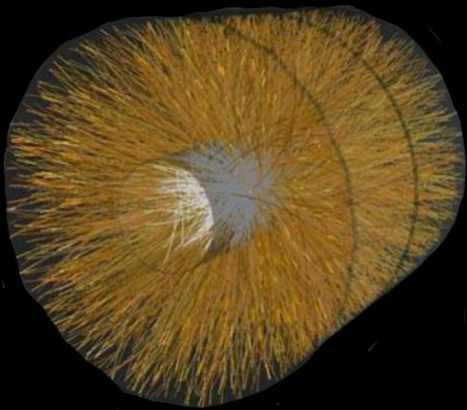
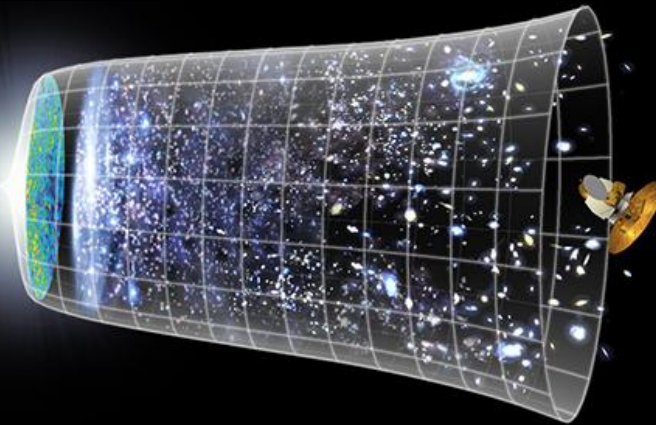


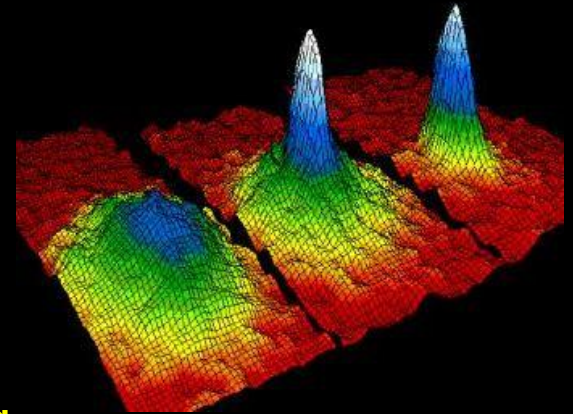
Nonthermal Fixed Points and Bose Condensation: From the Early Universe to Cold Atoms



ALICE/CERN



WMAP Science Team



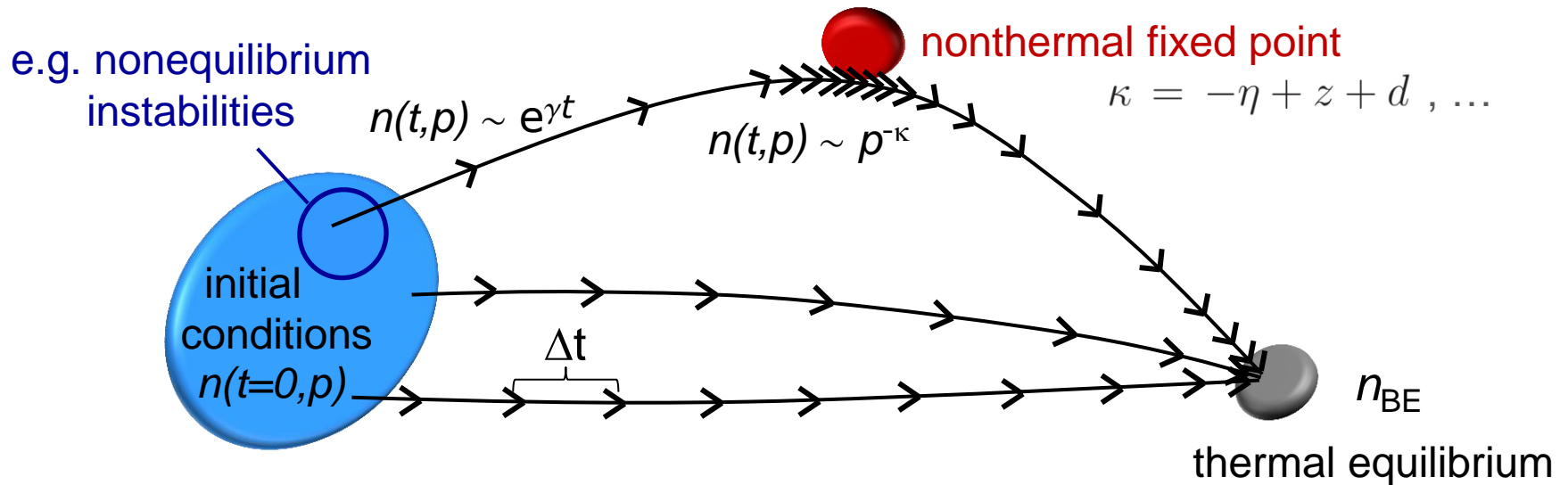
JILA/NIST

J. Berges

Universität Heidelberg

DYNAMICS AND THERMODYNAMICS IN ISOLATED QUANTUM SYSTEMS
KITP 2012

Thermalization in closed quantum systems



• Characteristic nonequilibrium time scales? Relaxation? Instabilities?

→ Prethermalization

Berges, Borsanyi, Wetterich PRL (2004),
Moeckel, Kehrein, PRL (2008), ...

• Diverging time scales far from equilibrium? Universality?

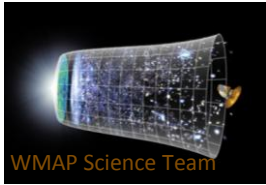
→ Nonthermal fixed points

Berges, Rothkopf, Schmidt PRL (2008), ...
Nowak, Sexty, Gasenzer, PRB (2011), ...

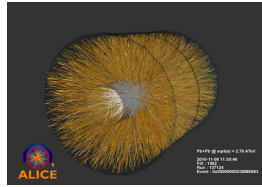
Berges, Sexty, PRL (2012)
Nowak, Gasenzer arXiv:1206.3181

Universality far from equilibrium

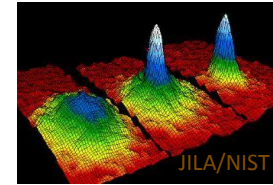
Early-universe preheating
($\sim 10^{16}$ GeV)



Heavy-ion collisions
(~ 100 MeV)



Cold quantum gas dynamics
($\sim 10^{-13}$ eV)



Instabilities, 'overpopulation', ...

Nonthermal fixed points

Very different microscopic dynamics can lead to
same macroscopic scaling phenomena

Nonthermal RG fixed points



RG: 'microscope' with varying resolution of length scale

$$\sim 1/k$$

Fixed point: physics looks the same for 'all' resolutions (in rescaled units)

scaling form, e.g. $F_k = \frac{1}{2} \langle \{\Phi, \Phi\} \rangle_k \sim \frac{1}{k^{2+\kappa}}$ ← 'occupation number' exponent

similarly, retarded propagator: $G_k^R \sim \frac{1}{k^{2-\eta}}$ ← anomalous dimension

Hierarchy of possible infrared fixed points: $\omega(k) \sim k^z$ ← dynamic exponent

- vacuum: $\kappa = -\eta$
- thermal: $\kappa = -\eta + z$
- *nonequilibrium:* $\kappa = -\eta + z + d, \dots$

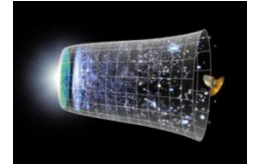
increasing complexity

Example: heating the universe after inflation

- Chaotic inflation

Kofman, Linde, Starobinsky, PRL 73 (1994) 3195

$$V(\phi, \chi) = \frac{1}{2}m^2\phi^2 + \frac{1}{2}\mu^2\chi^2 + \frac{\lambda}{4}\phi^4 + \frac{g}{2}\phi^2\chi^2$$



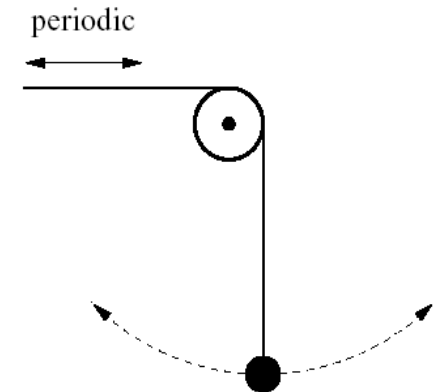
$$\phi \gg m/\sqrt{\lambda} \quad , \quad \phi_0 \sim M_{\text{P}} \quad , \quad \lambda \lesssim 10^{-12} \quad , \quad g^2 \lesssim \lambda$$

massless preheating: $m = \mu = 0$, conformally equiv. to Minkowski space

$$\frac{d^2 \chi_k}{dt^2} + (k^2 + g\phi^2(t))\chi_k = 0$$

Classical oscillator analogue (parametric resonance):

$$\left. \begin{array}{l} \omega(t) \leftrightarrow \phi(t), \\ x(t) \leftrightarrow \chi_{k=0}(t) \end{array} \right\} \quad \ddot{x} + \omega^2(t)x = 0$$

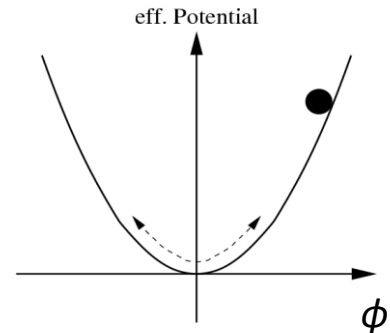


Nonequilibrium quantum field theory

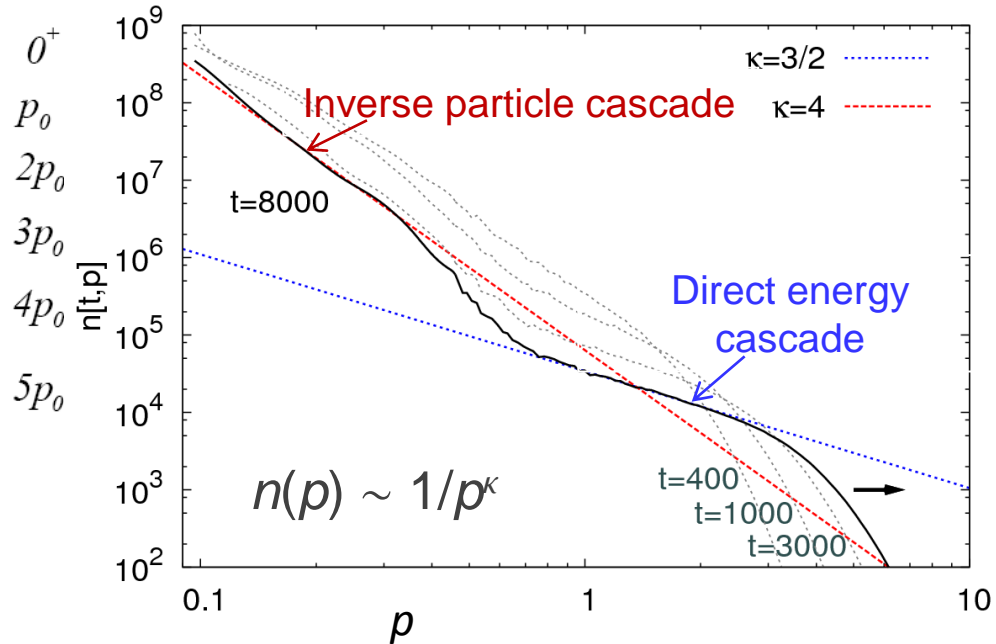
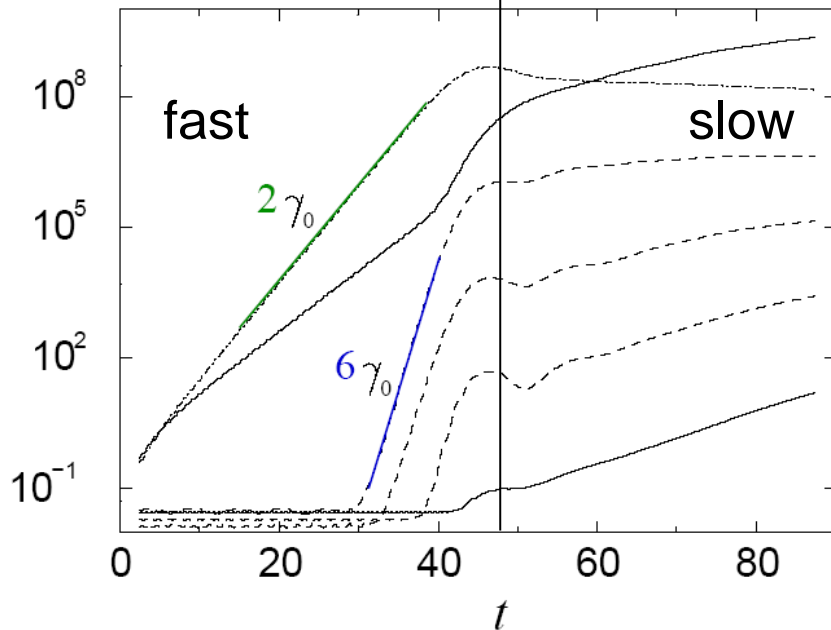
Berges, Rothkopf, Schmidt, PRL 101 (2008) 041603

Generalize to N fields (2PI 1/ N to NLO):

$$\Phi(t,p) = (\phi(t,p), \chi_1(t,p), \chi_2(t,p), \dots, \chi_{N-1}(t,p))$$



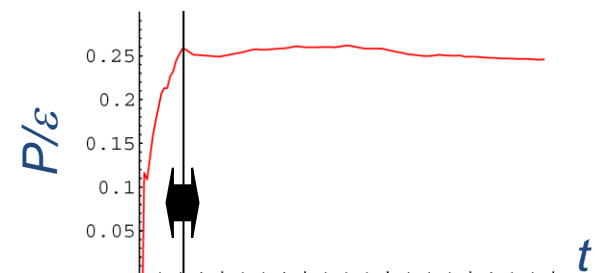
parametric resonance  nonthermal fixed point



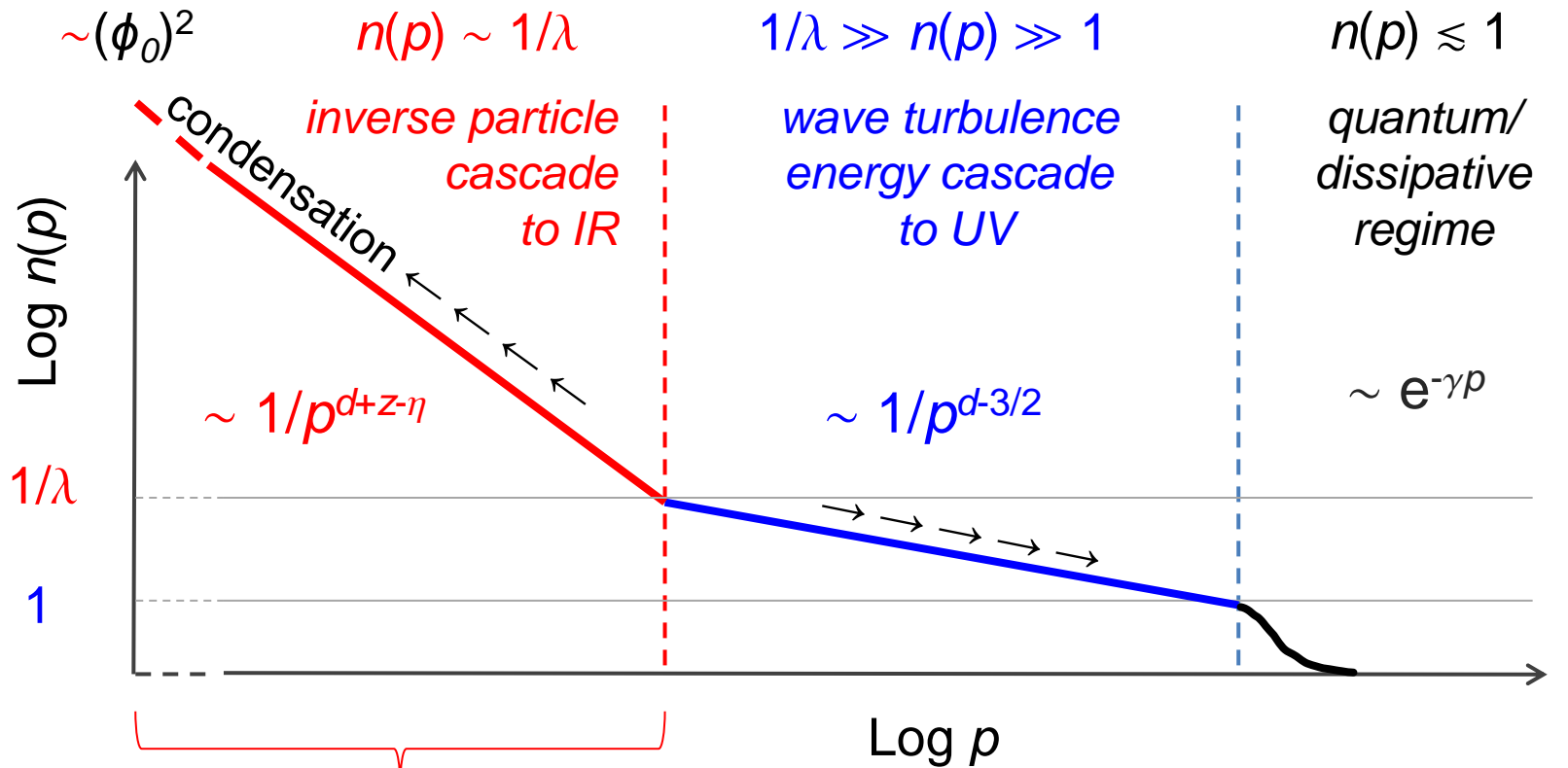
$N=4, \lambda \sim 10^{-4}, \phi(t) = \sigma(t)\sqrt{6N/\lambda}$
in units of $\sigma(t=0)$, method:

Berges, Serreau, PRL 91 (2003) 111601

Prethermalized
equation of state:



Stationary transport of conserved charges



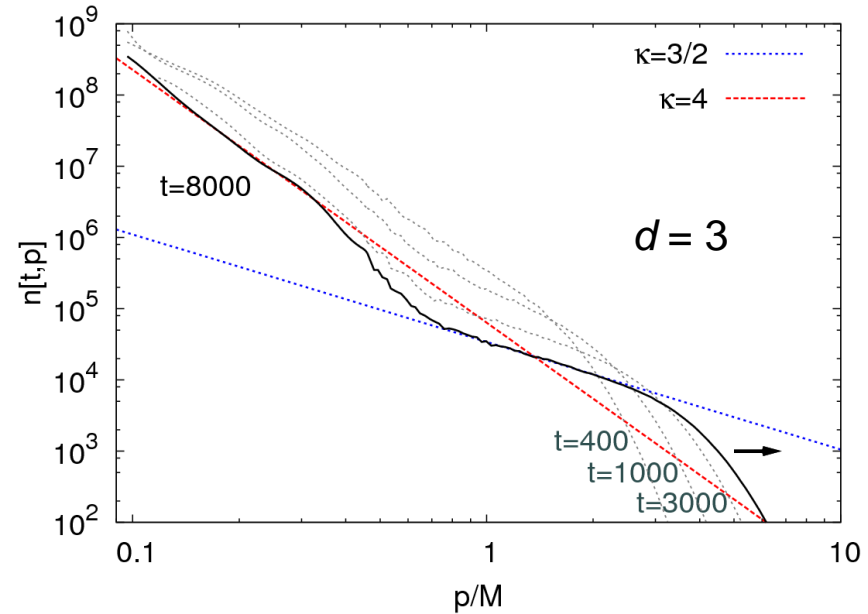
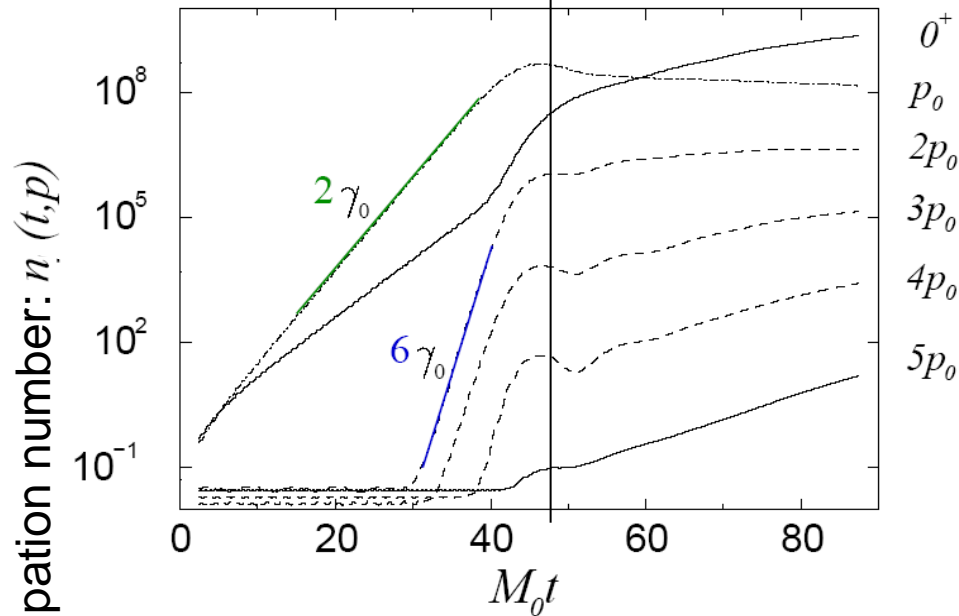
Dynamically generated
 conserved particle number!
 (absent in thermal equilibrium)

here relativistic, $z \approx 1$, $\eta \approx 0$

→ ‘Conserved’ quantities lead to universal scaling solutions far from equilibrium

Dependence on spatial dimension d

parametric resonance  nonthermal fixed point:

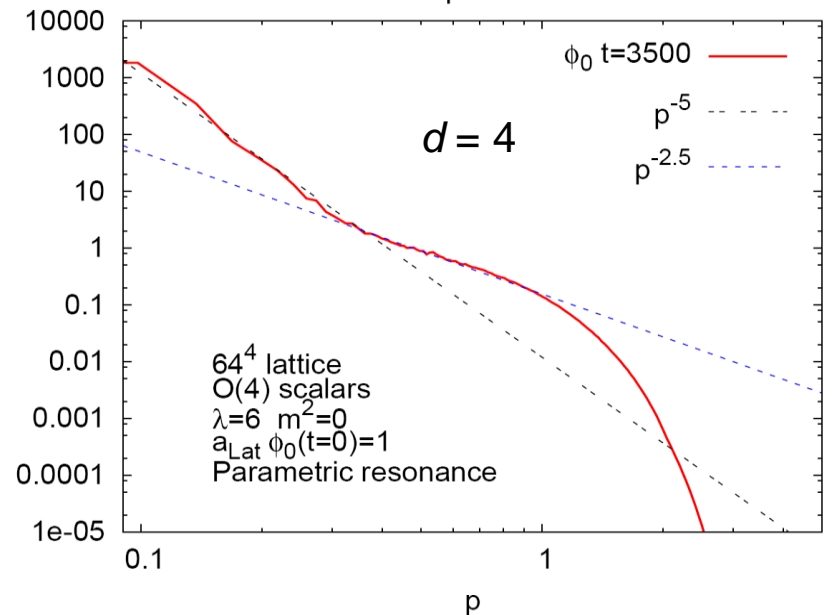


$$n(t, p) \sim p^{-\kappa} \text{ with } \kappa = -\eta + z + d$$

→ $\kappa = 4$ for $d = 3$,
 $\kappa = 5$ for $d = 4$ ✓ IR

for $z = 1$ (relativistic), $\eta = 0$

Berges, Sexty, PRD 83 (2011) 085004



Bose condensation from overpopulation

$$F(t, t'; \vec{x} - \vec{y}) = \left\langle \left\{ \hat{\phi}(t, \vec{x}), \hat{\phi}(t', \vec{y}) \right\} \right\rangle$$

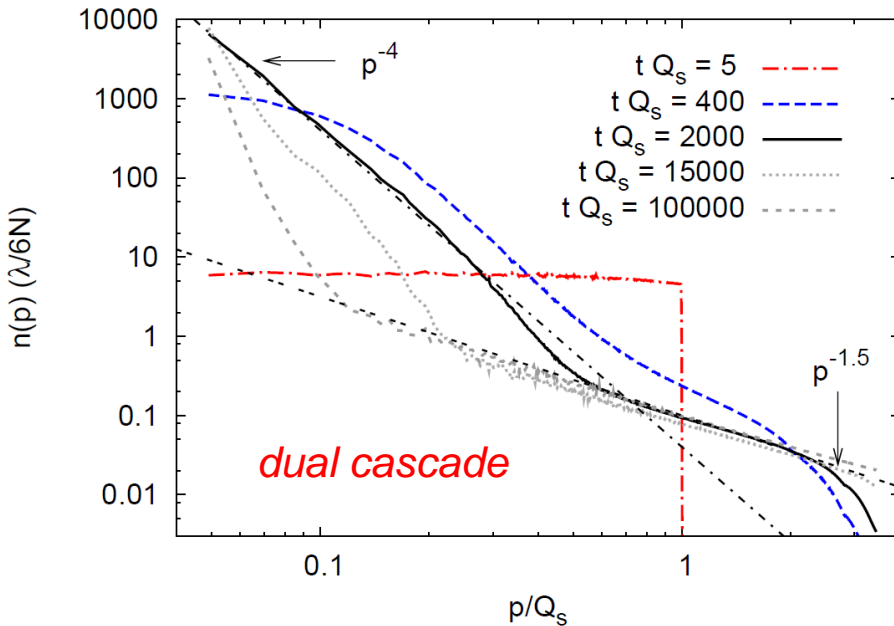
$$F(t, t; p) = \frac{1}{\omega_p(t)} \left(n_p(t) + \frac{1}{2} \right) + (2\pi)^d \delta^{(d)}(\vec{p}) \phi_0^2(t) \quad \text{(relativistic)}$$

time-dependent condensate

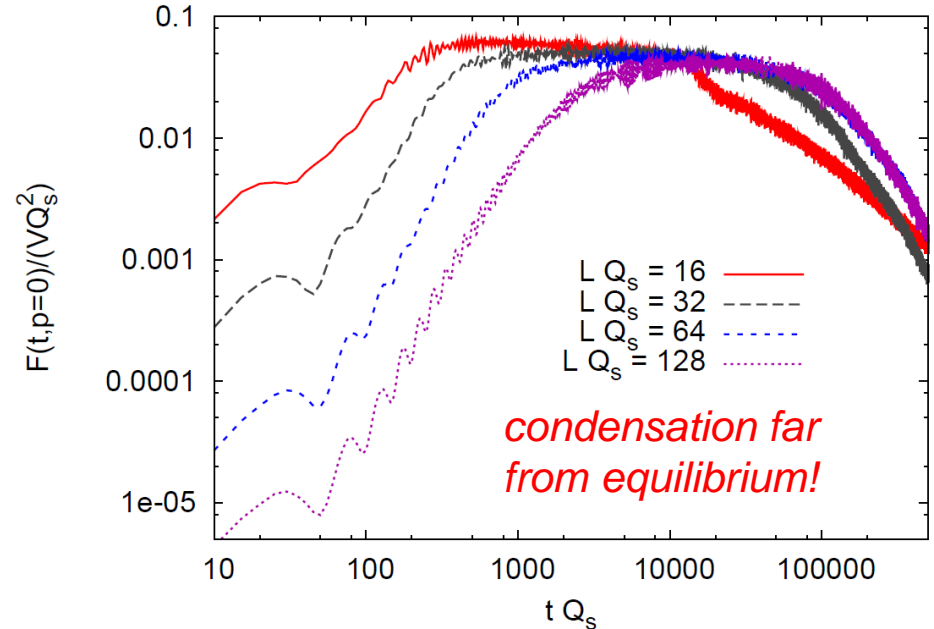


starting from initial 'overpopulation':

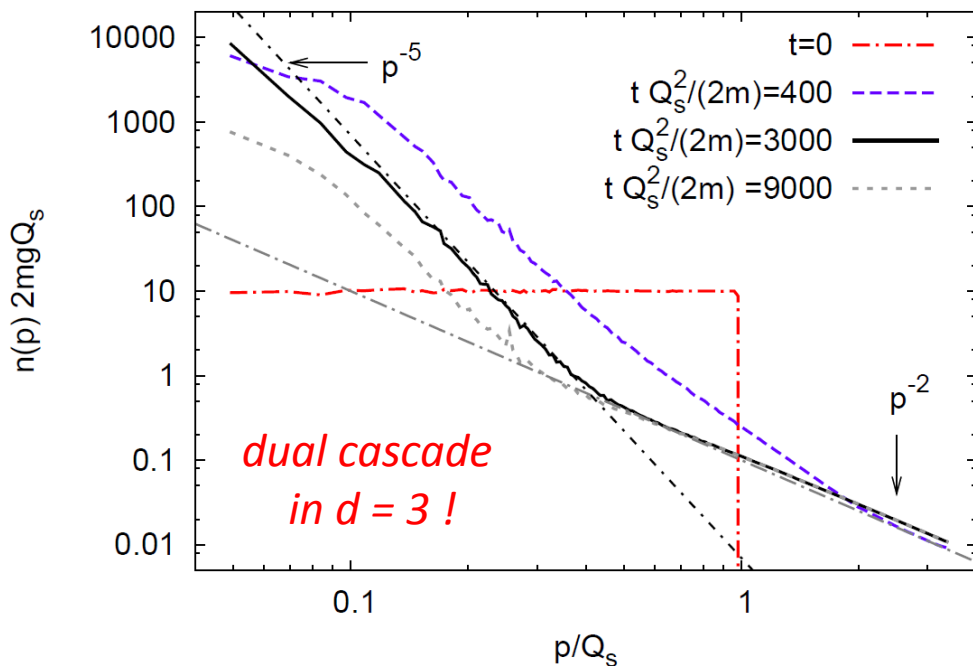
finite volume: $(2\pi)^d \delta^{(d)}(0) \rightarrow V$



No initial condensate!



Comparison to cold Bose gas (Gross-Pitaevskii)



Berges, Sexty, PRL 108 (2012) 161601

Infrared particle cascade leads to Bose condensation without subsequent decay!

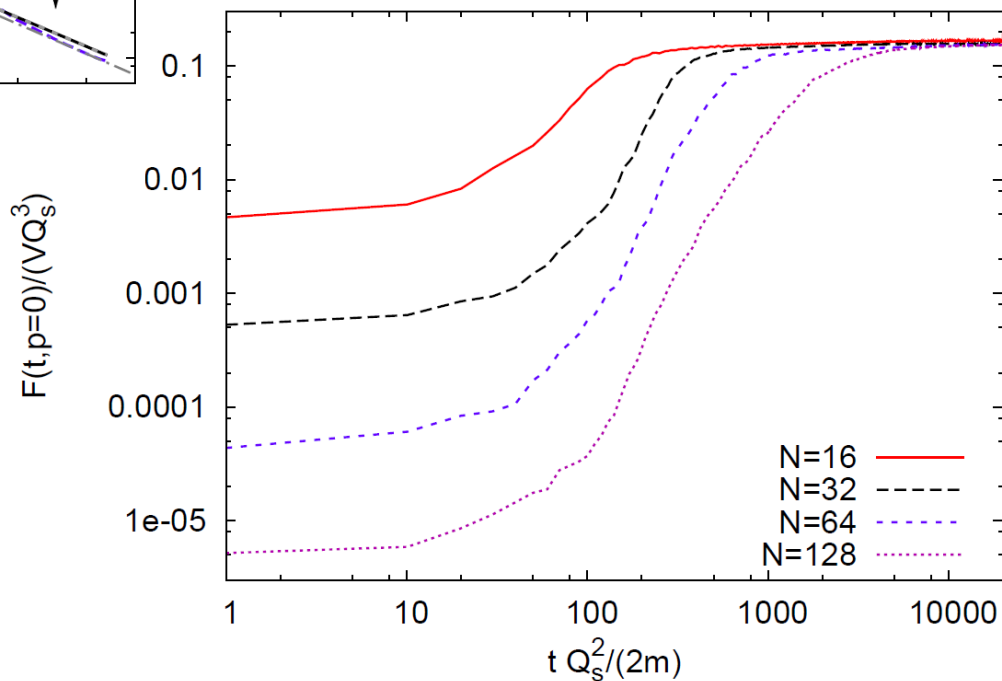
(no number changing processes)

Expected infrared cascade:

$$n(p) \sim 1/p^{d+2-\eta}$$

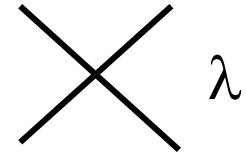
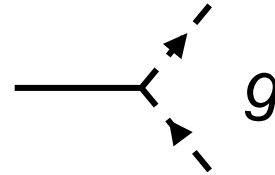
for non-relativistic dynamics

Scheppach, Berges, Gasenzer, PRA 81 (2010) 033611; Nowak, Sexty, Gasenzer, PRB 84 (2011) 020506(R); Nowak, Gasenzer arXiv:1206.3181



Nonthermal fixed points as quantum amplifier

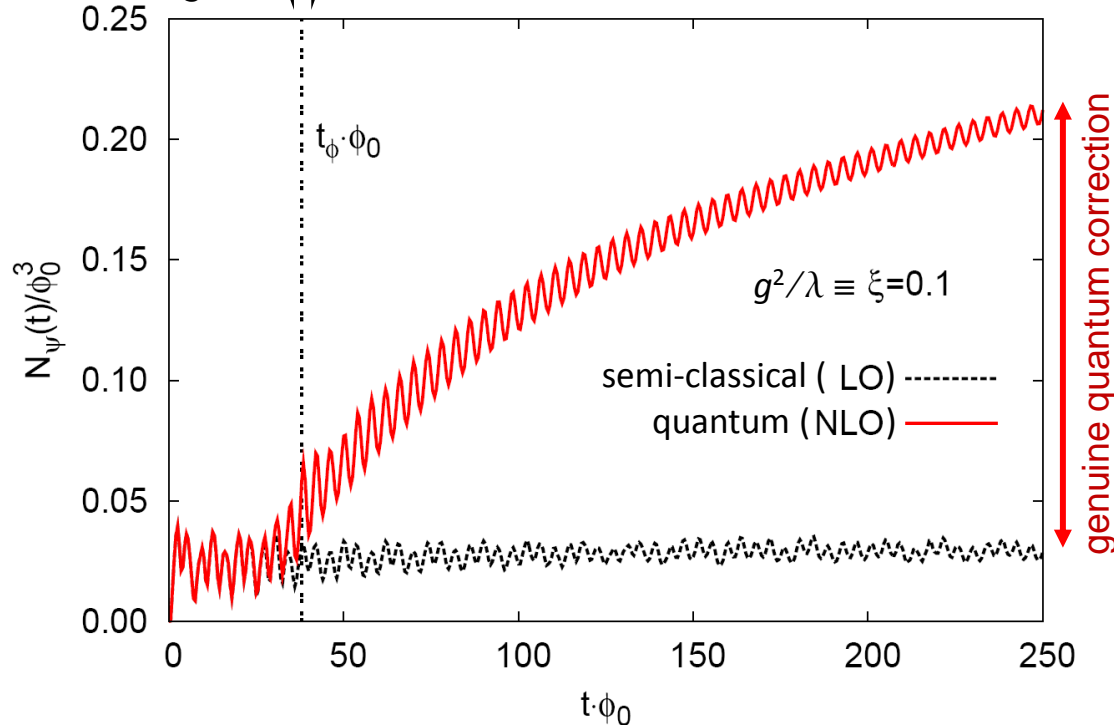
Decay into (Dirac) fermions:



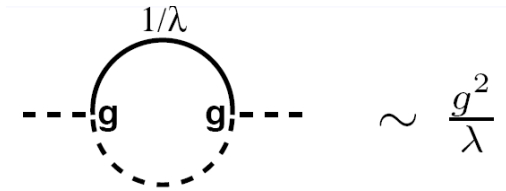
scalar parametric
resonance regime



overpopulation, nonthermal fixed point



2PI-NLO:



Berges, Gelfand, Pruscke
PRL 107 (2011) 061301

Nonequilibrium fermion spectral function

$$\rho(x, y) = i \langle \{ \psi(x), \bar{\psi}(y) \} \rangle$$

\nearrow
 \searrow

$\rho_V^\mu = \frac{1}{4} \text{tr} (\gamma^\mu \rho)$

vector components

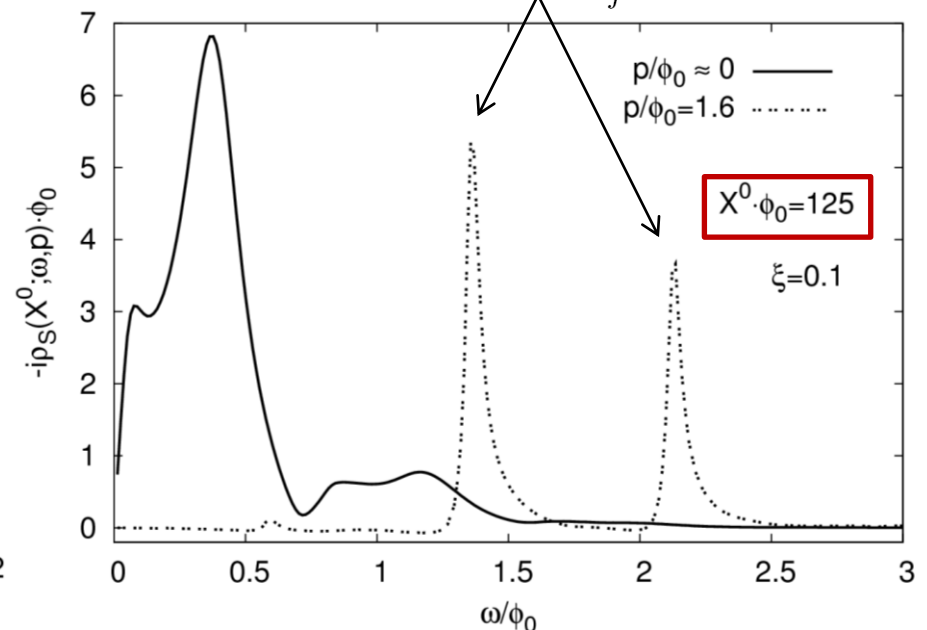
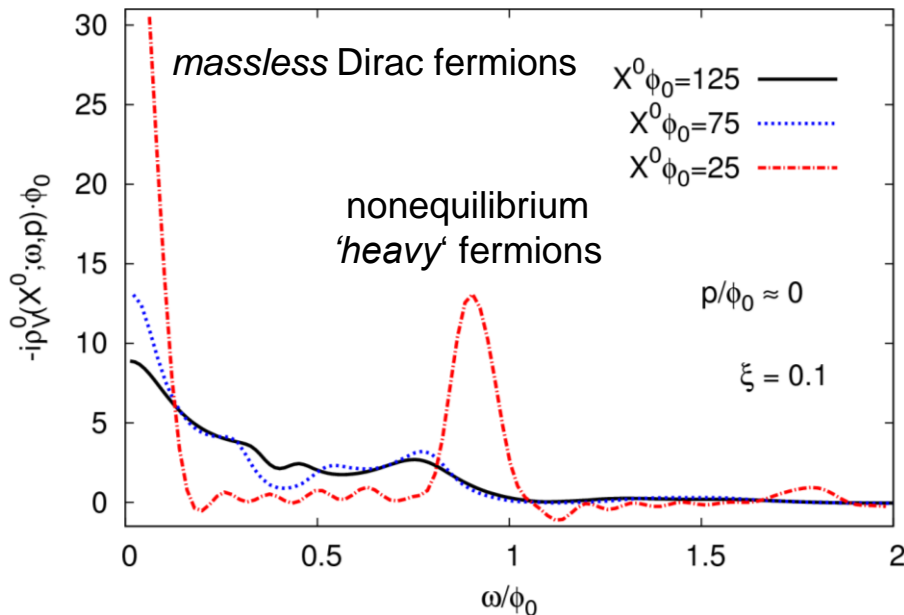
$\rho_S = \frac{1}{4} \text{tr} (\rho)$

scalar component

quantum field anti-commutation relation: $-i\rho_V^0(t, t; \mathbf{p}) = 1$

Wigner transform: $(X^0 = (t + t')/2)$

$$M_\psi^{\text{eff}}(t) \simeq \pm \frac{g}{N_f} |\phi(t)|$$

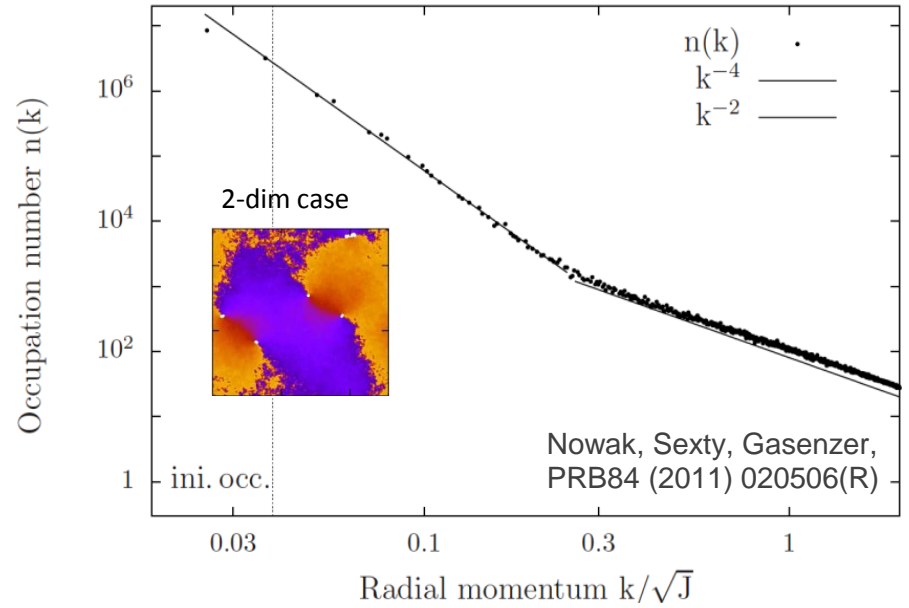
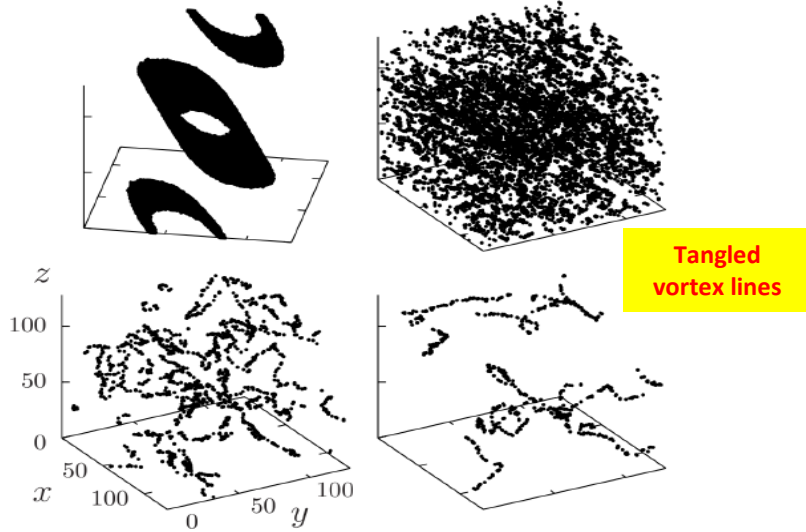


Universality far from equilibrium!

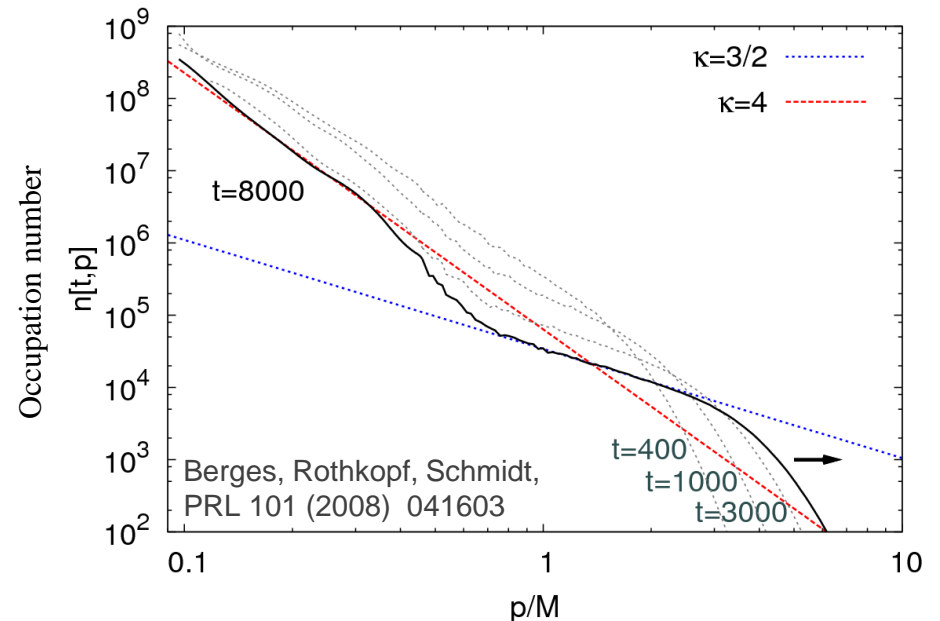
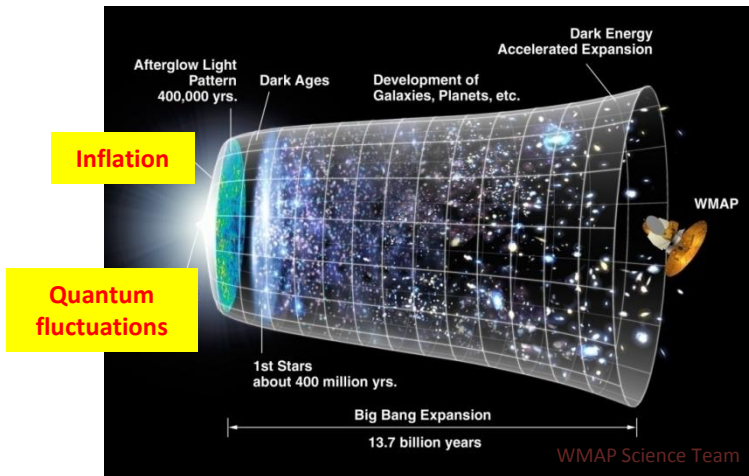
$$\lim_{p \rightarrow 0} n(p) \sim \frac{1}{p^4}$$

universal scaling exponents etc.

- Superfluid turbulence in a cold Bose gas



- Reheating dynamics after chaotic inflation



Conclusions

Nonthermal fixed points / universality far from equilibrium:

- crucial for thermalization process from instabilities/overpopulation!
- strongly nonlinear regime of stationary transport (*dual cascade*)!
- Bose condensation from inverse particle cascade!
- large amplification of quantum corrections for fermions!
- nonabelian gauge theory results indicate same wave turbulence exponents (Bose condensation!?) as for scalars!

Turbulence/Bose condensation for gluons?

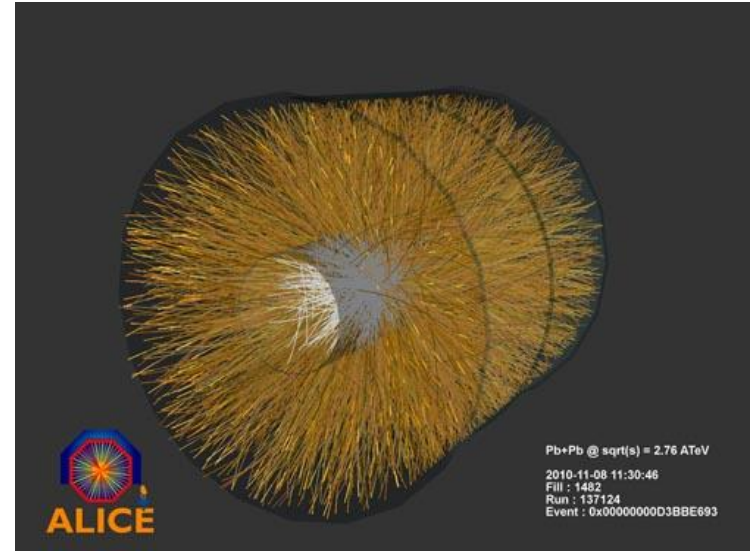
Field strength tensor, here for $SU(2)$:

$$F_{\mu\nu}^a[A] = \partial_\mu A_\nu^a - \partial_\nu A_\mu^a + g\epsilon^{abc} A_\mu^b A_\nu^c$$

Equation of motion:

$$(D_\mu[A]F^{\mu\nu}[A])^a = 0$$

$$D_\mu^{ab}[A] = \partial_\mu \delta^{ab} + g\epsilon^{acb} A_\mu^c$$



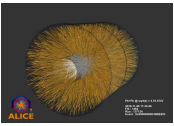
Classical-statistical simulations accurate for sufficiently large fields/high gluon occupation numbers:

anti-commutators

$$\langle \{A, A\} \rangle \gg \langle [A, A] \rangle$$

commutators

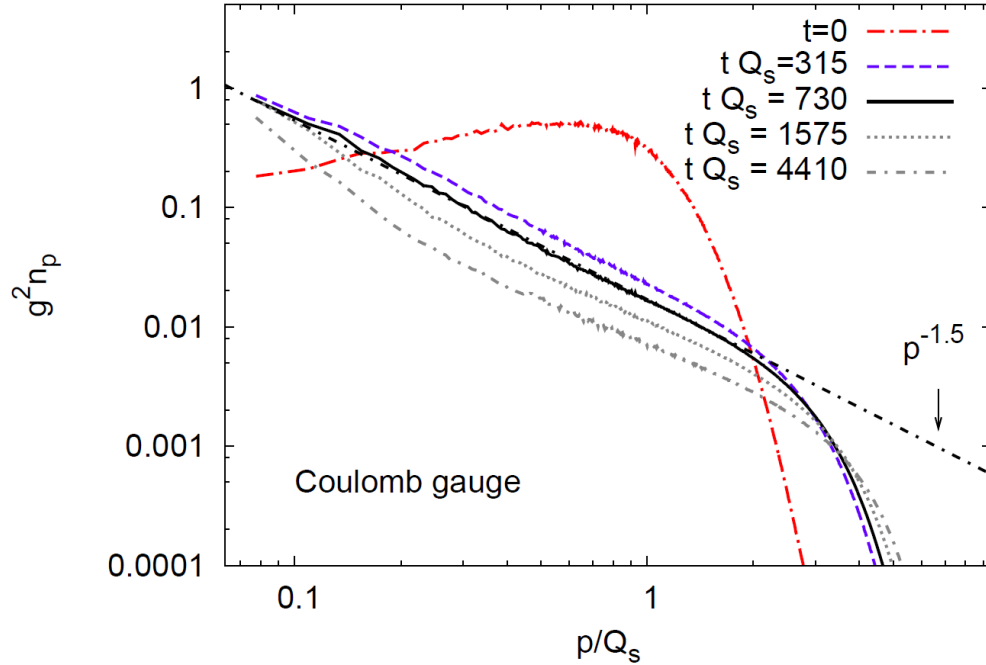
$$\text{i.e. } \langle n(p) \rangle \gg 1$$



Nonabelian gauge theory

Occupancy: $\sim \sqrt{\langle |A^2(p)| \rangle \langle |E^2(p)| \rangle}$

Berges, Schlichting, Sexty, arXiv:1203.4646

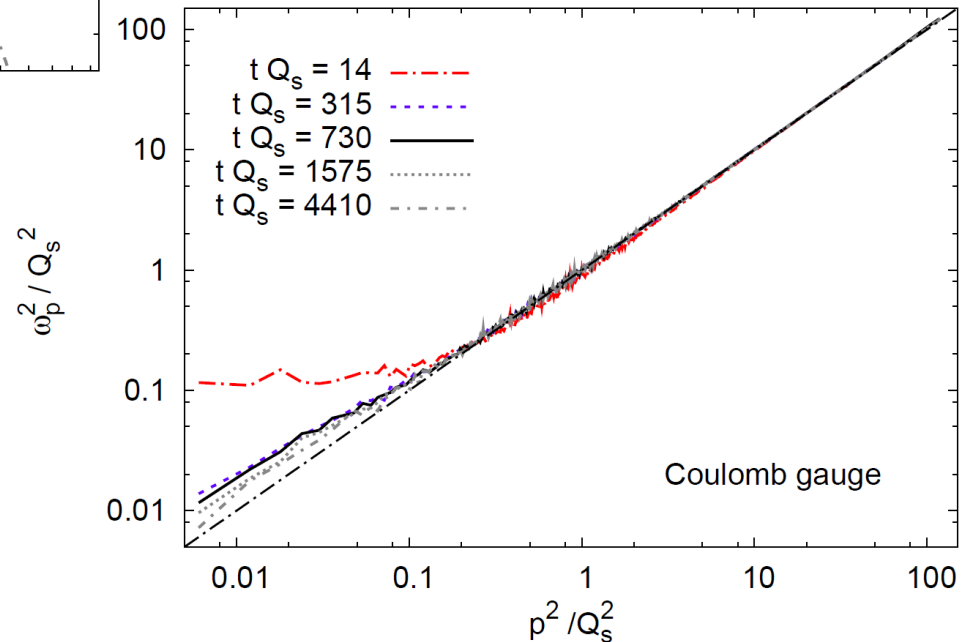


Initial overpopulation:

$$\epsilon \sim \frac{Q_s^4}{g^2} \quad \text{i.e.} \quad n(p \simeq Q_s) \sim \frac{1}{g^2}$$

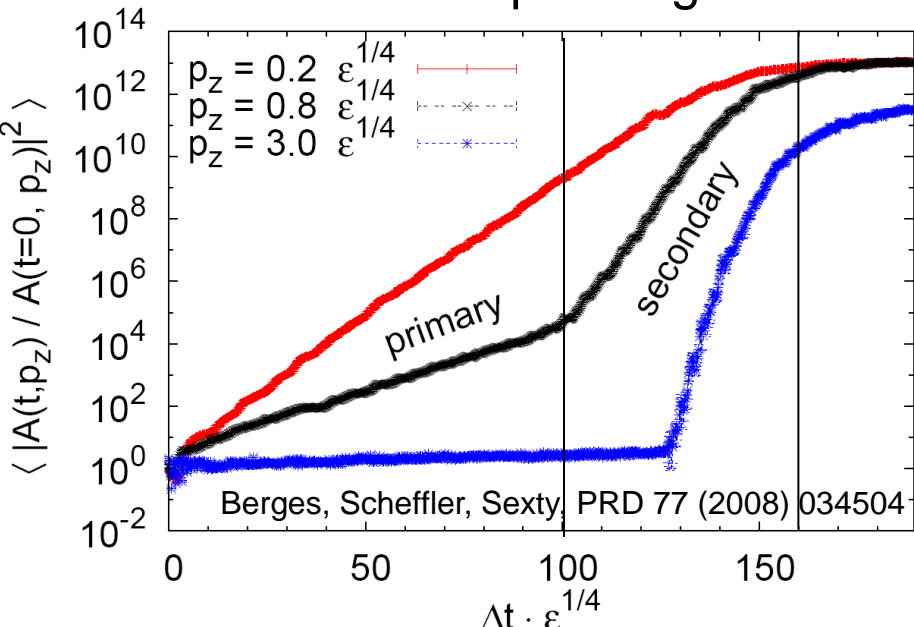
Dispersion: $\sim \sqrt{\langle |E^2(p)| \rangle / \langle |A^2(p)| \rangle}$

- Wave turbulence exponent 3/2
(as for scalars with condensate)!?

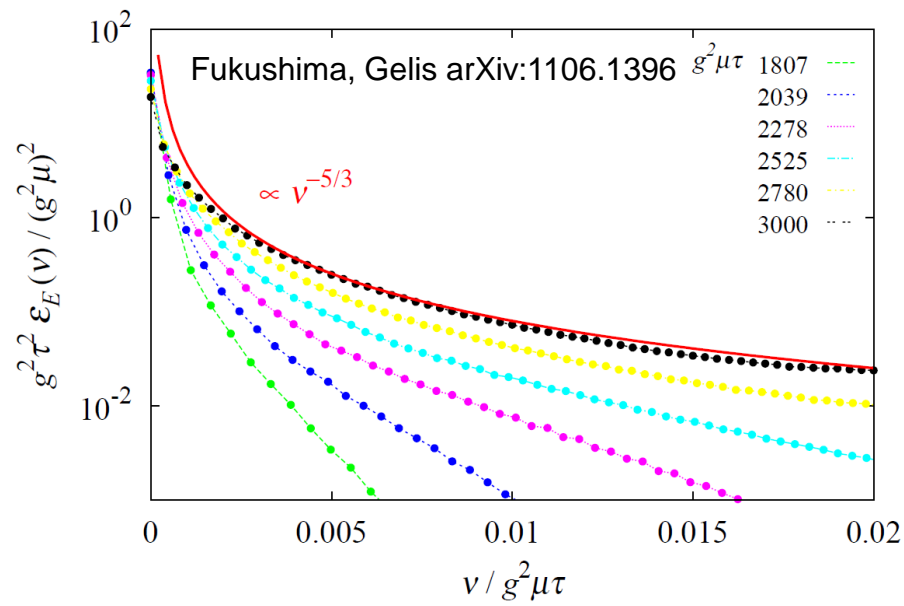
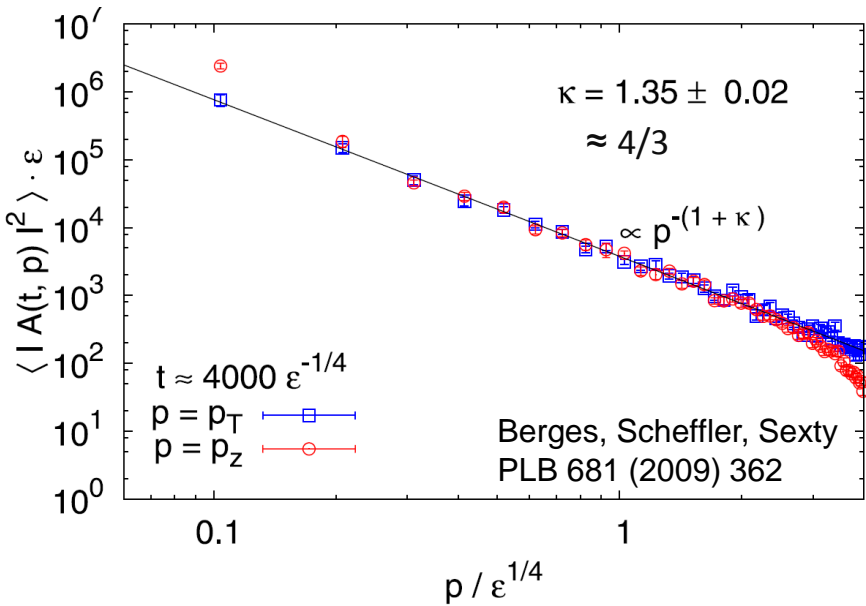
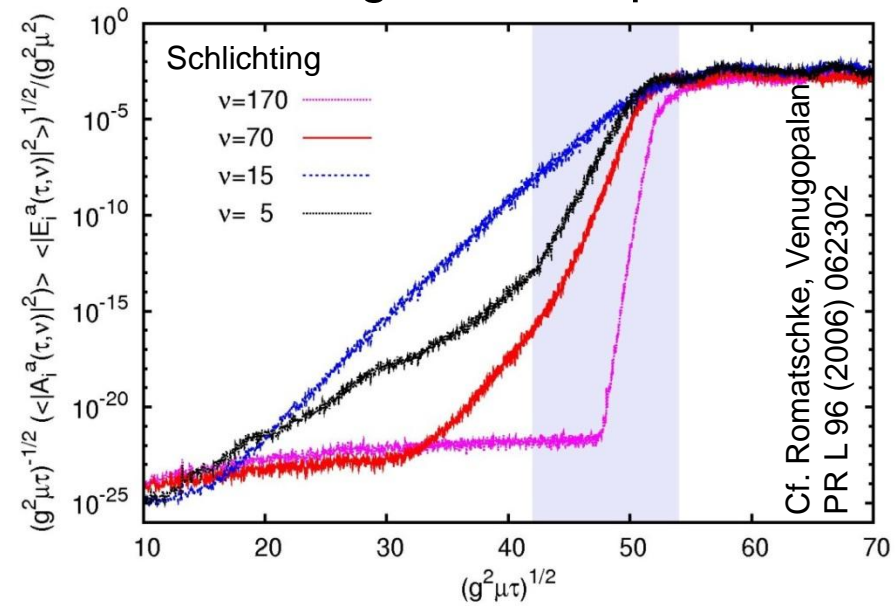


Turbulence from plasma instabilities: Lattice

Non-expanding



With longitudinal expansion



Lattice simulations with dynamical fermions

Consider general class of models including lattice gauge theories

$$\mathcal{L} = \frac{1}{2} \partial\Phi^* \partial\Phi - V(\Phi) + \sum_k^{N_f} \left[i\bar{\Psi}_k \gamma^\mu \partial_\mu \Psi_k - \bar{\Psi}_k \left(\begin{matrix} m \downarrow \\ MP_L + M^* P_R \end{matrix} \right) \Psi_k \right]$$

$$\begin{matrix} \nearrow & \nwarrow \\ \frac{1}{2}(1 - \gamma^5) & \frac{1}{2}(1 + \gamma^5) \end{matrix}$$

$$\int \prod_k D\Psi_k^+ D\Psi_k e^{i \int \mathcal{L}(\Phi, \Psi^+, \Psi)} \Rightarrow \boxed{\partial_x^2 \Phi(x) + V'(\Phi(x)) + N_f J(x) = 0}$$

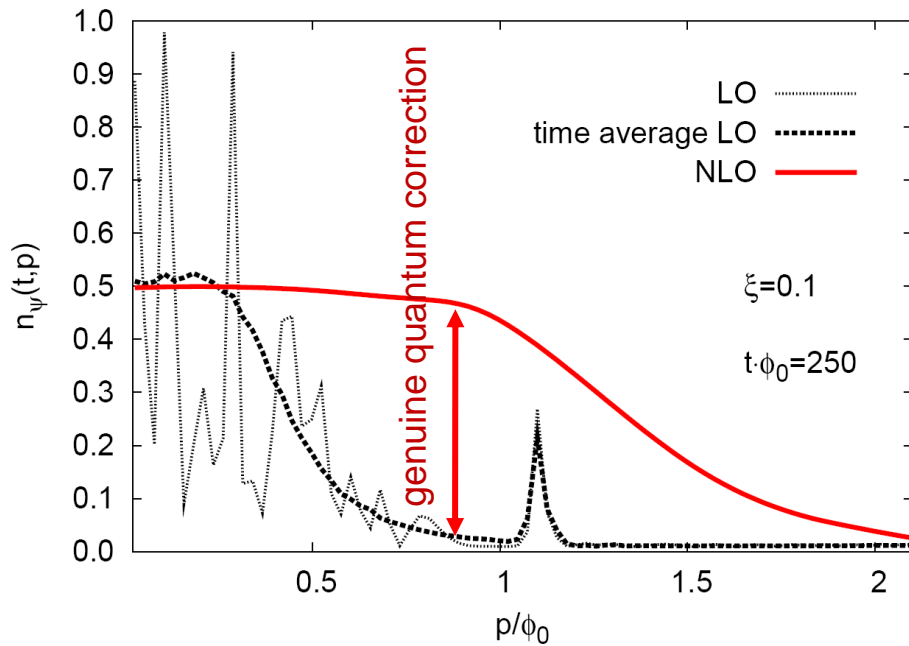
$$J(x) = J^S(x) + J^{PS}(x) \quad \begin{aligned} J^S(x) &= -g \langle \bar{\Psi}(x) \Psi(x) \rangle = g \text{Tr} D(x, x), \\ J^{PS}(x) &= -g \langle \bar{\Psi}(x) \gamma^5 \Psi(x) \rangle = g \text{Tr} D(x, x) \gamma^5 \end{aligned}$$

For classical $\Phi(x)$ the exact equation for the fermion $D(x,y)$ reads:

$$\boxed{(i\gamma^\mu \partial_{x,\mu} - m + g \text{Re} \Phi(x) - ig \text{Im} \Phi(x) \gamma^5) D(x, y) = 0}$$

Very costly ($4 \times 4 \times N^3 \times N^3$)! Use low-cost fermions of Borsanyi & Hindmarsh

Occupation number distributions



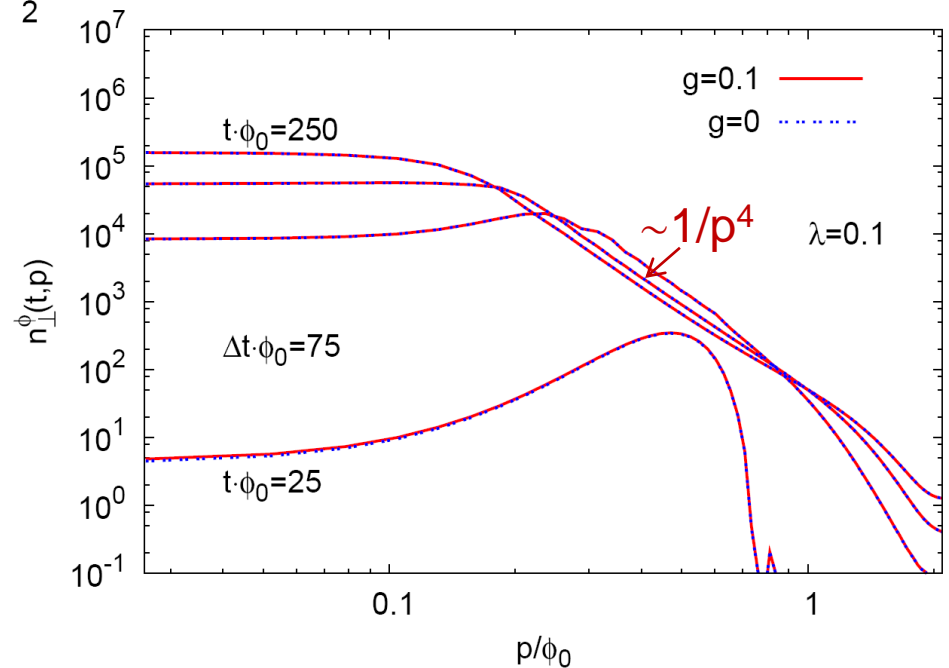
Fermions

(2PI-NLO)

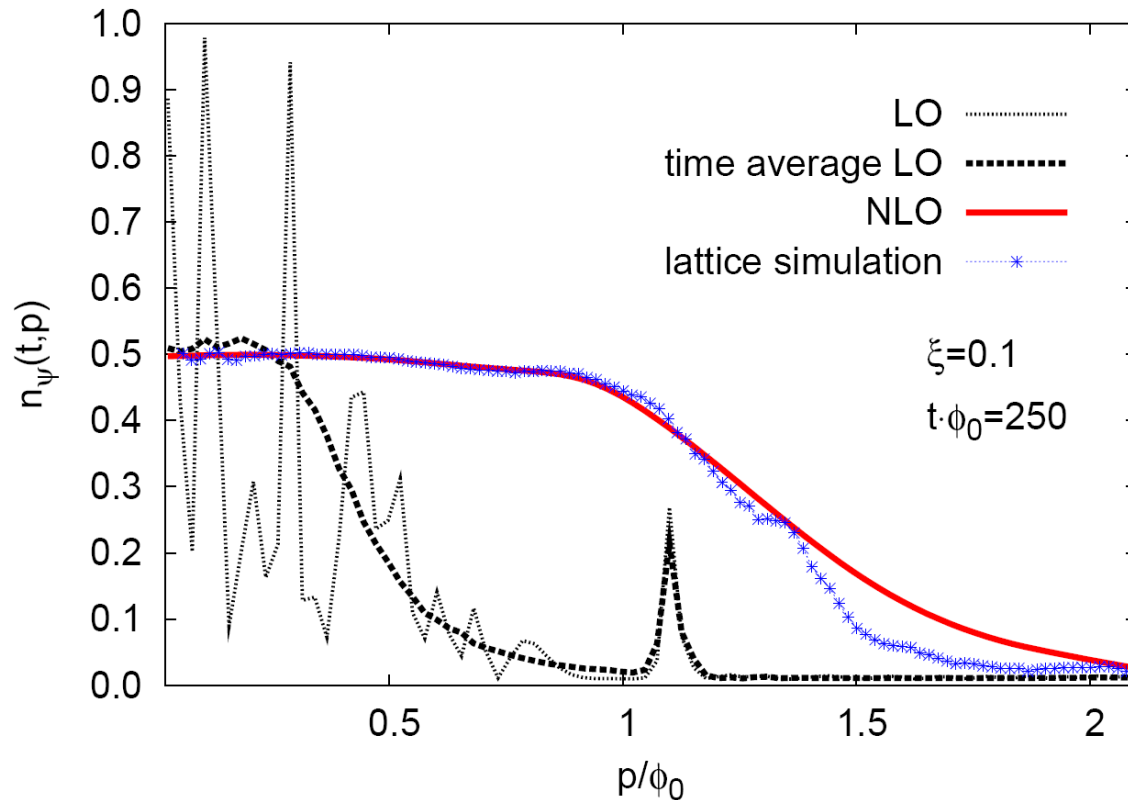
IR fermions thermally occupied

Bosons still far from equilibrium

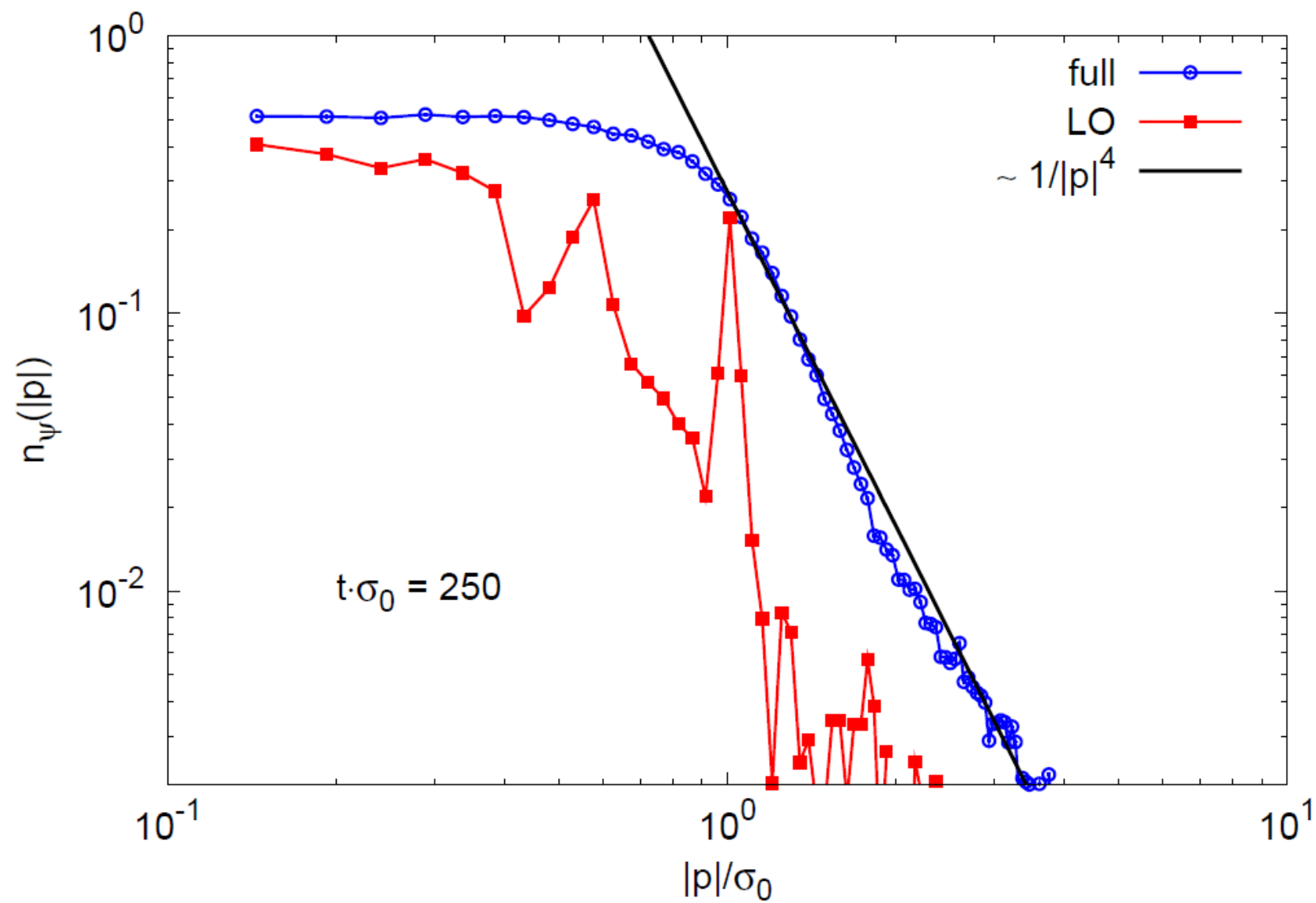
Bosons



Real-time dynamical fermions in 3+1 dimensions!



- Wilson fermions on a 64^3 lattice Berges, Gelfand, Pruschke, PRL 107 (2011) 061301
- Very good agreement with NLO quantum result (2PI) for $\xi \ll 1$
(differences at larger p depend on Wilson term \rightarrow larger lattices)
- Lattice simulation can be applied to strongly correlated regime $\xi \sim 1$!



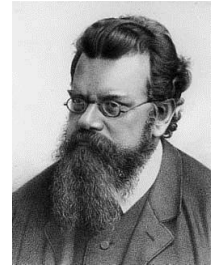
Digression: weak wave turbulence

Boltzmann equation for *relativistic* $2 \leftrightarrow 2$ scattering, $n_1 \equiv n(t, p_1)$:

$$\frac{dn_1}{dt} = \int \frac{d^3 p_2}{(2\pi)^3 2E_2} \int \frac{d^3 p_3}{(2\pi)^3 2E_3} \int \frac{d^3 p_4}{(2\pi)^3 2E_4}$$

$$\times \underbrace{\delta^3(p_1 + p_2 - p_3 - p_4)}_{\text{momentum conservation}} \underbrace{\delta(E_1 + E_2 - E_3 - E_4)}_{\text{energy conservation}} (2\pi)^4 |M|^2_{\text{scattering}}$$

$$\times \left(\underbrace{n_3 n_4 (1 + n_1) (1 + n_2)}_{\text{"gain" term}} - \underbrace{n_1 n_2 (1 + n_3) (1 + n_4)}_{\text{"loss" term}} \right)$$



Different stationary solutions, $dn_1/dt=0$, in the (classical) regime $n(p) \gg 1$:

1. $n(p) = 1/(e^{\beta\omega(p)} - 1)$ thermal equilibrium

2. $n(p) \sim 1/p^{4/3}$

turbulent *particle* cascade

3. $n(p) \sim 1/p^{5/3}$

energy cascade

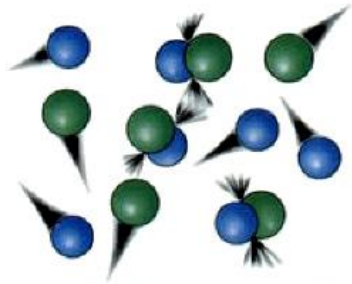
} Kolmogorov
-Zakharov
spectrum

...associated to stationary transport of conserved quantities

Range of validity of Kolmogorov-Zakharov

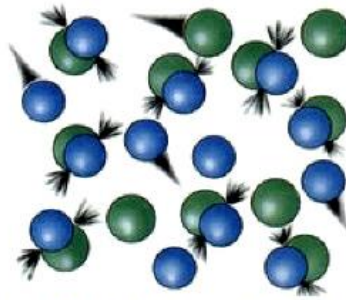
E.g. self-interacting scalars with quartic coupling: $|M|^2 \sim \lambda^2 \ll 1$

$$n(p) \lesssim 1$$



Low concentration = Few collisions

$$1 \ll n(p) \ll 1/\lambda$$



High concentration = More collisions

$$n(p) \sim 1/\lambda$$

'overpopulation'
(non-perturbative)

analytically well described
by 2PI effective action
techniques!

Very high concentration = ?

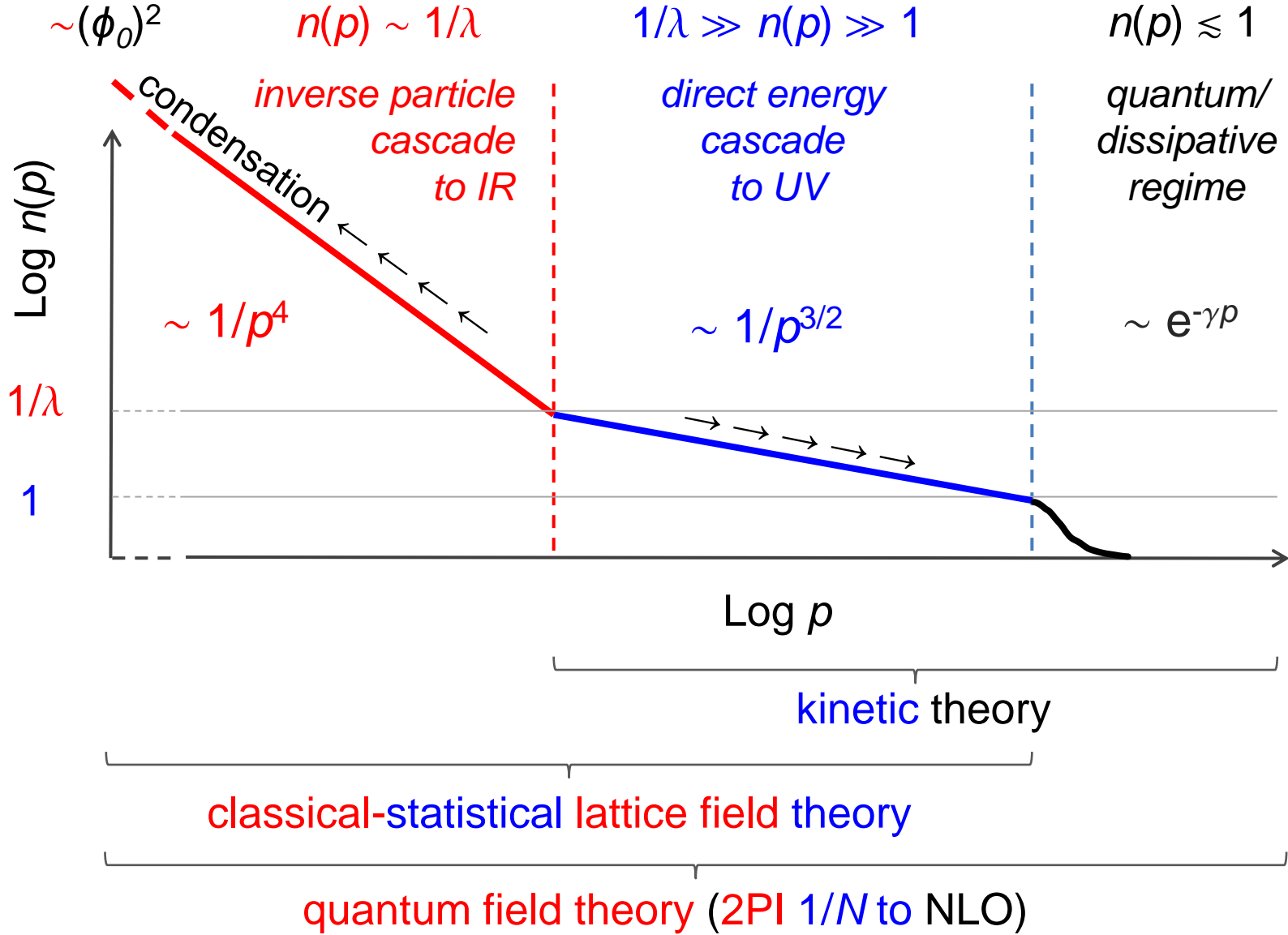
<http://upload.wikimedia.org/wikipedia/commons/4/41/Molecular-collisions.jpg>

Weak wave turbulence solutions are limited to the “window“

$$1 \ll n(p) \ll 1/\lambda, \quad \text{since for}$$

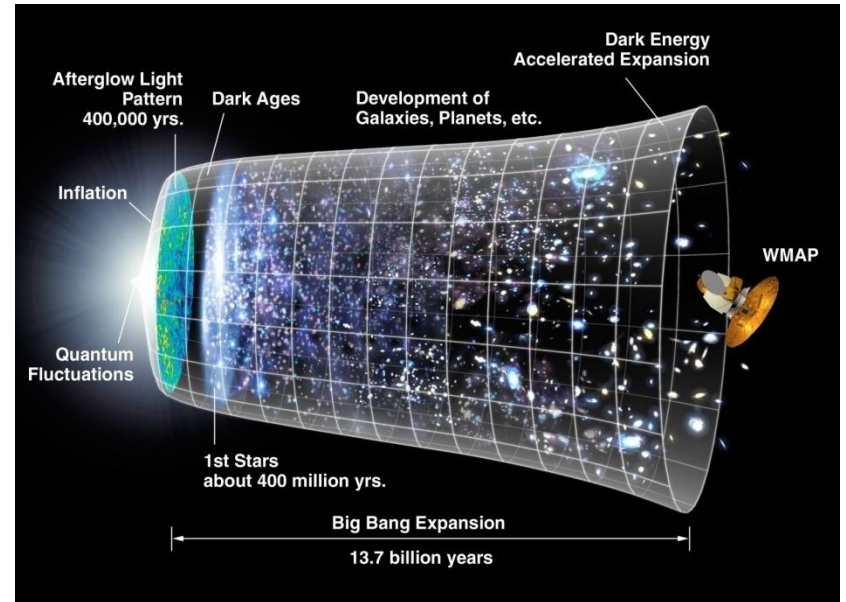
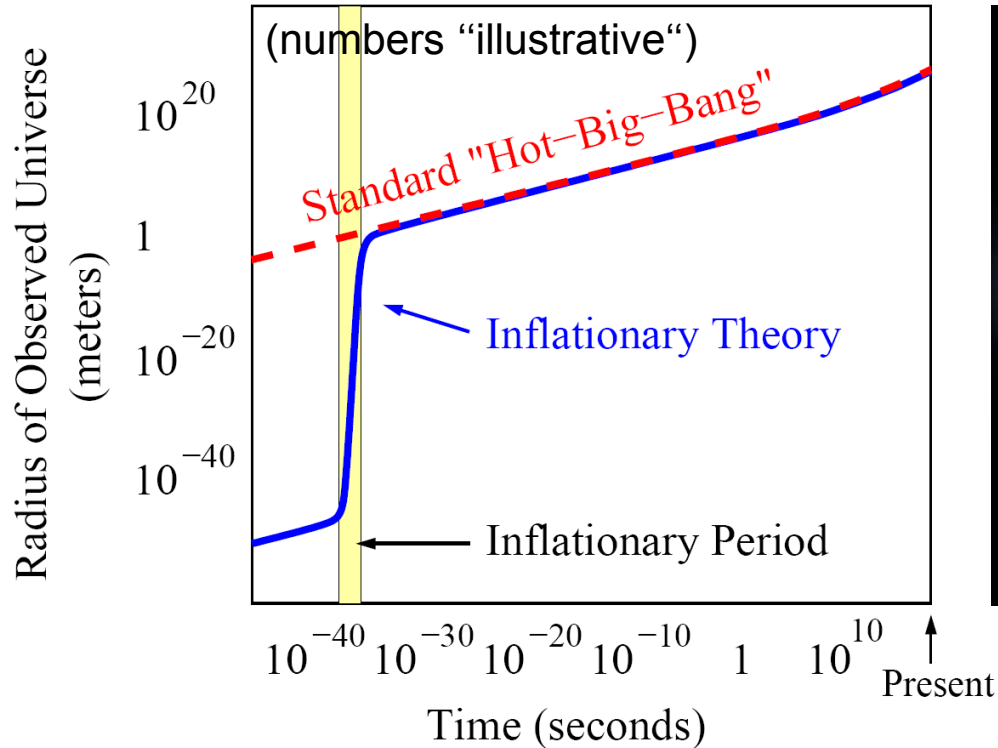
$n(p) \sim 1/\lambda$ the $n \leftrightarrow m$ scatterings for $n, m = 1, \dots, \infty$ are as important as $2 \leftrightarrow 2$!

Methods



Heating the Universe after inflation: a quantum example

Schematic evolution:



- Energy density of matter ($\sim a^{-3}$) and radiation ($\sim a^{-4}$) decreases
- Enormous heating after inflation to get 'hot-big-bang' cosmology!

N-component scalar field with quartic self-coupling λ

time ↑

linear regime: parametric resonance

nonlinear regime: source induced amplification

nonperturbative regime: quasistationary evolution

(IV) $\sim N, N^0$; $\sim N^0$

$\sim O(\lambda^{-1})$

$t_{\text{nonpert}} \sim \ln(\lambda^{-1})/2 \gamma_0$

$F_{\perp} \sim O(N^0 \lambda^{-1})$

$\sim O(N^0 \lambda^0)$

slow

*Nonperturbative: saturated occupation numbers $\sim 1/\lambda$
 → all processes $O(1)$
 → universal*

(III)

$t_{\text{collect}} \sim 2 t_{\text{nonpert}}/3 + \ln(N)/6 \gamma_0$

$F_{\perp} \sim O(N^{1/3} \lambda^{-2/3})$ for $N \lesssim \lambda^{-1}$

$\sim O(N^0 \lambda^0)$

rate: $6 \gamma_0$ for F_{\perp} ($p \neq p_0$)

fast

Nonlinear – perturbative: occupation numbers $< 1/\lambda$

(II)

$t_{\text{source}} \sim t_{\text{nonpert}}/2$

$F_{\perp} \sim O(N^0 \lambda^{-1/2})$

$\sim O(N^0 \lambda^0)$

rate: $4 \gamma_0$ for F_{\parallel} ($p \lesssim 2p_0$)

secondary growth rates $c(2\gamma_0)$ with $c = 2, 3, \dots$

(I)

$F_{\perp}(t; p_0) \sim \exp(2 \gamma_0 t)$

rate: $2 \gamma_0$

Classical/linear: primary growth rate

$t = 0, F_{\perp} \sim O(N^0 \lambda^0)$

$\phi \sim (N / \lambda)^{1/2}$