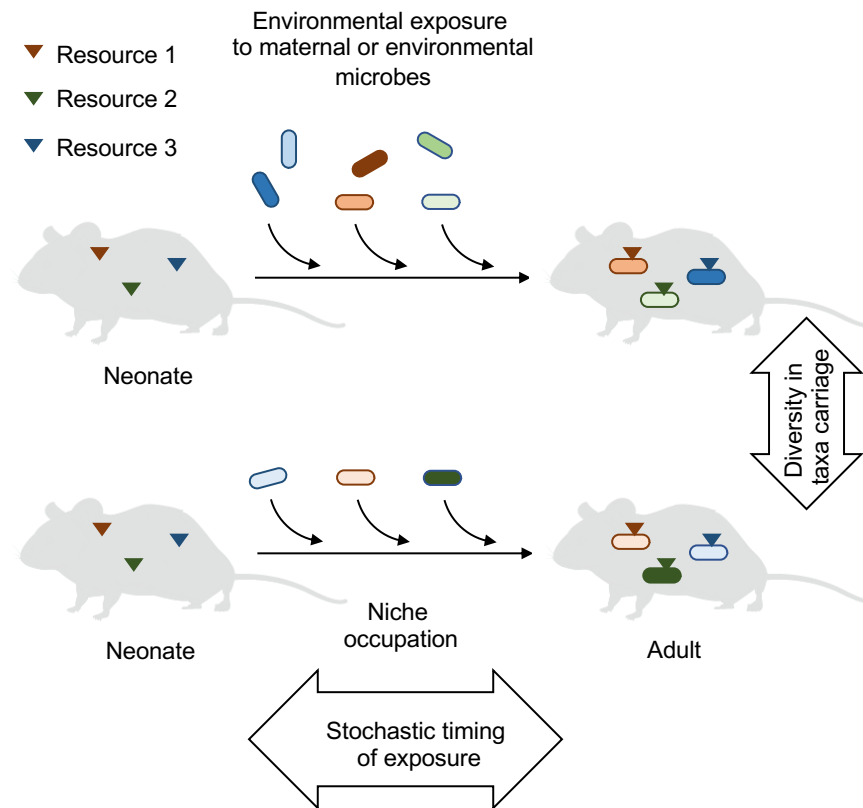


Habitat filtering establishes dominant taxa in the colonic microbiota

Principles of community assembly: Priority effects

Nutrient-niche hypothesis:

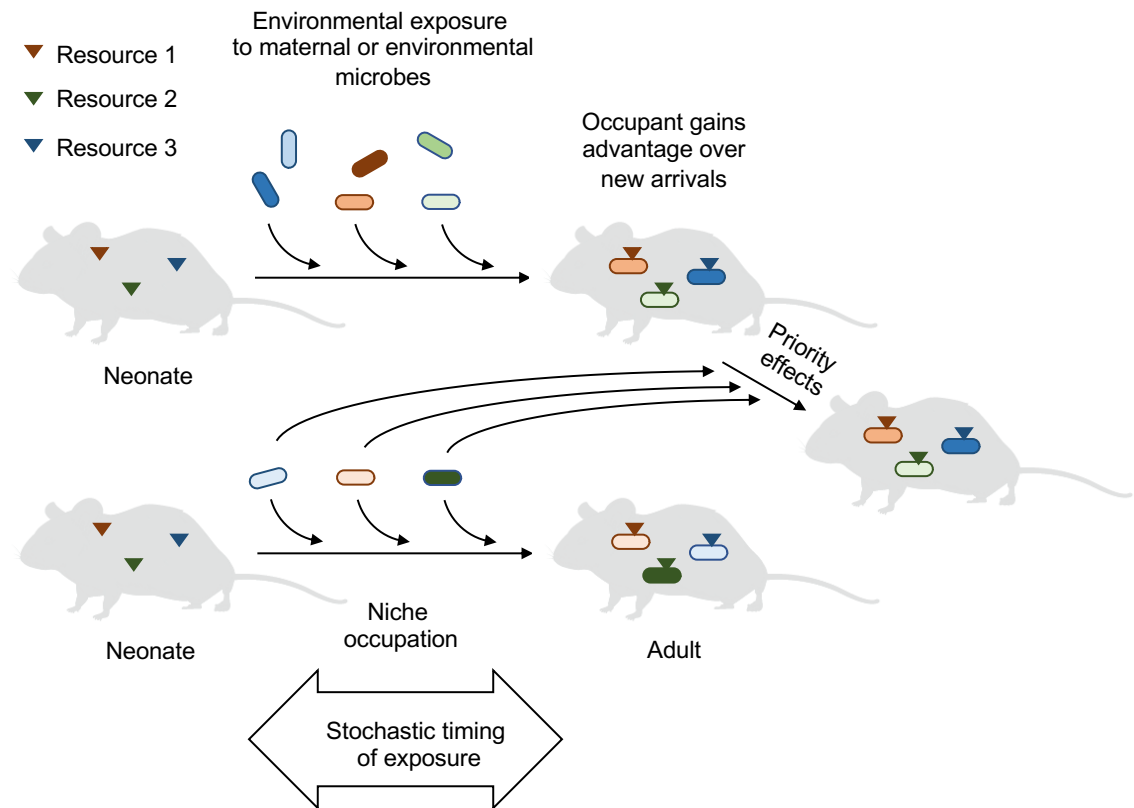
To coexist, each member of the microbiota must consume some critical resource better than any other member within the community and the abundance of this critical resource determines its abundance (1983 Infect Immun 39:686)

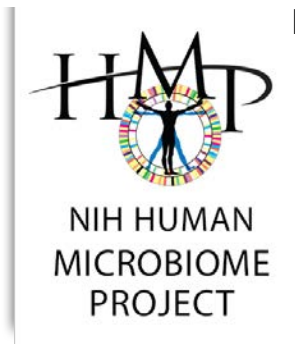


Principles of community assembly: Priority effects

Nutrient-niche hypothesis:

To coexist, each member of the microbiota must consume some critical resource better than any other member within the community and the abundance of this critical resource determines its abundance (1983 Infect Immun 39:686)



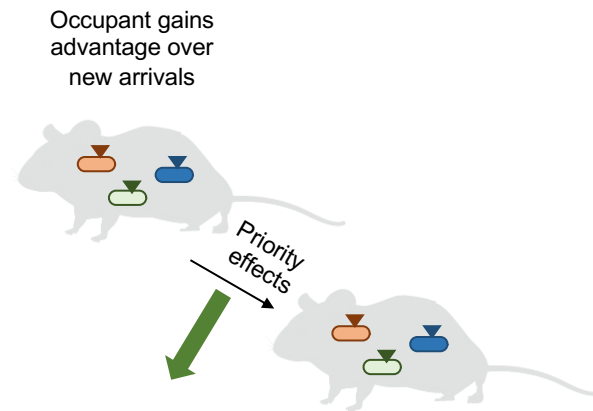
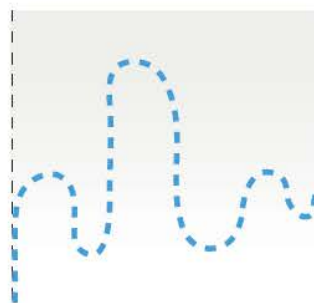


Principles of community assembly: Microbiota resistance



What is a balanced microbial community?

Historical contingency



Stable state A

Health

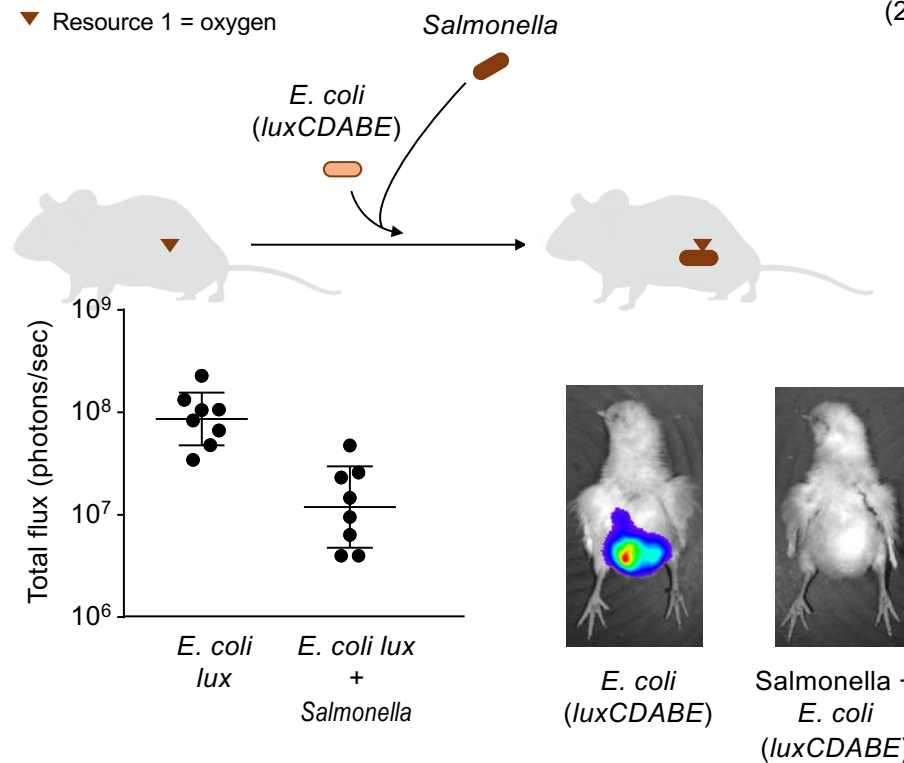
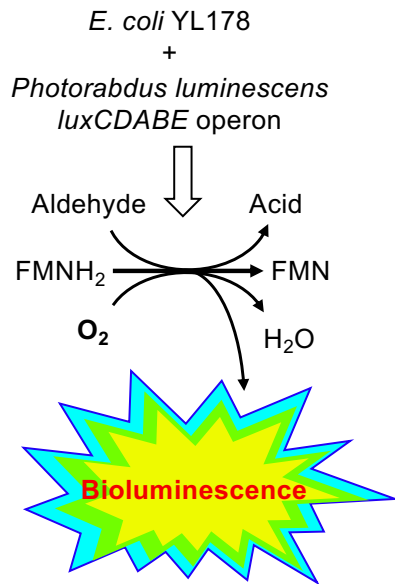
Microbiota resistance: The phenomenon that the adult microbiota is resistant to change

Principles of community assembly: Priority effects



Yael Litvak

(2019 CHM 25:128)

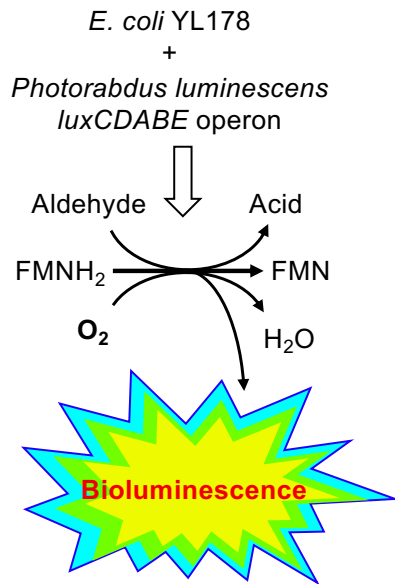


Principles of community assembly: Priority effects

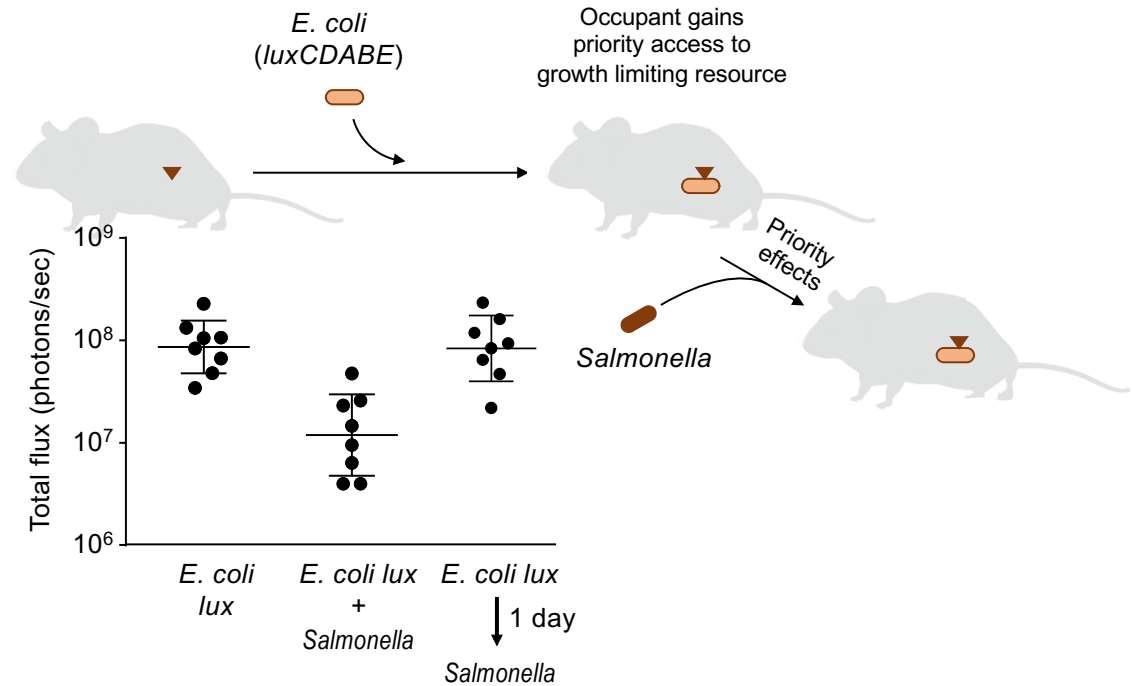


Yael Litvak

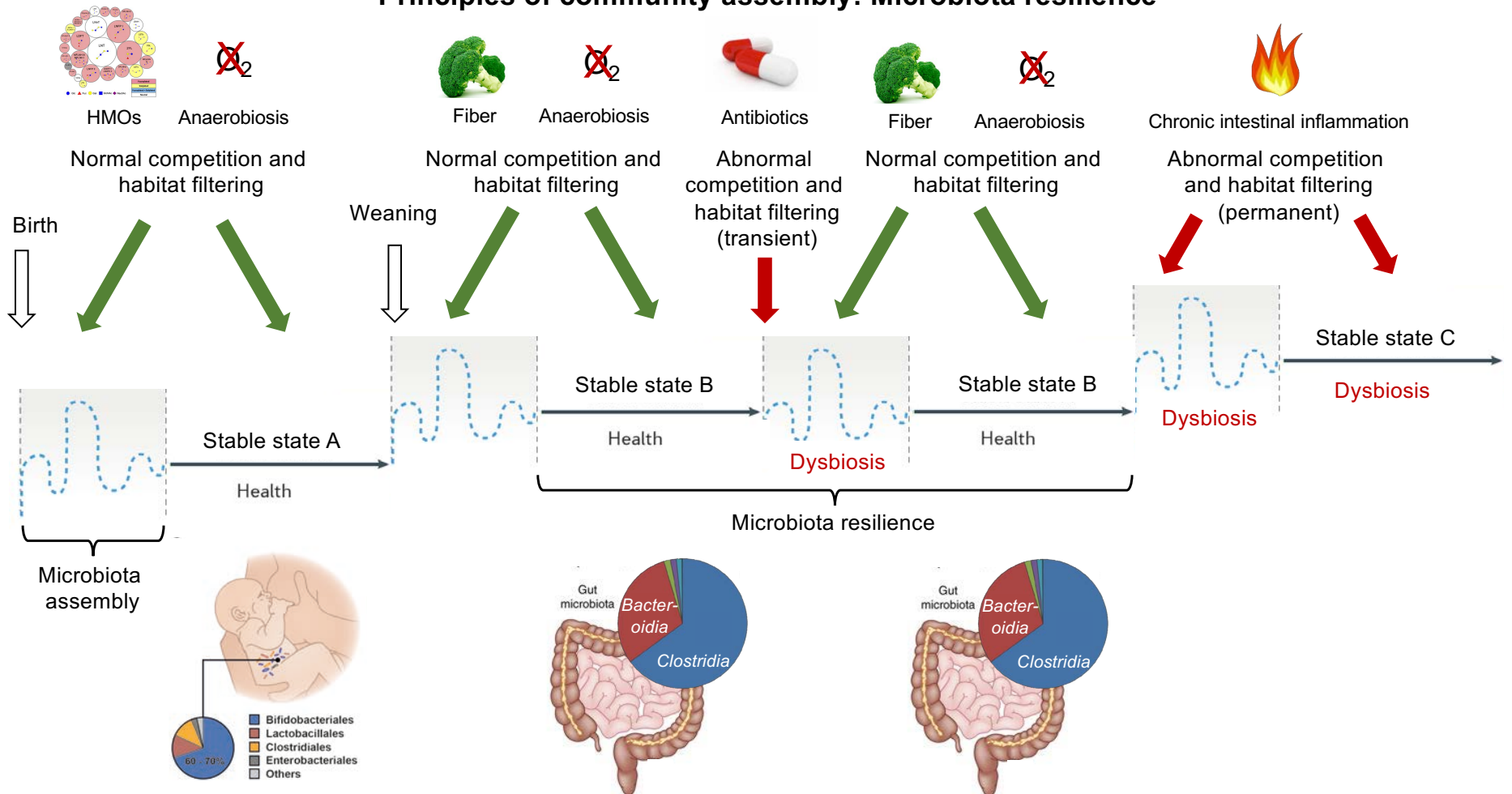
(2019 CHM 25:128)



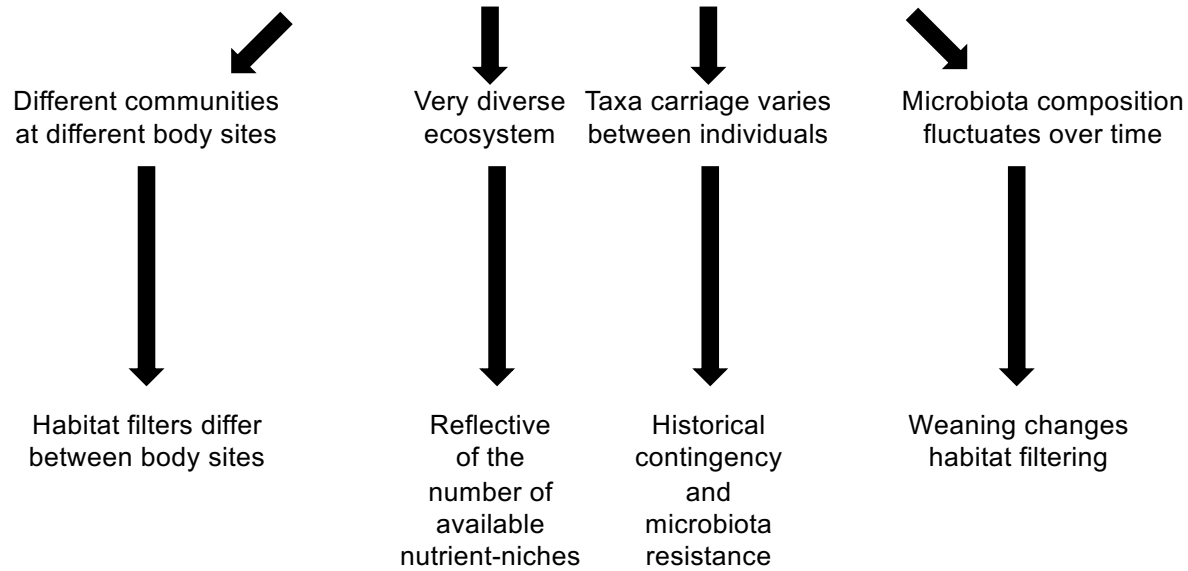
▼ Resource 1 = oxygen



Principles of community assembly: Microbiota resilience



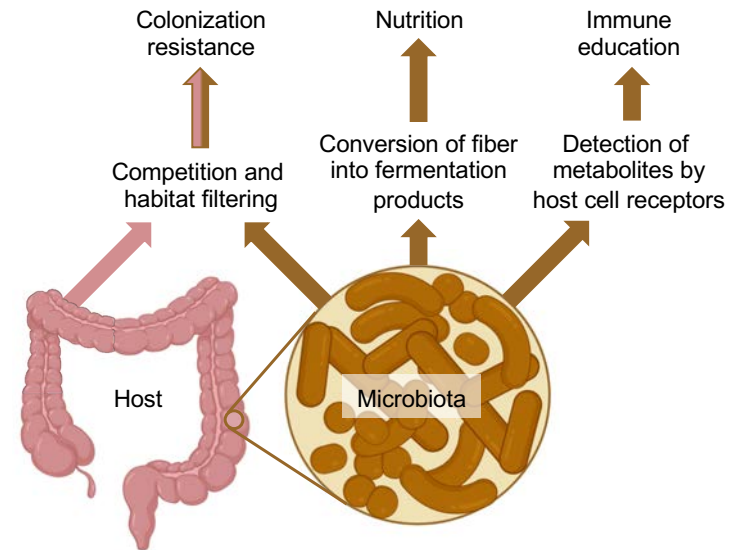
The Human Microbiota: Complexity



Dysbiosis is the result of abnormal competition and habitat filtering

Homeostasis is the result of normal competition and habitat filtering

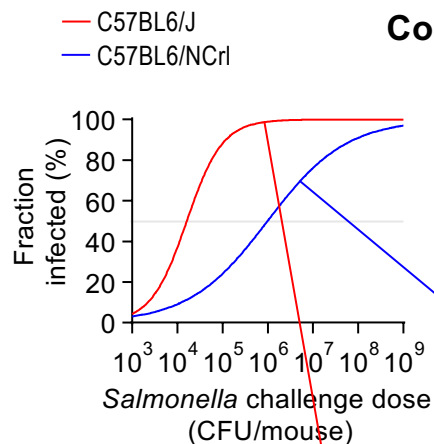
The Human Microbiota: Function



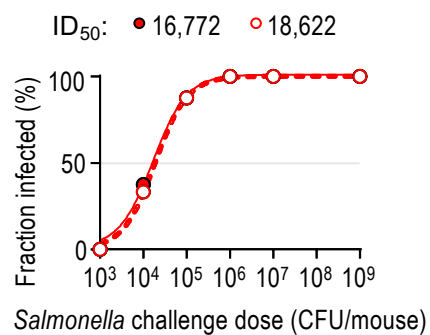
Colonization resistance against enteric pathogens: Competition



Eric Velazquez

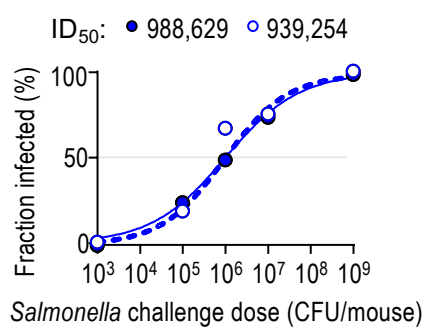


FMT into germ-free Swiss webster mice



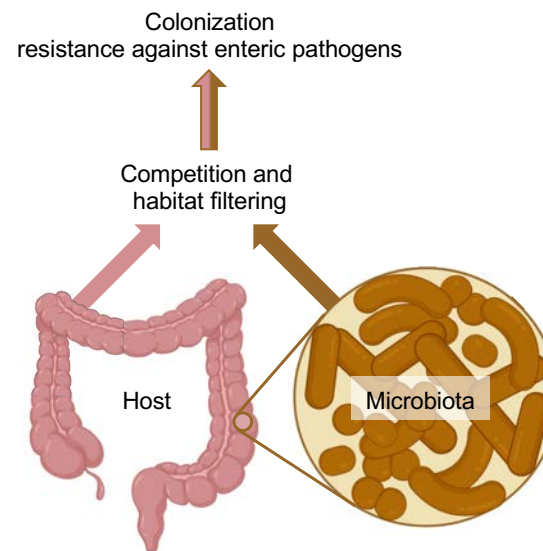
Salmonella challenge dose (CFU/mouse)

—●— C57BL/6J donor
- - -○- - - SW w/FMT from C57BL/6J



Salmonella challenge dose (CFU/mouse)

—●— C57BL/6NCrl donor
- - -○- - - SW w/FMT from C57BL/6NCrl

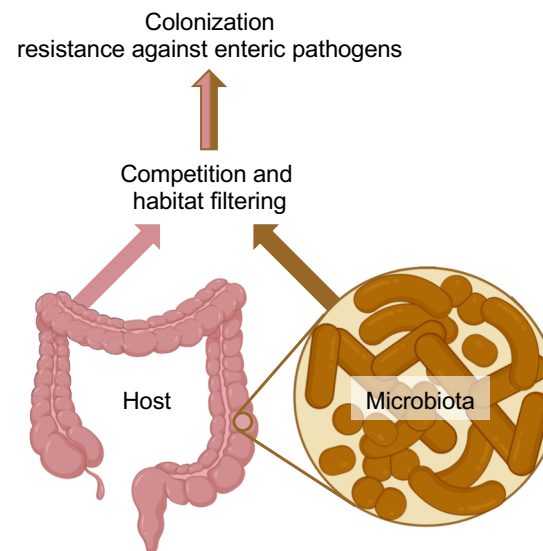
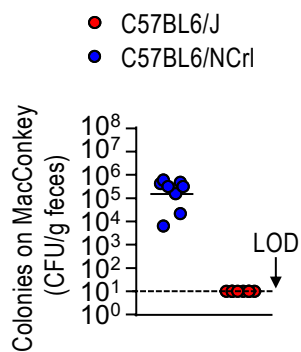
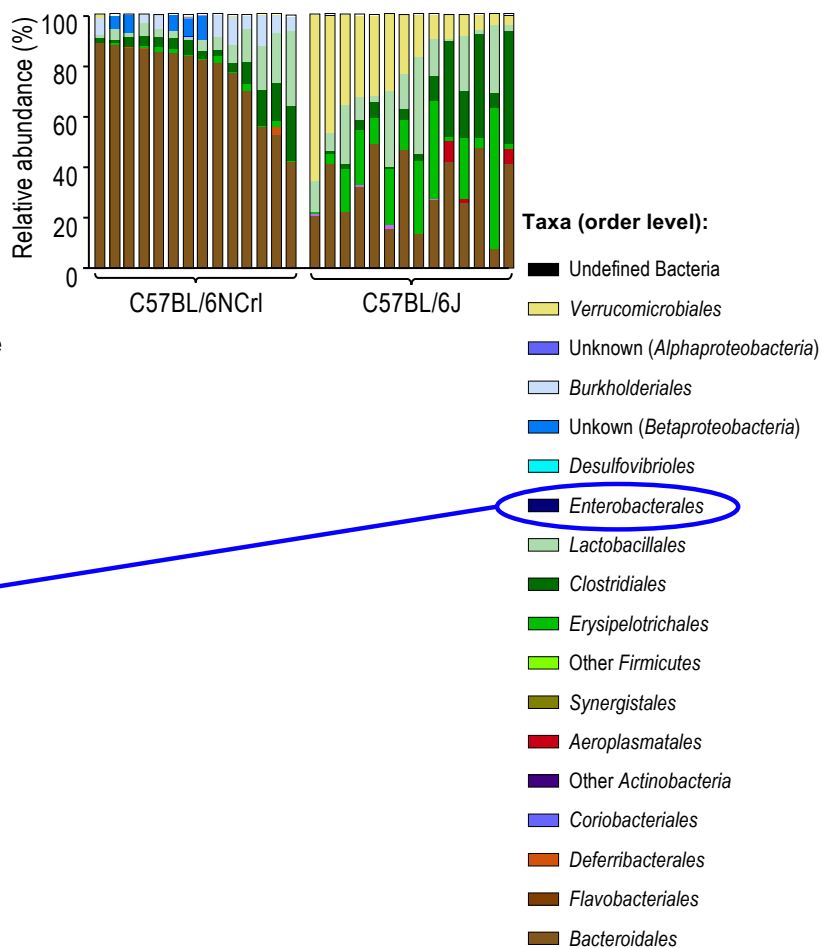
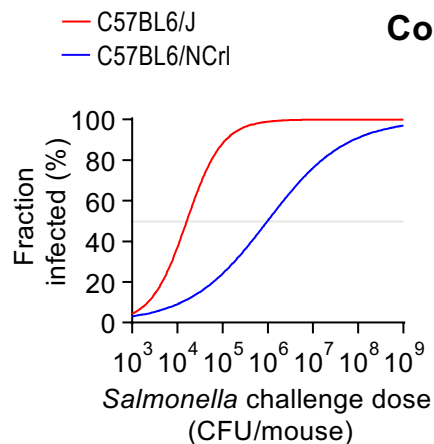


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Colonization resistance against enteric pathogens: Competition

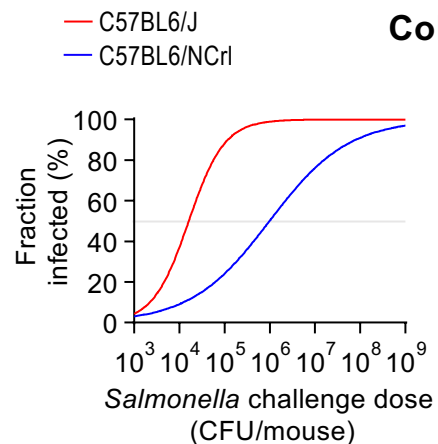


Eric Velazquez

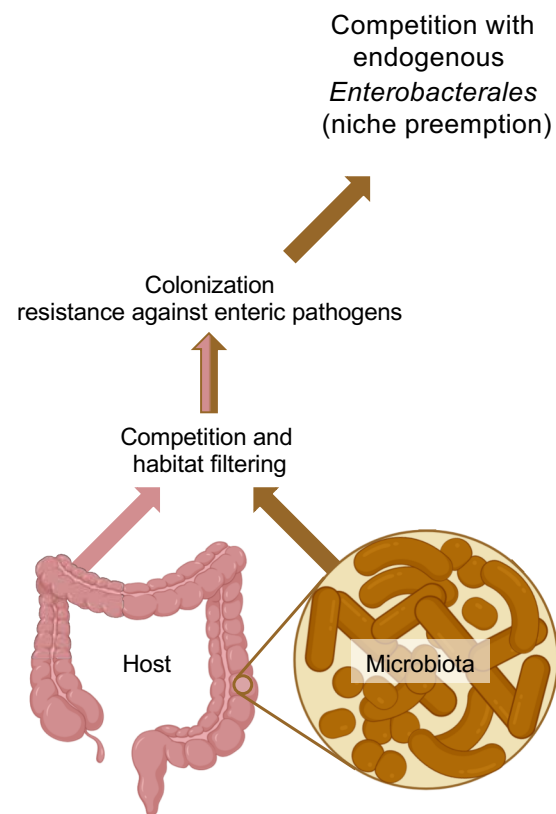
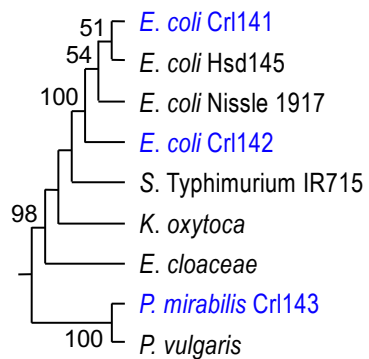
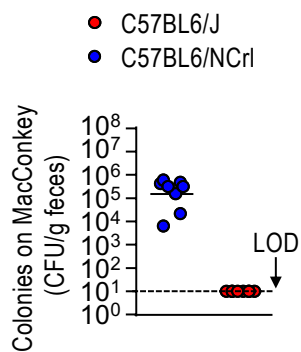
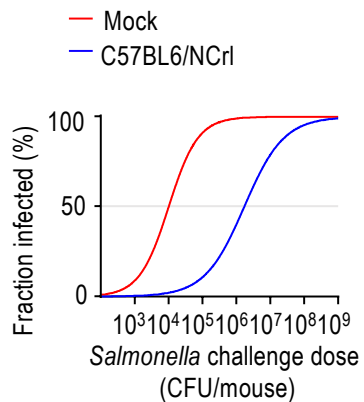


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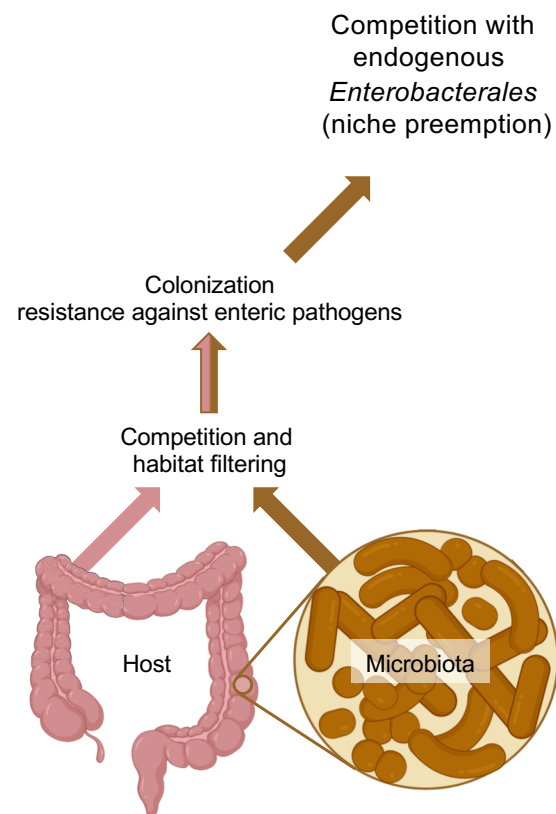
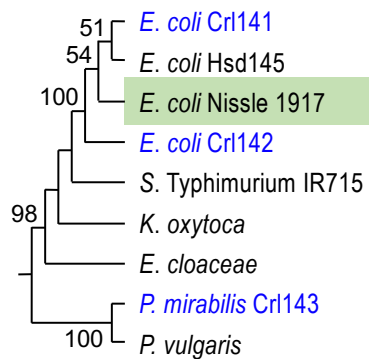
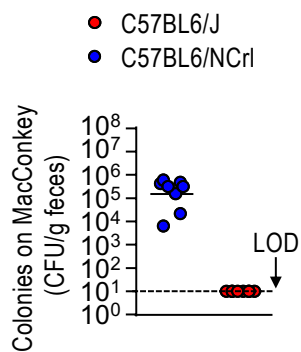
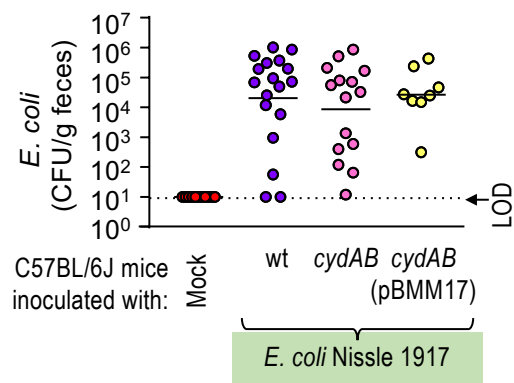
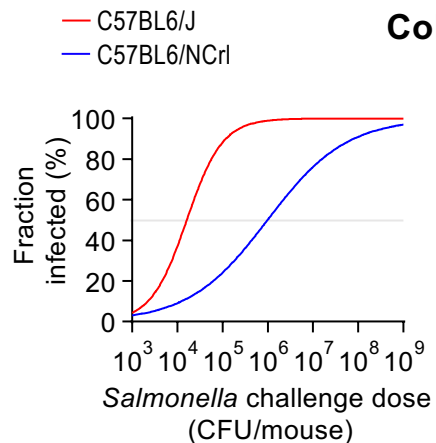
Colonization resistance against enteric pathogens: Competition



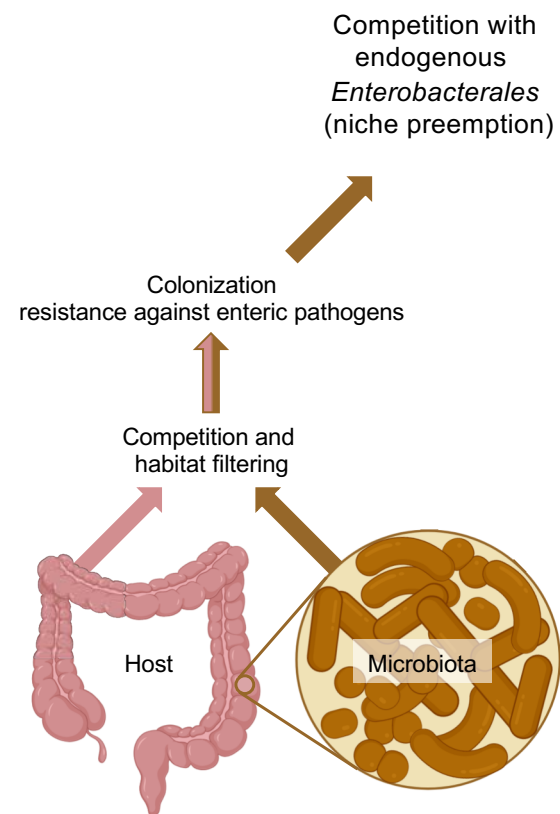
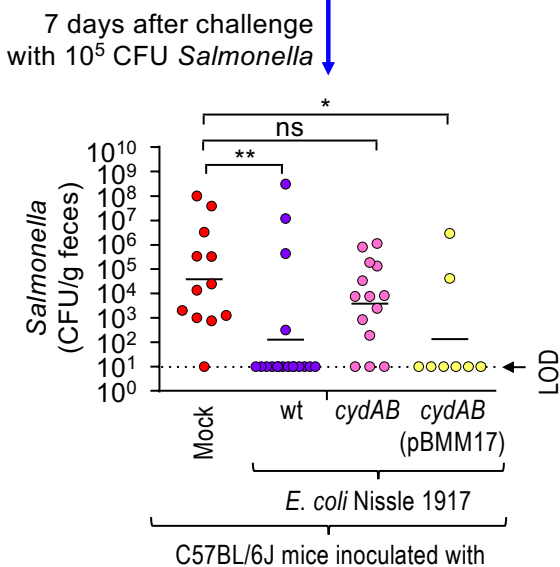
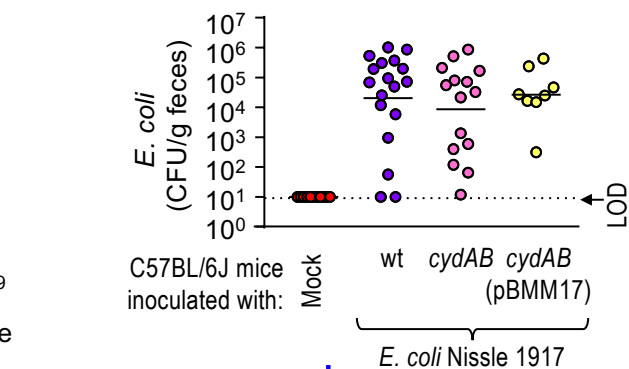
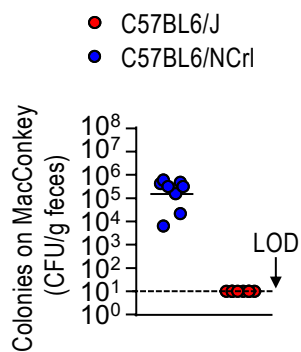
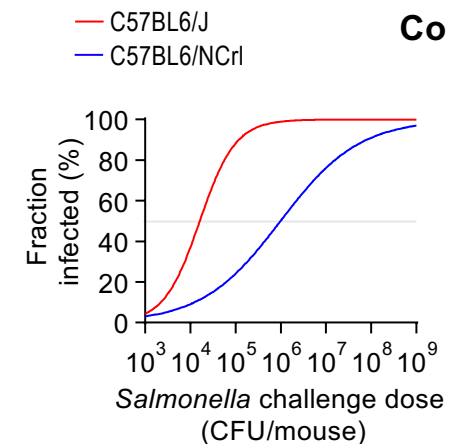
C57BL6/J mice receiving bacteria from:



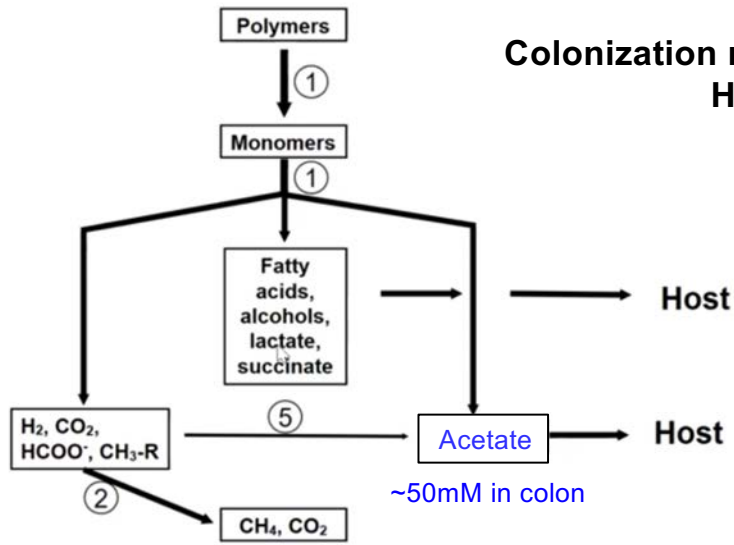
Colonization resistance against enteric pathogens: Competition



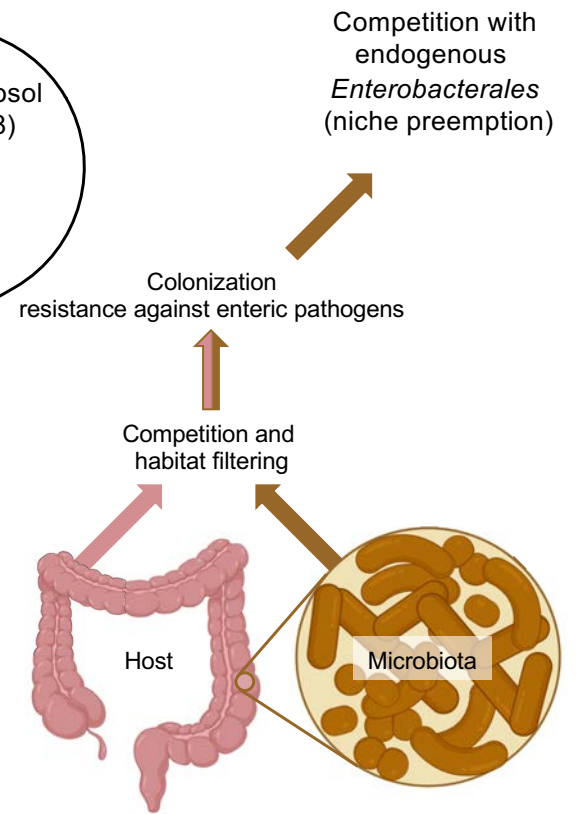
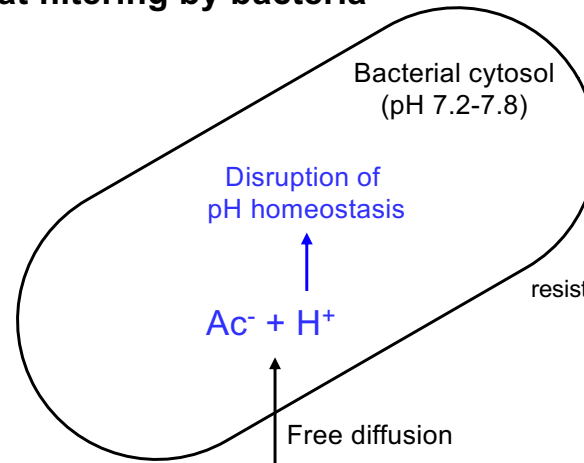
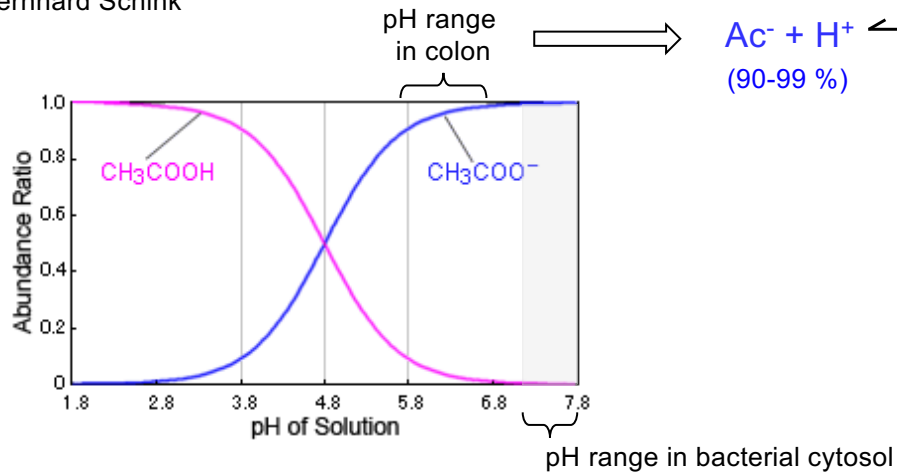
Colonization resistance against enteric pathogens: Competition



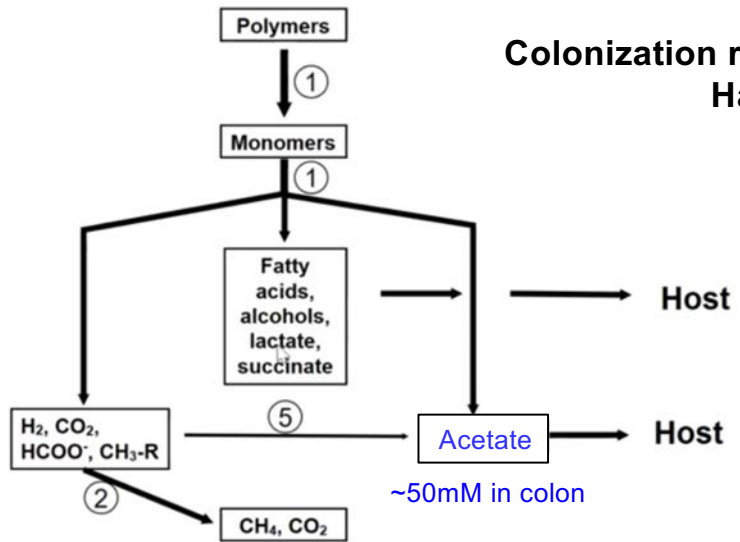
Colonization resistance against enteric pathogens: Habitat filtering by bacteria



Bernhard Schink



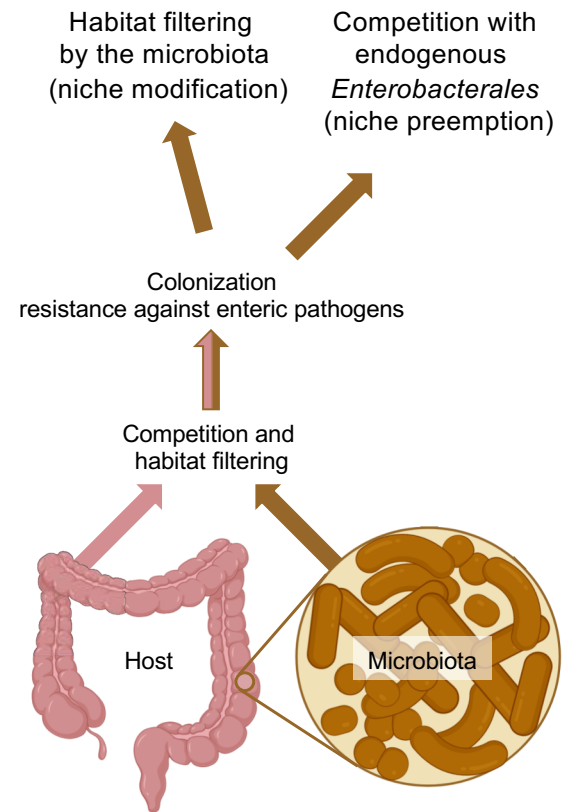
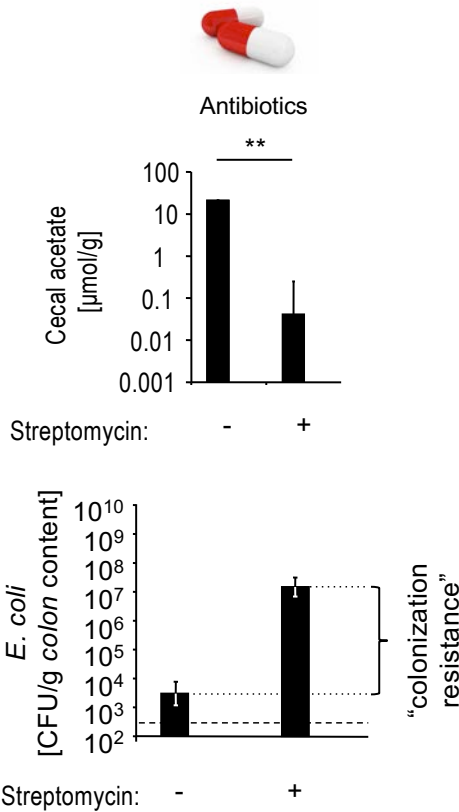
Colonization resistance against enteric pathogens: Habitat filtering by bacteria



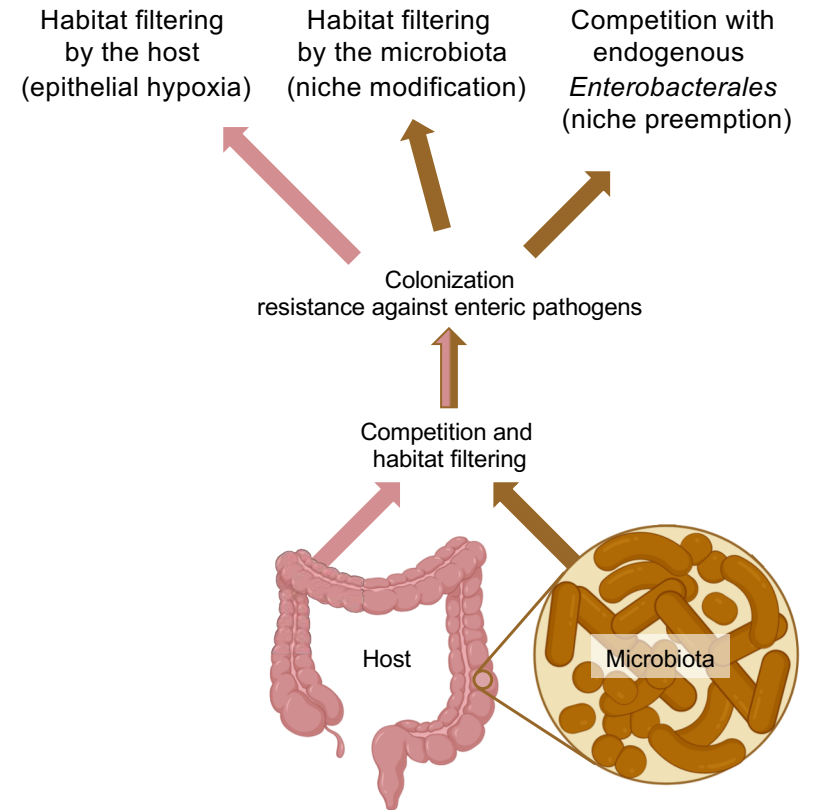
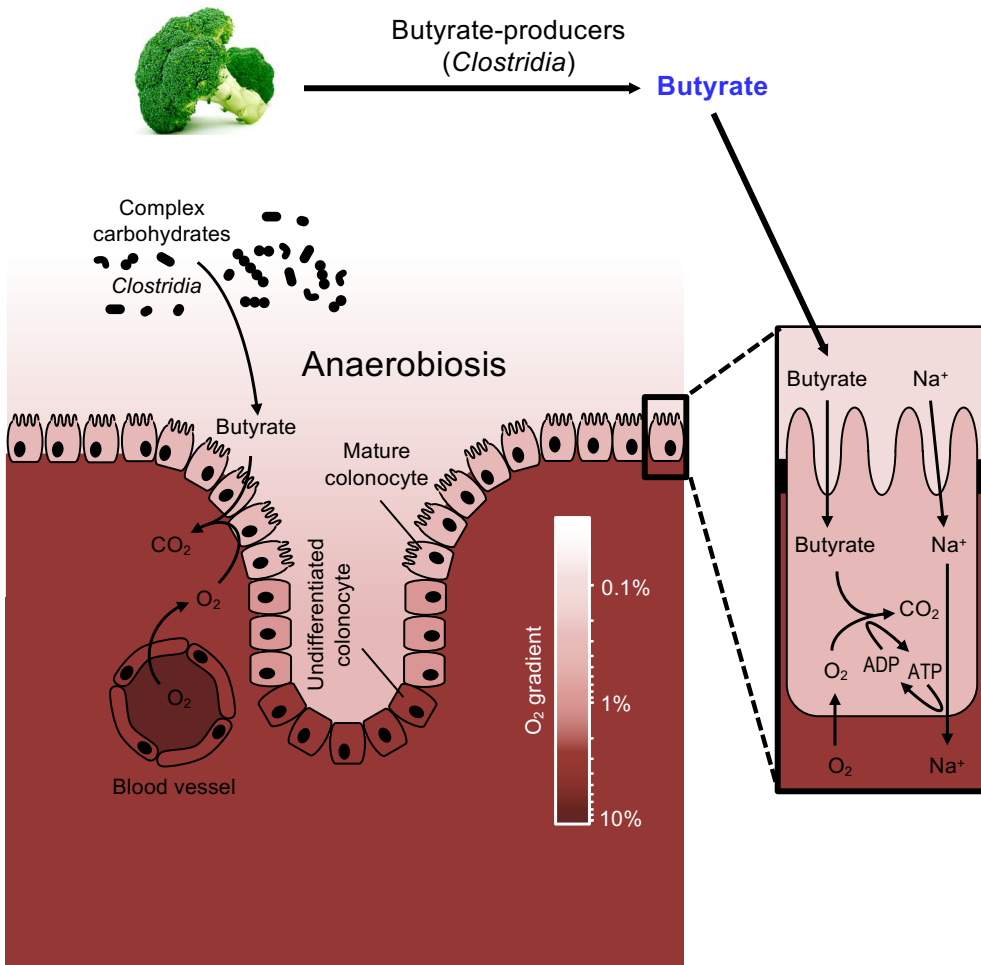
Bernhard Schink

Habitat filtering by the gut microbiota (niche modification)

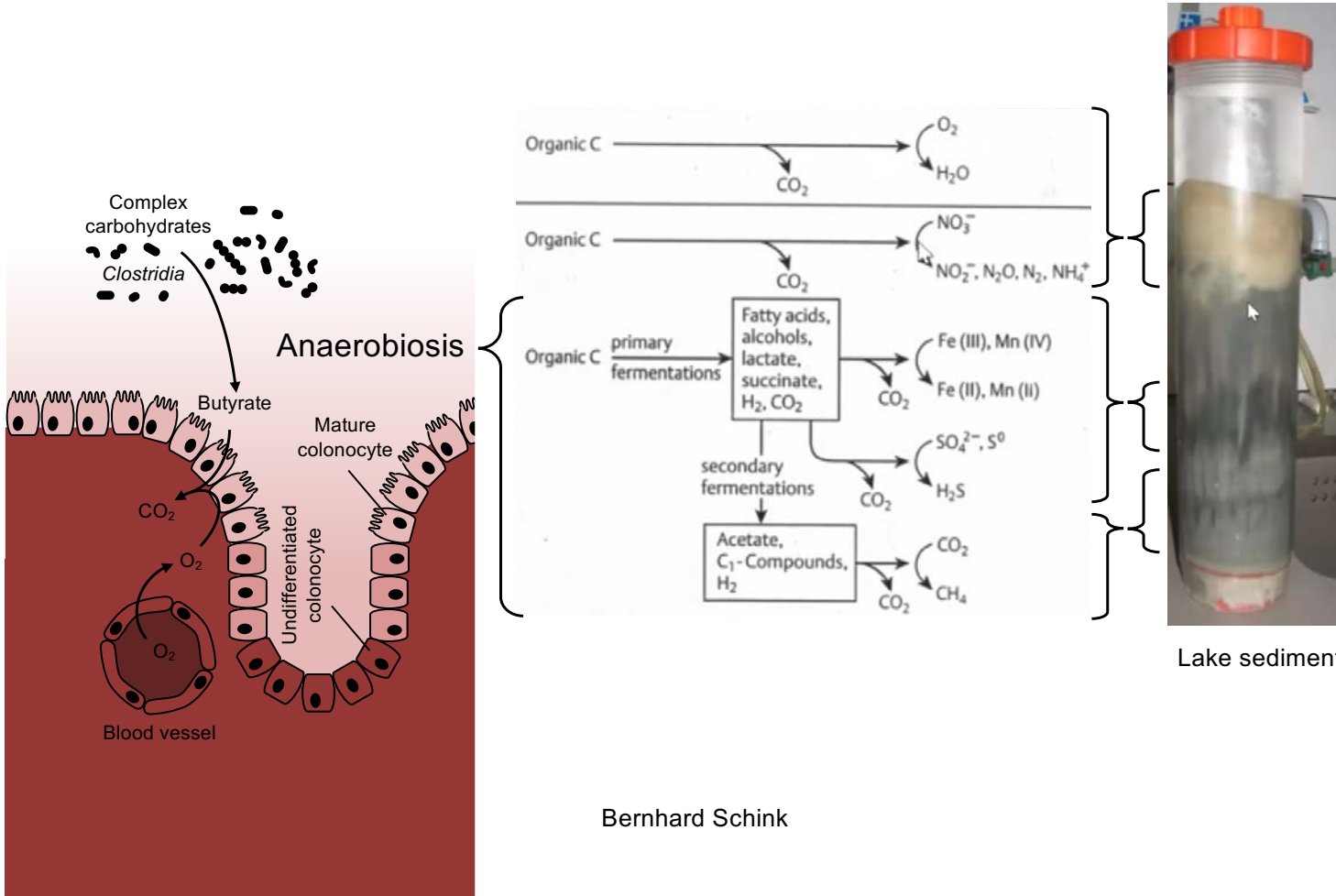
Growth is limited by the availability of resources needed to maintain pH homeostasis



Colonization resistance against enteric pathogens: Habitat filtering by the host

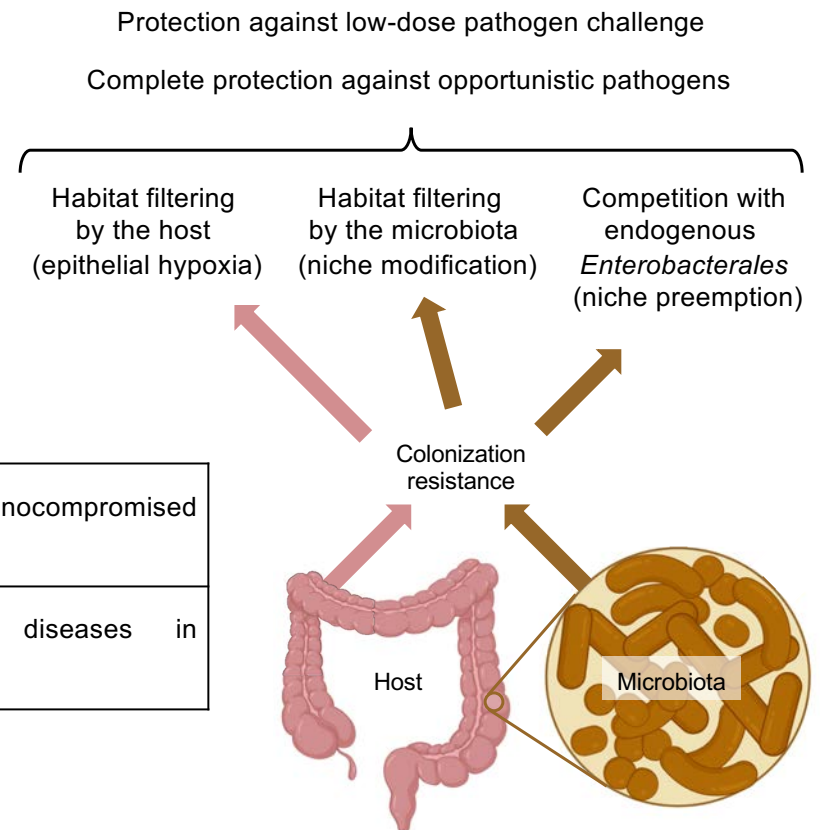


Colonization resistance against enteric pathogens: Habitat filtering by the host



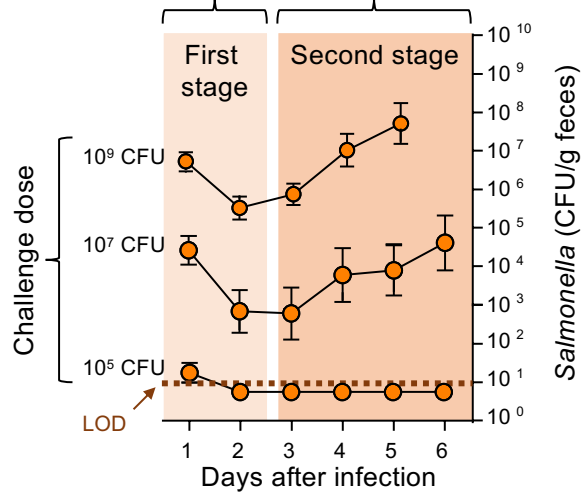
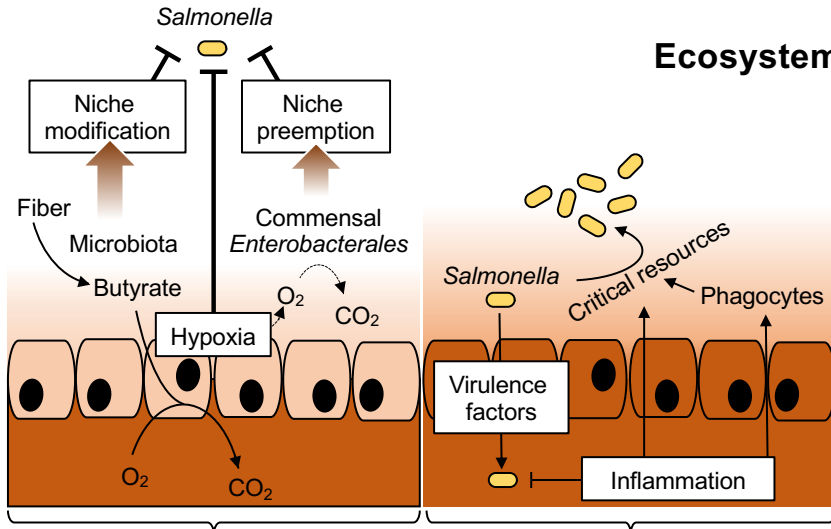
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Ecosystem invasion by *Salmonella*

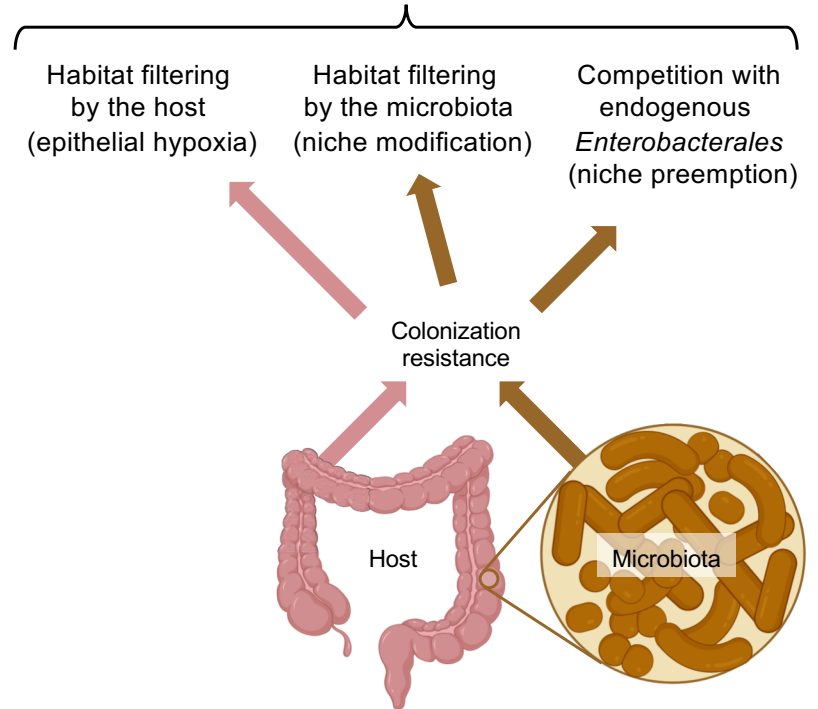


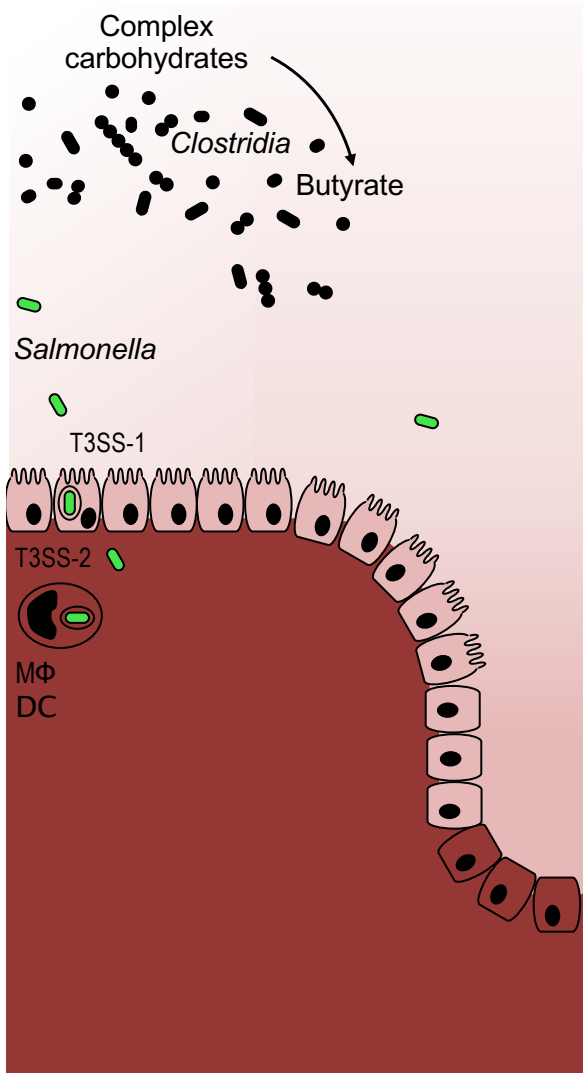
| | |
|--------------------------------|---|
| Opportunistic pathogens | Microbes associated with disease in immunocompromised members of a host species |
| Pathogens (or frank pathogens) | Microbes associated with communicable diseases in immunocompetent members of a host species |

Ecosystem invasion by *Salmonella*

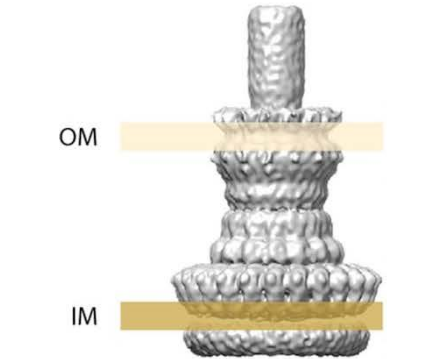


Protection against low-dose pathogen challenge
 Complete protection against opportunistic pathogens

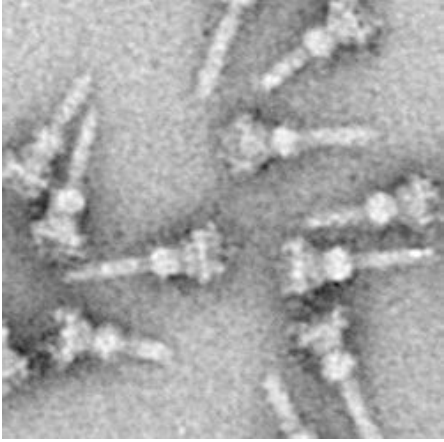




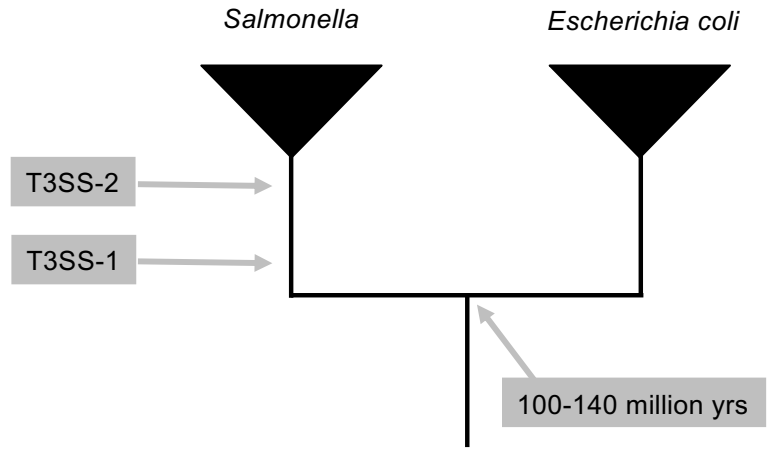
Salmonella virulence factors trigger inflammation

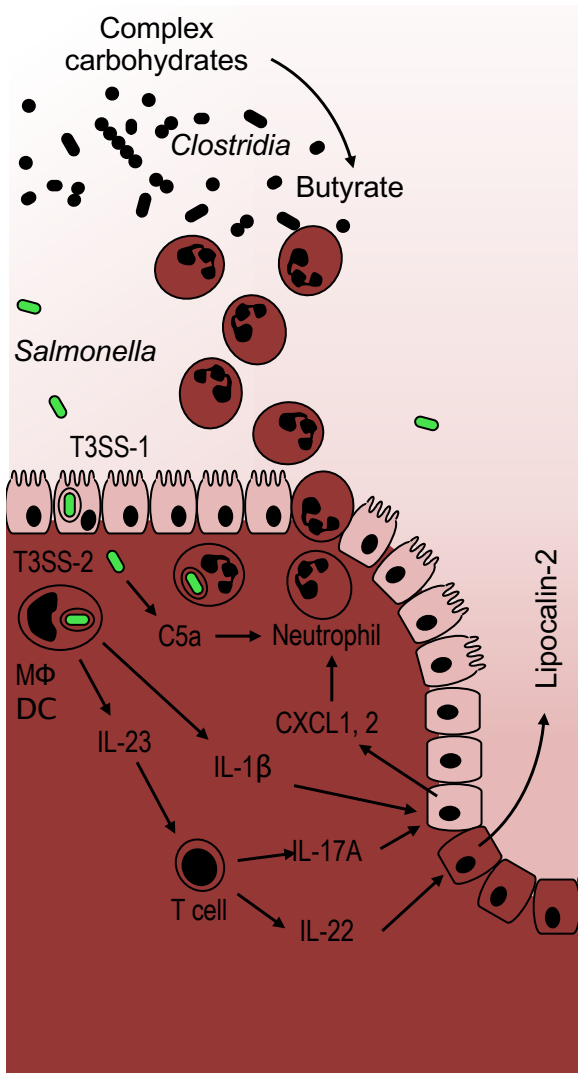


2014 FEMS Microbiology Reviews

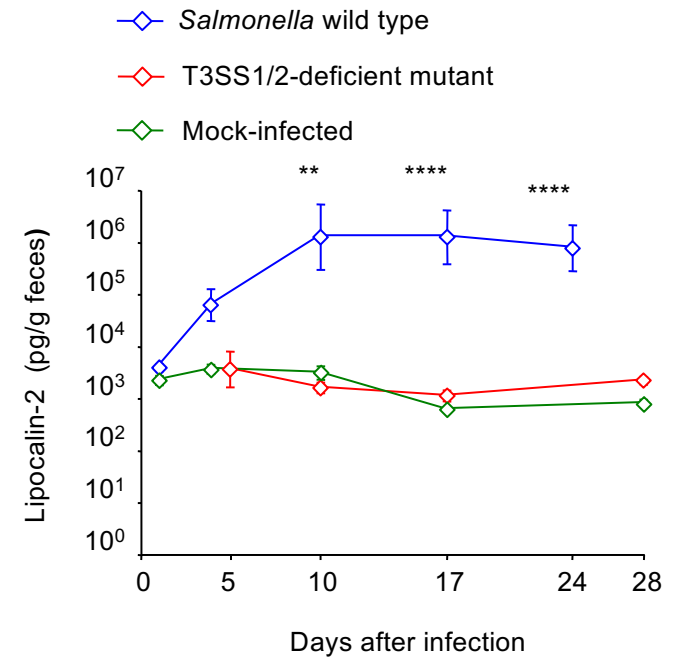
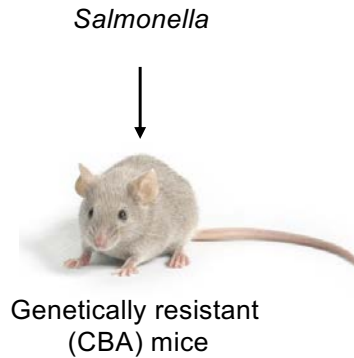


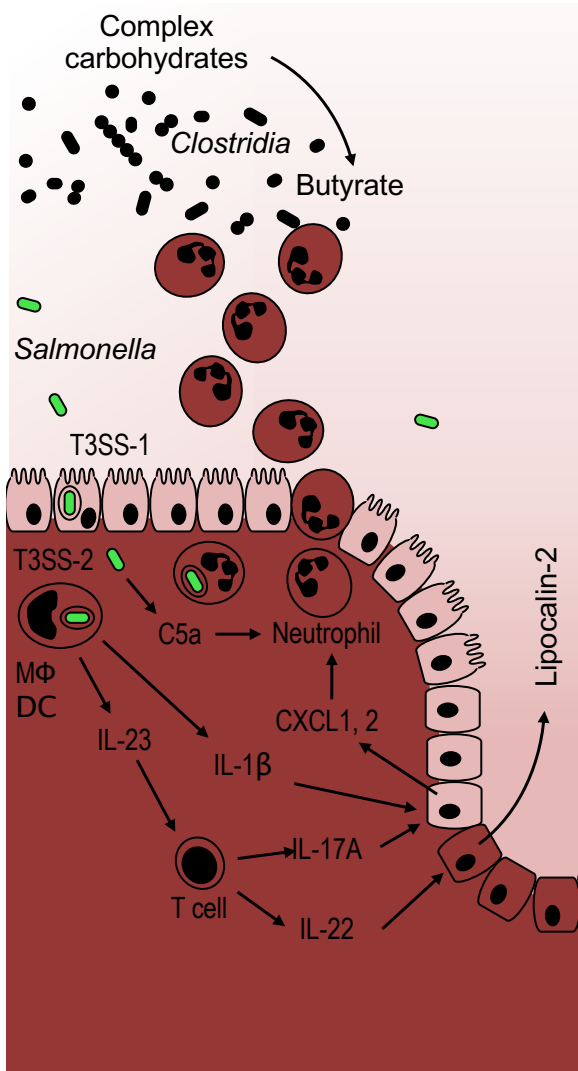
2010 PLOS Pathogens 6:e1000824



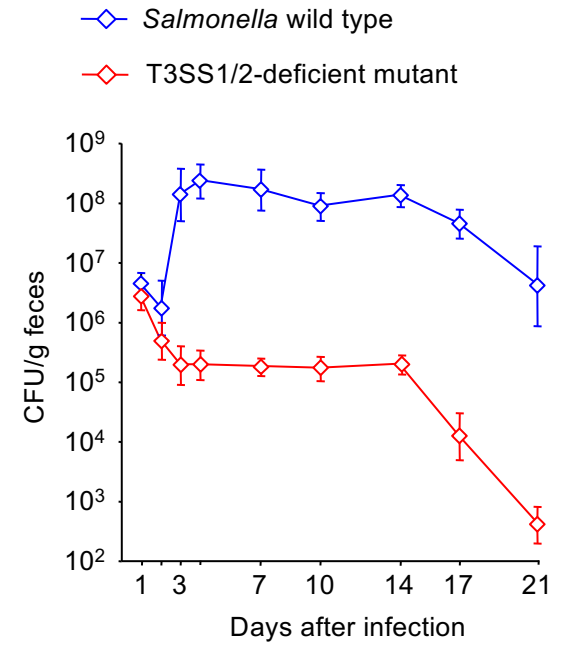
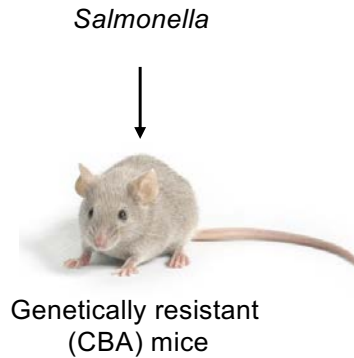


Salmonella virulence factors trigger inflammation





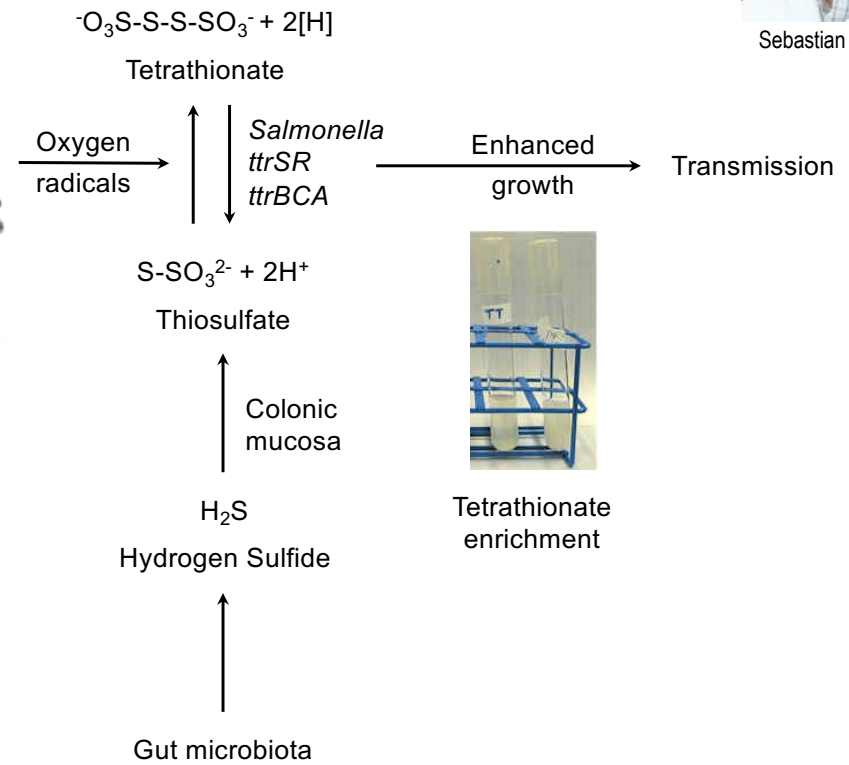
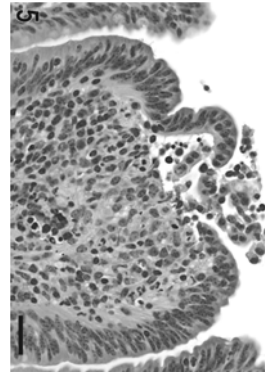
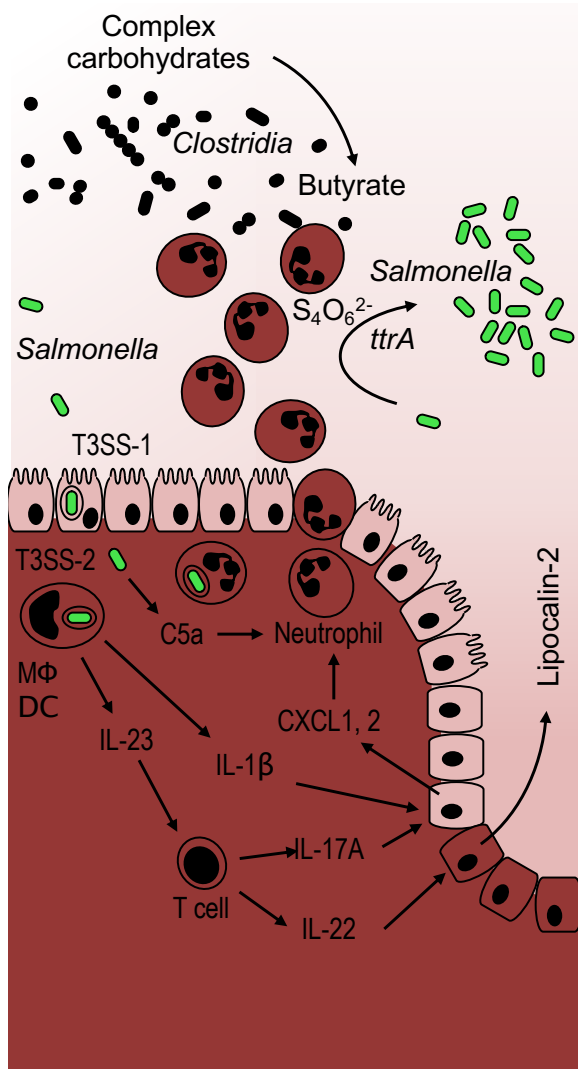
Salmonella virulence factors enable the pathogen to engraft in the microbiota

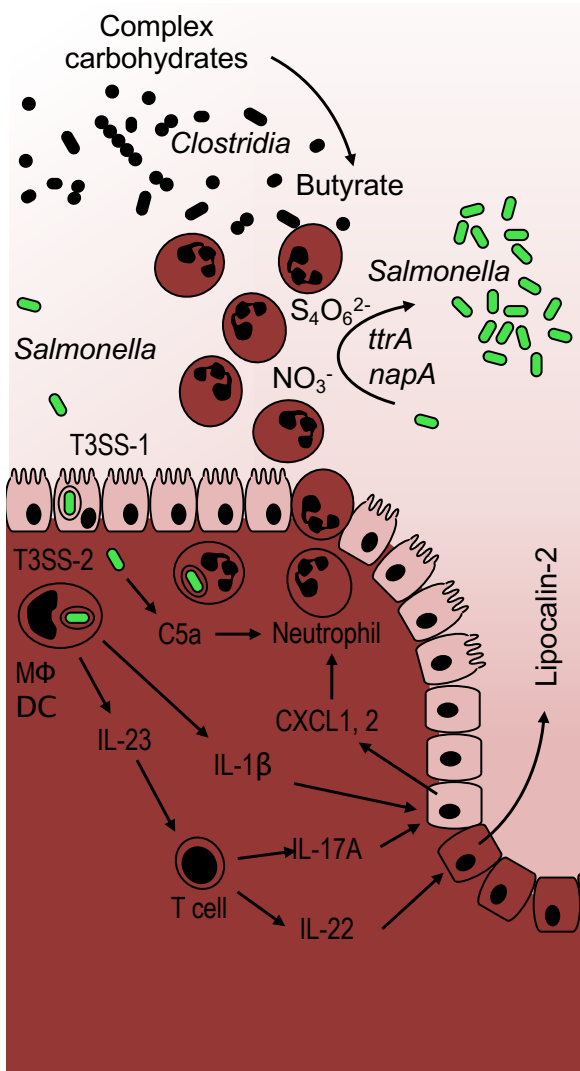


Phagocytes alter habitat filtering in the intestinal lumen

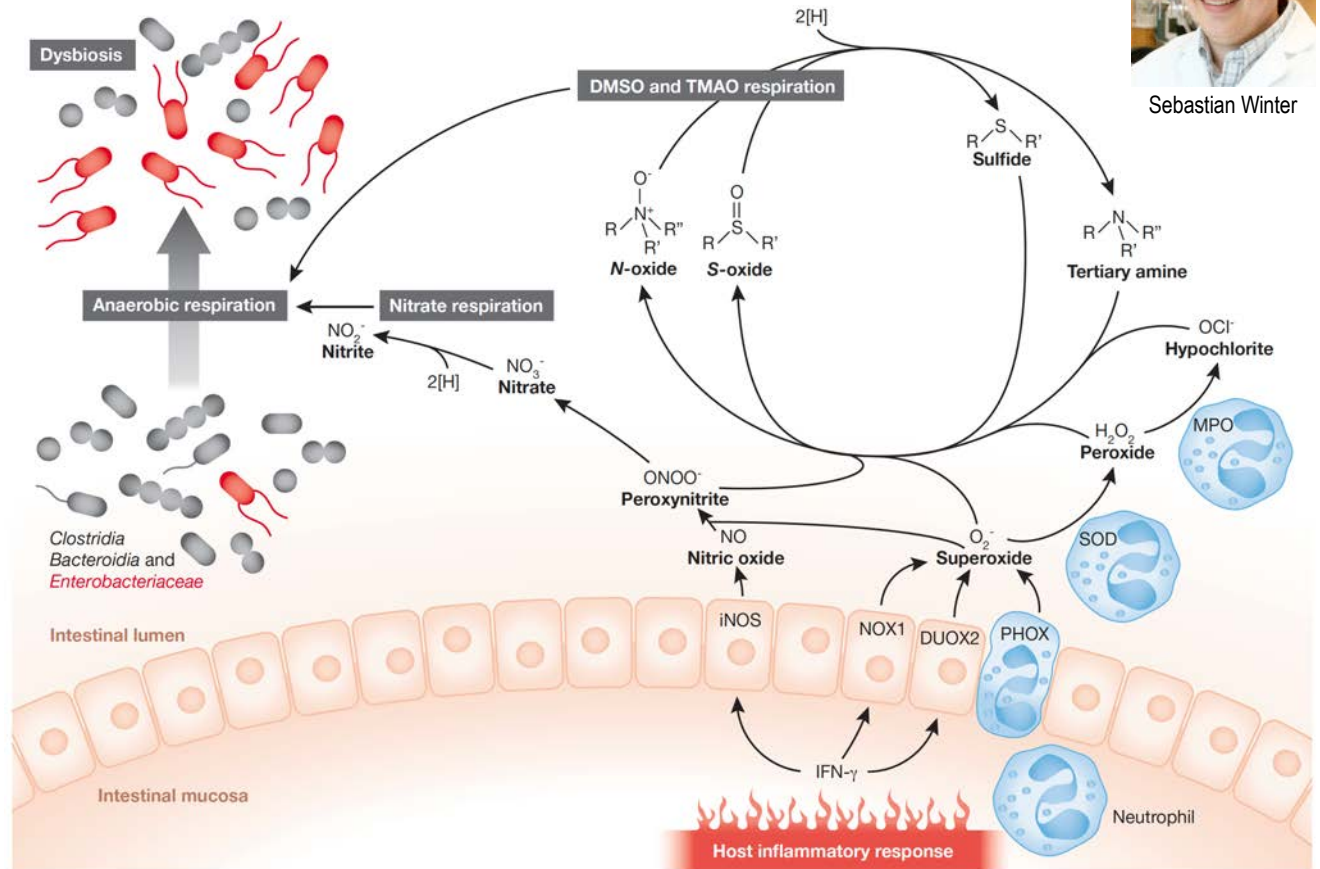


Sebastian Winter



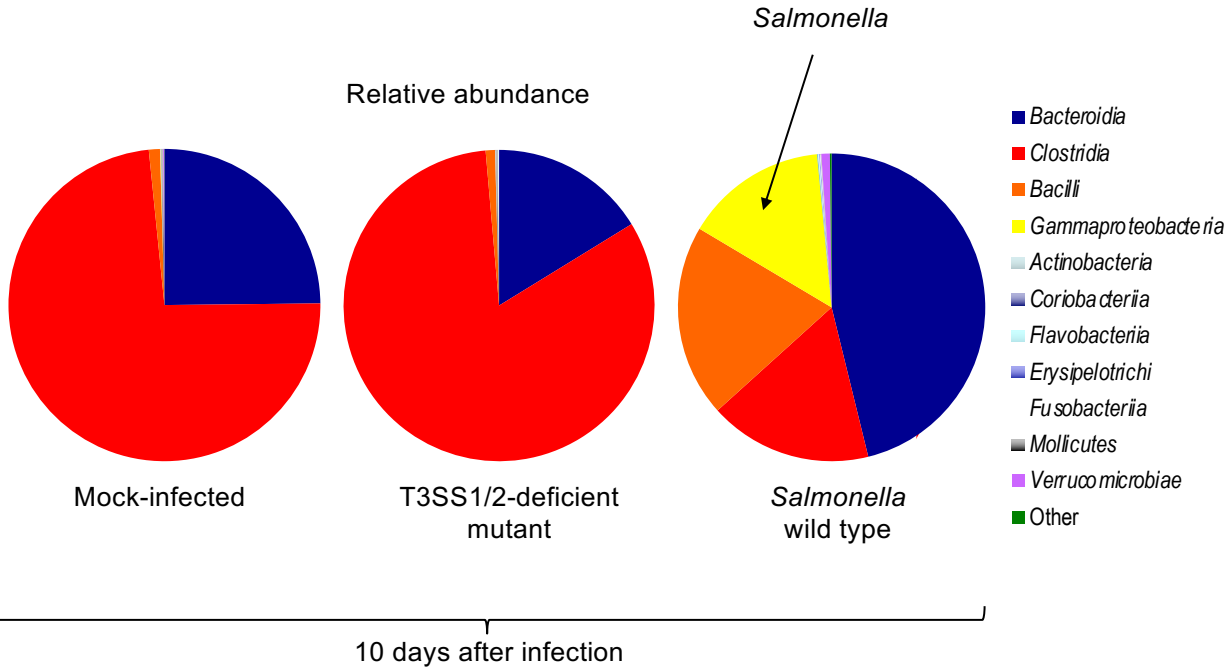
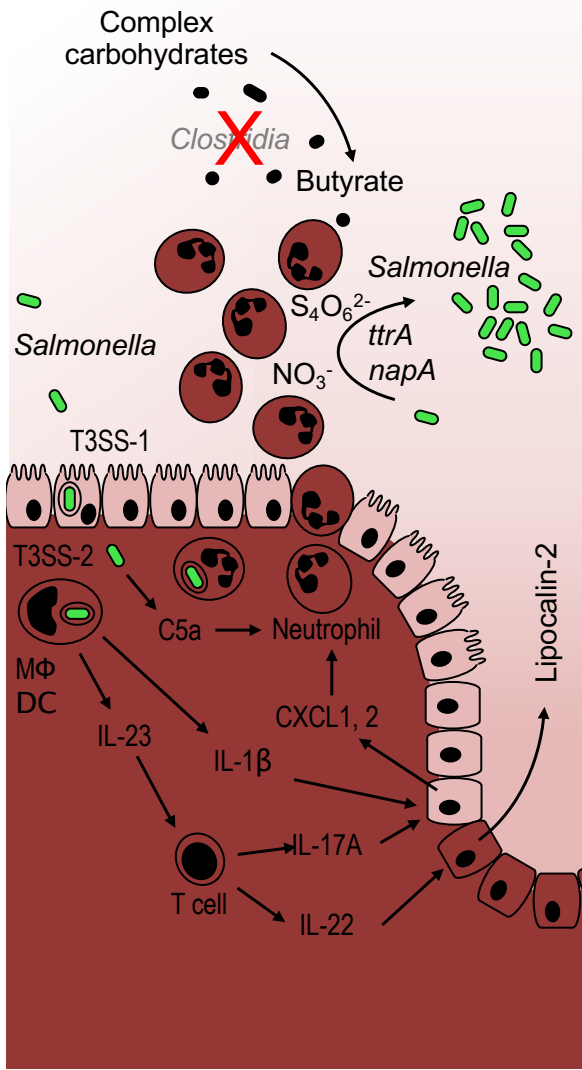


Phagocytes alter habitat filtering in the intestinal lumen

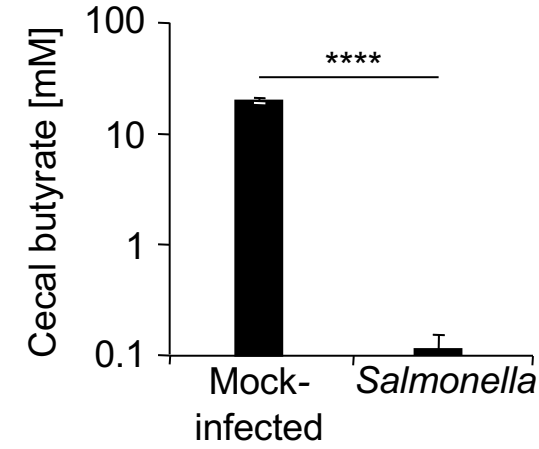
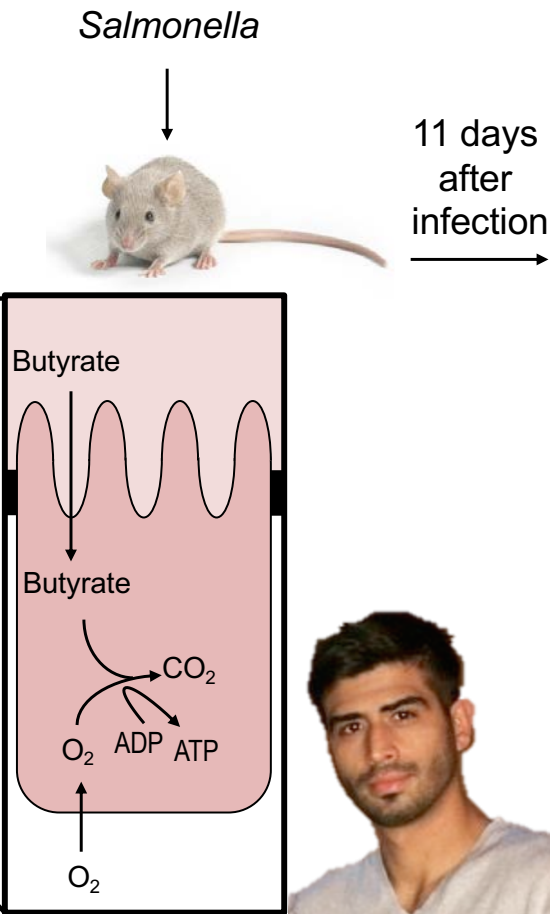
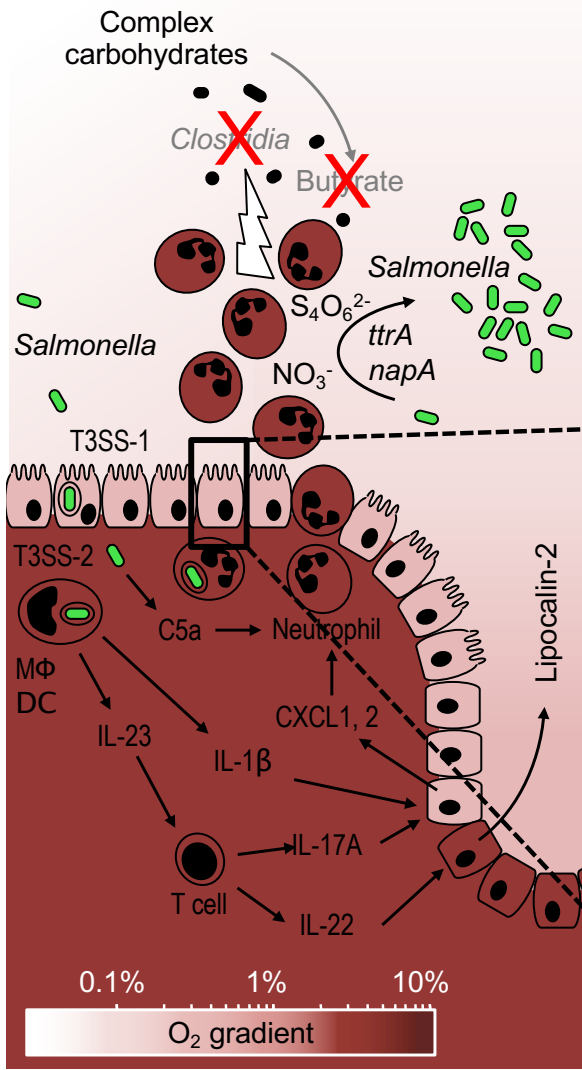


Sebastian Winter

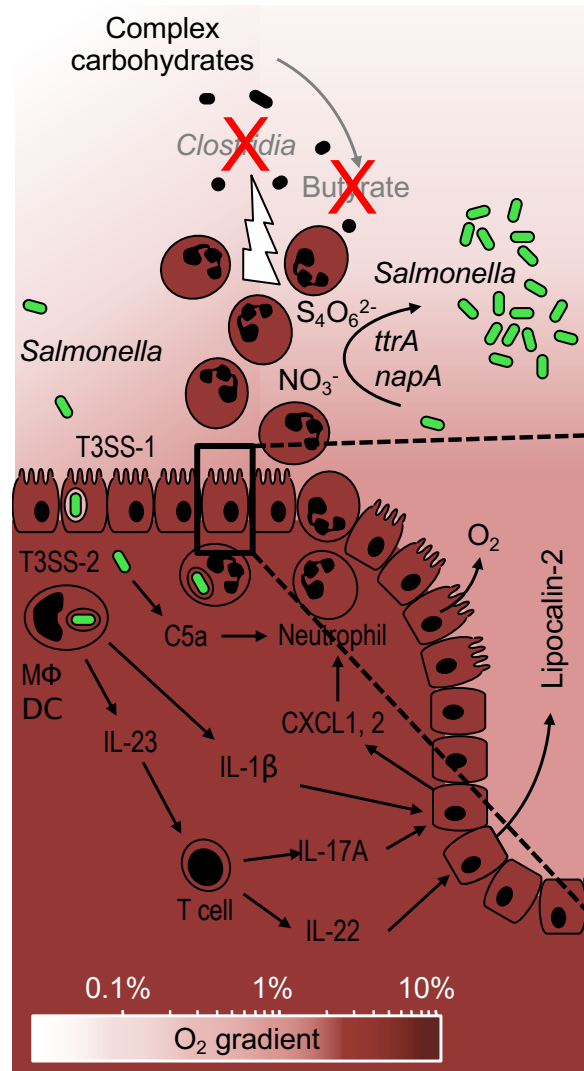
Inflammation alters the microbiota composition



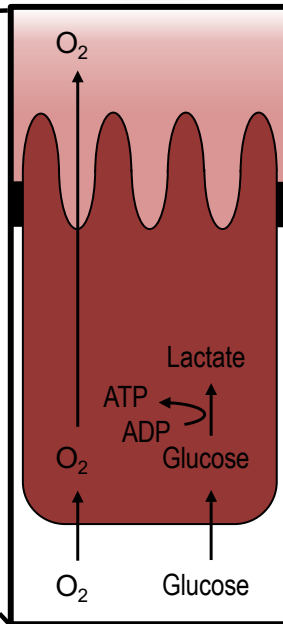
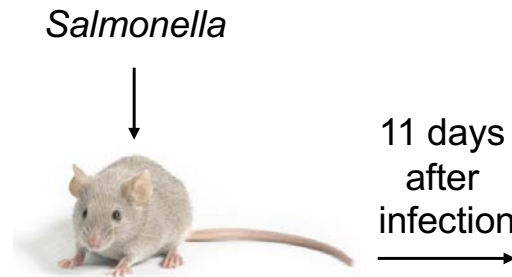
Inflammation alters the microbiota composition



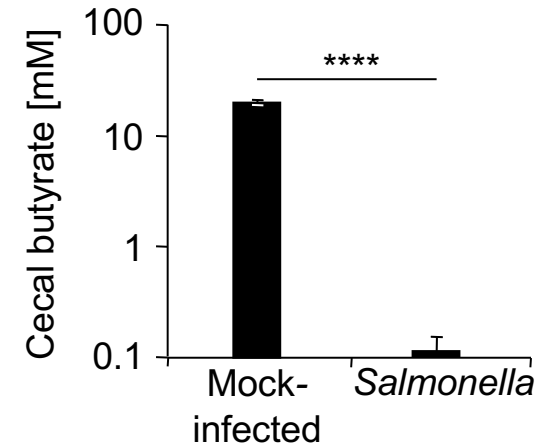
Fabian Rivera-Chavez

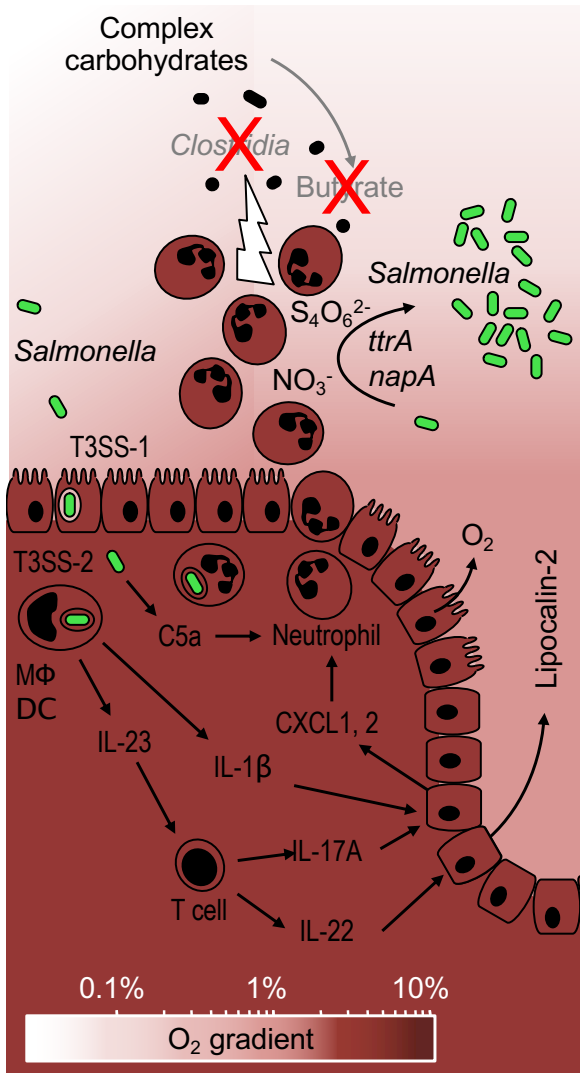


Inflammation eliminates epithelial hypoxia

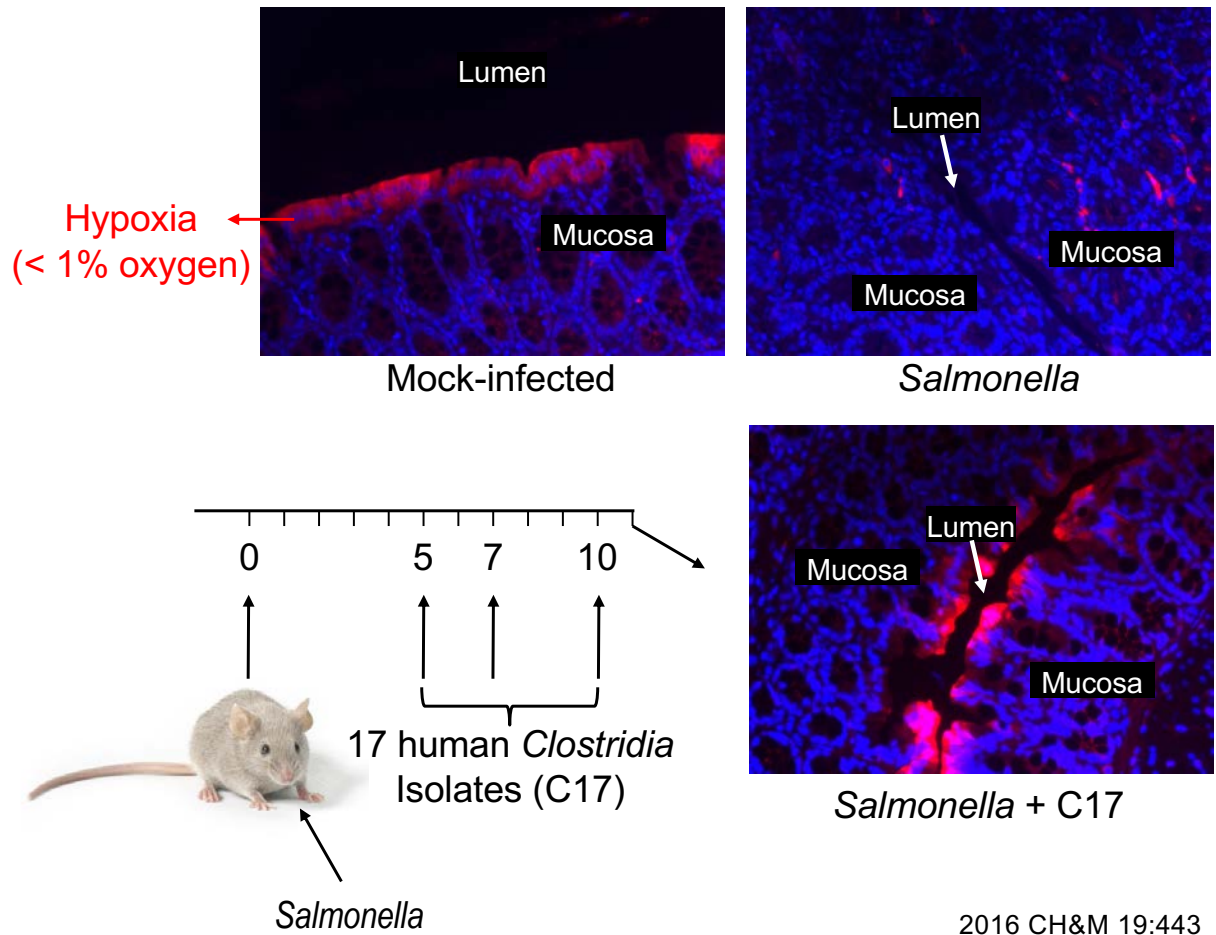


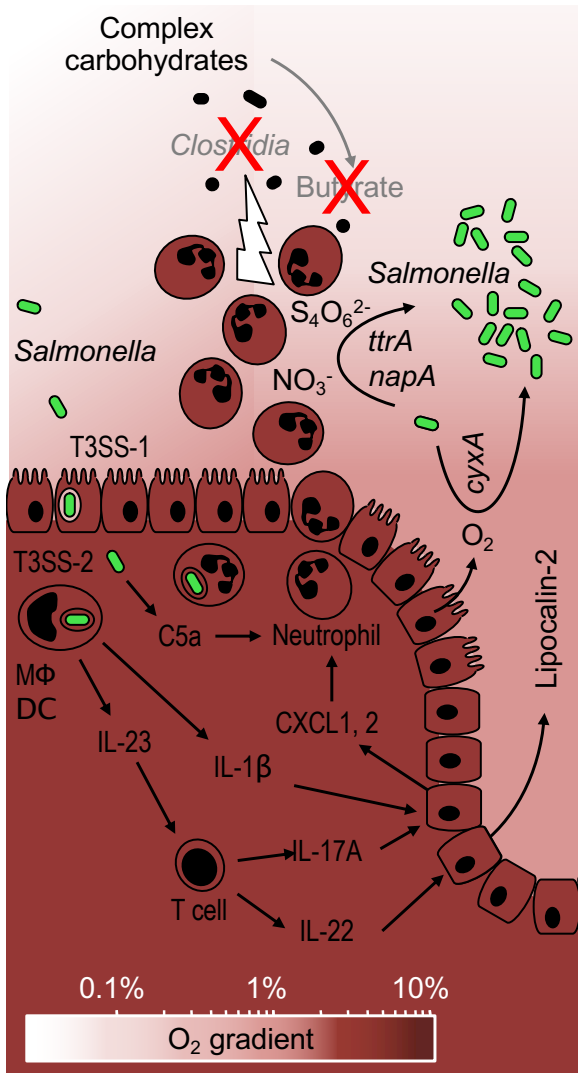
Fabian Rivera-Chavez



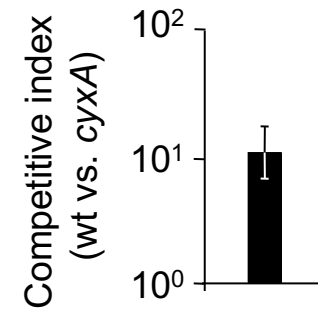
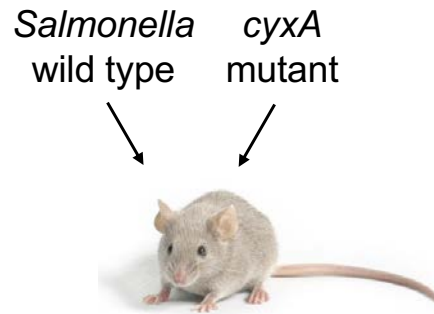


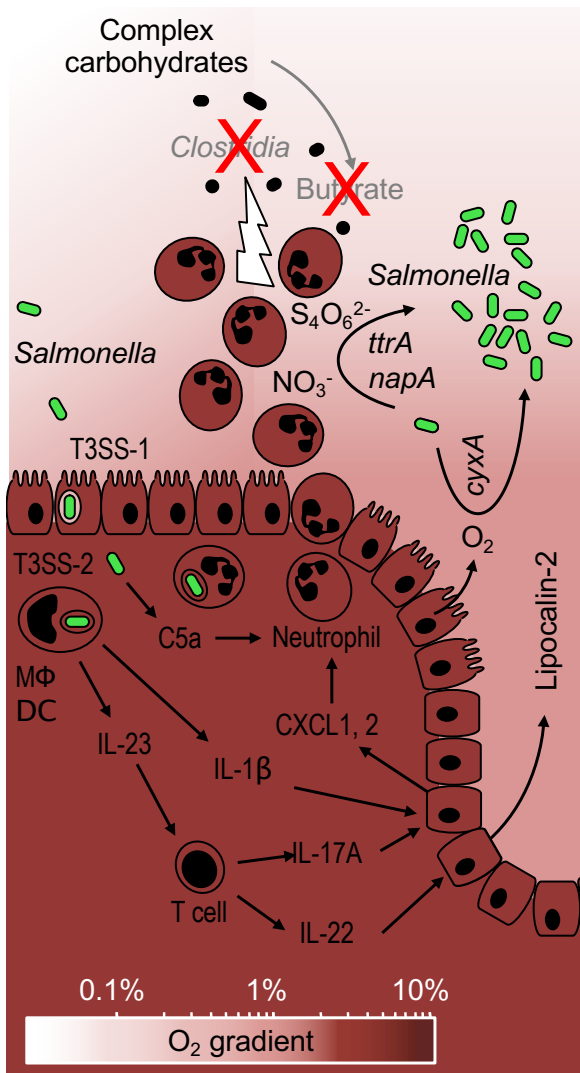
Inflammation eliminates epithelial hypoxia



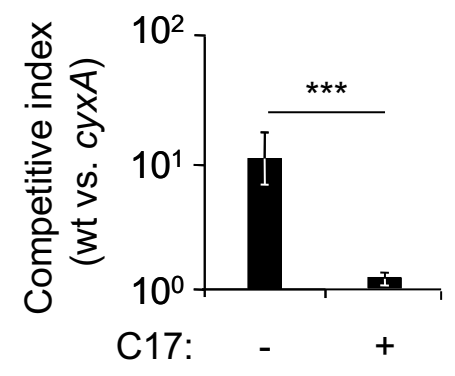
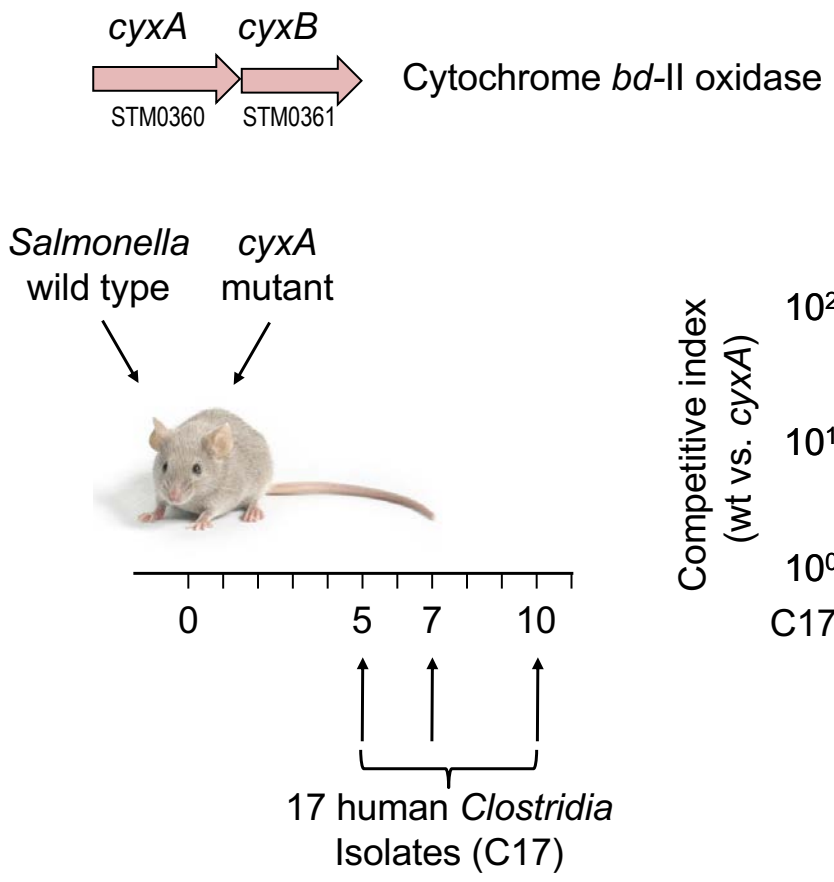


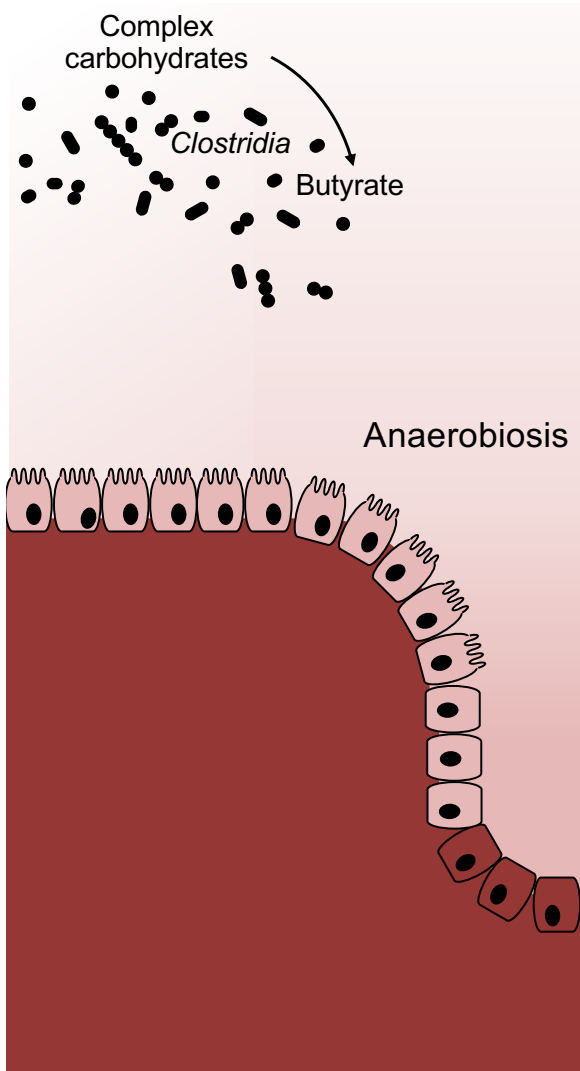
Inflammation eliminates epithelial hypoxia



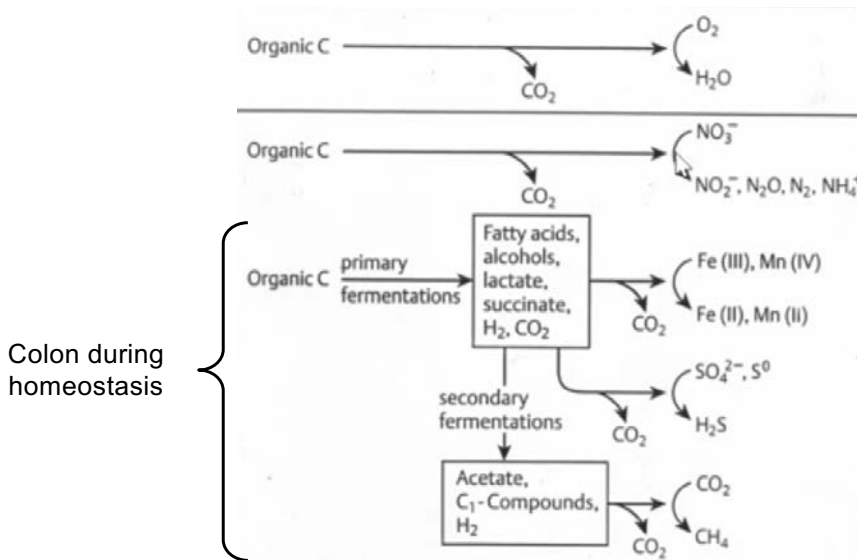


Inflammation eliminates epithelial hypoxia



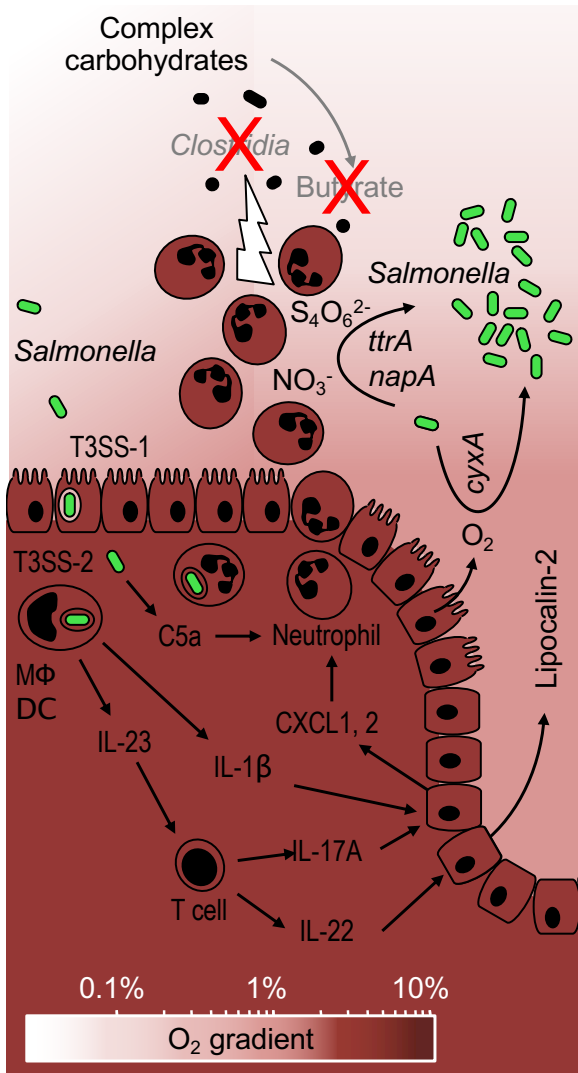


Inflammation triggers a state of abnormal habitat filtering in the colon



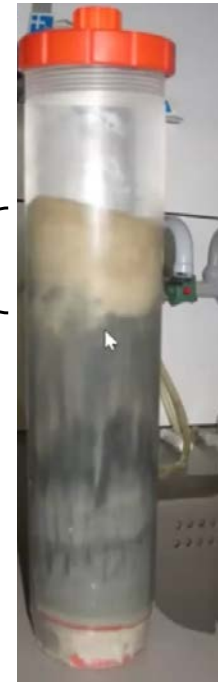
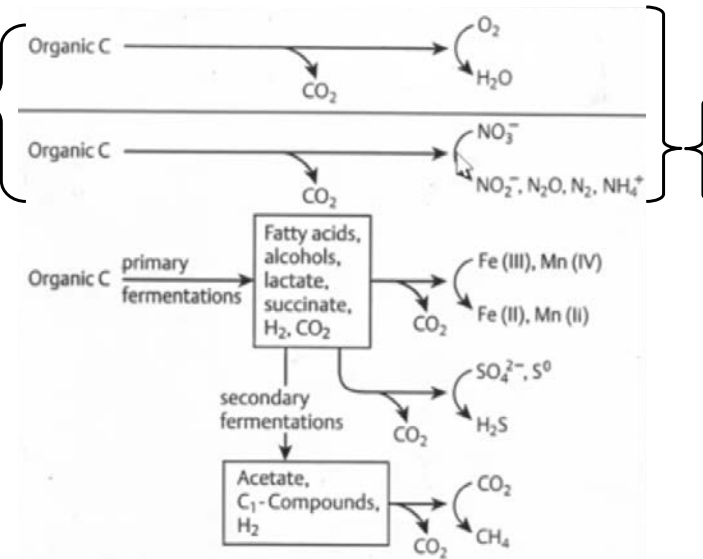
Lake sediment

Bernhard Schink



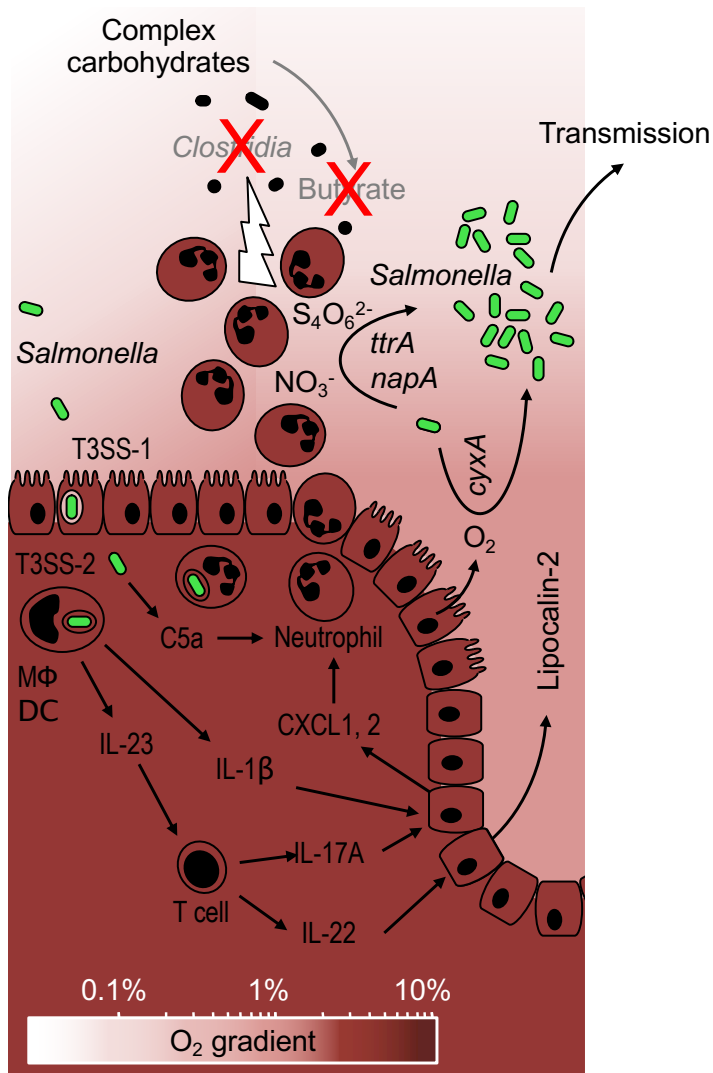
Inflammation triggers a state of abnormal habitat filtering in the colon

Inflamed colon

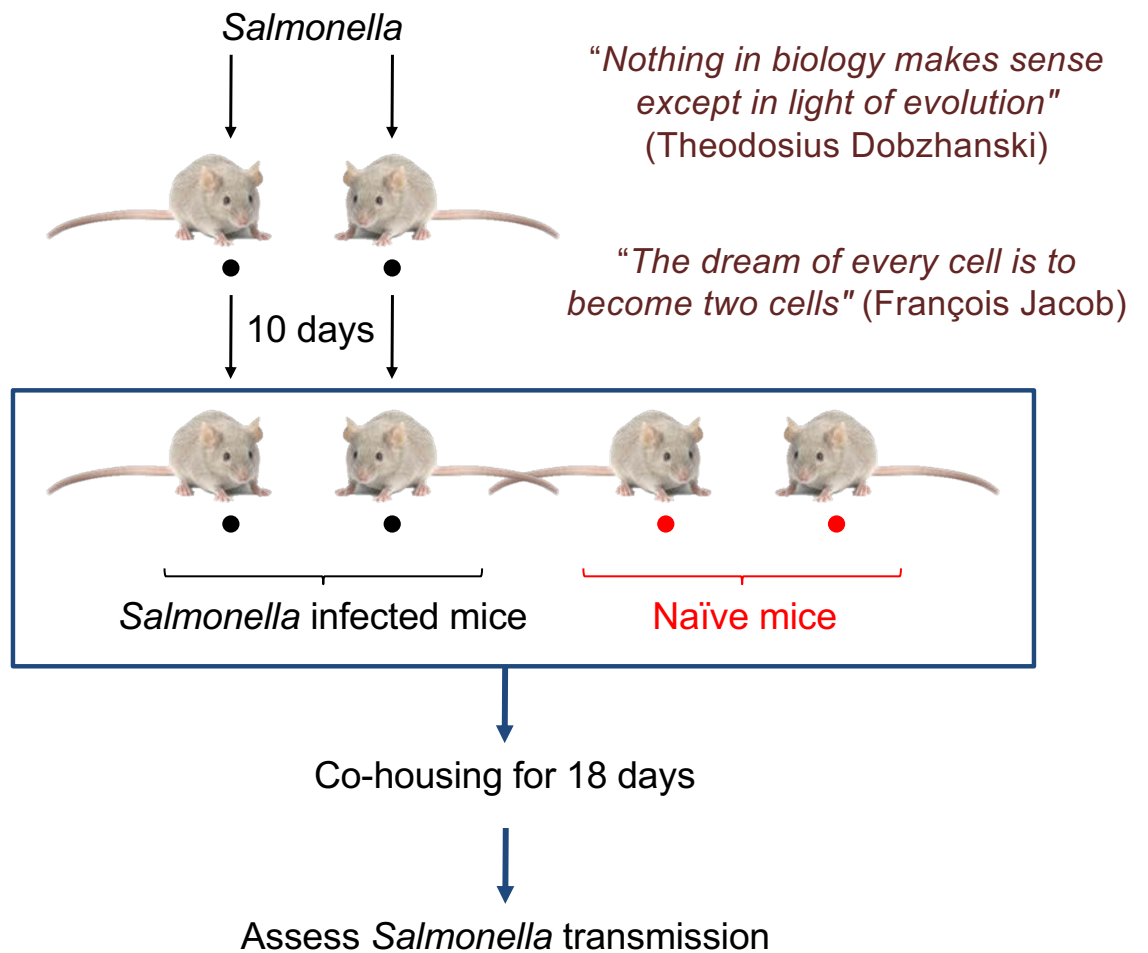


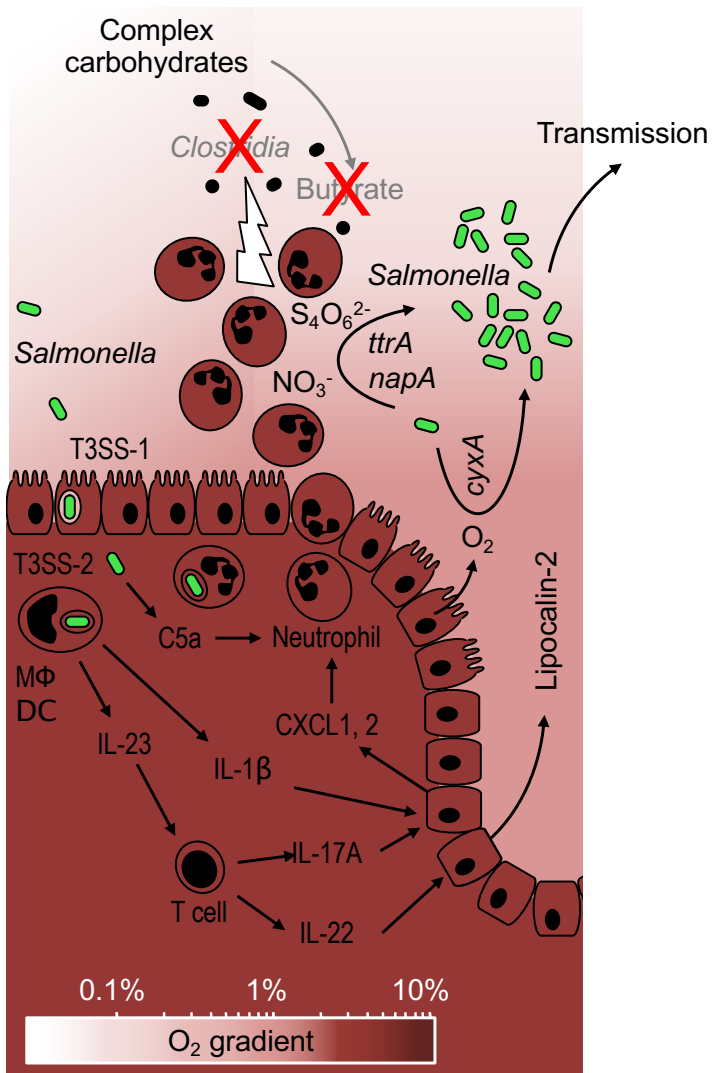
Lake sediment

Bernhard Schink

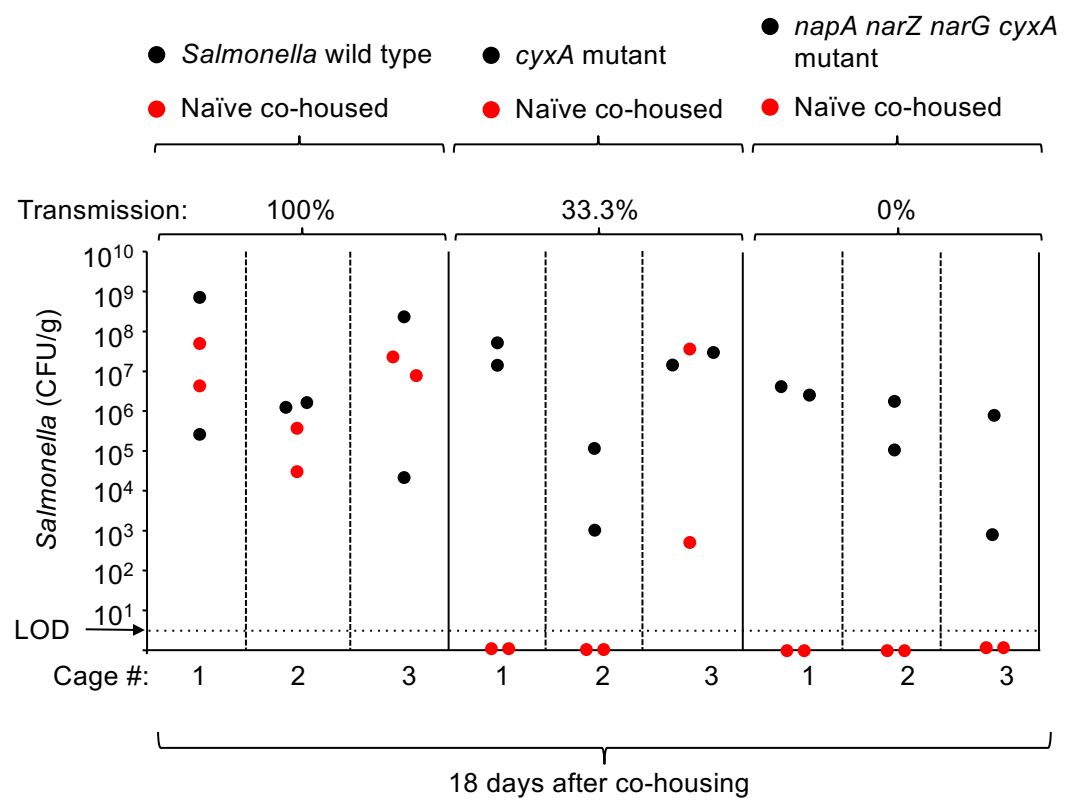


The principle driving force of natural selection: transmission





The principle driving force of natural selection: transmission



The downside of ecosystem engineering: a new nutrient-niche comes with new competitors

