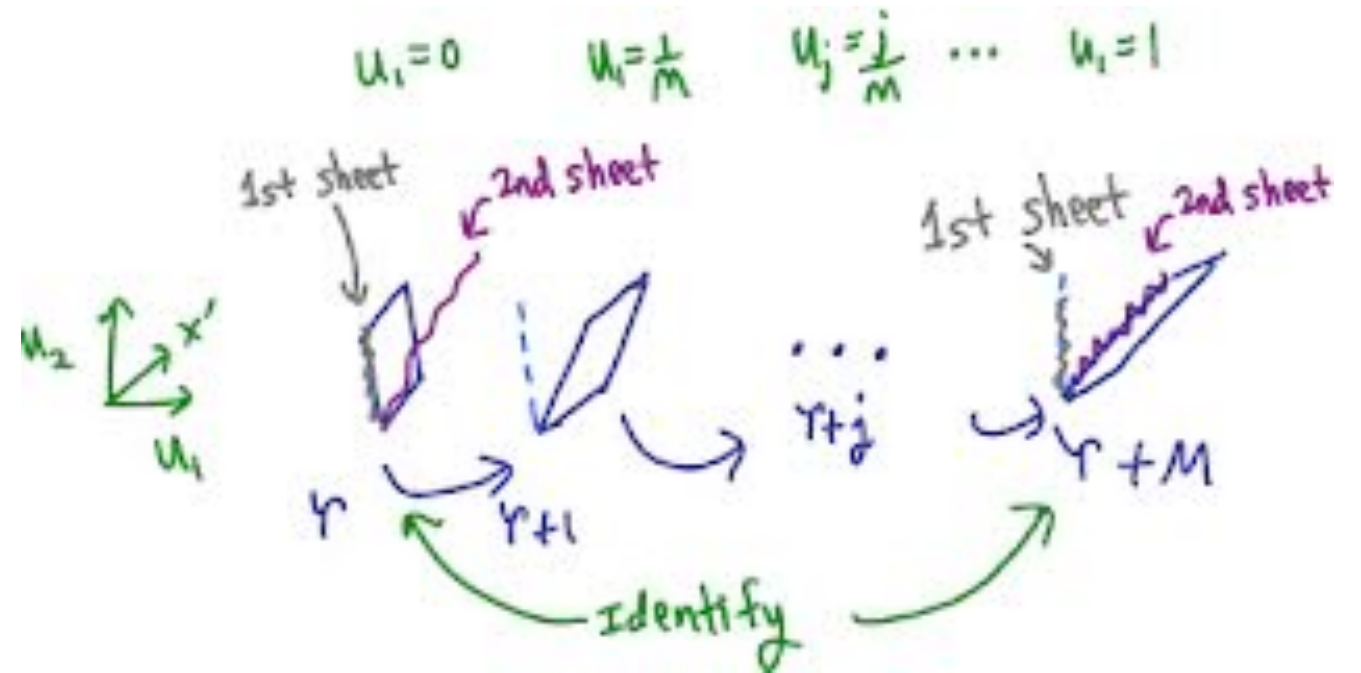


Leonardo Senatore
(Stanford & CERN)

Overview of the Bottom-Up approach

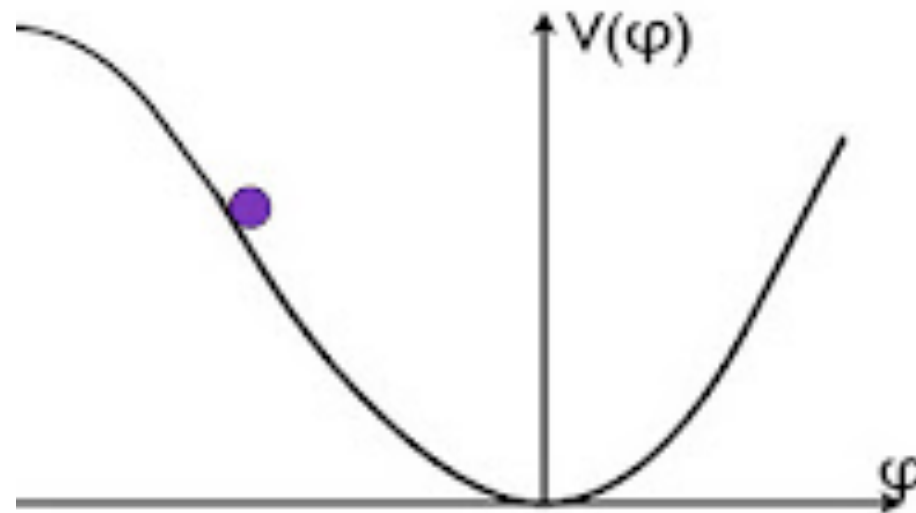
What is the bottom-up approach?

- We just saw the top-down approach



- Traditional this was the bottom-up

$$\int d^4x [(\partial\phi)^2 + V(\phi)]$$



- I will present the truly bottom-up approach (what we are really probing)

How do we probe Inflation?

What are we seeing?

- The only observable we are testing from the background solution is

$$\Omega_K \lesssim 3 \times 10^{-3}$$

- All the rest, comes from the fluctuations

- For the fluctuations

- they are primordial

- they are scale invariant

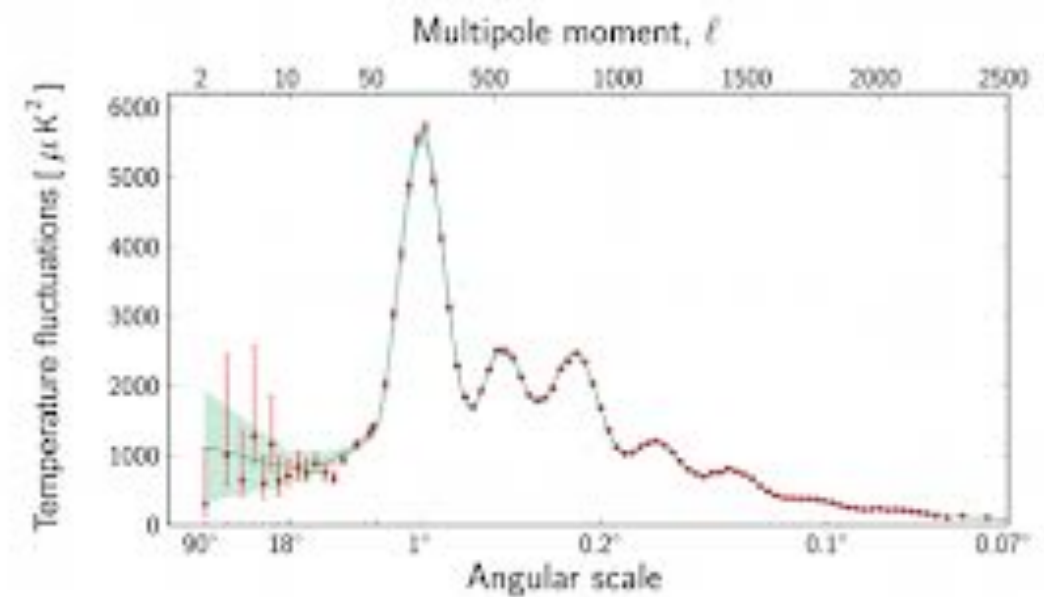
- they have a tilt $n_s - 1 \simeq -0.04 \sim \mathcal{O}\left(\frac{1}{N_e}\right)$

- they are quite gaussian

$$\text{NG} \sim \frac{\langle \zeta^3 \rangle}{\langle \zeta^2 \rangle^{3/2}} \lesssim 10^{-3}$$

- Is this enough to buy slow-roll Inflation? or even Inflation?

- and we even got anomalies!



An essential description

- We need a description that allows us
 - to state what we are really learning and what is assumed
 - in doing so, we will also explore all possible signatures
 - and allow us to know what we are swallowing when we say ‘it is slow-roll inflation’
 - how to get confident of slow-roll inflation, even in absence of additional information/detection
- To do that, link to observations.
 - therefore, link to the fluctuations

The bottom-up approach

- Turn to particles physics
 - If we are probing a system at energy E , we describe the system only with the degrees of freedom accessible **up to** that energy. Effects of inaccessible physics are encoded in a few higher dimension operators, that we call indeed **irrelevant**.
 - We change description, **only when** new degrees of freedom become accessible, and therefore **relevant**.

The bottom-up approach

- In Inflation

- Fluctuations modes $E \sim H$

- Background $\dot{\phi} \sim \left(\dot{H} M_{\text{Pl}}^2\right)^{1/2} \sim 10^5 H^2 \gg H^2$

- To describe obs, background is no needed!

- Higher energy effects: $\int d^4x \left[(\partial\pi)^2 + \frac{1}{\Lambda_U^2} \pi^2 (\partial\pi)^2 + \dots \right]$

- Λ_U is unitarity bound: something happens by then.

- By testing interactions (or their absence) limits Λ_U

- If we could conclude that $\Lambda_U^4 \gtrsim \dot{H} M_{\text{Pl}}^2 \sim \dot{\phi}_{\text{slow-roll}}^2$

- then we would **know** that slow-roll inflation is an allowed UV completion

- but not guaranteed this is the one

The bottom-up approach

- $\int d^4x \left[(\partial\pi)^2 + \frac{1}{\Lambda_U^2} \pi^2 (\partial\pi)^2 + \dots \right]$
- As I will show, currently $\Lambda_U^2 \gtrsim \Lambda_{\min}^2 \simeq 10^4 H^2 \quad \Rightarrow \quad \Lambda_{\min}^2 \ll 10^5 H^2$
- We do not really know that the inflationary background is driven by a scalar field!
 - We will never know
 - But we really do not know now
- We just know that Inflation is a weakly coupled field theory

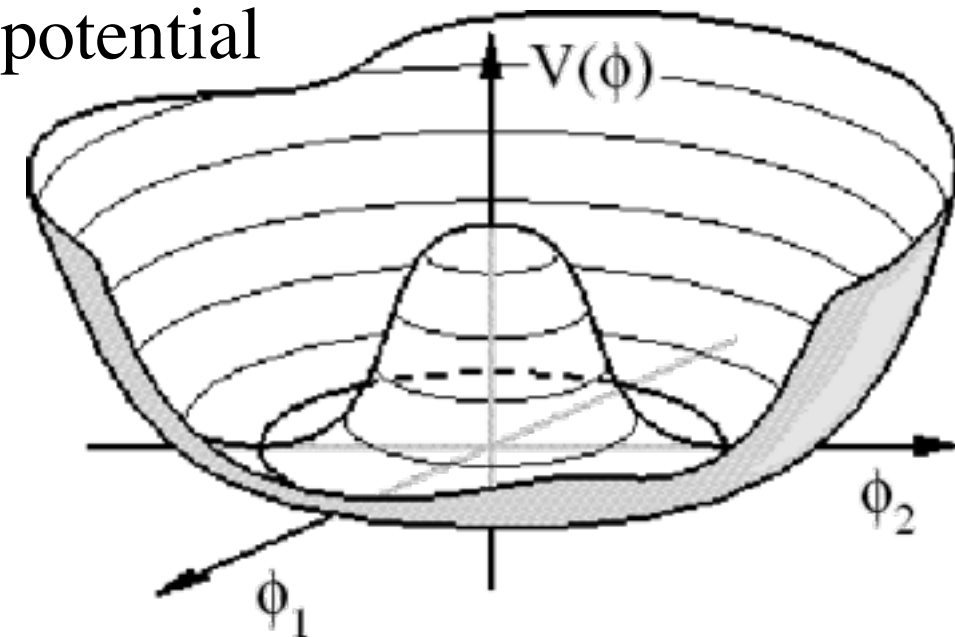
Particles Physics examples of fake scalars

- Fluctuations scalar \neq fundamental scalar
 - As you change energies, the correct description can change radically
- Example: Pions

$$\int d^4x \left[(\partial\pi)^2 + \frac{1}{\Lambda_U^2} \pi^2 (\partial\pi)^2 + \dots \right]$$

- Goldstone boson of $SU(2) \times SU(2) \rightarrow SU(2)$
- Easy UV completion: scalar field with mexican hat potential

$$\int d^4x \left[(\partial\phi)^2 + (\partial\tilde{\phi})^2 + V(\phi, \tilde{\phi}) \right]$$



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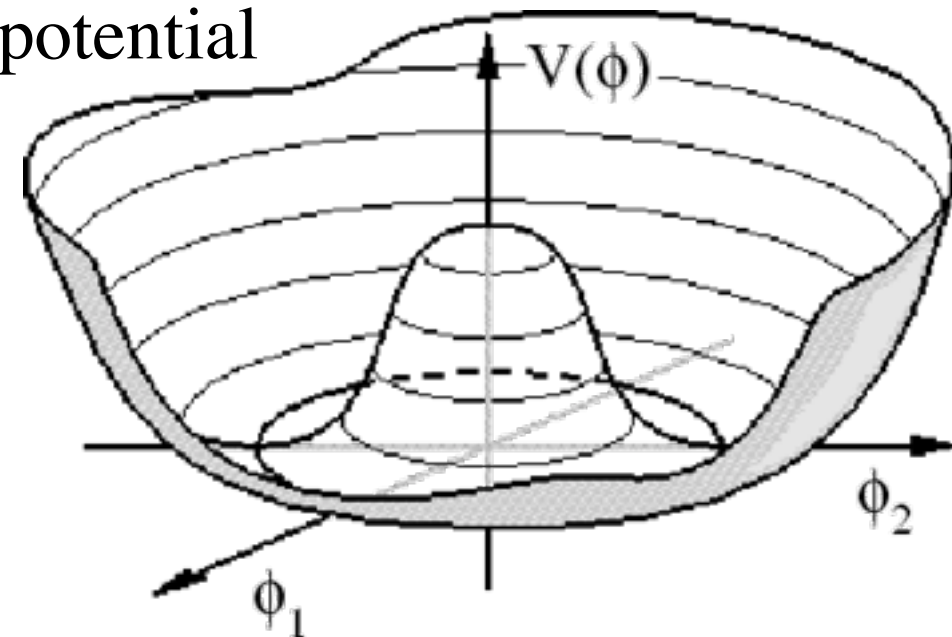
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$$\int d^4x \left[(\partial\phi)^2 + (\partial\tilde{\phi})^2 + V(\phi, \tilde{\phi}) \right]$$

- WRONG!!
- There is no fundamental scalar field.
- QCD is the UV completion, with Chiral Condensation of quarks $\pi \sim \langle u\bar{d} \rangle$



Particles Physics Example of fake scalars

- Longitudinal Polarization of Standard Model W, Z boson

$$S = \int d^4x \frac{1}{g_3^2} \text{Tr} [F_{\mu\nu} F^{\mu\nu} + m_W^2 W^\mu W_\mu + m_Z^2 Z^\mu Z_\mu] \rightarrow$$
$$\int d^4x \left[(\partial\pi)^2 + \frac{1}{\Lambda_U^2} \pi^2 (\partial\pi)^2 + \dots \right] \quad \Lambda_U \sim 4\pi \frac{m_W}{g_2}$$

- Described by this Lagrangian by Goldstone Boson Equivalence Theorem
- Higgs: UV completion with fundamental scalar
- Technicolor: not scalar at all (same as Pions)

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- Described by this Lagrangian by Goldstone Boson Equivalence Theorem
- Higgs: UV completion with fundamental scalar
- Technicolor: not scalar at all (same as Pions)
- Higgs was correct!
 - But he was lucky (in a sense). The Higgs particle could have not been the right UV completion.
- and in fact the Higgs could be composite itself.
- What is fundamental... it's all relative

Particles Physics Example of fake scalars

- Longitudinal Polarization of Standard Model W, Z boson

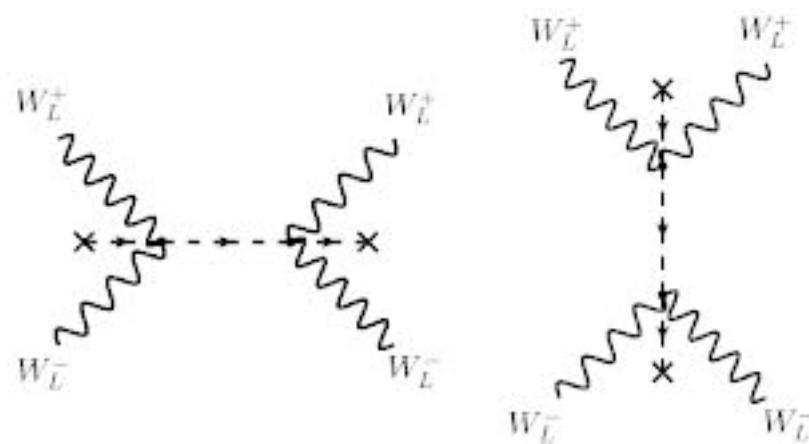
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- A weakly coupled UV completion

$$\Rightarrow m_{\text{new degree of freedom}} \sim g \times \Lambda_U \ll \Lambda_U$$

- .



$$\frac{g_2^2}{m_h^2} \sim \frac{1}{\Lambda_U^2} \Rightarrow m_h \sim g_2 \times \Lambda_U \ll \Lambda_U$$

- In Inflation we are in this situation? We do not know yet at all.

The general theory of the fluctuations

The Effective Field Theory of Inflation (Inflation as the Theory of a Goldstone Boson)

with C. Cheung, P. Creminelli, L. Fitzpatrick, J. Kaplan
JHEP 2008

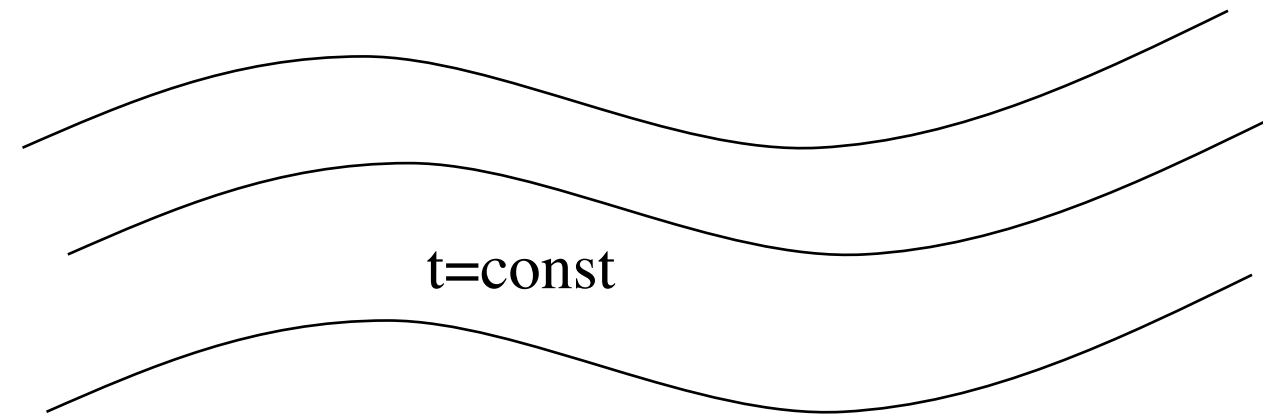
The Effective Field Theory

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Inflation. Quasi dS phase with a privileged
 spatial slicing

Unitary gauge. This slicing coincide with time.

$$\delta\phi(\vec{x}, t) = 0$$



Most generic Lagrangian built by metric operators invariant only under $x^i \rightarrow x^i + \xi^i(t, \vec{x})$

- Generic functions of time
- Upper 0 indices are ok. E.g. g^{00} R^{00}
- Geometric objects of the 3d spatial slices: e.g. extrinsic curvature $K_{\mu\nu}$ and covariant derivatives

$$S = \int d^4x \sqrt{-g} \left[M_{\text{Pl}}^2 R + M_{\text{Pl}}^2 \dot{H} (-1 + \delta g^{00}) - M_{\text{Pl}}^2 (H^2 + \dot{H}) + M_2^4(t) (\delta g^{00})^2 + M_3^4(t) (\delta g^{00})^3 \right. \\ \left. - \bar{M}_1^3(t) \delta g^{00} \delta K_i^i - \bar{M}_2^2(t) \delta K_i^i{}^2 + \dots \right]$$

The Effective Field Theory of Inflation

Inflation: quasi dS phase with a privileged spacial slicing:

Inflation: the Theory of the Goldstone Boson of time translations

Reintroduce the Goldstone. $g^{00} \rightarrow g^{\mu\nu} \partial_\mu(t + \pi) \partial_\nu(t + \pi)$ $\pi \rightarrow \pi + \delta t$
 Cosmological perturbations probe the theory at $E \sim H$

$$S_\pi = \int d^4x \sqrt{-g} \left[-\frac{M_{\text{Pl}}^2 \dot{H}}{c_s^2} \left(\dot{\pi}^2 - c_s^2 \frac{1}{a^2} (\partial_i \pi)^2 \right) + \frac{\dot{H} M_{\text{Pl}}^2}{c_s^2} (1 - c_s^2) \dot{\pi} \frac{1}{a^2} (\partial_i \pi)^2 - \frac{\dot{H} M_{\text{Pl}}^2}{c_s^2} (1 - c_s^2) \left(1 + \frac{2 \tilde{c}_3}{3 c_s^2} \right) \dot{\pi}^3 - \frac{d_1}{4} H M^3 \left(6 \dot{\pi}^2 + \frac{1}{a^2} (\partial_i \pi)^2 \right) - \frac{(d_2 + d_3)}{2} M^2 \frac{1}{a^4} (\partial_i^2 \pi)^2 - \frac{1}{4} d_1 M^3 \frac{1}{a^4} (\partial_j^2 \pi) (\partial_i \pi)^2 + \dots \right],$$

- Analogous of the [Chiral Lagrangian](#) for the Pions and W bosons S.Weinberg **PRL 17, 1966**

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- Used in WMAP9 and Planck papers (thanks!, but attributed to Weinberg)
 - Maybe because Weinberg is the true scientific father of all of us?
- There is more than used by WMAP and Planck!
- The third line for example contains Galileon Inflation

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- Dispersion relations

$$\omega^2 = c_s^2 k^2 + \frac{k^4}{M^2}$$

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- Interactions

$$\dot{\pi}^3, \quad \dot{\pi} (\partial_i \pi)^2, \quad (\partial^2 \pi) (\partial \pi)^2$$

- at leading order in derivatives and in fluctuations

Some Lessons

The tilt

$$S_\pi = \int d^4x \sqrt{-g} \left[-\frac{M_{\text{Pl}}^2 \dot{H}}{c_s^2} \left(\dot{\pi}^2 - c_s^2 \frac{1}{a^2} (\partial_i \pi)^2 \right) \right. \\ \left. + \frac{\dot{H} M_{\text{Pl}}^2}{c_s^2} (1 - c_s^2) \dot{\pi} \frac{1}{a^2} (\partial_i \pi)^2 - \frac{\dot{H} M_{\text{Pl}}^2}{c_s^2} (1 - c_s^2) \left(1 + \frac{2 \tilde{c}_3}{3 c_s^2} \right) \dot{\pi}^3 \right. \\ \left. - \frac{d_1}{4} H M^3 \left(6 \dot{\pi}^2 + \frac{1}{a^2} (\partial_i \pi)^2 \right) - \frac{(d_2 + d_3)}{2} M^2 \frac{1}{a^4} (\partial_i^2 \pi)^2 - \frac{1}{4} d_1 M^3 \frac{1}{a^4} (\partial_j^2 \pi) (\partial_i \pi)^2 \right. \\ \left. + \dots \right],$$

- This Lagrangian is fine to make all predictions

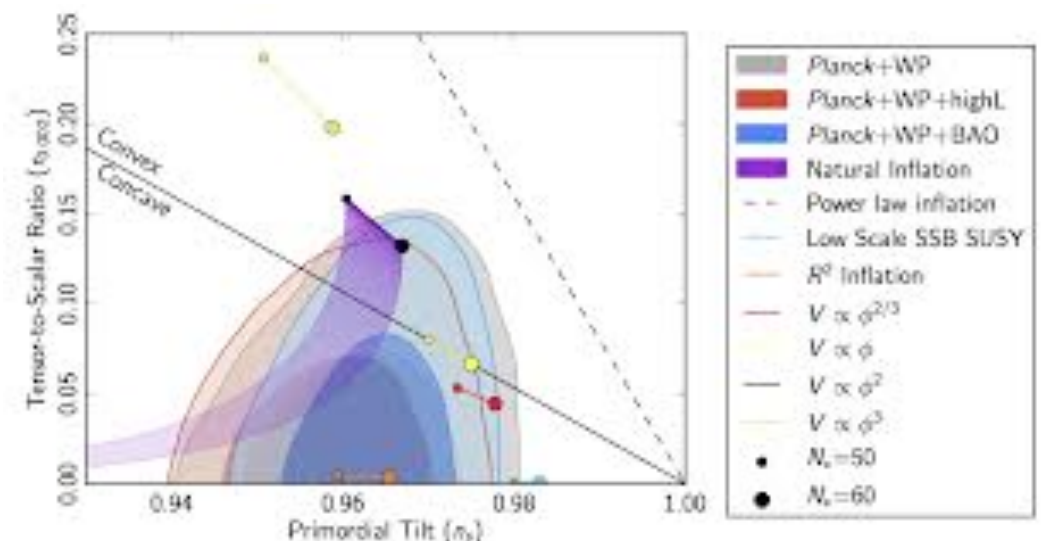
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$$n_s - 1 = \frac{\dot{H}}{H^2} + \frac{\ddot{H}}{\dot{H}H} + \frac{\dot{c}_s}{c_s H}$$

- No potentials terms

$$M_{\text{Pl}}^2 \left(\frac{V'}{V} \right)^2, \quad M_{\text{Pl}}^2 \frac{V''}{V}$$

– just how history of a mode depends on time



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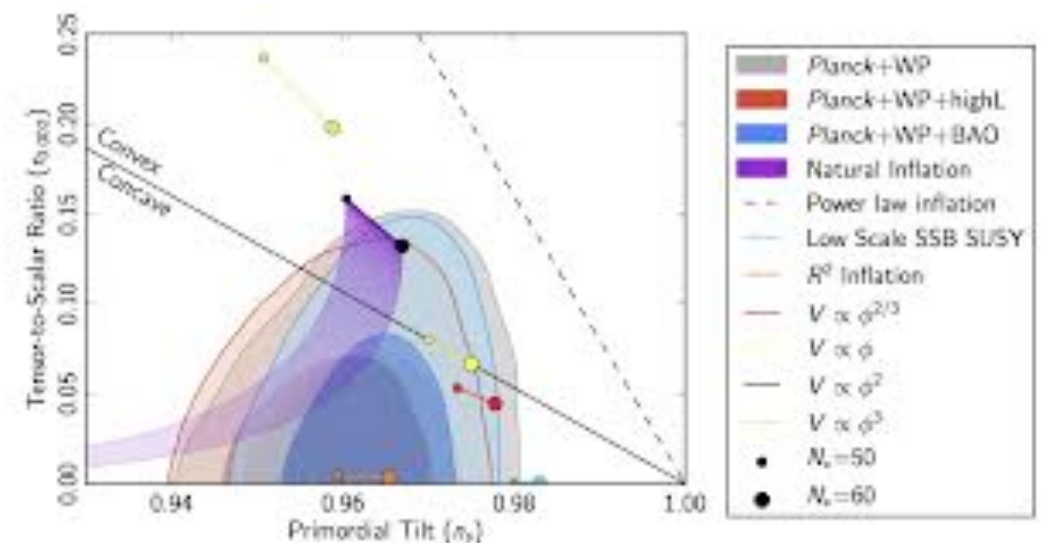
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Technically Natural

$$S_\pi = \int d^4x \sqrt{-g} \left[-\frac{M_{\text{Pl}}^2 \dot{H}}{c_s^2} \left(\dot{\pi}^2 - c_s^2 \frac{1}{a^2} (\partial_i \pi)^2 \right) \right. \\ \left. + \frac{\dot{H} M_{\text{Pl}}^2}{c_s^2} (1 - c_s^2) \dot{\pi} \frac{1}{a^2} (\partial_i \pi)^2 - \frac{\dot{H} M_{\text{Pl}}^2}{c_s^2} (1 - c_s^2) \left(1 + \frac{2 \tilde{c}_3}{3 c_s^2} \right) \dot{\pi}^3 \right. \\ \left. - \frac{d_1}{4} H M^3 \left(6 \dot{\pi}^2 + \frac{1}{a^2} (\partial_i \pi)^2 \right) - \frac{(d_2 + d_3)}{2} M^2 \frac{1}{a^4} (\partial_i^2 \pi)^2 - \frac{1}{4} d_1 M^3 \frac{1}{a^4} (\partial_j^2 \pi) (\partial_i \pi)^2 \right. \\ \left. + \dots \right],$$

- The EFT is technically natural
 - time-independence of coefficients leads to $\pi \rightarrow \pi + c$
 - \Rightarrow relevant operators are naturally small $H(t + \pi) \Rightarrow \ddot{H} \pi^2$
 - Only irrelevant operators $\frac{\dot{\pi}_c^3}{\Lambda_U^2}$, $\Lambda_U^4 \sim c_s^5 \dot{H} M_{\text{Pl}}^2$
 - As natural as the theory of true pions.
- \Rightarrow Inflation is not tuned (maybe some UV completion is, but not the EFT)

Non-Gaussianities

$$S_\pi = \int d^4x \sqrt{-g} \left[-\frac{M_{\text{Pl}}^2 \dot{H}}{c_s^2} \left(\dot{\pi}^2 - c_s^2 \frac{1}{a^2} (\partial_i \pi)^2 \right) \right. \\ \left. + \frac{\dot{H} M_{\text{Pl}}^2}{c_s^2} (1 - c_s^2) \dot{\pi} \frac{1}{a^2} (\partial_i \pi)^2 - \frac{\dot{H} M_{\text{Pl}}^2}{c_s^2} (1 - c_s^2) \left(1 + \frac{2 \tilde{c}_3}{3 c_s^2} \right) \dot{\pi}^3 \right. \\ \left. - \frac{d_1}{4} H M^3 \left(6 \dot{\pi}^2 + \frac{1}{a^2} (\partial_i \pi)^2 \right) - \frac{(d_2 + d_3)}{2} M^2 \frac{1}{a^4} (\partial_i^2 \pi)^2 - \frac{1}{4} d_1 M^3 \frac{1}{a^4} (\partial_j^2 \pi) (\partial_i \pi)^2 \right. \\ \left. + \dots \right],$$

- Large non-Gaussianities are possible and technically natural

$$\dot{\pi}^3, \quad \dot{\pi} (\partial_i \pi)^2, \quad (\partial^2 \pi) (\partial \pi)^2$$

– Having these operators large is not in contrast with de Sitter epoch

– Demystification of non-Gaussianities (after 25 years!)

- NG do not need to be tiny, but just small

– Smallness of NG simply corresponds to weakly coupled field theory at $E \sim H$

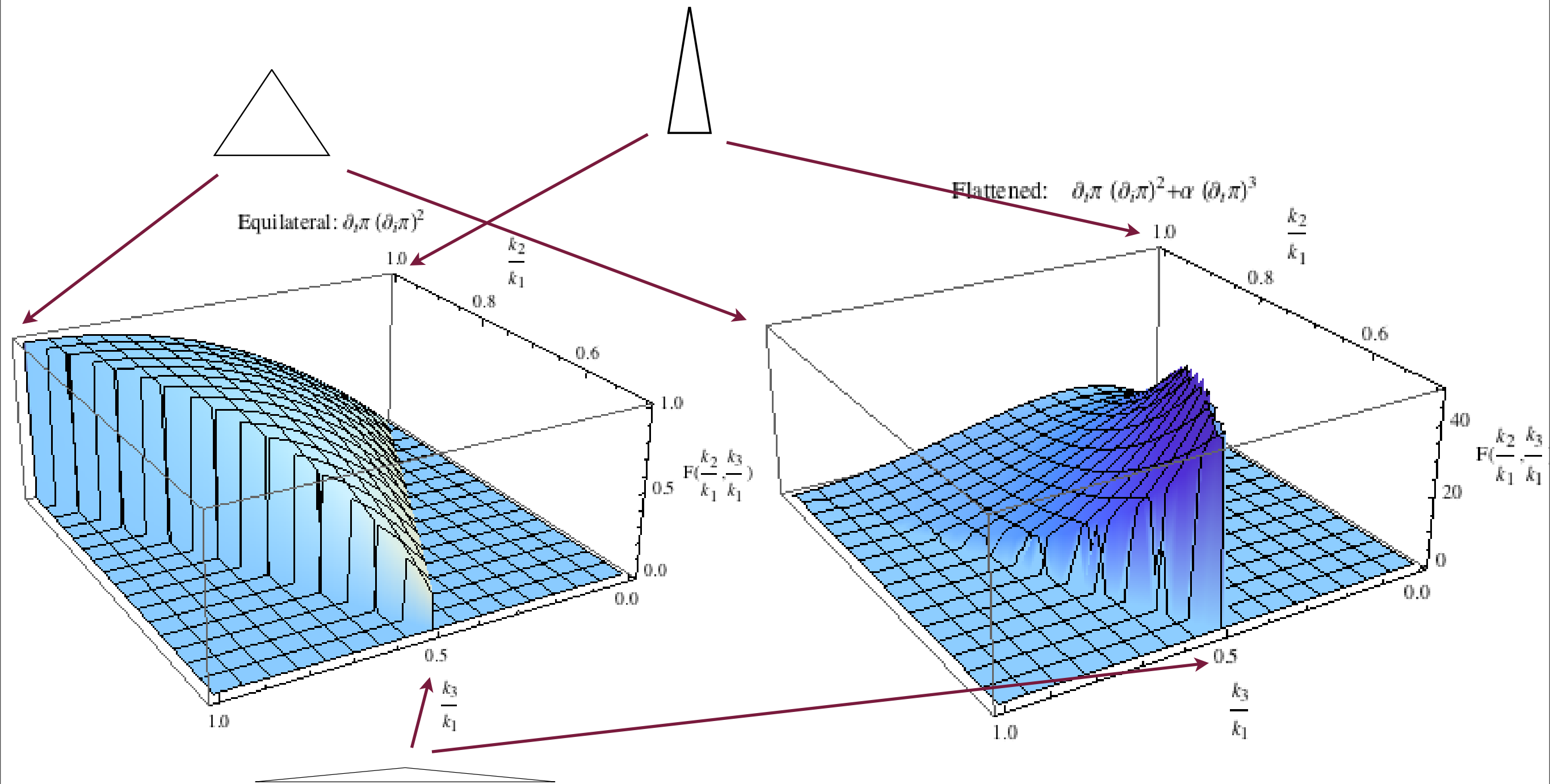
– EFT automatically gives operators and size:

- Canonically normalize, and get NG: Example: $\frac{\dot{\pi}_c^3}{\Lambda_U^2} \Rightarrow \text{NG} \simeq f_{\text{NL}} \zeta \sim \frac{H^2}{\Lambda_U^2}$

» as for dim=6 operators

Large non-Gaussianities

with Smith and Zaldarriaga,
JCAP2010



A function of two variables: like a scattering amplitude
There are two templates
With this, we could prove inflation

Symmetries

$$S_\pi = \int d^4x \sqrt{-g} \left[-\frac{M_{\text{Pl}}^2 \dot{H}}{c_s^2} \left(\dot{\pi}^2 - c_s^2 \frac{1}{a^2} (\partial_i \pi)^2 \right) \right. \\ \left. + \frac{\dot{H} M_{\text{Pl}}^2}{c_s^2} (1 - c_s^2) \dot{\pi} \frac{1}{a^2} (\partial_i \pi)^2 - \frac{\dot{H} M_{\text{Pl}}^2}{c_s^2} (1 - c_s^2) \left(1 + \frac{2 \tilde{c}_3}{3 c_s^2} \right) \dot{\pi}^3 \right. \\ \left. - \frac{d_1}{4} H M^3 \left(6 \dot{\pi}^2 + \frac{1}{a^2} (\partial_i \pi)^2 \right) - \frac{(d_2 + d_3)}{2} M^2 \frac{1}{a^4} (\partial_i^2 \pi)^2 - \frac{1}{4} d_1 M^3 \frac{1}{a^4} (\partial_j^2 \pi) (\partial_i \pi)^2 \right. \\ \left. + \dots \right],$$

- Connection between speed of sound and non-Gaussianities

- Invariant block

Invariant block N.1 $\sim \dot{\pi}^2 - (\partial_i \pi)^2$

Invariant block N.2 $\sim \dot{\pi}^2 + \dot{\pi}^3 + \dot{\pi} (\partial_i \pi)^2 + (\partial_i \pi)^4$

- If dispersion relation is non-relativistic, non-linear terms account for it

- with interaction term: $f_{\text{NL}}^{\text{equil., orthog.}} \sim \frac{1}{c_s^2}$

- This has nothing to do with Quantum Mechanics, just Lorentz symmetry.

Consistency Condition

$$S_\pi = \int d^4x \sqrt{-g} \left[-\frac{M_{\text{Pl}}^2 \dot{H}}{c_s^2} \left(\dot{\pi}^2 - c_s^2 \frac{1}{a^2} (\partial_i \pi)^2 \right) \right. \\ \left. + \frac{\dot{H} M_{\text{Pl}}^2}{c_s^2} (1 - c_s^2) \dot{\pi} \frac{1}{a^2} (\partial_i \pi)^2 - \frac{\dot{H} M_{\text{Pl}}^2}{c_s^2} (1 - c_s^2) \left(1 + \frac{2 \tilde{c}_3}{3 c_s^2} \right) \dot{\pi}^3 \right. \\ \left. - \frac{d_1}{4} H M^3 \left(6 \dot{\pi}^2 + \frac{1}{a^2} (\partial_i \pi)^2 \right) - \frac{(d_2 + d_3)}{2} M^2 \frac{1}{a^4} (\partial_i^2 \pi)^2 - \frac{1}{4} d_1 M^3 \frac{1}{a^4} (\partial_j^2 \pi) (\partial_i \pi)^2 \right. \\ \left. + \dots \right],$$

- Connection between 3-point function and 4-point function

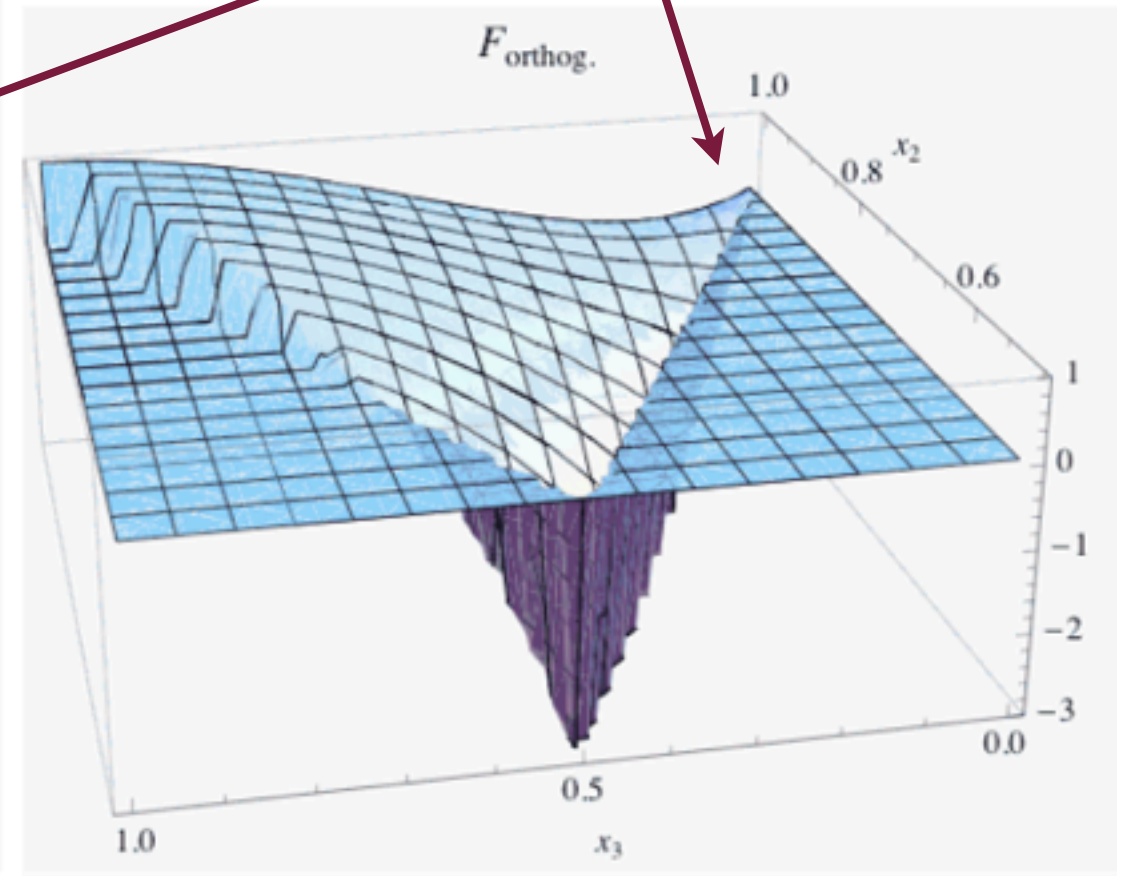
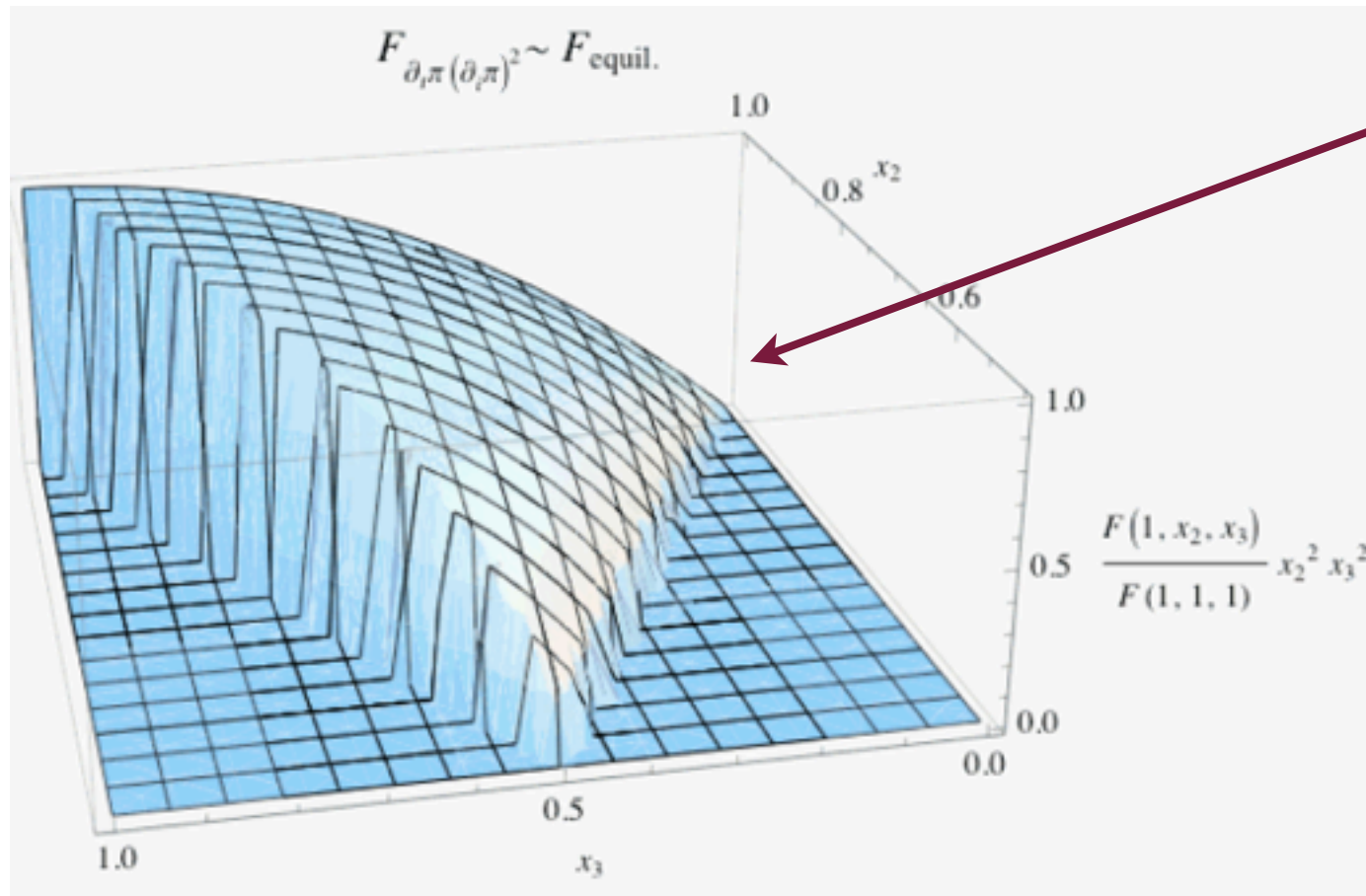
Invariant block $\sim \dot{\pi}^2 + \dot{\pi}^3 + \dot{\pi} (\partial_i \pi)^2 + (\partial_i \pi)^4$

– If we see $\dot{\pi} (\partial_i \pi)^2 \implies$ predicted $(\partial_i \pi)^4$

Leonardo Senatore
unpublished yet

- A new consistency condition
 - In principle positively testable

Small squeezed limit



- In single clock inflation long mode is locally un-observable

$$ds^2 = -N^2 + a^2(t)e^{2\zeta(x,t)}(dx^i + N^i dt)(dx^j + N^j dt)$$

Maldacena **2003**

- Physical effect in $\frac{\dot{\zeta}}{H}$, $\frac{\partial^2 \zeta}{a^2 H^2}$ and so small

Creminelli and Zaldarriaga **2004**

....

Khoury et al **2013** (see Justin Talk)

- Series of only-falsifiable (non-positively verifiable) consistency conditions
- Originate from EFT, by using spatial diff. invariance on slice where clock is uniform

Consistent $w < -1$

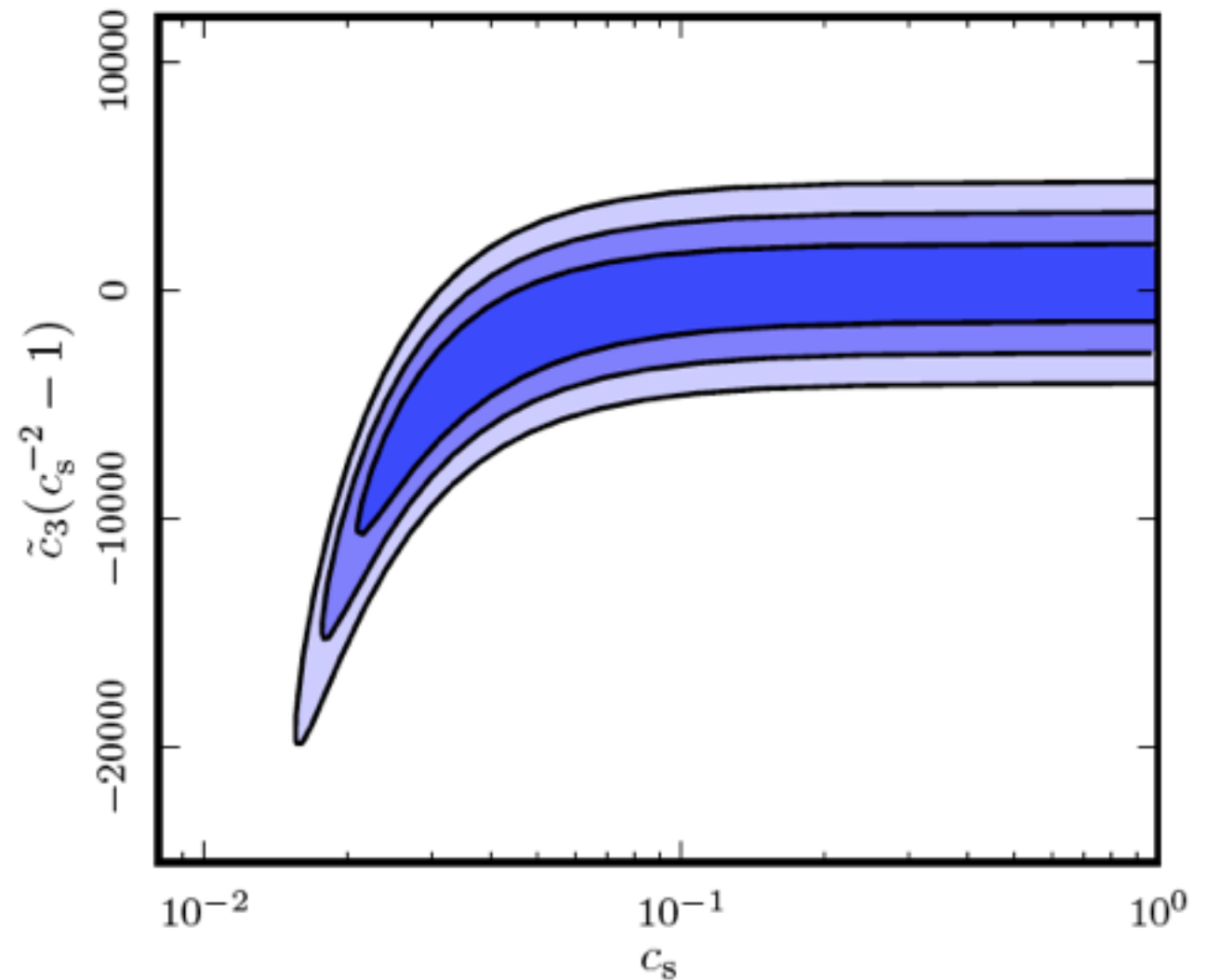
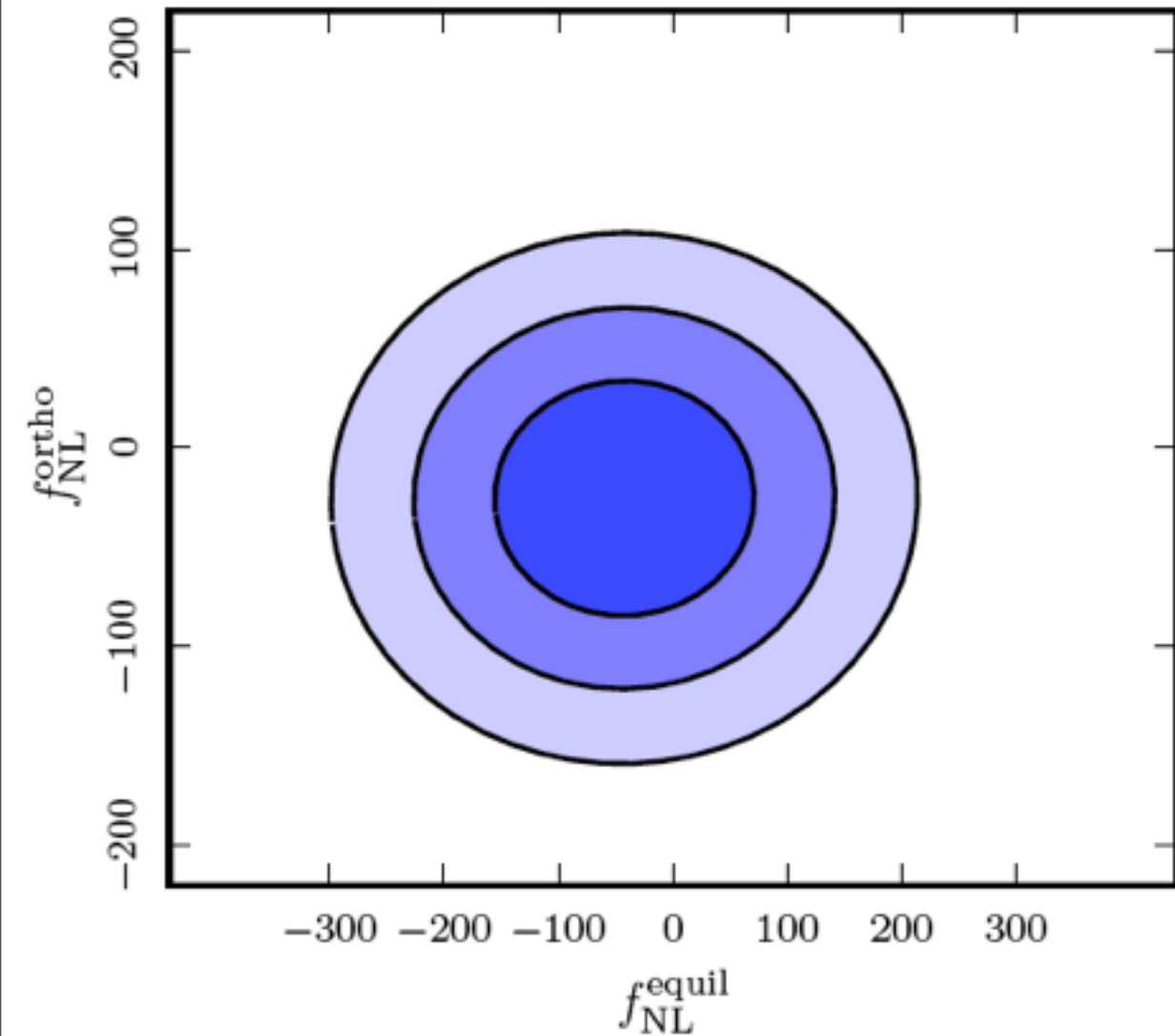
$$S = \int d^4x \sqrt{-g} \left[-\dot{H} M_{\text{Pl}}^2 (\partial_\mu \pi)^2 + M^4 \dot{\pi}^2 + \bar{M}^3 H (\partial_i \pi)^2 + \tilde{M}^2 (\partial^2 \pi)^2 \right]$$

- Phantom dark energy is not consistent
- $w < -1$ is consistent, but only with the above theory
- $w < -1$ is not theoretically impossible (from low energy point of view)
- Null Energy Condition can be violated
 - and all ways found in this context
- If possible, let us not call it phantom. Call it ‘ $w < -1$ -dark-energy’ or anything you like.

Then Planck came...

Limits in terms of parameters of a Lagrangian

$$S = \int d^4x \sqrt{-g} \left[-\frac{M_{\text{Pl}}^2 \dot{H}}{c_s^2} \left(\dot{\pi}^2 - c_s^2 \frac{(\partial_i \pi)^2}{a^2} \right) + (M_{\text{Pl}}^2 \dot{H}) \frac{1 - c_s^2}{c_s^2} \left(\frac{\dot{\pi} (\partial_i \pi)^2}{a^2} + \frac{A}{c_s^2} \dot{\pi}^3 \right) + \dots \right]$$

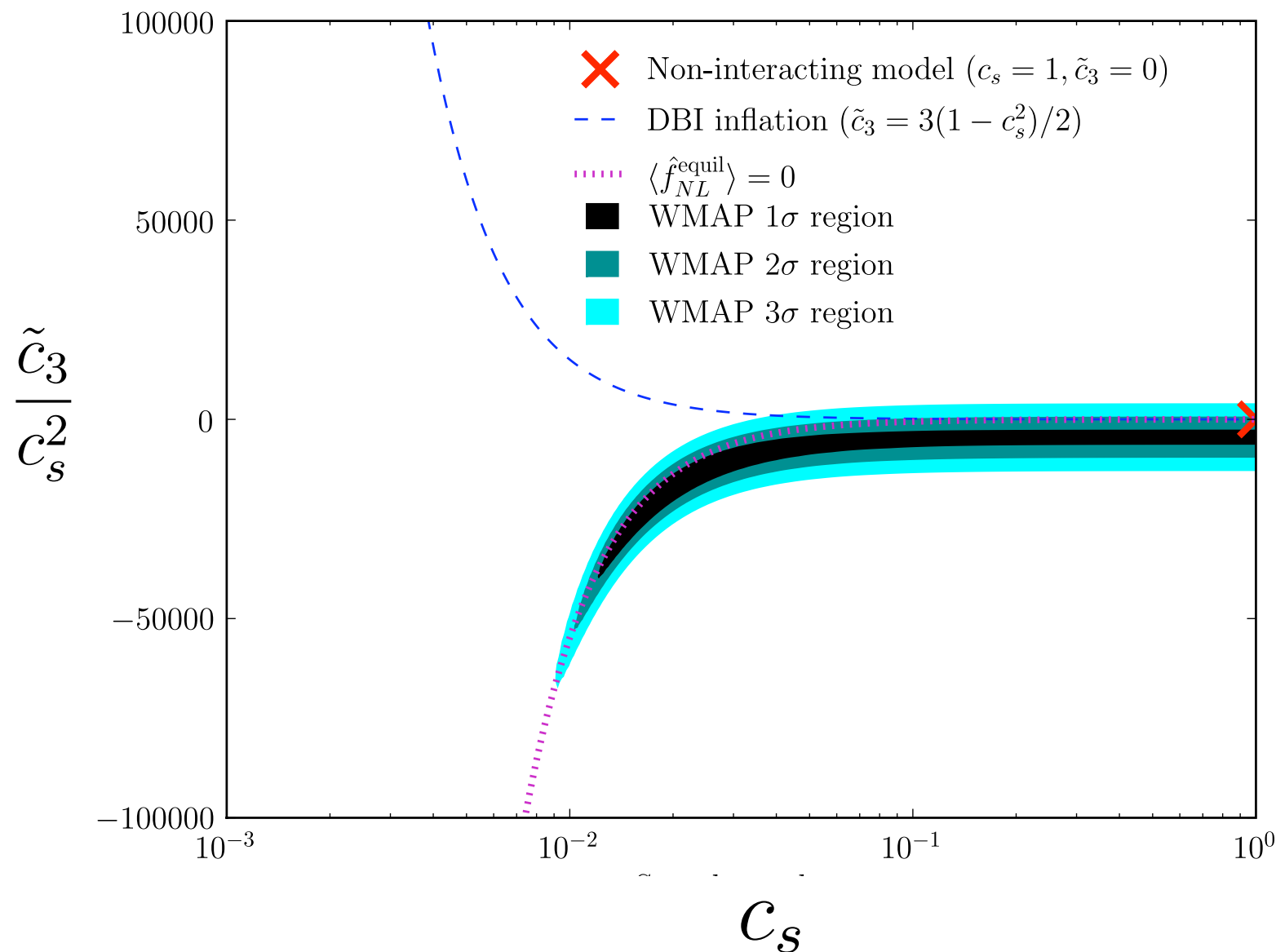


- These are contour plots of parameters of a fundamental Lagrangian with Smith and Zaldarriaga, **JCAP2010**
- Same as in particle accelerator Precision Electroweak Tests. Planck Collaboration **2013**
- Thanks to the EFT: A qualitatively new (and superior) way to use the cosmological data
- Universal limit $c_s \gtrsim 0.02$

(Optimal) Limits on the parameters of the Lagrangian

$$S_\pi = \int d^4x \sqrt{-g} \left[M_{\text{Pl}}^2 \dot{H} (\dot{\pi}^2 - (\partial_i \pi)^2) + M_2^4 (\dot{\pi}^2 + \dot{\pi}^3 - \dot{\pi} (\partial_i \pi)^2) - M_3^4 \dot{\pi}^3 + \dots \right]$$

- Limits on f_{NL} 's get translated into limits on the parameters



With Smith and Zaldarriaga,
JCAP2010

Very similar in spirit to
Precision Electroweak Tests
(Complete Connection to
Particle Physics)

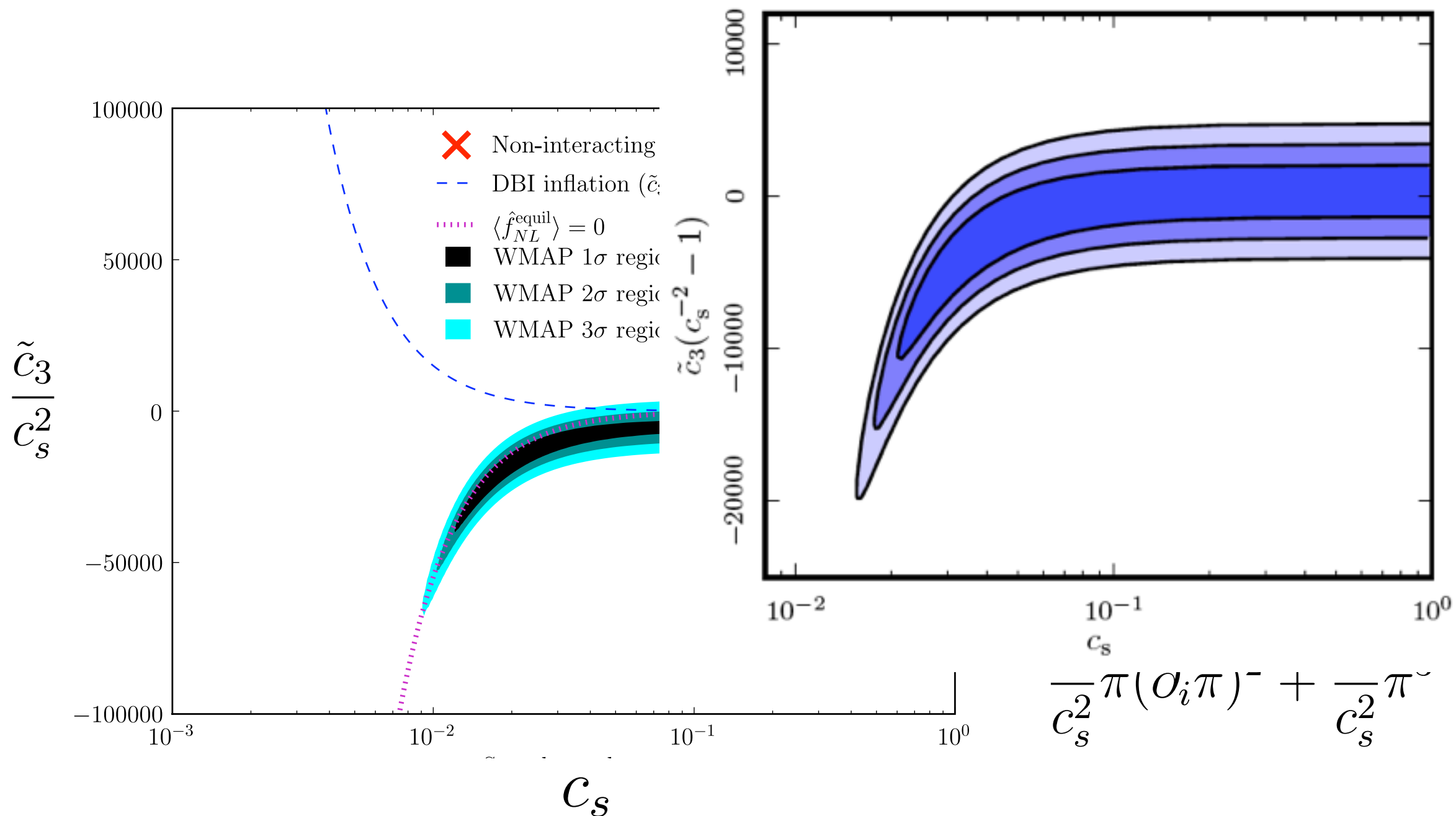
$$\frac{1}{c_s^2} \dot{\pi} (\partial_i \pi)^2 + \frac{\tilde{c}_3}{c_s^2} \dot{\pi}^3$$

- Bound on speed of sound $c_s \gtrsim 0.011!$

(Optimal) Limits on the parameters of the Lagrangian

$$S_\pi = \int d^4x \sqrt{-g} \left[M_{\text{Pl}}^2 \dot{H} (\dot{\pi}^2 - (\partial_i \pi)^2) + M_2^4 (\dot{\pi}^2 + \dot{\pi}^3 - \dot{\pi} (\partial_i \pi)^2) - M_3^4 \dot{\pi}^3 + \dots \right]$$

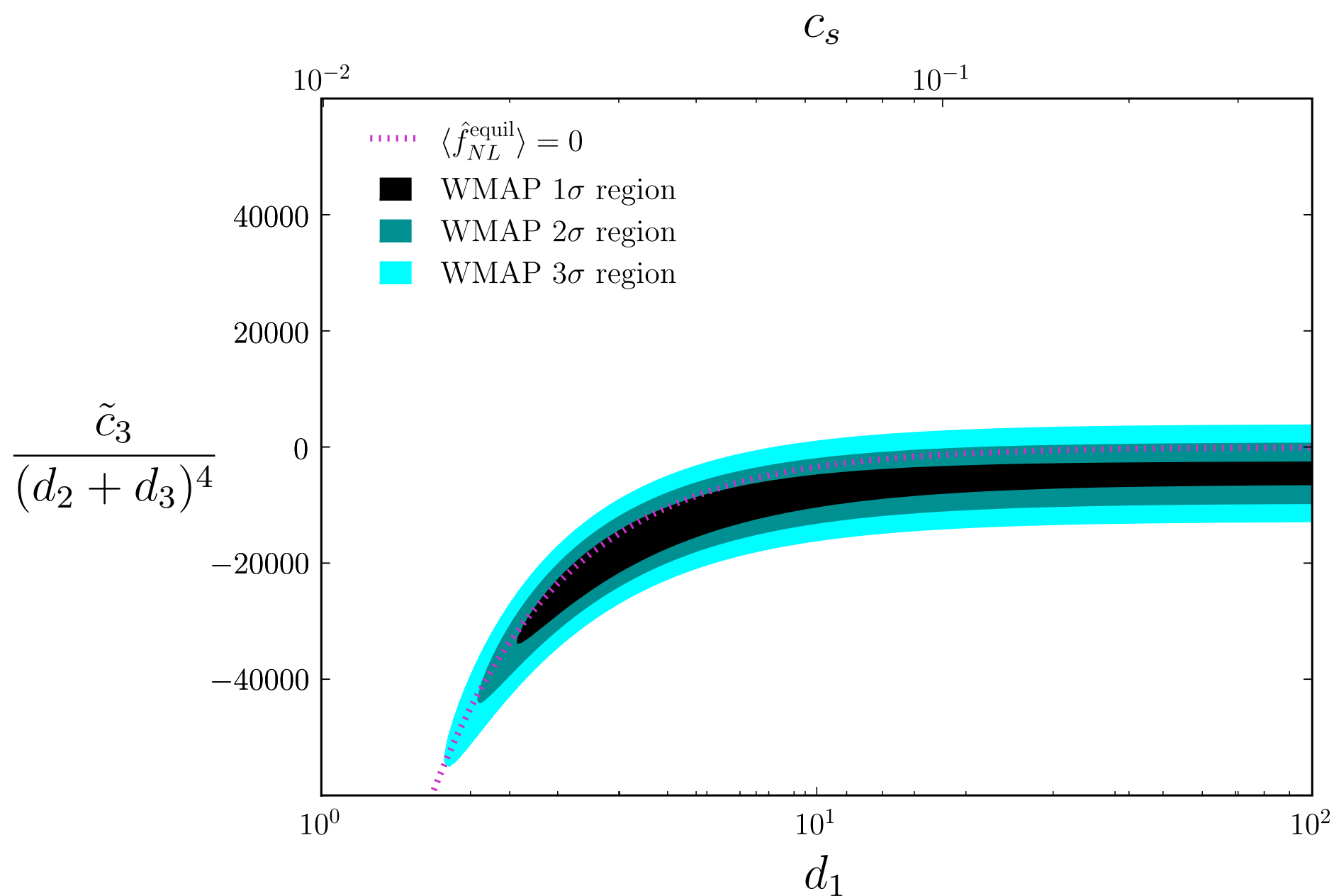
- Limits on f_{NL} 's get translated into limits on the parameters



- Bound on speed of sound $c_s \gtrsim 0.011$!

(Optimal) Limits on the parameters of the Lagrangian

- Close to de Sitter. $d_1 \delta g^{00} \delta K_i^i$
- Dispersion relation: $\omega^2 = c_s^2 k^2$ $c_s^2 = d_1 \frac{H}{M} \ll 1$



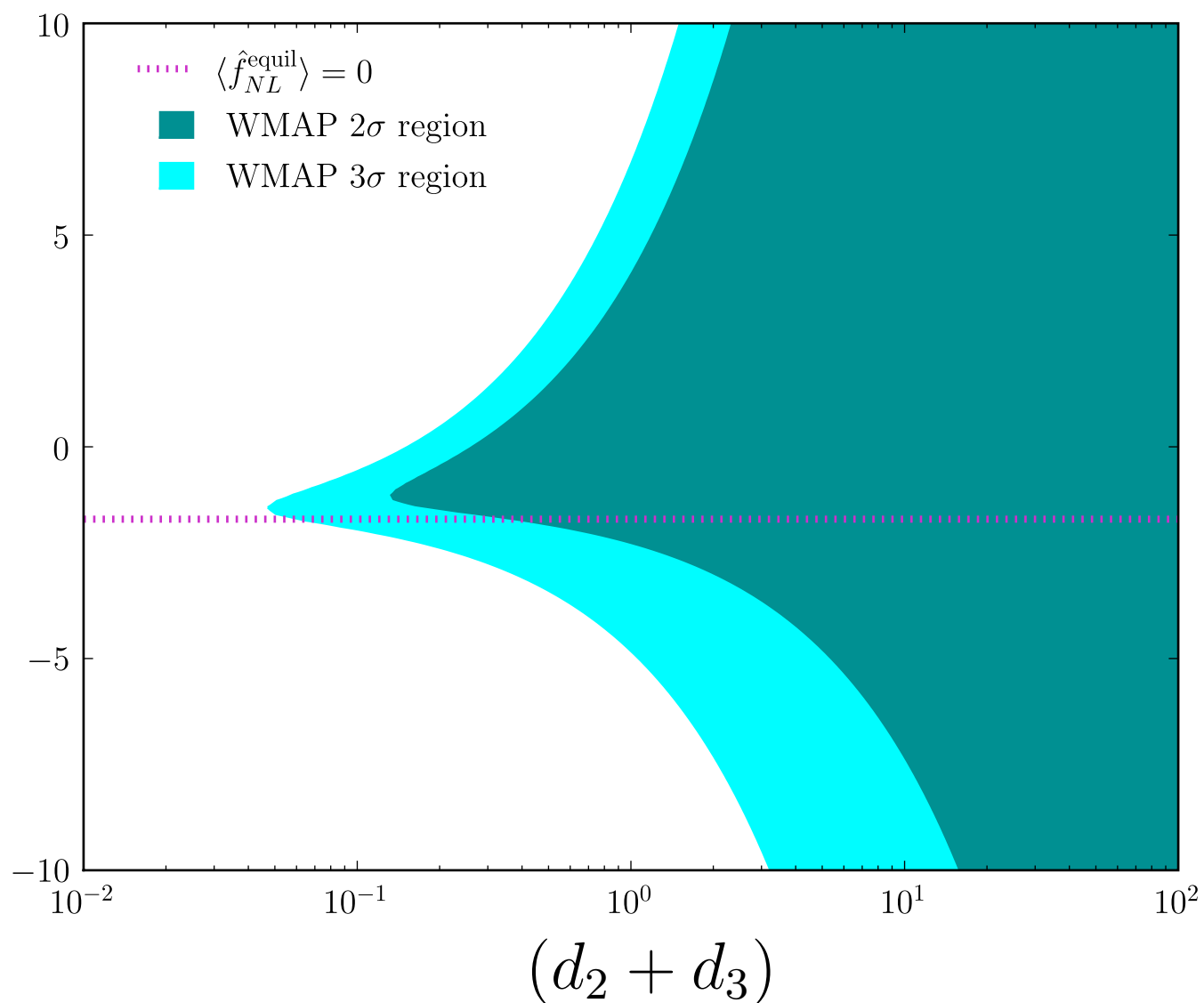
With Smith and Zaldarriaga,
JCAP2010

Very similar in spirit to
Precision Electroweak Tests
(Complete Connection to
Particle Physics)

(Optimal) Limits on the parameters of the Lagrangian

- Close to de Sitter. $d_2 \delta K_i^{i2}$
- Dispersion relation: $\omega^2 = (d_2 + d_3) \frac{k^4}{M^2}$

$$\frac{d_1}{(d_2 + d_3)^{1/2}}$$



With Smith and Zaldarriaga,
JCAP2010

Very similar in spirit to
Precision Electroweak Tests
(Complete Connection to
Particle Physics)

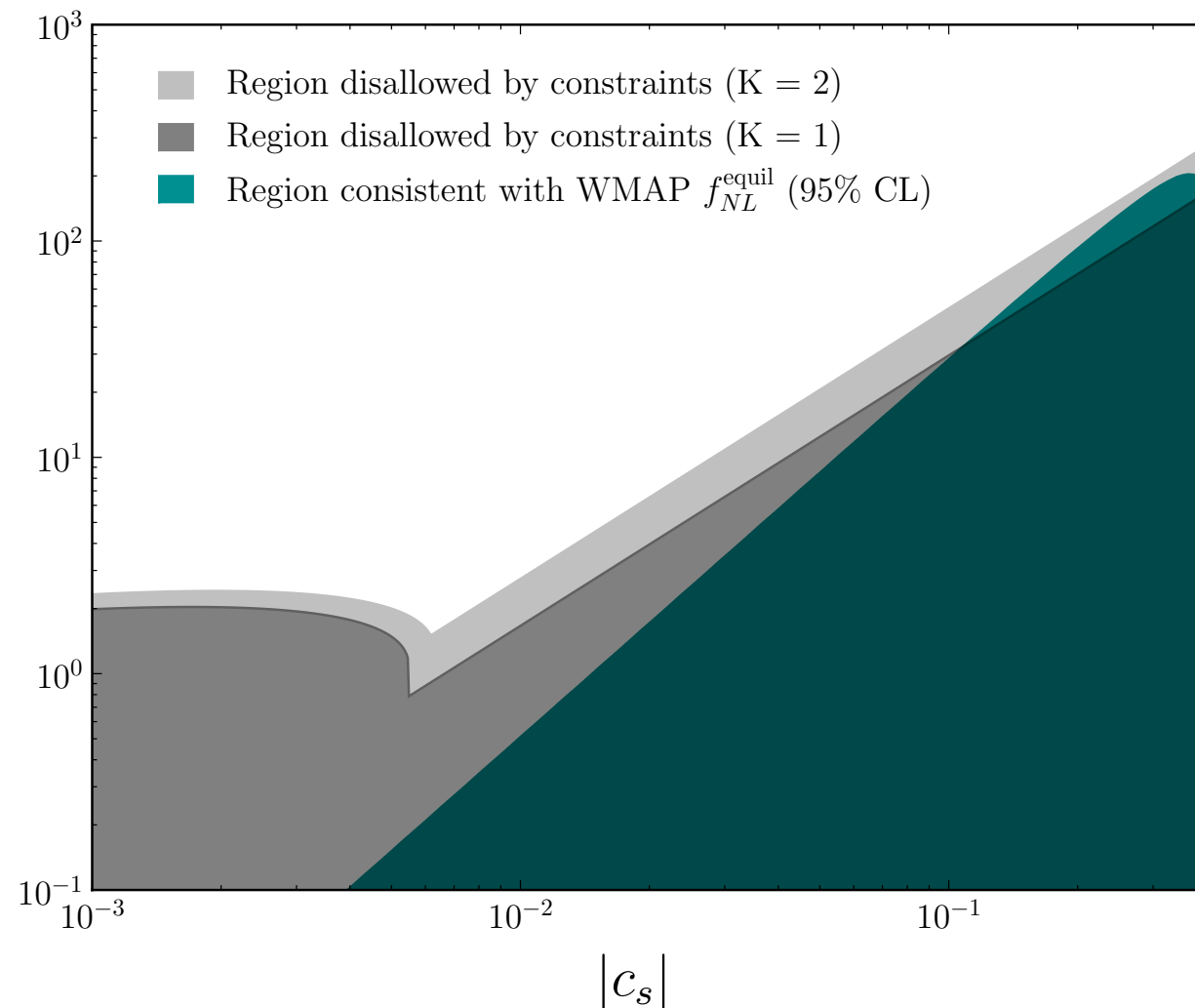
(Optimal) Limits on the parameters of the Lagrangian

- Close to de Sitter.

- Negative c_s^2 due to $d_1 < 0$ $c_s^2 = d_1 \frac{H}{M} \ll 1$

- Ruled out at 95% CL.

$$(1 - 6|c_s|^2)d_1$$



With Smith and Zaldarriaga,
JCAP2010

Very similar in spirit to
Precision Electroweak Tests
(Complete Connection to
Particle Physics)

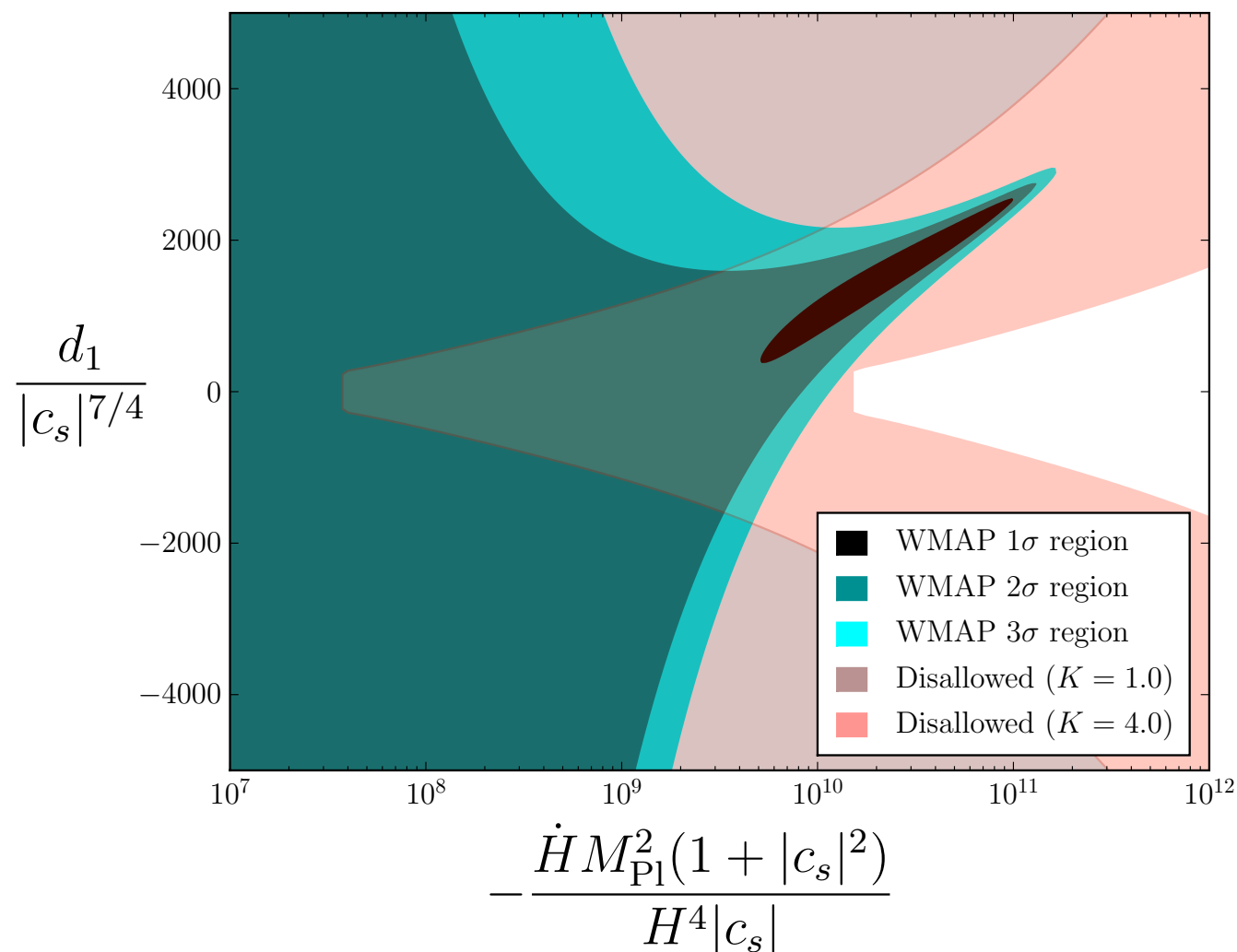
(Optimal) Limits on the parameters of the Lagrangian

- Close to de Sitter.

- Negative c_s^2 due to $\dot{H} > 0$

$$\dot{H} M_{\text{Pl}}^2 (\partial_i \pi)^2$$

- Ruled out at 95% CL.



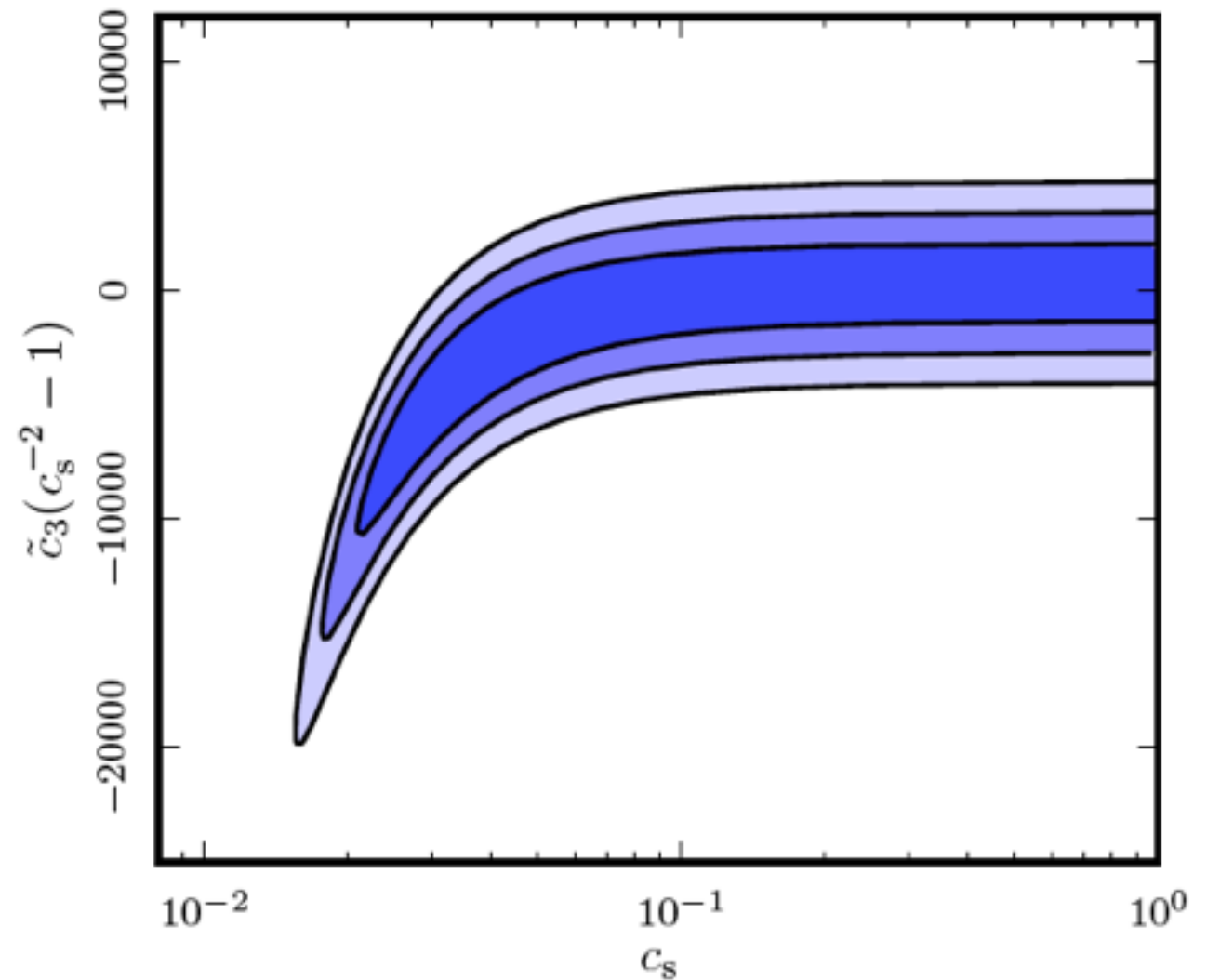
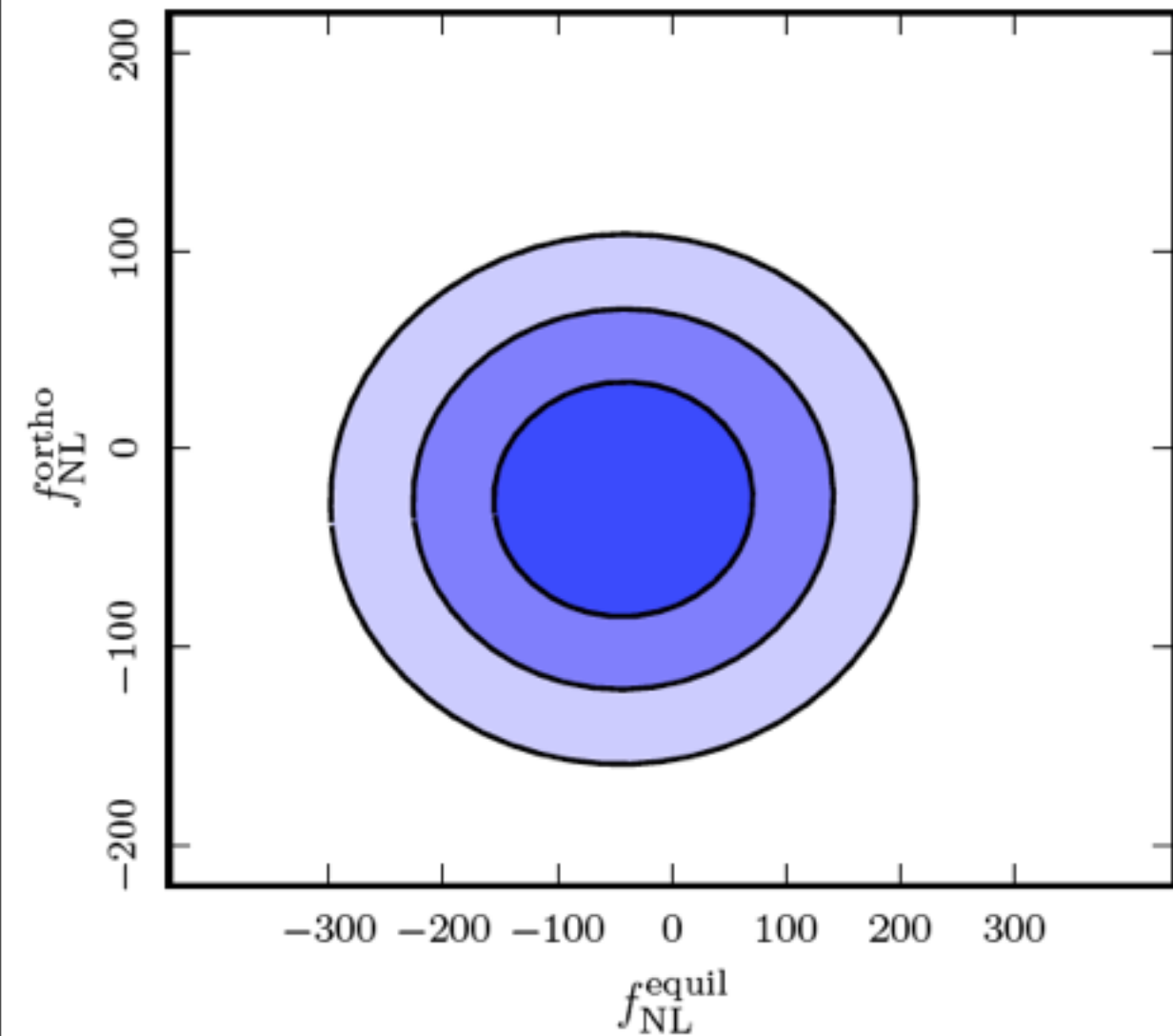
With Smith and Zaldarriaga,
JCAP2010

Very similar in spirit to
Precision Electroweak Tests
(Complete Connection to Particle Physics)

Limits in terms of parameters of a Lagrangian

- The Effective Field Theory of Inflation

$$S = \int d^4x \sqrt{-g} \left[-\frac{M_{\text{Pl}}^2 \dot{H}}{c_s^2} \left(\dot{\pi}^2 - c_s^2 \frac{(\partial_i \pi)^2}{a^2} \right) + (M_{\text{Pl}}^2 \dot{H}) \frac{1 - c_s^2}{c_s^2} \left(\frac{\dot{\pi} (\partial_i \pi)^2}{a^2} + \frac{A}{c_s^2} \dot{\pi}^3 \right) + \dots \right]$$



- This is great, but the phenomenology is richer

- Cutoff $\frac{\dot{\pi}_c^3}{\Lambda_U^2} \Rightarrow \text{NG} \simeq f_{\text{NL}} \zeta \sim \frac{H^2}{\Lambda_U^2}$

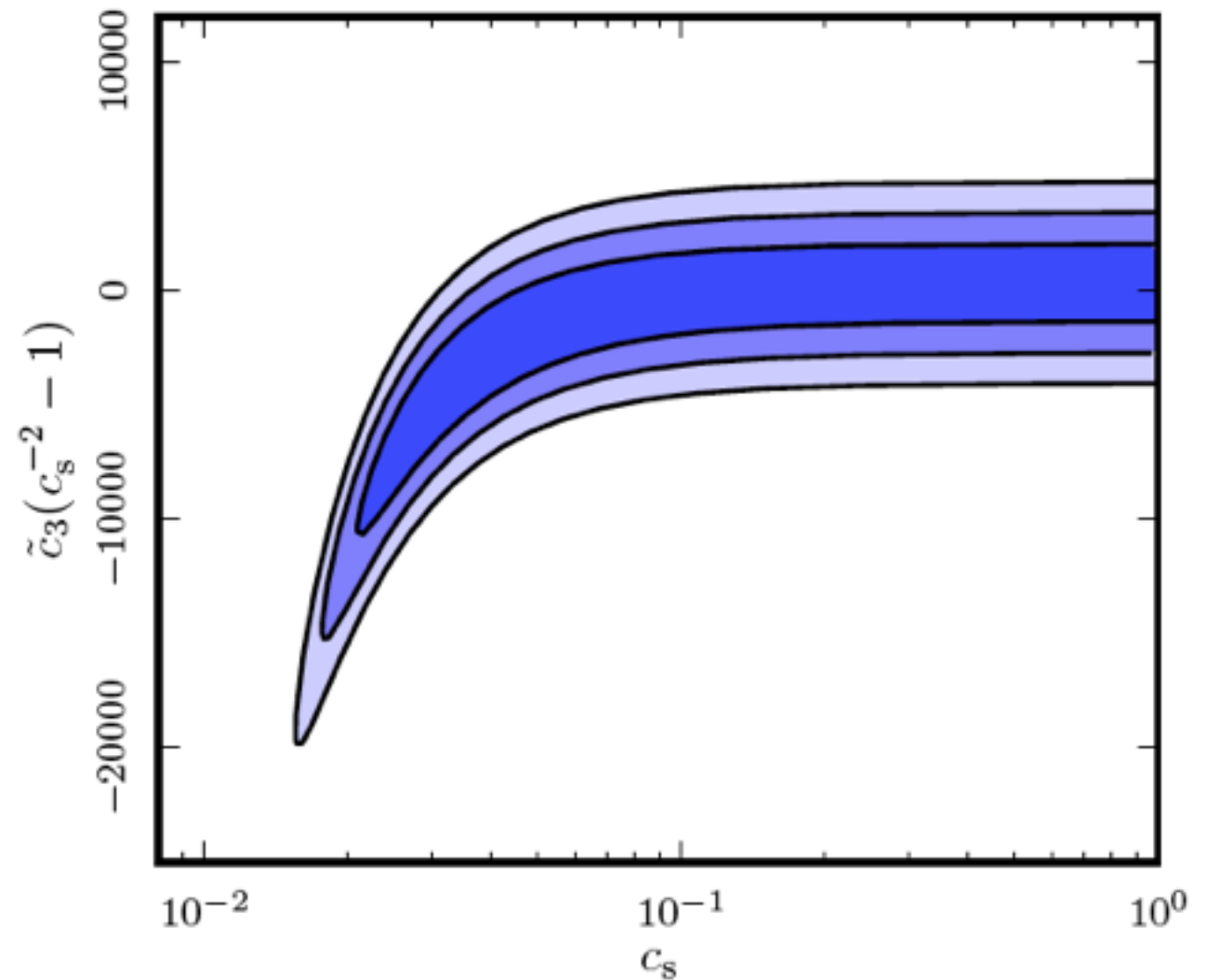
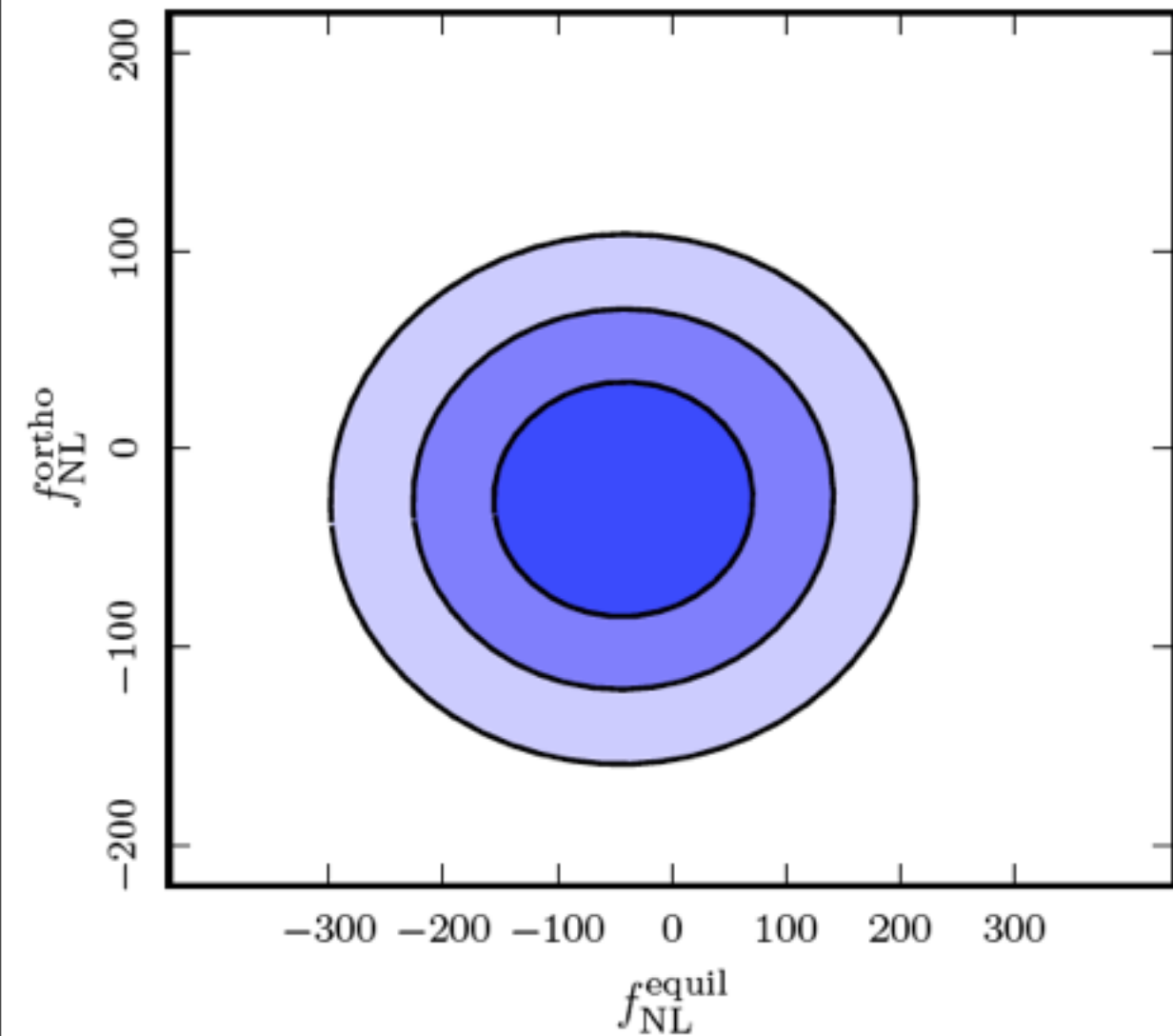
$$\Lambda_U^2 \gtrsim \Lambda_{\text{min}}^2 \simeq 10^4 H^2$$

with Smith and Zaldarriaga, **JCAP2010**
Planck Collaboration **2013**

Limits in terms of parameters of a Lagrangian

- The Effective Field Theory of Inflation

$$S = \int d^4x \sqrt{-g} \left[-\frac{M_{\text{Pl}}^2 \dot{H}}{c_s^2} \left(\dot{\pi}^2 - c_s^2 \frac{(\partial_i \pi)^2}{a^2} \right) + (M_{\text{Pl}}^2 \dot{H}) \frac{1 - c_s^2}{c_s^2} \left(\frac{\dot{\pi} (\partial_i \pi)^2}{a^2} + \frac{A}{c_s^2} \dot{\pi}^3 \right) + \dots \right]$$



- This is great, but the phenomenology is richer

- Cutoff $\frac{\dot{\pi}_c^3}{\Lambda_U^2} \Rightarrow \text{NG} \simeq f_{\text{NL}} \zeta \sim \frac{H^2}{\Lambda_U^2}$

$$\Lambda_U^2 \gtrsim \Lambda_{\text{min}}^2 \simeq 10^4 H^2$$

with Smith and Zaldarriaga, **JCAP2010**
Planck Collaboration **2013**

What has Planck done to NG?
(that is to one of two main ways to test inflation)

Let us look at LHC

- Two thresholds for detection. Awesome!
- By unitarity of WW scattering

$$\Lambda_U \sim \frac{m_W}{g} \lesssim 1 \text{ TeV} \quad \Rightarrow \quad m_{\text{Higgs}} \sim g_{\text{weak}} \times 1 \text{ TeV} \ll 1 \text{ TeV}$$

– Something was guaranteed

- If Higgs found, then tuning problem:

$$\delta m_{\text{Higgs, quantum}} \sim \Lambda_U^{\text{new}} \quad \Rightarrow \quad \text{New Physics (or new principle) guaranteed}$$

- So, with LHC (or SSC), huge learning guaranteed
 - 1 TeV is a threshold for discovery

Let us go to NG

- Threshold for detections $\frac{\dot{\pi}_c^3}{\Lambda_U^2} \Rightarrow \text{NG} \simeq f_{\text{NL}} \zeta \sim \frac{H^2}{\Lambda_U^2}$
 $\Lambda_U \lesssim \Lambda_{U, \text{threshold}} \Rightarrow f_{\text{NL}} \gtrsim \frac{H^2}{\Lambda_{U, \text{threshold}}^2}$
- We do not have a compelling threshold (we just make them possible!)
- We have lower bound: $\Lambda_{U, \text{threshold}} \gtrsim H \Rightarrow f_{\text{NL}} \lesssim 10^5$
 - This is the only correct prediction of Inflation on NG: weakly coupled field theory
- Minimal size of NG: from gravity Maldacena
JCAP2003
 $f_{\text{NL, minimal}} \sim \epsilon \sim 10^{-2} \ll 10 \sim f_{\text{NL, Planck}}$
- Another threshold is
 $f_{\text{NL}}^{\text{equil., orthog.}} \sim 1 \Rightarrow \Lambda_U^4 \gtrsim \dot{H} M_{\text{Pl}}^2 \sim \dot{\phi}_{\text{slow-roll}}^2$
 - With this we would be allowed to glue the EFT to slow-roll inflation
 - the bottom-up ‘verification’ of slow-roll inflation (with assumption)
 - this is more than a factor of 10 far away.

What has Planck done to theory?

- Planck improve limits wrt WMAP by a factor of ~ 3 .
- Since
$$\text{NG} \sim \frac{H^2}{\Lambda_U^2} \Rightarrow \Lambda_U^{\text{min, Planck}} \simeq 2 \Lambda_U^{\text{min, WMAP}}$$
- Given the absence of known or nearby threshold, this is not much.
- Planck is great
- but Planck is not good enough
 - not Plank's fault, but Nature's faults
 - Please complain with Nature
- Planck was an opportunity for a detection, not much an opportunity to change the theory in absence of detection
- On theory side, little changes
 - contrary for example to LHC, where any result **is changing** the theory

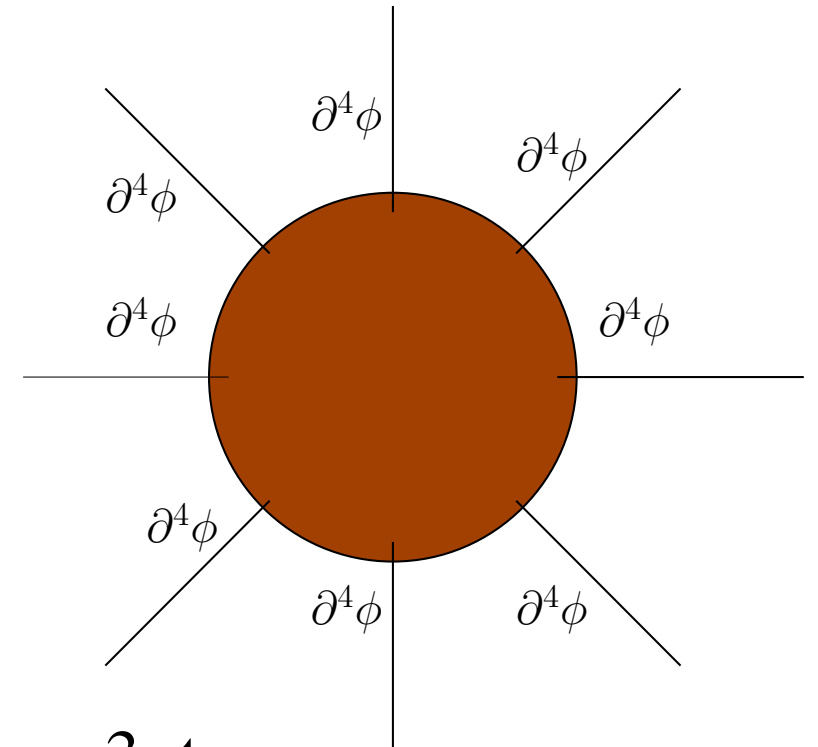
Are we done with Planck?

There is more to look for!

- Apart for improvement from polarization
- More 3-point functions
 - This theory is technically natural

$$\int d^3x \left[(\partial\phi)^2 + \frac{1}{M^{4n}} (\partial^n \phi)^4 \right]$$

- Apply this to the EFT of Inflation: many new shapes: 3pt (i.e. different for not-small part of parameter space).

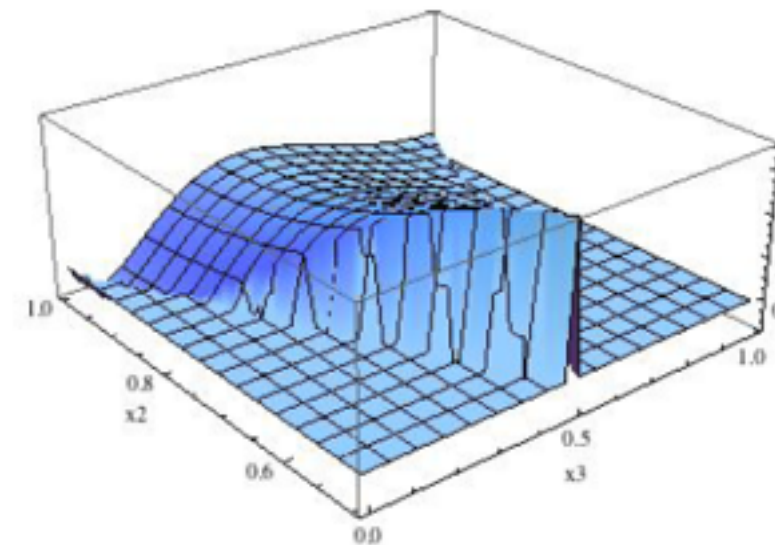


With Berbabany, Mibabaye, and Smith
in completion

- One 4-point function
 - huge information

$$\dot{\pi}^4$$

With Zaldarriaga
JCAP2010



- Any of these changes Planck press release

What about additional fields?

The EFT of multifield inflation

- If they are observed, just couple to the Inflaton

$$S \sim \int (\partial\sigma)^2 + \dot{\sigma}^3 + \dot{\pi}(\partial\sigma)^2 + \dots$$

With Zaldarriaga,
JHEP2012

- Find signatures
 - large quartic interactions

MultiField

Operator	Dispersion		Type	Origin	Squeezed L.
	$w = c_s k$	$w \propto k^2$			
$\dot{\sigma}^4, \dot{\sigma}^2(\partial_i\sigma)^2, (\partial_i\sigma)^4$	X		Ad., Iso.	Ab., non-Ab.	
$(\partial_\mu\sigma)^4$	X		Ad., Iso.	Ab., non-Ab.	
σ^4	X	X	Ad., Iso.	Ab. _s , non-Ab. _s , S.*	X
$\dot{\sigma}\sigma^3$	X	X	Ad., Iso.	Ab. _s [†] , non-Ab. _s [†] .	X
$\sigma^2\dot{\sigma}^2, \sigma^2(\partial_i\sigma)^2$	X	X ^{†*}	Ad. ^{†*} , Iso.	non-Ab, Ab. _s ^{†*} , non-Ab. _s ^{†*} ,	X
$\sigma^2(\partial_\mu\sigma)^2$	X		Ad. ^{†*} , Iso.	non-Ab, Ab. _s ^{†*} , non-Ab. _s ^{†*} , S.*	X
$\sigma(\partial\sigma)^3$	X		Iso.	non-Ab. _s [*] .	X
$\dot{\sigma}^3, \dot{\sigma}(\partial_i\sigma)^2$	X		Ad., Iso.	Ab., non-Ab.	
$\dot{\sigma}(\partial_i\sigma)^2, \partial_j^2\sigma(\partial_i\sigma)^2$		X	Ad., Iso.	Ab.	
σ^3	X	X	Ad., Iso.	Ab. _s , non-Ab. _s , S, R	X
$\dot{\sigma}\sigma^2$	X	X	Ad., Iso.	Ab. _s , non-Ab. _s	X
$\sigma\dot{\sigma}^2, \sigma(\partial_i\sigma)^2$	X	X	Ad., Iso.	Ab. _s ^{†*} , non-Ab. _s ^{†*}	X
$\sigma(\partial_\mu\sigma)^2$	X		Ad., Iso.	Ab. _s ^{†*} , non-Ab. _s ^{†*} .	X

Single Field

Operator	Dispersion		Squeezed L.
	$w = c_s k$	$w \propto k^2$	
$\dot{\pi}^4$	X		
$(\partial_j^2\pi)^4, \dot{\pi}(\partial_j^2\pi)^3, \dots$		X	
$\dot{\pi}^3, \dot{\pi}(\partial_i\pi)^2$	X		
$\dot{\pi}(\partial_i\pi)^2, \partial_j^2\pi(\partial_i\pi)^2$		X	

data analysis
with Smith, Zaldarriaga,
in progress

The EFT of multifield inflation

- If they are observed, just couple to the Inflaton

$$S \sim \int (\partial\sigma)^2 + \dot{\sigma}^3 + \dot{\pi}(\partial\sigma)^2 + \dots$$

With Zaldarriaga,
JHEP2012

- Find signatures
 - large quartic interactions

MultiField

Operator	Dispersion		Type	Origin	Squeezed L.
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$\dot{\sigma}^4, \dot{\sigma}^2(\partial_i\sigma)^2, (\partial_i\sigma)^4$	X		Ad., Iso.	Ab., non-Ab.	
$(\partial_\mu\sigma)^4$	X		Ad., Iso.	Ab., non-Ab.	
σ^4	X	X	Ad., Iso.	Ab. _s , non-Ab. _s , S.*	X
$\dot{\sigma}\sigma^3$	X	X	Ad., Iso.	Ab. _s [†] , non-Ab. _s [†] .	X
$\sigma^2\dot{\sigma}^2, \sigma^2(\partial_i\sigma)^2$	X	X ^{†*}	Ad. ^{†*} , Iso.	non-Ab, Ab. _s ^{†*} , non-Ab. _s ^{†*} ,	X
$\sigma^2(\partial_\mu\sigma)^2$	X		Ad. ^{†*} , Iso.	non-Ab, Ab. _s ^{†*} , non-Ab. _s ^{†*} , S.*	X
$\sigma(\partial\sigma)^3$	X		Iso.	non-Ab. _s [*] .	X
$\dot{\sigma}^3, \dot{\sigma}(\partial_i\sigma)^2$	X		Ad., Iso.	Ab., non-Ab.	
$\dot{\sigma}(\partial_i\sigma)^2, \partial_j^2\sigma(\partial_i\sigma)^2$		X	Ad., Iso.	Ab.	
σ^3	X	X	Ad., Iso.	Ab. _s , non-Ab. _s , S, R	X
$\dot{\sigma}\sigma^2$	X	X	Ad., Iso.	Ab. _s , non-Ab. _s	X
$\sigma\dot{\sigma}^2, \sigma(\partial_i\sigma)^2$	X	X	Ad., Iso.	Ab. _s ^{†*} , non-Ab. _s ^{†*}	X
$\sigma(\partial_\mu\sigma)^2$	X		Ad., Iso.	Ab. _s ^{†*} , non-Ab. _s ^{†*} .	X

Single Field

Operator	Dispersion		Squeezed L.
	$w = c_s k$	$w \propto k^2$	
$\dot{\pi}^4$	X		
$(\partial_j^2\pi)^4, \dot{\pi}(\partial_j^2\pi)^3, \dots$		X	
$\dot{\pi}^3, \dot{\pi}(\partial_i\pi)^2$	X		
$\dot{\pi}(\partial_i\pi)^2, \partial_j^2\pi(\partial_i\pi)^2$		X	

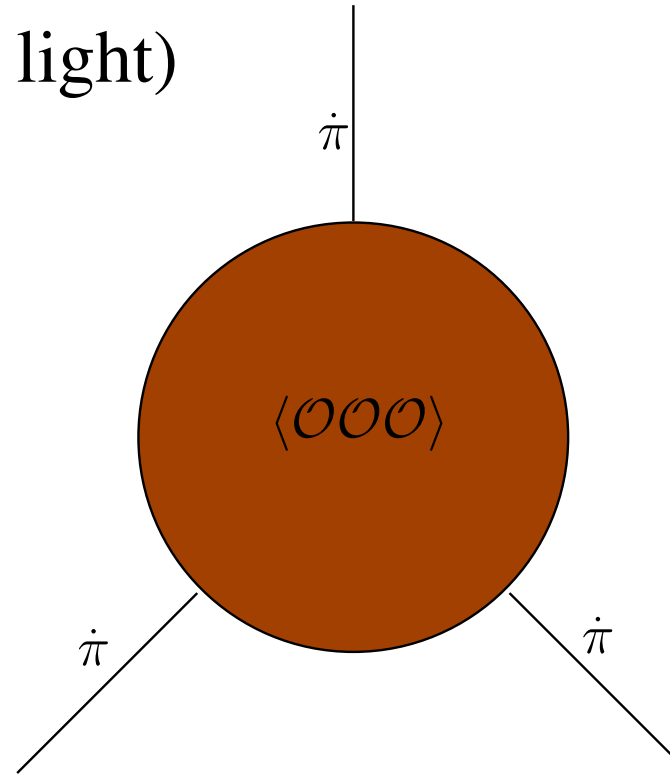
data analysis
with Smith, Zaldarriaga,
in progress

The EFT of multifield inflation

- If they are not observed (but they are light)

with Nacir, Porto, and Zaldarriaga
JHEP2012

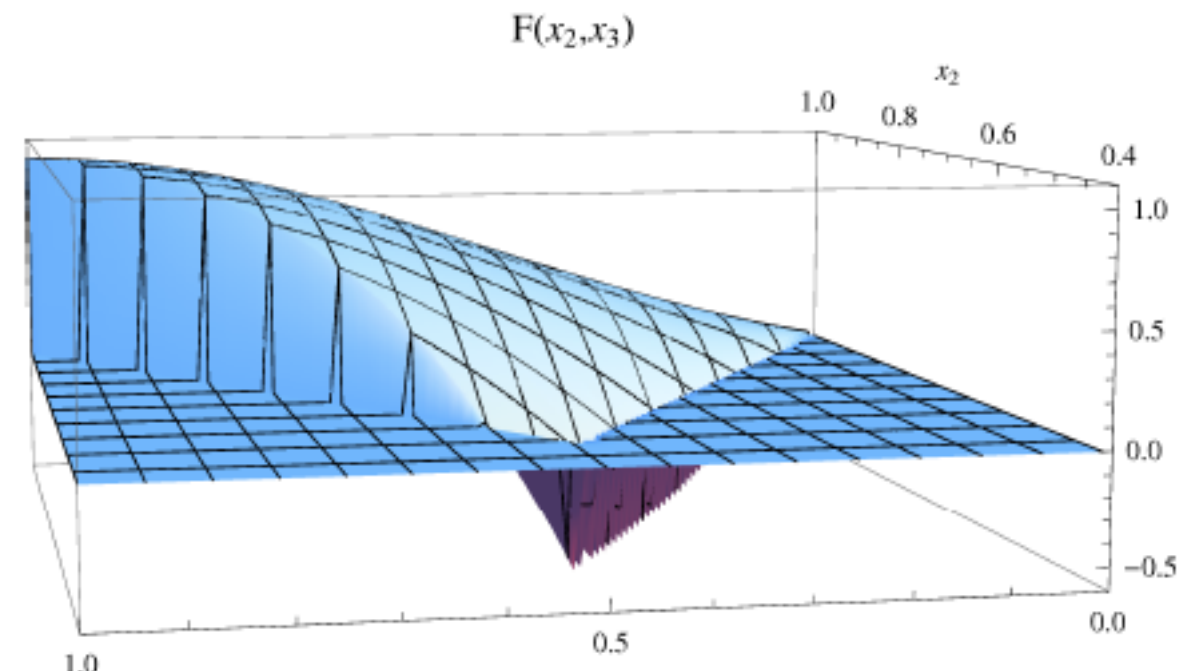
$$S_{int} \sim \int \dot{\pi} \mathcal{O}$$



- Dissipative Effects

– Usual relation $\gamma \dot{\pi} \rightarrow \gamma (\partial_i \pi)^2 \Rightarrow f_{\text{NL}} \sim \frac{\gamma}{H}$

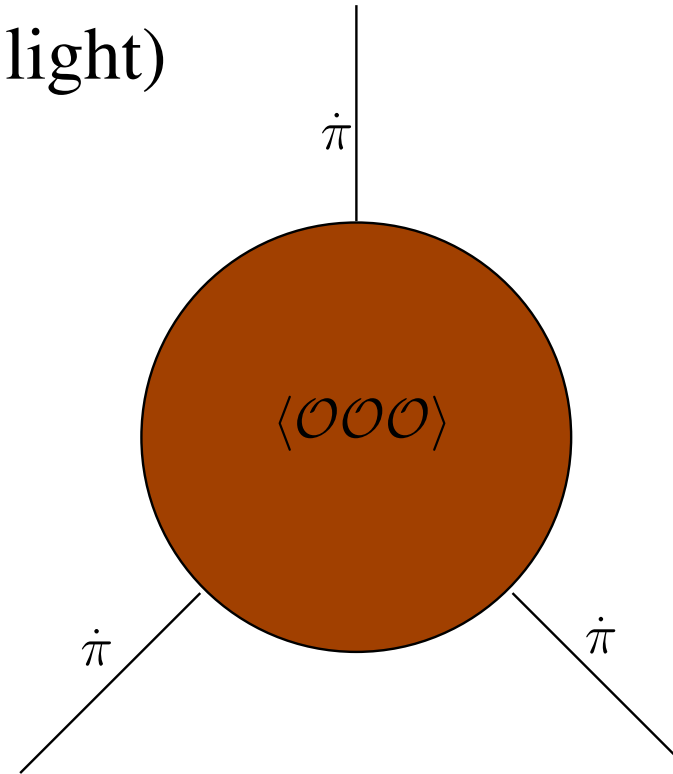
- \sim orthogonal template



The EFT of multifield inflation

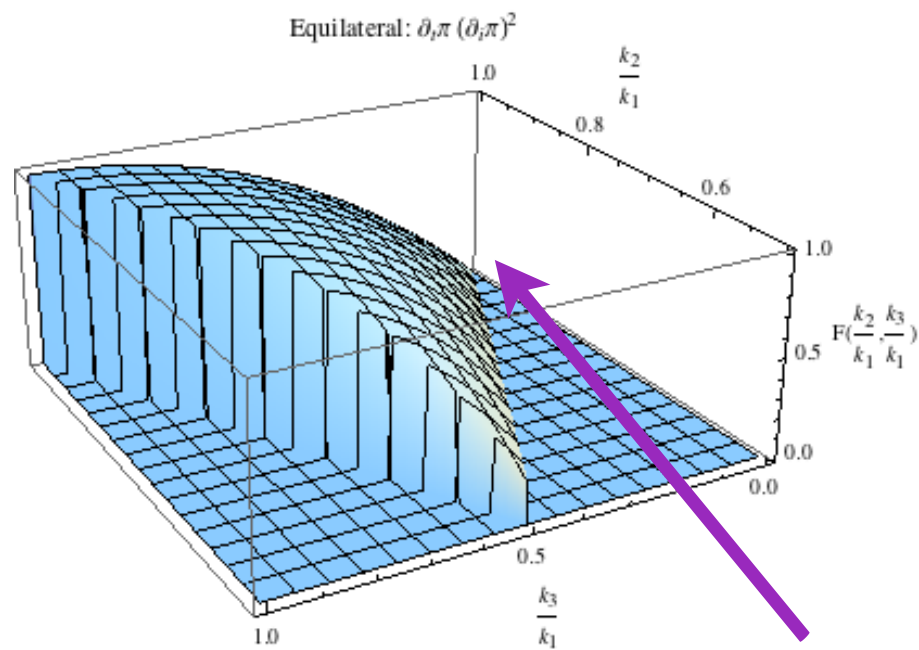
- If they are not observed (but they are light)

$$S_{int} \sim \int \dot{\pi} \mathcal{O}$$

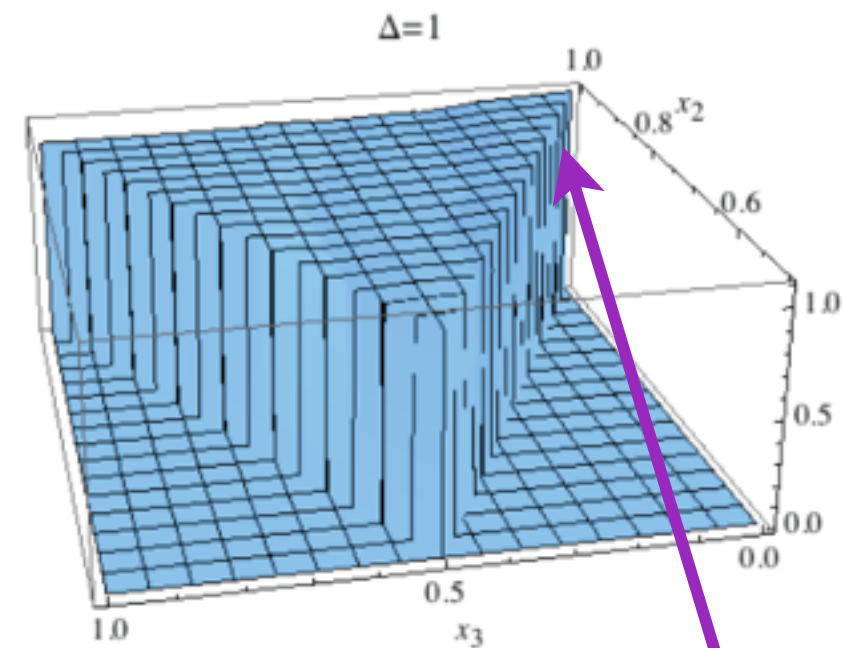


with Nacir, Porto, and Zaldarriaga
JHEP2012

- Conformally coupled sector (strong coupling) **1301**



Single Field



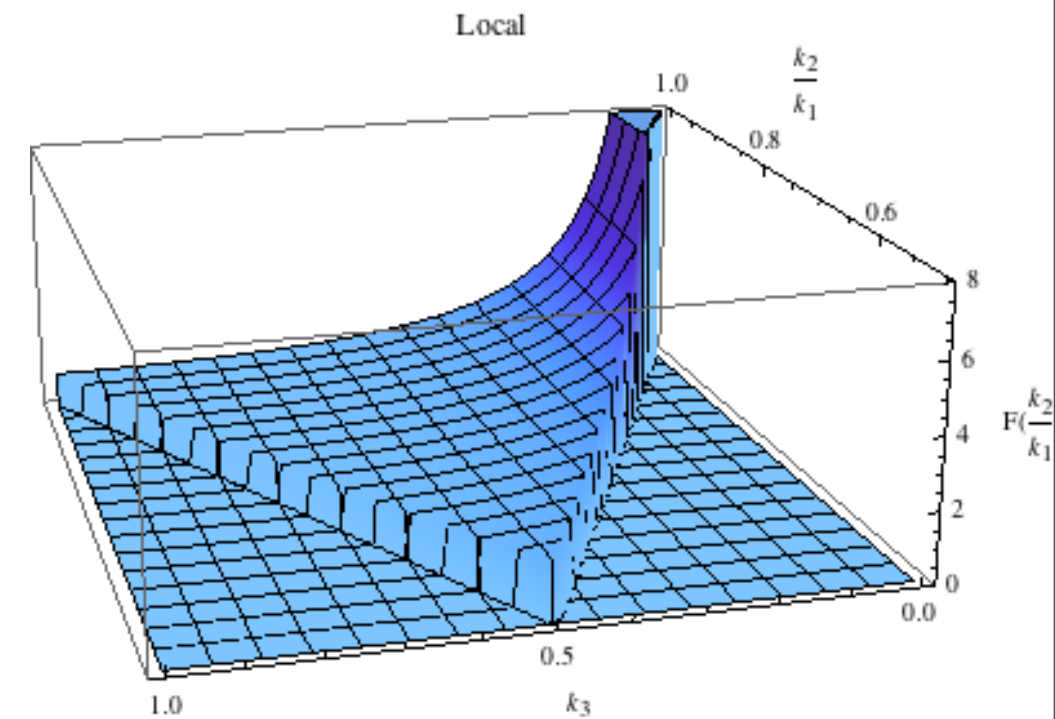
Conformal sector

Conversion to adiabatic mode

- Conversion mechanism usually happens when all modes are outside of the horizon
 - modulation of reheating temperature
 - modulation of eq. of state
 - modulation of length of inflation
 - ...

$$\zeta(\vec{x}) = \epsilon_{\text{efficiency}} \left(\frac{\sigma(\vec{x})}{M} + c_2 \left(\frac{\sigma(\vec{x})}{M} \right)^2 + \dots \right) \Rightarrow f_{\text{NL}}^{\text{loc.}} \sim \frac{1}{\epsilon_{\text{efficiency}}} \gtrsim 1$$

- This is threshold to `rule-out' natural multi-field inflation
 - we should target it!



Developing the Phenomenology of Inflation

- Higher derivative interactions, ex: $(\partial^4 \pi)^3$ Bartolo, Fasiello, Matarrese, Riotto **2010,2010**
with Behbahani, Mirbabayi **in progress**
with Behbahani, Mirbabayi **2012**
- Discrete shift-symmetry Behbahani, Green **2012**
with Cheung, Fitzpatrick, Kaplan **2008**
Creminelli, Norena, Simonovic **2012**
Baumann and Green **2011, 2012**
with Zaldarriaga **2012**
- Collective Breaking Acucarro, Palma, Patil **2012**
Noumi, Yagamuchi, Yokoyama **2012**
- Soft limits with Zaldarriaga **2010**
Baumann and Green **2011**
with Zaldarriaga **2010,2012,2012**
with Creminelli, Luty and Nicolis **2007**
Vernizzi and Piazza **2012**
- Effects of massive fields
- Susy
- Loops
- EFT of acceleration

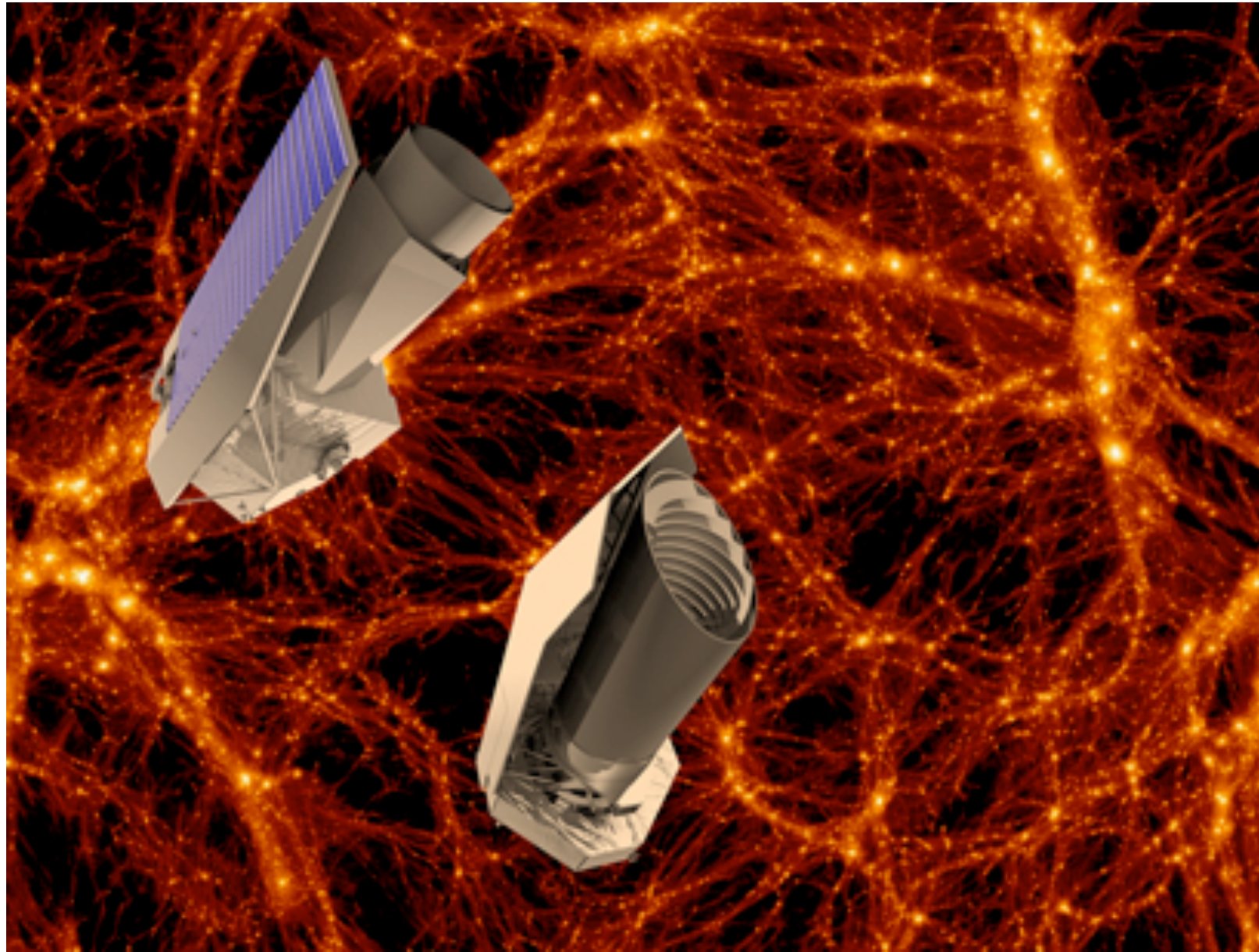
Becoming mainstreaming?

- Workshops on Effective Field Theory in Inflation
- Other groups joining in (Princeton, Stanford, Geneva, Paris, Cambridge, Amsterdam, Japan, UCSD...)
- Already taught in Summer Schools and Graduate Classes at Harvard, Princeton, Stanford, TASI (Arkani-Hamed, Silverstein, Zaldarriaga, ...)

Are we done with Cosmology?

What is next?

- Plank will increase by a factor of less than 2.
- Next are Large Scale Structures
- Like moving from LEP to LHC



What is next?

- Forecasts

$$\Delta f_{\text{NL}}^{\text{equil., orthog.}} (\text{Planck}) \sim 75$$

$$\Delta f_{\text{NL}}^{\text{equil., orthog.}} (\text{Euclid}) \sim 30$$

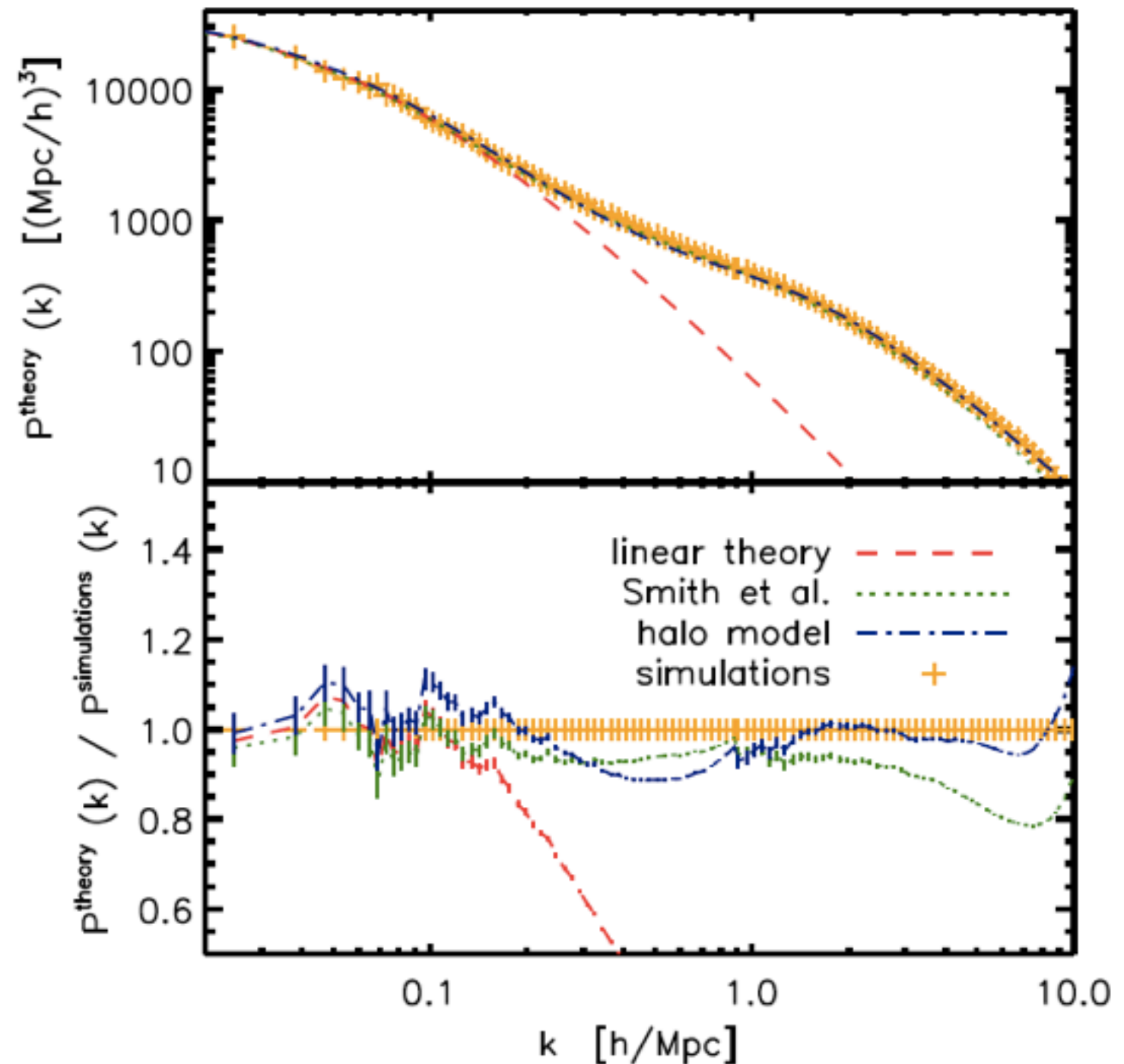
$$\text{Improvement} \simeq \frac{75}{30} \sim 2.5$$

- They use

$$k_{\text{max}} \simeq 0.15 h \text{ Mpc}^{-1}$$

- But the theory is probably wrong

Giannantonio, Porciani,
Carron, Amara, Pillepich **1109**

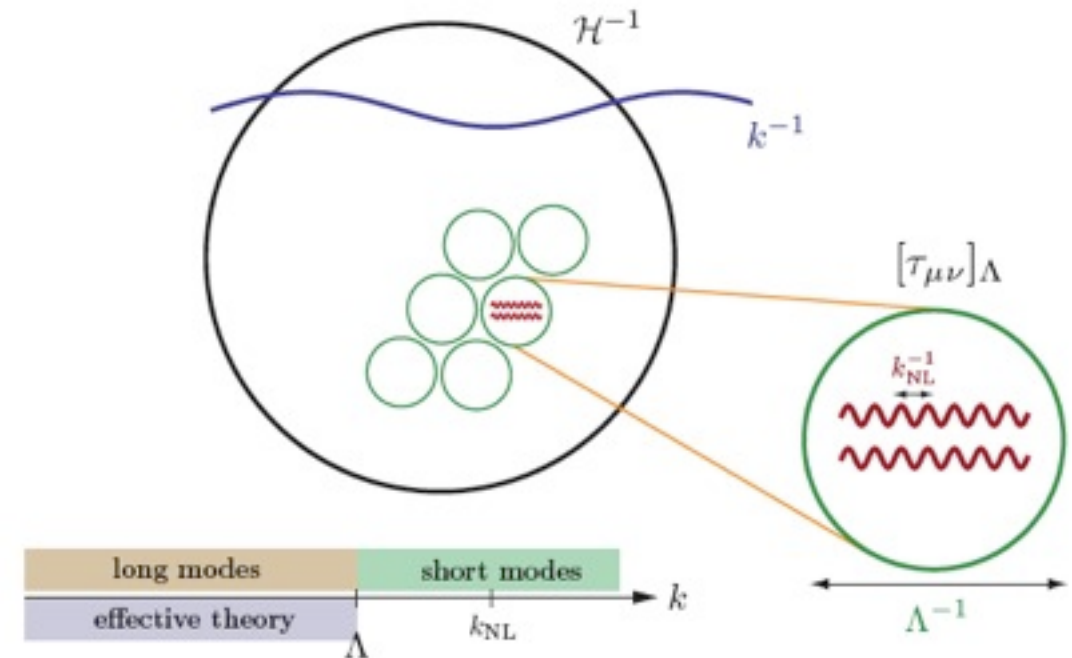


The Effective Field Theory
of
Cosmological Large Scale Structures
(from BSM to perturb. QCD)

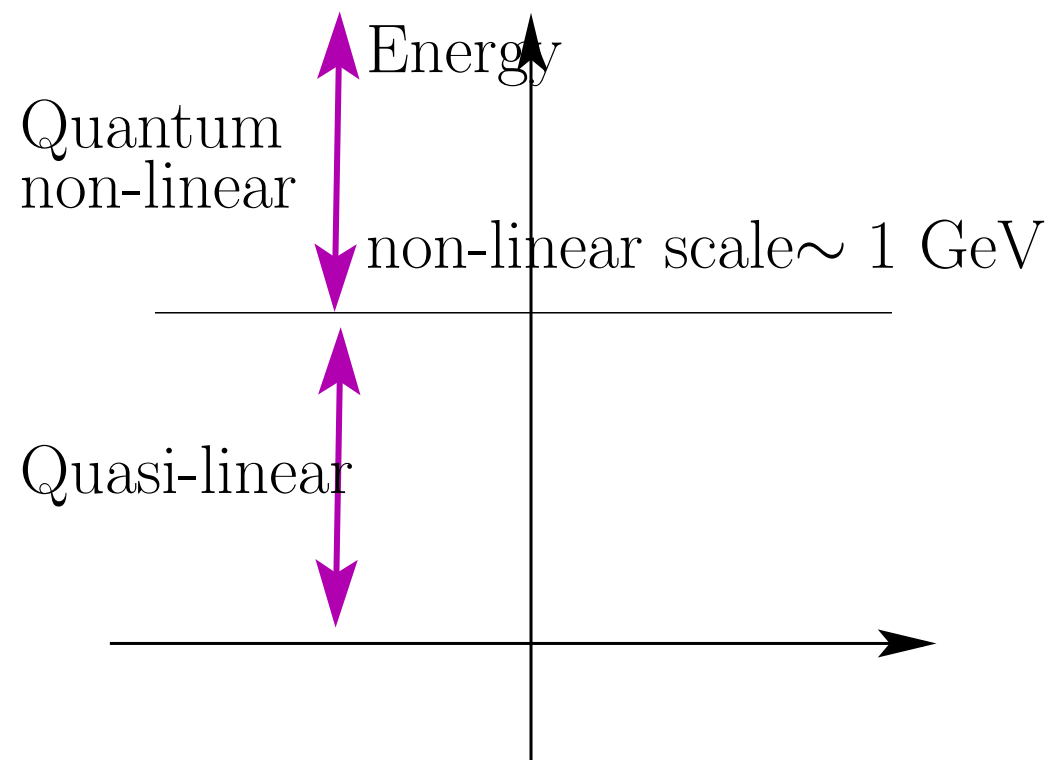
with Bauman, Nicolis, Zaldarriaga **JCAP 2012**
with Carrasco, Hertzberg **JHEP 2012**
Pajer and Zaldarriaga **1301**
with Carrasco, Foreman, Green **1304**
with Carrasco, Foreman, Green **in completion**
with Porto, Tassev, Zaldarriaga **in progress**

Our Universe as a Chiral Lagrangian

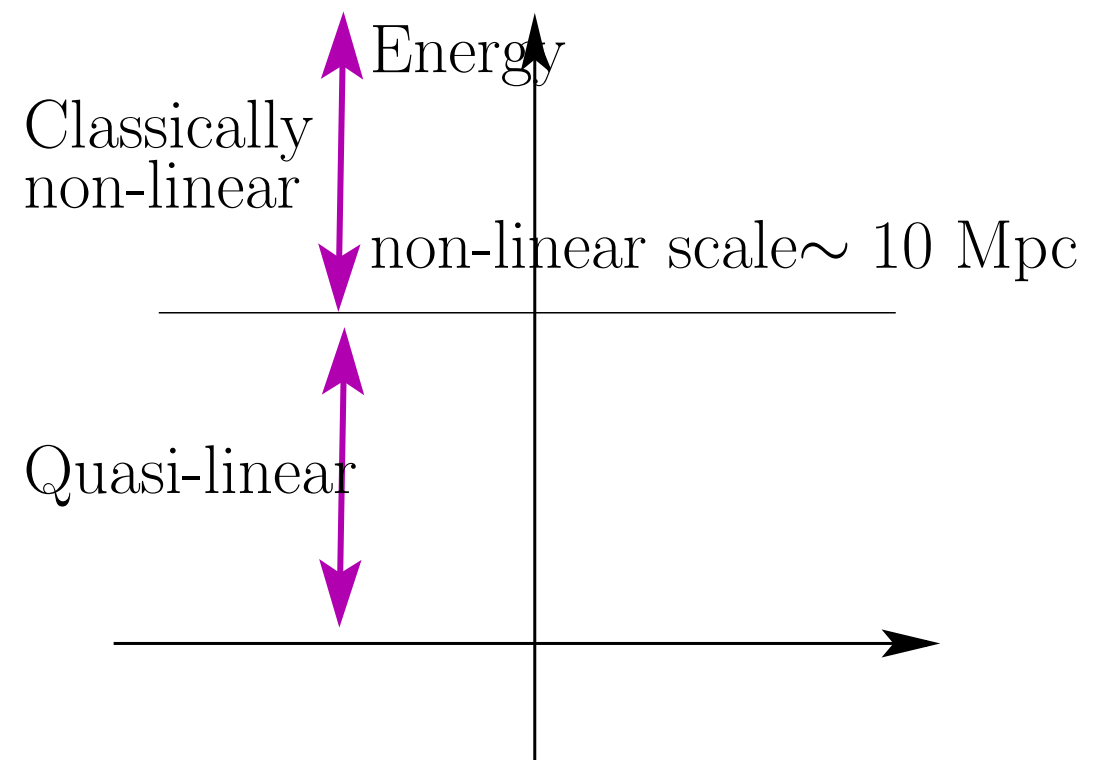
- How does our universe looks like?
 - Non-linear on short scales $\lambda_{NL} \sim 1 - 10 \text{ Mpc}$
 - Linear on large-scales $\delta\rho/\rho \gg 1$
- $H^{-1} \sim 14000 \text{ Mpc}$ $\delta\rho/\rho \ll 1$
- Similar to Chiral Lagrangian



Chiral Lagrangian



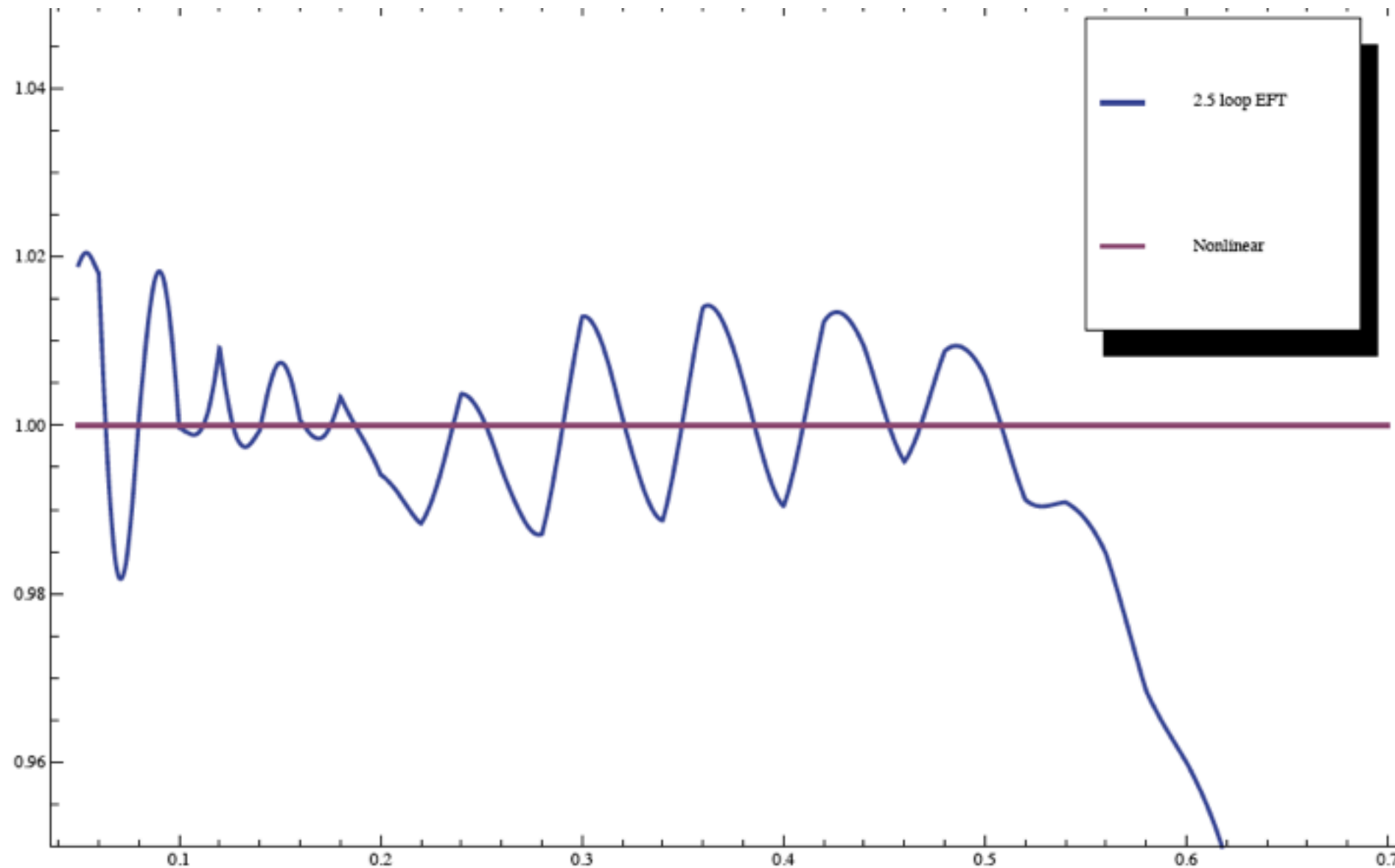
Universe



- Universe as an Effective Fluid with higher derivative stress-tensor in expansion in k/k_{NL}

A much higher k_{\max}

- So far predictions studied with the wrong theory
- At 2.5 loops (using loops, counterterms, matching, etc.)



- We reach $k_{\max} \simeq 0.5 h \text{ Mpc}^{-1}$

Big Improvement!

- So far predictions studied with the wrong theory
- Next are Large Scale Structures

$$\Delta f_{\text{NL}}^{\text{equil., orthog.}} (\text{Planck}) \sim 75$$

Giannantonio, Porciani, Carron, Amara, Pillepich **1109**

$$\Delta f_{\text{NL}}^{\text{equil., orthog.}} (\text{Euclid}) \sim 30$$

$$\text{Improvement} \simeq \frac{75}{30} \sim 2.5$$

- They use

$$k_{\text{max}} \simeq 0.15 h \text{ Mpc}^{-1}$$

- If I rescale by $\left(\frac{k_{\text{max}}^{\text{EFT}}}{k_{\text{max}}^{\text{old}}}\right)^{\frac{3}{2}} \sim \left(\frac{0.5}{0.15}\right)^{\frac{3}{2}} \simeq 6$

- We get New Improvement $\simeq 2.5 \rightarrow 15$

- And this is good. This is a lot

Big Improvement!

- So far predictions studied with the wrong theory
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Giannantonio, Porciani, Carron, Amara, Pillepich **1109**

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Big Improvement!

- With New Improvement $\simeq 2.5 \rightarrow 15$
- We get
 - With no detection:
 - $f_{\text{NL}}^{\text{loc.}} \simeq 1$
 - Good for testing multifield
 - $f_{\text{NL}}^{\text{equil., orthog.}} \sim 5 \Rightarrow c_s \gtrsim 0.2$
 - Making the speed of sound order 1
 - Making $\Lambda_U \sim \dot{H} M_{\text{Pl}}^2 \sim \dot{\phi}_{\text{slow roll}}^2$
 - » We would be allowed to believe in slow-roll
- And most importantly,
 - A very decent shot at a detection!
 - which of course is revolutionary
- With this, we improve even with DES, HEDTEX.

Conclusions

- Thank you Planck, thank you Planck team.
 - the universe is clearly understandable, and so very beautiful.
- What are we learning of inflation?
 - initial perturbations are super-Hubble
 - the tilt is perfect
- The the EFT of Inflation, allows to to talk only of relevant information
- B-modes: great, but we have not seen them
- Non-Gaussianities
 - they would really prove inflation
 - not seen, and could have shown up, constrain couplings
- LSS offers a great window of potential improvement.
 - how much information is there for us to extract? possible factor of 15!
 - The answer if we can to the theorists.

$$S = \int d^4x \sqrt{-g} \left[-\frac{M_{\text{Pl}}^2 \dot{H}}{c_s^2} \left(\dot{\pi}^2 - c_s^2 \frac{(\partial_i \pi)^2}{a^2} \right) - M_{\text{Pl}}^2 \dot{H} (1 - c_s^{-2}) \dot{\pi} \frac{(\partial_i \pi)^2}{a^2} + \left(M_{\text{Pl}}^2 \dot{H} (1 - c_s^{-2}) - \frac{4}{3} M_3^4 \right) \dot{\pi}^3 \right]$$

